



Homotopy Self-Equivalences of 4-manifolds with Free Fundamental Group

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Abstract. We calculate the group of homotopy classes of homotopy self-equivalences of 4-manifolds with free fundamental group and obtain a classification of such 4-manifolds up to s -cobordism.

1 Introduction

Let M be a closed, connected, oriented, smooth or topological 4-manifold with a fixed base point $x_0 \in M$. We want to study the group of homotopy classes of homotopy self-equivalences of M , preserving both the given orientation on M and the base-point. Let $\text{Aut}_\bullet(M)$ denote the group of homotopy classes of such homotopy self-equivalences.

Let us start by fixing our notation. The fundamental group $\pi_1(M, x_0)$ will be denoted by π , and the higher homotopy groups $\pi_i(M, x_0)$ will be denoted by π_i . Let $\Lambda = \mathbb{Z}[\pi]$ denote the integral group ring of π . We will mean homology and cohomology with integral coefficients unless otherwise noted.

Let B denote the 2-type of M ; we may construct B by adjoining cells of dimension at least 4 to kill the homotopy groups in dimensions ≥ 3 . The natural map $c: M \rightarrow B$ is given by the inclusion of M into B . Hambleton and Kreck [5], defined a thickening $\text{Aut}_\bullet(M, w_2)$ of $\text{Aut}_\bullet(M)$ (see Section 3 for the definition) and established a commutative braid of exact sequences, valid for any closed, oriented, smooth or topological 4-manifold. The authors defined

$$\text{Isom}[\pi, \pi_2, k_M, c_*[M]] := \{\phi \in \text{Aut}_\bullet(B) \mid \phi_*(c_*[M]) = c_*[M]\}$$

and obtained an explicit formula when the fundamental group is finite of odd order.

Theorem (Hambleton-Kreck) *Let M^4 be a connected, closed, oriented, smooth or topological manifold of dimension 4. If π has odd order, then*

$$\text{Aut}_\bullet(M, w_2) \cong KH_2(M; \mathbb{Z}/2) \rtimes \text{Isom}[\pi, \pi_2, k_M, c_*[M]],$$

where $KH_2(M; \mathbb{Z}/2) := \ker(w_2: H_2(M; \mathbb{Z}/2) \rightarrow \mathbb{Z}/2)$.

We extend the above result to the case when π is a free group. We are going to define an extension $\text{Isom}^{(w_2)}[\pi, \pi_2, s_M]$ of $\text{Isom}[\pi, \pi_2, k_M, c_*[M]]$ and prove the following result for 4-manifolds with free fundamental group.

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Theorem 1.1 *Let M be a connected, closed, oriented, smooth or topological manifold of dimension 4. If π is a free group, then*

$$\text{Aut}_\bullet(M, w_2) \cong (KH_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2)) \rtimes \text{Isom}^{(w_2)}[\pi, \pi_2, s_M].$$

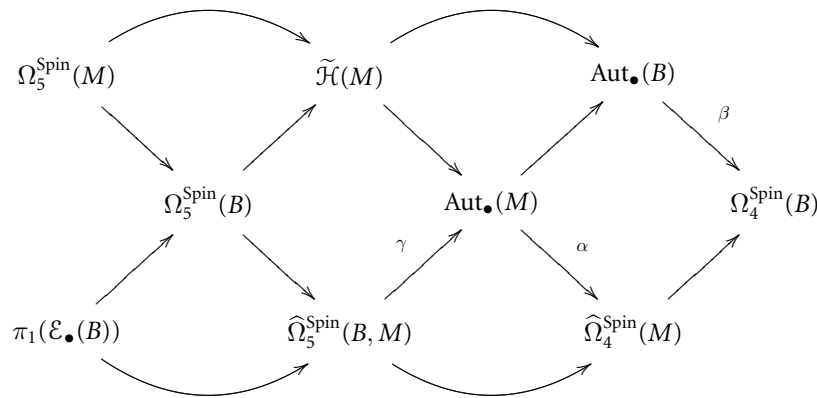
The last part of the paper deals with the classification of 4-manifolds up to s -cobordism. The geometric classification techniques, surgery, and s -cobordism theorem are not known to hold for free groups, so the most one can hope for at present is to obtain a classification up to s -cobordism. Based on the approach of [5], involving bordism techniques and the modified surgery theory of Kreck [10], we obtain the following result.

Theorem 1.2 *Let M_1 and M_2 be two closed, connected, oriented, topological 4-manifolds with free fundamental group and have the same Kirby-Siebenmann invariant. Then they are s -cobordant if and only if they have isometric quadratic 2-types.*

Theorem 1.2 is also stated in [3] and [8], but our line of argument is different, in the sense that our proof is primarily based on understanding homotopy self-equivalences.

2 Spin Case

For simplicity we start with spin manifolds. Throughout this section let M be a spin manifold. To study the group $\text{Aut}_\bullet(M)$, Hambleton and Kreck [5] constructed a braid of exact sequences



that is commutative up to sign. The sub-diagrams are all strictly commutative except for the two composites ending in $\text{Aut}_\bullet(M)$, and valid for any closed, oriented, smooth or topological spin 4-manifold. Throughout this paper we always refer to [5] for the details of the definitions.

We will fix a lift $\nu_M: M \rightarrow B\text{Spin}$ of the classifying map for the stable normal bundle of M . The Abelian group $\Omega_n^{\text{Spin}}(M)$, with disjoint union as the group operation, denotes the singular bordism group of spin manifolds with a reference map to M . By imposing the requirement that the reference maps to M must have degree zero, we obtain the modified bordism groups $\hat{\Omega}_4^{\text{Spin}}(M)$.

