

Book Notices

JENNIFER NEWTON, *Preventing mental illness*, with a Foreword by Colin Murray Parkes, London and New York, Routledge & Kegan Paul, 1988, 8vo, pp. xi, 275, £25.00.

Dr Newton is the Prevention Research Officer of MIND, the National Association for Mental Health. Like its American counterpart, the National Mental Association, MIND arose out of the early twentieth-century "mental hygiene" movement, as she explains in an introductory, historical chapter. The progress of preventative psychiatry is seen to have been slow, aside from two Copernican revolutions. The first was the conviction, shared by Clifford Beers and Sigmund Freud, that hospital practice has little to do with the development of a healthy personality; the second was the realization, during World War II, that such preventative measures as placing recruits in units where they could feel competent and useful would not only help to keep more of them sane, but all of them efficient. The subsequent chapters summarize the epidemiological research; present the alternatives of "disease-" and "health modeling" (the former is much more productive in this context); apply the models to what we do know about the distribution and causes of schizophrenia and depression; and evaluate both the opportunities for interventions, and some measures already attempted, with children and adults at risk. None of the difficulties are glossed over in this exemplary review of the literature. The most striking, for the non-clinician, are those which would perhaps inconvenience employers and local housing- and school authorities, among others.

SUSAN BAUR, *Hypochondria: woeful imaginings*, Berkeley, Los Angeles, and London, University of California Press, 1988, 8vo, pp. x, 252, £10.00, \$19.95.

Baur's elegant and thoughtful book is principally about hypochondria today—its definition, manifestations, its particular significance for the old and within the family, and its embeddedness in the specificities of our culture (one all too liable to equate sickness with failure). But she recognizes that hypochondria has its own history, and indeed opens with two sensitive historical chapters, one of which offers a particularly acute character analysis of James Boswell (self-styled "Hypochondriack"); throughout, her text is illuminated with historical tidbits. What one mainly misses, perhaps, is a sense of the historical *genderedness* of hypochondria—as the man's disease, in contradistinction to hysteria. Baur's book highlights the lack of an in-depth analytical history of the condition.

BOOKS ALSO RECEIVED

(The inclusion of a title does not preclude the possibility of subsequent review. Items received, other than those assigned for review, are ultimately incorporated into the collection of the Wellcome Institute for the History of Medicine.)

HERVÉ BARREAU (editor), *Théories biologiques: éthique et expérimentation en médecine*, Fondements des sciences, Paris, Éditions du Centre national de la Recherche scientifique, 1988, 8vo, pp. 262, illus., Fr. 120.00 (paperback).

LAZARE BENAROYO, 'L' Avis au peuple sur sa santé' de Samuel-Auguste Tissot (1728–1797): *la voie vers une médecine éclairée*, Zürcher medizineschichtliche Abhandlungen, no. 195, Zurich, Juris, 1988, 8vo, pp. 84, SFr. 22.00 (paperback).

EMILE G. BLIZNAKOV and GERALD L. HUNT, *The miracle nutrient coenzyme Q10*, Wellingborough, Northants, Thorsons, 1988, 8vo, pp. 228, £3.50 (paperback).

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HARRY CLEMENTS, *Diets to help psoriasis*, Wellingborough, Northants, Thorsons, 1988, 8vo, pp. 48, £1.50 (paperback).

CHRISTIAN VON DEUSTER and MARTIN PTOK, *Zur Geschichte der Hals-Nasen-Ohren Heilkunde, insbesondere in Würzburg*, Würzburger medizinhistorische Forschungen, bd. 42, Pattensen-Hannover, Horst Wellm Verlag, 1986, 8vo, pp. 111, illus., DM 32.00 (paperback).

ANNIRWIN, *Stammering in young children*, Wellingborough, Northants, Thorsons, 1988, 8vo, pp. 128, £3.99 (paperback).

ANNAGRETH KÖPPEL-HEFTI, *Der Gynäkologe Theodor Wyder (1853–1926)*, Zürcher medizingeschichtliche Abhandlungen, no. 197, Zurich, Juris, 1988, 8vo, pp. 104, SFr. 26.00 (paperback).

RÜDIGER KRIST, *Berthold Blumentrosts 'Quaestiones disputatae circa tractatum Avicennae de generatione embryonis et librum meteorum Aristotelis': ein Beitrag zur Wissenschaftsgeschichte des mittelalterlichen Würzburgs*, t. I: *Text*, Würzburger medizinhistorische Forschungen, bd. 43, Pattensen-Hannover, Horst Wellm Verlag, 1987, 8vo, pp. 119, illus., DM 40.00 (paperback).

M. J. VAN LIEBURG, *'Bevorderlijk voor de kunst en nuttig voor de maatschappij': de geschiedenis van het Genootschap ter bevordering van Heel- en Verloskunde (1857–1929) en van het Amsterdams Geneeskundig Genootschap (1925–1988)*, Nieuwe Nederlandse Bijdragen tot de Geschiedenis der Geneeskunde en der Natuurwetenschappen, no. 25, Amsterdam, Rodopi, 1988, 8vo, pp. 118, illus., Dfl. 25.00 (paperback).

ADRIAN MERLO, *Edgar Michaelis (1890–1967): Kritiker Freuds Leben und Werk*, Zürcher medizingeschichtliche Abhandlungen, no. 198, Zurich, Juris, 1988, 8vo, pp. 104, SFr. 26.00 (paperback).

RICHARD J. MILLARD, *Overcoming urinary incontinence*, Wellingborough, Northants, Thorsons, 1988, 8vo, pp. xiii, 109, illus., £4.99 (paperback).

ROBERT REISERT, *Der siebenkammerige Uterus. Studien zur mittelalterlichen Wirkungsgeschichte und Entfaltung eines embryologischen Gebärmuttermodells*, Würzburger medizinhistorische Forschungen, bd. 39, Pattensen-Hanover, Horst Wellm Verlag, 1986, 8vo, pp. 124, illus., DM 35.00 (paperback).

VALERIE SAYCE and IAN FRASER, *Exercise beats arthritis*, Wellingborough, Northants, Thorsons, 1988, 8vo, pp. 80, illus., £3.99 (paperback).

GAY SEARCH, *The last taboo: sexual abuse of children*, London, Penguin Books, 1988, 8vo, pp. x, 178, £3.99, Can. \$9.95 (paperback).

SABINE SEFFERT, *Die Wertung der Montyon-Preise für die Leistung deutscher Orthopäden des 19. Jahrhunderts am Beispiel von Bernhard Heine (1800–1846)*, Würzburger medizinhistorische Forschungen, bd. 40, Pattensen-Hannover, Horst Wellm Verlag, 1986, 8vo, pp. 162, illus., DM 38.00 (paperback).

R. NEWMAN TURNER, *Diets to help cholesterol control*, Wellingborough, Northants, Thorsons, 1988, 8vo, pp. 48, £1.50 (paperback).

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LORENZ WELKER, *Das 'Iatromathematische Corpus': Untersuchungen zu einem alemannischen astrologisch-medizinischen Kompendium des Spätmittelalters mit Textausgabe und einem Anhang: Michel Puffs von Schrick Traktat 'Von den ausgebrannten Wässern' in der handschriftlichen Fassung des Codex Zürich, Zentralbibliothek, C 102b, Zürcher medizingeschichtliche Abhandlungen, no. 196, Zurich, Juris, 1988, 8vo, pp. 301, SFr. 60.00 (paperback).*

ARTHUR WHITE, *Diverticulitis*, The New Self Help Series, Wellingborough, Northants, Thorsons, 1988, 8vo, pp. 112, illus., £1.50 (paperback).