Proposition 2.1 *The relevant spin bordism groups of M are given as follows:*

$$\begin{aligned} \Omega_4^{\text{Spin}}(M) &\cong \mathbb{Z} \oplus H_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2) \oplus \mathbb{Z}, \\ \Omega_5^{\text{Spin}}(M) &\cong H_1(M) \oplus H_3(M; \mathbb{Z}/2) \oplus \mathbb{Z}/2. \end{aligned}$$

Proof This follows from the Atiyah–Hirzebruch spectral sequence, whose E^2 -term is $H_p(M; \Omega_q^{\text{Spin}}(*))$. The first differential $d_2: E_{p,q}^2 \rightarrow E_{p-2,q+1}^2$ is given by the dual of Sq^2 (if $q = 1$) or that dual composed with reduction mod 2 (if $q = 0$), see [14, p. 751]. We substitute the values

$$\Omega_q^{\text{Spin}}(*) = \mathbb{Z}, \mathbb{Z}/2, \mathbb{Z}/2, 0, \mathbb{Z}, 0 \quad \text{for } 0 \leq q \leq 5.$$

The differential for $(p, q) = (4, 1)$ is dual to $Sq^2: H^2(M; \mathbb{Z}/2) \rightarrow H^4(M; \mathbb{Z}/2)$, which is zero, since M is spin. We have a short exact sequence

$$0 \longrightarrow \Omega_4^{\text{Spin}}(*) \oplus H_2(M; \mathbb{Z}/2) \longrightarrow F_{3,1} \longrightarrow H_3(M; \Omega_1^{\text{Spin}}(*)) \longrightarrow 0$$

and $V \times S^1 \xrightarrow{f \circ p_1} F_{3,1}$ gives the splitting, where we consider an embedding $f: V \rightarrow M$ of a closed spin 3-manifold representing a generator of $H_3(M; \mathbb{Z}/2) \cong (\mathbb{Z}/2)^r$, and S^1 is equipped with the non-trivial spin structure. Therefore, $\Omega_4^{\text{Spin}}(M) \cong \mathbb{Z} \oplus H_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2) \oplus \mathbb{Z}$. The result for $\Omega_5^{\text{Spin}}(M)$ follows by similar arguments. ■

In order to calculate the bordism groups of B , we need $H_i(B)$. We use the Serre spectral sequence of the fibration $\tilde{B} \xrightarrow{p} B \rightarrow K(\pi, 1)$, whose E^2 -term is given by

$$E_{p,q}^2 = H_p(K(\pi, 1); H_q(\tilde{B})),$$

the homology of $K(\pi, 1)$ with local coefficients in the homology of \tilde{B} . We need the homology of \tilde{B} , but first recall a theorem of Whitehead.

Theorem 2.2 ([16]) *Let X be a CW complex and Γ denote the Whitehead’s quadratic functor, then there is a functorial Whitehead exact sequence*

$$\pi_4(\tilde{X}) \longrightarrow H_4(\tilde{X}) \longrightarrow \Gamma(\pi_2(\tilde{X})) \longrightarrow \pi_3(\tilde{X}) \longrightarrow H_3(\tilde{X}) \longrightarrow 0.$$

We have $H_4(\tilde{B}) \cong \Gamma(\pi_2)$, since $\pi_i(\tilde{B}) = 0$ for $i > 3$. Hillman [8] proved that $\pi_2 \cong \Lambda^{\beta_2(M)}$, and by [1, Theorem 5] it follows that $\Gamma(\pi_2)$ is a free Λ -module whenever π is a free group.

Let $X_0 = *$, $X_1 = K(\mathbb{Z}, 2), \dots, X_N = K(\mathbb{Z}^N, 2), \dots$, where \mathbb{Z}^N is the N -fold product of \mathbb{Z} . Note that π_2 is countable and consider the sequence of maps

$$X_0 \xrightarrow{i_0} X_1 \xrightarrow{i_1} X_2 \xrightarrow{i_2} \dots,$$

where i_k 's are inclusions. Observe that \tilde{B} is homotopy equivalent to the mapping telescope of the above sequence and we have (see [6, p. 312])

$$H_n(\tilde{B}) \cong \varinjlim H_n(X_k),$$

$$H^n(\tilde{B}; \mathbb{Z}/2) \cong \varprojlim H^n(X_k; \mathbb{Z}/2).$$

Proposition 2.3 *Let B denote the 2-type of a spin 4-manifold with free fundamental group. The homology groups of B are given by*

$$H_i(B) \cong \begin{cases} H_i(M) & \text{if } i = 0, 1 \text{ or } 2, \\ 0 & \text{if } i = 3 \text{ or } 5, \\ \mathbb{Z} \otimes_{\Lambda} \Gamma(\pi_2(M)) & \text{if } i = 4. \end{cases}$$

Proof The result follows easily from the the Serre spectral sequence of the fibration $\tilde{M} \rightarrow M \rightarrow K(\pi, 1)$. ■

Proposition 2.4 *Let $\Omega_*^{\text{Spin}}(B)$ denote the singular bordism group of spin manifolds with a reference map to B . We have the following:*

$$\Omega_4^{\text{Spin}}(B) \subset H_4(B) \oplus \mathbb{Z} \quad \text{and} \quad \Omega_5^{\text{Spin}}(B) \cong H_1(B)$$

Proof We use the same spectral sequence, whose E^2 -term is $H_p(B; \Omega_q^{\text{Spin}}(*))$. The commutative diagram

$$\begin{array}{ccc} H^2(\tilde{B}; \mathbb{Z}/2) & \xrightarrow{Sq^2} & H^4(\tilde{B}; \mathbb{Z}/2) \\ p^* \uparrow & & p^* \uparrow \\ H^2(B; \mathbb{Z}/2) & \xrightarrow{Sq^2} & H^4(B; \mathbb{Z}/2) \end{array}$$

implies that $Sq^2: H^2(B; \mathbb{Z}/2) \rightarrow H^4(B; \mathbb{Z}/2)$ is injective. Hence $d_2: H_4(B; \mathbb{Z}/2) \rightarrow H_2(B; \mathbb{Z}/2)$ is surjective. Therefore, on the line $p + q = 4$, the only groups that survive to E^∞ are \mathbb{Z} in the $(0, 4)$ position and a subgroup of $H_4(B)$ in the $(4, 0)$ position.

For the line $p + q = 5$, consider the diagram

$$\begin{array}{ccccc} H^2(\tilde{B}; \mathbb{Z}/2) & \xrightarrow{Sq^2} & H^4(\tilde{B}; \mathbb{Z}/2) & \xrightarrow{Sq^2} & H^6(\tilde{B}; \mathbb{Z}/2) \\ p^* \uparrow & & p^* \uparrow & & p^* \uparrow \\ H^2(B; \mathbb{Z}/2) & \xrightarrow{Sq^2} & H^4(B; \mathbb{Z}/2) & \xrightarrow{Sq^2} & H^6(B; \mathbb{Z}/2). \end{array}$$

Let $\alpha \in H^4(B; \mathbb{Z}/2)$ such that $Sq^2(\alpha) = 0$ and $p^*(\alpha) = \beta$. There exists $\lambda \in H^2(\tilde{B}; \mathbb{Z}/2)$ such that $Sq^2(\lambda) = \beta$, since the above row is exact. Therefore the sequence

$$H^2(B; \mathbb{Z}/2) \xrightarrow{Sq^2} H^4(B; \mathbb{Z}/2) \xrightarrow{Sq^2} H^6(B; \mathbb{Z}/2)$$

is exact. By the surjectivity of $H_6(B; \mathbb{Z}) \rightarrow H_6(B; \mathbb{Z}/2)$, we can conclude that $d_2: H_6(B; \mathbb{Z}) \rightarrow H_4(B; \mathbb{Z}/2)$ is surjective onto the kernel of the differential $d_2: H_4(B; \mathbb{Z}/2) \rightarrow H_2(B; \mathbb{Z}/2)$. Thus the only group that survives to E_∞ is $H_1(B) = H_1(M)$ in the (1, 4) position. ■

The map $\alpha: \text{Aut}_\bullet(M) \rightarrow \Omega_4^{\text{Spin}}(M)$ is defined by $\alpha(f) = [M, f] - [M, \text{id}]$. An element (W, F) of $\widehat{\Omega}_5^{\text{Spin}}(B, M)$ is a 5-dimensional spin manifold with boundary $(W, \partial W)$, equipped with a reference map $F: W \rightarrow B$ such that $F|_{\partial W}$ factors through the classifying map $c: M \rightarrow B$ and that $F|_{\partial W}: \partial W \rightarrow M$ has degree zero.

Corollary 2.5 *The group $\widehat{\Omega}_5^{\text{Spin}}(B, M)$ is isomorphic to $H_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2)$ and it injects into $\text{Aut}_\bullet(M)$. The image of α is equal to $H_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2)$.*

Proof The map $\Omega_5^{\text{Spin}}(M) \rightarrow \Omega_5^{\text{Spin}}(B)$, which is composing with our reference map $c: M \rightarrow B$, maps the summand $H_1(M)$ isomorphically to $H_1(B)$ and $H_3(M; \mathbb{Z}/2) \oplus H_4(M; \mathbb{Z}/2)$ to zero. By the exactness of the braid, the map $\Omega_5^{\text{Spin}}(B) \rightarrow \widehat{\Omega}_5^{\text{Spin}}(B, M)$ is zero. Therefore

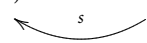
$$\begin{aligned} \widehat{\Omega}_5^{\text{Spin}}(B, M) &\cong \ker(\widehat{\Omega}_4^{\text{Spin}}(M) \rightarrow \Omega_4^{\text{Spin}}(B)) \\ &\cong H_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2). \end{aligned}$$

The map $\widehat{\Omega}_5^{\text{Spin}}(B, M) \rightarrow \widehat{\Omega}_4^{\text{Spin}}(M)$ is injective, so by the commutativity of the braid the map $\pi_1(\mathcal{E}_\bullet(B)) \rightarrow \widehat{\Omega}_5^{\text{Spin}}(B, M)$ is zero. Hence $\gamma: \widehat{\Omega}_5^{\text{Spin}}(B, M) \rightarrow \text{Aut}_\bullet(M)$ is injective.

The natural map $\Omega_4^{\text{Spin}}(M) \rightarrow H_0(M)$ sends a spin 4-manifold to its signature. It follows that $\alpha(f) \in H_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2)$. On the other hand, since both the map $\widehat{\Omega}_5^{\text{Spin}}(B, M) \rightarrow \widehat{\Omega}_4^{\text{Spin}}(M)$ and γ are injective we have $H_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2) \subseteq \text{im } \alpha$. ■

Let $\text{Isom}[\pi, \pi_2]$ be the subgroup of $\text{Aut}(\pi) \times \text{Aut}(\pi_2)$ consisting of all those pairs (χ, ψ) for which $\psi(\eta a) = \chi(\eta)\psi(a)$ for all $\eta \in \pi, a \in \pi_2$. We have a split exact sequence [11, p. 31]

$$0 \longrightarrow H^2(\pi; \pi_2) \longrightarrow \text{Aut}_\bullet(B) \xrightarrow{(\pi_1, \pi_2)} \text{Isom}[\pi, \pi_2] \longrightarrow 1 \ .$$



In particular we have $\text{Aut}_\bullet(B) = H^2(\pi; \pi_2) \rtimes \text{Isom}[\pi, \pi_2]$. If π is a free group, then $H^2(\pi; \pi_2) = 0$. Hence for π a free group we have

$$\text{Aut}_\bullet(B) \cong \text{Isom}[\pi_1, \pi_2].$$

Next, we will look for a relation between $c_*[M]$ and the cohomology intersection pairing s_M on M . Let $\text{Her}(H^2(B; \Lambda))$ be the group of Hermitian pairings on $H^2(B; \Lambda)$. Hillman [9] defined a homomorphism

$$B_{\pi_2}: H_4(B) \rightarrow \text{Her}(H^2(B; \Lambda))$$

by $B_{\pi_2}(x)(u, v) = v(x \cap u) = (u \cup v)(x)$. The image of $c_*[M]$ is the cohomology intersection pairing on M . Moreover, by [9, Theorem 7] B_{π_2} is an isomorphism whenever π is a free group. Therefore $c_*[M]$ and s_M uniquely determine each other.

Hambleton and Kreck [4] defined the quadratic 2-type of M as the quadruple $[\pi, \pi_2, k_M, s_M]$. The isometries of the quadratic 2-type of M , which are denoted by $\text{Isom}[\pi, \pi_2, k_M, s_M]$, consist of all pairs of isomorphisms

$$\chi: \pi \rightarrow \pi \quad \text{and} \quad \psi: \pi_2 \rightarrow \pi_2,$$

such that $\psi(gx) = \chi(g)\psi(x)$ for all $g \in \pi$ and $x \in \pi_2$, which preserve the k -invariant and the intersection form.

Lemma 2.6 $\ker(\beta: \text{Aut}_\bullet(B) \rightarrow \Omega_4^{\text{Spin}}(B)) = \text{Isom}[\pi, \pi_2, s_M]$.

Proof If $\phi \in \text{Aut}_\bullet(B)$ and $c: M \rightarrow B$ is the classifying map, then $\beta(\phi) := [M, \phi \circ c] - [M, c]$. The natural map $\Omega_4^{\text{Spin}}(B) \rightarrow H_4(B)$ sends a bordism element to the image of its fundamental class. The image of $\beta(\phi)$ in $H_4(B)$ is zero when $\phi_*(c_*[M]) = c_*[M]$. Hence $\ker \beta$ is contained in the group of the isometries of the quadratic 2-type. On the other hand an element $\phi \in \text{Isom}[\pi, \pi_2, s_M]$ will be $\phi \in \text{Aut}_\bullet(B)$ such that $\phi_*(c_*[M]) = c_*[M]$, then clearly $\beta(\phi) = 0$. ■

Lemma 2.7 For each $\phi \in \text{Aut}_\bullet(B)$ such that $\phi_*(c_*[M]) = c_*[M]$, there is an $f \in \text{Aut}_\bullet(M)$ such that $c \circ f \simeq \phi \circ c$.

Proof First, let us assume that $H_2(M; \mathbb{Q}) \neq 0$. Since $\phi_*(c_*[M]) = c_*[M]$, there exists an $f \in \text{Aut}_\bullet(M)$, such that $c \circ f \simeq \phi \circ c$ by [4, Lemma 1.3].

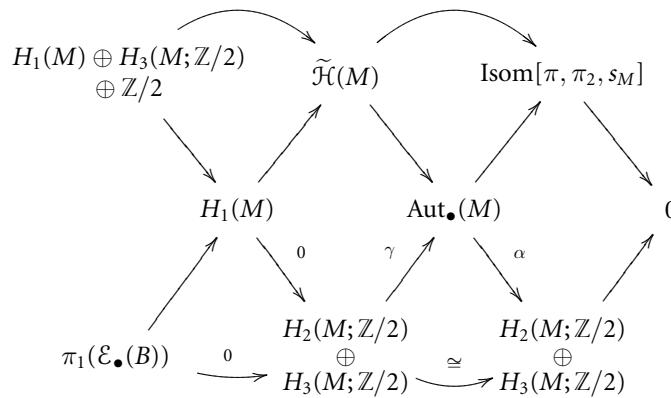
For the case $H_2(M; \mathbb{Q}) = 0$, we consider the homotopy equivalence $h: M \rightarrow \#_r(S^1 \times S^3)$ constructed in [2] which depends on a chosen isomorphism between π and $*_r\mathbb{Z}$. Note that $\pi_1(\phi)$ induces an automorphism of π . Composing $\pi_1(\phi)$ with the previous isomorphism we get a different isomorphism between π and $*_r\mathbb{Z}$. The same construction gives us another homotopy equivalence $h': M \rightarrow \#_r(S^1 \times S^3)$. Since h and h' are degree 1 maps, we can construct an orientation preserving homotopy self equivalence of M by $f := h \circ h'^{-1}: M \rightarrow M$. Now, it is easy to see that by construction $c \circ f \simeq \phi \circ c$. ■

Corollary 2.8 The images of $\text{Aut}_\bullet(M)$ and $\tilde{\mathcal{H}}(M)$ in $\text{Aut}_\bullet(B)$ are precisely equal to $\text{Isom}[\pi, \pi_2, s_M]$.

Proof For each $[f] \in \text{Aut}_\bullet(M)$, we have a base-point preserving homotopy self-equivalence $\phi_f: B \rightarrow B$ such that $c \circ f = \phi_f \circ c$. All we have to show is that $(\phi_f)_*(c_*[M]) = c_*[M]$. We have $(\phi_f)_*(c_*[M]) = (\phi_f \circ c)_*[M] = (c \circ f)_*[M] =$

$c_*[M]$ since the fundamental class in $H_4(M)$ is preserved by an orientation preserving homotopy equivalence. We see that $\text{im}(\text{Aut}_\bullet(M) \rightarrow \text{Aut}_\bullet(B))$ is contained in $\text{Isom}[\pi, \pi_2, s_M]$. The other inclusion follows from Lemma 2.7. The result for the image of $\tilde{\mathcal{H}}(M)$ follows by the exactness of the braid and the fact that $\ker(\beta) = \text{Isom}[\pi, \pi_2, s_M]$. ■

Here are the relevant terms of our braid diagram:



Theorem 2.9 *Let M be a connected, closed, oriented, smooth or topological spin manifold of dimension 4. If π is a free group of rank r , then*

$$\text{Aut}_\bullet(M) \cong (H_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2)) \rtimes \text{Isom}[\pi, \pi_2, s_M].$$

Proof From the braid diagram, we have

$$\ker(\tilde{\mathcal{H}}(M) \rightarrow \text{Isom}[\pi, \pi_2, s_M]) \cong H_1(M),$$

so $\text{Isom}[\pi, \pi_2, s_M] \cong \tilde{\mathcal{H}}(M)/H_1$. This gives the splitting of the short exact sequence

$$0 \rightarrow K_1 \rightarrow \text{Aut}_\bullet(M) \rightarrow \text{Isom}[\pi, \pi_2, s_M] \rightarrow 1,$$

where $K_1 := \ker(\text{Aut}_\bullet(M) \rightarrow \text{Aut}_\bullet(B))$. Hence it follows that

$$\text{Aut}_\bullet(M) \cong K_1 \rtimes \text{Isom}[\pi, \pi_2, s_M].$$

We already know that γ is injective (Corollary 2.5). By the commutativity of the braid to show that it is actually an injective *homomorphism*, it is enough to show that α is a homomorphism on the image of γ . Let $\gamma(W, F) = f$ and $\gamma(W', F') = g$. Note that $\alpha(f \circ g) = \alpha(f) + f_*(\alpha(g))$. We have to show that $f_*(\alpha(g)) = \alpha(g)$. By Corollary 2.5, $\alpha(g) \in H_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2)$ and any element f in the image of γ is trivial in $\text{Aut}_\bullet(B)$. Since $H_3(M; \mathbb{Z}/2) \cong H^1(M; \mathbb{Z}/2)$ and c induces isomorphisms on $H_2(M; \mathbb{Z}/2)$ and $H^1(M; \mathbb{Z}/2)$, f acts as the identity on $H_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2)$.

Now a diagram chase shows that γ is a homomorphism. Therefore we have a short exact sequence of groups and homomorphisms

$$0 \rightarrow (H_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2)) \xrightarrow{\gamma} \text{Aut}_\bullet(M) \rightarrow \text{Isom}[\pi, \pi_2, s_M] \rightarrow 1.$$

Moreover, $K_1 = \text{im } \gamma$ and K_1 is mapped isomorphically onto $H_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2)$ by the map α . The conjugation action of $\text{Isom}[\pi, \pi_2, s_M]$ on K_1 agrees with the induced action on homology under the identification $K_1 \cong H_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2)$ via α (see [5]). It follows that

$$\text{Aut}_\bullet(M) \cong (H_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2)) \rtimes \text{Isom}[\pi, \pi_2, s_M]. \quad \blacksquare$$

Example 2.10 Let $M = S^1 \times S^3$. By the above theorem $\text{Aut}_\bullet(M) \cong \mathbb{Z}/2 \oplus \mathbb{Z}/2$. Note that these are orientation preserving homotopy self-equivalences. Define $\varphi: S^1 \times S^3 \rightarrow S^1 \times S^3$ by $\varphi(x, y) = (-x, y)$. If we compose orientation preserving self-equivalences with φ we get also the orientation reversing homotopy self-equivalences. Therefore the based homotopy classes of based self homotopy equivalences of $S^1 \times S^3$ are isomorphic to $(\mathbb{Z}/2)^3$.

3 The Non-spin Case

When $w_2(M) \neq 0$, the bordism groups must be modified. The class w_2 gives a fibration and we can form the pullback

$$\begin{array}{ccc} B\langle w_2 \rangle & \xrightarrow{j} & B \\ \xi \downarrow & & \downarrow w_2 \\ BSO & \xrightarrow{w} & K(\mathbb{Z}/2, 2). \end{array}$$

The map $w = w_2(\gamma)$ pulls back the second Stiefel–Whitney class for the universal oriented vector bundle γ over BSO . $B\langle w_2 \rangle$ is called the normal 2-type of M [10]. Let $\Omega_*(B\langle w_2 \rangle)$ be bordism classes smooth manifolds equipped with a lift of the normal bundle. The spectral sequence used to compute $\Omega_*(B\langle w_2 \rangle)$ has the same E_2 -term as the one used above for $w_2 = 0$, but the differentials are twisted by w_2 . In particular, d_2 is the dual of Sq_w^2 , where $Sq_w^2(x) := Sq^2(x) + x \cup w_2$ (see [14, Section 2]).

There is a corresponding non-spin version of $\Omega_*^{\text{Spin}}(M)$, namely the bordism groups $\Omega_*(M\langle w_2 \rangle)$. The E_2 -term of the spectral sequence is unchanged from the spin case, but the differentials are twisted by w_2 with the above formula for Sq_w^2 . We choose a particular representative for the map w_2 such that $w_2 = w \circ \nu_M$. Next we define a suitable “thickening” of $\text{Aut}_\bullet(M)$ for the non-spin case.

Definition 3.1 ([5]) Let $\text{Aut}_\bullet(M, w_2)$ denote the set of equivalence classes of maps $\widehat{f}: M \rightarrow M\langle w_2 \rangle$ such that

- (i) $f := j \circ \widehat{f}$ is a base-point and orientation preserving homotopy equivalence, and
- (ii) $\xi \circ \widehat{f} = \nu_M$.

Given two maps $\widehat{f}, \widehat{g}: M \rightarrow M\langle w_2 \rangle$ as above, we define

$$\widehat{f} \bullet \widehat{g}: M \rightarrow M\langle w_2 \rangle$$

as the unique map from M into the pull-back $M\langle w_2 \rangle$ defined by the pair $f \circ g: M \rightarrow M$ and $\nu_M: M \rightarrow BSO$. It was proved in [5] that $\text{Aut}_\bullet(M, w_2)$ is a group under this operation and there is a short exact sequence of groups

$$0 \longrightarrow H^1(M; \mathbb{Z}/2) \longrightarrow \text{Aut}_\bullet(M, w_2) \longrightarrow \text{Aut}_\bullet(M) \longrightarrow 1.$$

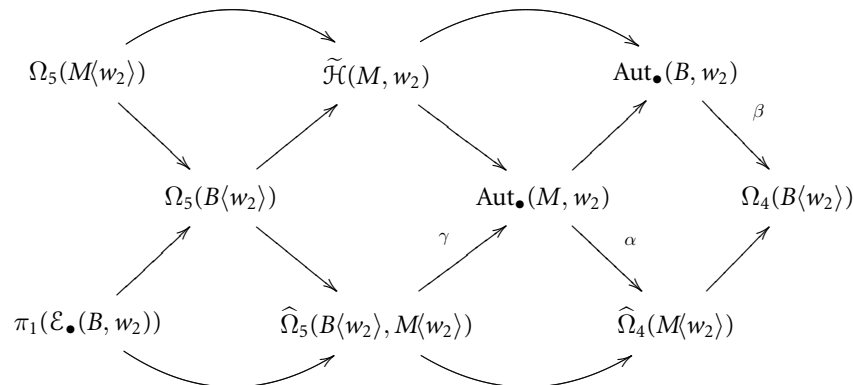
To define an analogous group $\text{Aut}_\bullet(B, w_2)$ of self-equivalences, we should first state the following lemma from [5].

Lemma 3.2 Given a base-point preserving map $f: M \rightarrow B$, there is a unique extension (up to base-point preserving homotopy) $\phi_f: B \rightarrow B$ such that $\phi_f \circ c = f$. If f is a 3-equivalence, then ϕ_f is a homotopy equivalence. Moreover, if $w_2 \circ f = w_2$, then $w_2 \circ \phi_f = w_2$.

Definition 3.3 ([5]) Let $\text{Aut}_\bullet(B, w_2)$ denote the set of equivalence classes of maps $\widehat{f}: M \rightarrow B\langle w_2 \rangle$ such that

- (i) $f := j \circ \widehat{f}$ is a base-point preserving 3-equivalence, and
- (ii) $\xi \circ \widehat{f} = \nu_M$.

Theorem 3.4 ([5]) Let M be a closed, oriented topological 4-manifold. Then there is a sign-commutative diagram of exact sequences



such that the two composites ending in $\text{Aut}_\bullet(M, w_2)$ agree up to inversion, and the other sub-diagrams are strictly commutative.

Proposition 3.5 *Let $B\langle w_2 \rangle$ denote the normal 2-type of a 4-manifold M with free fundamental group. Then we have*

$$\begin{aligned} \Omega_4(M\langle w_2 \rangle) &\cong \mathbb{Z} \oplus H_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2) \oplus \mathbb{Z}, \\ \Omega_5(M\langle w_2 \rangle) &\cong H_1(M) \oplus H_3(M; \mathbb{Z}/2) \oplus \mathbb{Z}/2, \\ \Omega_4(B\langle w_2 \rangle) &\subset \mathbb{Z} \oplus \mathbb{Z}/2 \oplus H_4(B), \\ \Omega_5(B\langle w_2 \rangle) &\cong H_1(M). \end{aligned}$$

Proof We only need to compute the d_2 differentials. Since M is orientable, w_2 is also the second Wu class of M . We have $Sq_w^2(x) = 0$. Now, everything works exactly the same as in the spin case.

For the bordism groups of $B\langle w_2 \rangle$, first consider the following commutative diagram

$$\begin{array}{ccc} H^2(\tilde{B}; \mathbb{Z}/2) & \xrightarrow{Sq_w^2} & H^4(\tilde{B}; \mathbb{Z}/2) \\ p^* \uparrow & & p^* \uparrow \\ H^2(B; \mathbb{Z}/2) & \xrightarrow{Sq_w^2} & H^4(B; \mathbb{Z}/2). \end{array}$$

By the commutativity of the diagram, we have

$$\begin{aligned} \ker(Sq_w^2: H^2(B; \mathbb{Z}/2) \rightarrow H^4(B; \mathbb{Z}/2)) &\cong \langle w_2 \rangle \cong \mathbb{Z}/2 \\ &\cong \operatorname{coker}(d_2: H_4(B; \mathbb{Z}/2) \rightarrow H_2(B; \mathbb{Z}/2)). \end{aligned}$$

Since all the other differentials are zero, this gives the $\mathbb{Z}/2$ in the $E_{2,2}^\infty$ position. To see that $H_1(B) \cong H_1(M)$ is the only group on the line $p + q = 5$ that survives to E_∞ , we use the following commutative diagram:

$$\begin{array}{ccccc} H^2(\tilde{B}; \mathbb{Z}/2) & \xrightarrow{Sq_w^2} & H^4(\tilde{B}; \mathbb{Z}/2) & \xrightarrow{Sq_w^2} & H^6(\tilde{B}; \mathbb{Z}/2) \\ p^* \uparrow & & p^* \uparrow & & p^* \uparrow \\ H^2(B; \mathbb{Z}/2) & \xrightarrow{Sq_w^2} & H^4(B; \mathbb{Z}/2) & \xrightarrow{Sq_w^2} & H^6(B; \mathbb{Z}/2). \end{array}$$

We are going to show that the bottom row is exact. It is easy to see that

$$H^2(X_k; \mathbb{Z}/2) \xrightarrow{Sq_w^2} H^4(X_k; \mathbb{Z}/2) \xrightarrow{Sq_w^2} H^6(X_k; \mathbb{Z}/2)$$

is exact. We have $\{H^2(X_k; \mathbb{Z}/2), i_k^*\}$, $\{H^4(X_k; \mathbb{Z}/2), i_k^*\}$, and $\{H^6(X_k; \mathbb{Z}/2), i_k^*\}$, an inverse system of modules, where $i_k: X_{k-1} \rightarrow X_k$ is the inclusion map. Consider the

commutative diagram with exact rows

$$\begin{array}{ccccc}
 H^2(X_k; \mathbb{Z}/2) & \xrightarrow{Sq_w^2} & H^4(X_k; \mathbb{Z}/2) & \xrightarrow{Sq_w^2} & H^6(X_k; \mathbb{Z}/2) \\
 \downarrow i_k^* & & \downarrow i_k^* & & \downarrow i_k^* \\
 H^2(X_{k-1}; \mathbb{Z}/2) & \xrightarrow{Sq_w^2} & H^4(X_{k-1}; \mathbb{Z}/2) & \xrightarrow{Sq_w^2} & H^6(X_{k-1}; \mathbb{Z}/2).
 \end{array}$$

Then the sequence

$$\lim_{\leftarrow} H^2(X_k; \mathbb{Z}/2) \xrightarrow{Sq_w^2} \lim_{\leftarrow} H^4(X_k; \mathbb{Z}/2) \xrightarrow{Sq_w^2} \lim_{\leftarrow} H^6(X_k; \mathbb{Z}/2)$$

is exact. Let $a \in H^2(B; \mathbb{Z}/2)$, then $Sq_w^2(a^2 + a \cup w_2) = 0$. Now, let $b \in H^4(B; \mathbb{Z}/2)$ such that $Sq_w^2(b) = 0$ and let $p^*(b) = y$, then $Sq_w^2(y) = 0$. There exists a $z \in H^2(B; \mathbb{Z}/2)$ such that $Sq_w^2(z) = y$. Then we also have a $c \in H^2(B; \mathbb{Z}/2)$ such that $p^*(c) = z$ and $Sq_w^2(c) = b$. Therefore the sequence

$$H^2(B; \mathbb{Z}/2) \xrightarrow{Sq_w^2} H^4(B; \mathbb{Z}/2) \xrightarrow{Sq_w^2} H^6(B; \mathbb{Z}/2)$$

is exact. Note also that $H_6(B) \rightarrow H_6(B; \mathbb{Z}/2)$ is surjective, hence $d_2: H_6(B) \rightarrow H_4(B; \mathbb{Z}/2)$ is onto the kernel of $d_2: H_4(B; \mathbb{Z}/2) \rightarrow H_2(B; \mathbb{Z}/2)$. ■

Let $\widehat{c}: M \rightarrow B\langle w_2 \rangle$ denote the map defined by the pair $(c: M \rightarrow B, \nu_M: M \rightarrow BSO)$. Consider the diagram

$$\begin{array}{ccc}
 M\langle w_2 \rangle & \xrightarrow{c \circ j} & B \\
 \xi \downarrow & & \downarrow w_2 \\
 BSO & \xrightarrow{w} & K(\mathbb{Z}/2, 2).
 \end{array}$$

We have $(w_2 \circ c) \circ j = w_2 \circ j$ and since the pullback satisfies the universal property, there exists a map $\bar{c}: M\langle w_2 \rangle \rightarrow B\langle w_2 \rangle$. Let $\widehat{id}: M \rightarrow M\langle w_2 \rangle$ denote the map defined by the pair $(id_M: M \rightarrow M, \nu_M: M \rightarrow BSO)$. Given $[\widehat{f}] \in \text{Aut}_\bullet(M, w_2)$, we define $\alpha: \text{Aut}_\bullet(M, w_2) \rightarrow \widehat{\Omega}_4(M\langle w_2 \rangle)$ by $\alpha(\widehat{f}) = [M, \widehat{f}] - [M, \widehat{id}_M]$, where the modified bordism groups are defined by letting the degree of a reference map $\widehat{g}: N^4 \rightarrow M\langle w_2 \rangle$ be the ordinary degree of $g = j \circ \widehat{g}$. An element (W, \widehat{F}) of $\widehat{\Omega}_5(B\langle w_2 \rangle, M\langle w_2 \rangle)$ is a 5-dimensional manifold with boundary $(W, \partial W)$, equipped with a reference map $\widehat{F}: W \rightarrow B\langle w_2 \rangle$ such that $\widehat{F}|_{\partial W}$ factors through \bar{c} .

Corollary 3.6 *The group*

$$\widehat{\Omega}_5(B\langle w_2 \rangle, M\langle w_2 \rangle) \cong KH_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2)$$

and it injects into $\text{Aut}_\bullet(M, w_2)$. The image of α is

$$\text{im } \alpha = KH_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2).$$

Proof As in the proof of Corollary 2.5, $\Omega_5(M\langle w_2 \rangle) \rightarrow \Omega_5(B\langle w_2 \rangle)$ is onto, and, by the exactness of the braid $\Omega_5(B\langle w_2 \rangle) \rightarrow \widehat{\Omega}_5(B\langle w_2 \rangle, M\langle w_2 \rangle)$ is zero. Thus,

$$\begin{aligned} \widehat{\Omega}_5(B\langle w_2 \rangle, M\langle w_2 \rangle) &\cong \ker(\widehat{\Omega}_4(M\langle w_2 \rangle) \rightarrow \Omega_4(B\langle w_2 \rangle)) \\ &\cong KH_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2). \end{aligned}$$

The map $\pi_1(\mathcal{E}_\bullet(B, w_2)) \rightarrow \widehat{\Omega}_5(B\langle w_2 \rangle, M\langle w_2 \rangle)$ is zero by the commutativity of the braid. Therefore

$$\gamma: \widehat{\Omega}_5(B\langle w_2 \rangle, M\langle w_2 \rangle) \rightarrow \text{Aut}_\bullet(M, w_2)$$

is injective. The natural map $\Omega_4(M\langle w_2 \rangle) \rightarrow H_0(M)$ sends a 4-manifold to its signature. Since the class $w_2 \in H^2(M; \mathbb{Z}/2)$ is a characteristic element for the cup product form (mod 2), it is preserved by the induced map of a self-homotopy equivalence of M . Therefore, the image of $\text{Aut}_\bullet(M, w_2)$ in $\Omega_4(M\langle w_2 \rangle)$ lies in the subgroup $KH_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2)$. Since the map γ is injective, we also have

$$KH_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2) \subseteq \text{im } \alpha. \quad \blacksquare$$

Next, we are going to define a homomorphism

$$\widehat{j}: \text{Aut}_\bullet(B, w_2) \rightarrow \text{Aut}_\bullet(B).$$

For any $\widehat{f} \in \text{Aut}_\bullet(B, w_2)$, $f := j \circ \widehat{f}: M \rightarrow B$ is a 3-equivalence. There is a unique homotopy equivalence $\phi_f: B \rightarrow B$ such that $\phi_f \circ c \simeq f$. We define $\widehat{j}(\widehat{f}) := \phi_f$. Let \widehat{g} be another element of $\text{Aut}_\bullet(B, w_2)$, then $\widehat{f} \bullet \widehat{g}$ is defined by the pair $(\phi_f \circ \phi_g \circ c, \nu_M)$. Therefore $\widehat{j}(\widehat{f} \bullet \widehat{g}) = \phi_f \circ \phi_g$. Let

$$\text{Isom}^{(w_2)}[\pi, \pi_2, s_M] := \{\widehat{f} \in \text{Aut}_\bullet(B, w_2) \mid \phi_f \in \text{Isom}[\pi, \pi_2, s_M]\}.$$

Lemma 3.7 ([12]) *There is a short exact sequence of groups*

$$0 \longrightarrow H^1(M; \mathbb{Z}/2) \longrightarrow \text{Isom}^{(w_2)}[\pi, \pi_2, s_M] \xrightarrow{\widehat{j}} \text{Isom}[\pi, \pi_2, s_M] \longrightarrow 1.$$

Corollary 3.8 *The image of $\text{Aut}_\bullet(M, w_2)$ in $\text{Aut}_\bullet(B, w_2)$ is precisely equal to $\text{Isom}^{(w_2)}[\pi, \pi_2, s_M]$.*

Proof Let $\widehat{f} \in \text{Aut}_\bullet(M, w_2)$ and $\phi_{\widehat{f}}$ denote the image of \widehat{f} in $\text{Aut}_\bullet(B, w_2)$. Then $\widehat{j}(\phi_{\widehat{f}}) = \phi_f$ satisfies $\phi_f \circ c = c \circ f$ and ϕ_f preserves $c_*[M]$. Hence

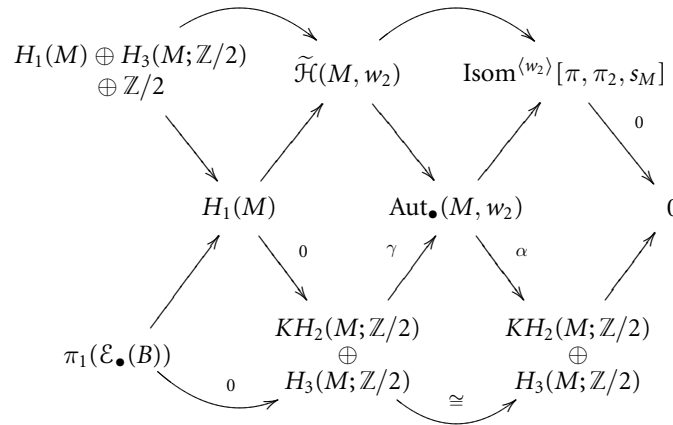
$$\phi_f \in \text{Isom}[\pi, \pi_2, s_M].$$

Now suppose that $\phi \in \text{Isom}[\pi, \pi_2, s_M]$, then there exists $f \in \text{Aut}_\bullet(M)$ such that $\phi \circ f \simeq c \circ f$ (Lemma 2.7). We may assume that $\widehat{f} = (f, \nu_M) \in \text{Aut}_\bullet(M, w_2)$ [5, Lemma 3.1]. Let $\phi_{\widehat{f}} \in \text{Aut}_\bullet(B, w_2)$ denote the image of \widehat{f} ; then we have $\widehat{j}(\phi_{\widehat{f}}) = \phi$. ■

Lemma 3.9 We have $\ker(\beta: \text{Aut}_\bullet(B, w_2) \rightarrow \Omega_4(B\langle w_2 \rangle)) = \text{Isom}^{(w_2)}[\pi, \pi_2, s_M]$, and the image of $\widetilde{\mathcal{H}}(M, w_2)$ in $\text{Aut}_\bullet(B, w_2)$ is equal to $\text{Isom}^{(w_2)}[\pi, \pi_2, s_M]$.

Proof In the non-spin case, the map $\beta: \text{Aut}_\bullet(B, w_2) \rightarrow \Omega_4(B\langle w_2 \rangle)$ is defined by $\beta(\widehat{f}) = [M, \widehat{f}] - [M, \widehat{c}]$. Let $\widehat{f} \in \text{Aut}_\bullet(B, w_2)$ and suppose first that $\widehat{f} \in \ker \beta$, then $(j \circ \widehat{f})_*[M] = c_*[M]$. But since $(j \circ \widehat{f})$ is a 3-equivalence, there exists $\phi \in \text{Aut}_\bullet(B)$ with $\phi \circ c = j \circ \widehat{f}$. So, $\phi_*(c_*[M]) = c_*[M]$, which means $\widehat{j}(\widehat{f}) = \phi \in \text{Isom}[\pi, \pi_2, s_M]$. Therefore $\ker(\beta) \subseteq \text{Isom}^{(w_2)}[\pi, \pi_2, s_M]$. It is easy to see the other inclusion from the commutativity of the braid. The result about the image of $\widetilde{\mathcal{H}}(M, w_2)$ follows from the exactness of the braid [5, Lemma 2.7] and the fact that $\ker(\beta) = \text{Isom}^{(w_2)}[\pi, \pi_2, s_M]$. ■

The relevant terms of our braid are now



Proof of Theorem 1.1 We have a split short exact sequence

$$0 \longrightarrow \widehat{K}_1 \longrightarrow \text{Aut}_\bullet(M, w_2) \longrightarrow \text{Isom}^{(w_2)}[\pi, \pi_2, s_M] \longrightarrow 1,$$

where $\widehat{K}_1 = \ker(\text{Aut}_\bullet(M, w_2) \rightarrow \text{Aut}_\bullet(B, w_2))$. Any element \widehat{f} will act as an identity on $\text{im}(\alpha) = KH_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2)$, so λ is a homomorphism. Also $\widehat{K}_1 \cong KH_2(M; \mathbb{Z}/2) \oplus H_3(M; \mathbb{Z}/2)$, and the rest of the proof follows as in the spin case. ■

Remark 3.10 We have

$$H_2(M; \mathbb{Z}/2) \cong H_0(\pi; H_2(\tilde{M}; \mathbb{Z}/2)) \cong (\pi_2 \otimes \mathbb{Z}/2) \otimes_{\Lambda} \mathbb{Z}.$$

Therefore any element of $H_2(M; \mathbb{Z}/2)$ can be represented by a map $S^2 \rightarrow M$. Let $0 \neq x \in KH_2(M; \mathbb{Z}/2)$ and $\alpha: S^2 \rightarrow M$ corresponds to x via the above isomorphism. Choose an embedding $D^4 \hookrightarrow M$ and shrink ∂D^4 to a point, to get a map $M \rightarrow M \vee S^4$. Now let $\eta: S^3 \rightarrow S^2$ be the Hopf map, $S\eta: S^4 \rightarrow S^3$ its suspension, and $\eta^2: S^4 \rightarrow S^2$ the composition $\eta^2 = \eta \circ S\eta$. Let f be the composite map

$$M \longrightarrow M \vee S^4 \xrightarrow{\text{id} \vee \eta^2} M \vee S^2 \xrightarrow{\text{id} \vee \alpha} M$$

f induces identities on π_1 and on $H_i(\tilde{M})$, so f is homologous to the id_M , and hence it is a homotopy equivalence, but it is not homotopic to the identity, for γ is injective.

To realize $H_3(M; \mathbb{Z}/2)$ as homotopy equivalences, first observe that $H_3(M) \cong H_3(\tilde{M}) \otimes_{\Lambda} \mathbb{Z}$ and reduction mod 2 is onto, so by Hurewicz’s theorem for any element of $H_3(M; \mathbb{Z}/2)$, there exists a map $\beta: S^3 \rightarrow M$. Now the following composite map

$$M \longrightarrow M \vee S^4 \xrightarrow{\text{id} \vee S\eta} M \vee S^3 \xrightarrow{\text{id} \vee \beta} M$$

is again a homotopy-equivalence.

4 S-Cobordism

In this section we are going to show that the *quadratic 2-type* with the *Kirby–Siebenmann invariant* determines a classification of topological 4-manifolds with free fundamental group, up to *s-cobordism*. Before we state our result, let us first recall that

$$\Omega_4^{STOP}(K(\pi, 1)) \cong \Omega_4^{STOP}(\ast) \cong \mathbb{Z} \oplus \mathbb{Z}/2$$

where $\pi \cong \ast_r \mathbb{Z}$. The isomorphism can be given by associating the pair $(\sigma(M), ks(M))$ with M , where $ks(M)$ is the *Kirby–Siebenmann invariant* of M . The latter invariant $\sigma(M)$ is the signature of the 4-manifold M . Recall that the signature of a closed, oriented 4-manifold M , $\sigma(M)$ is given by the signature of the usual intersection form

$$s_M^{\mathbb{Z}}: H_2(M) \otimes H_2(M) \rightarrow \mathbb{Z}.$$

Note that, when π is a free group we have $H_2(M) \cong H_2(M; \Lambda) \otimes_{\Lambda} \mathbb{Z}$ and

$$s_M \otimes_{\Lambda} \mathbb{Z}: (H_2(M; \Lambda) \otimes_{\Lambda} \mathbb{Z}) \otimes (H_2(M; \Lambda) \otimes_{\Lambda} \mathbb{Z}) \rightarrow \Lambda \otimes_{\Lambda} \mathbb{Z} \cong \mathbb{Z}$$

is the integral intersection form $s_M^{\mathbb{Z}}$, since $H_2(M; \Lambda) \otimes_{\Lambda} \mathbb{Z}$ is the largest quotient of $H_2(M; \Lambda)$ on which π acts trivially. Therefore the signature of M is determined by the formula

$$\sigma(M) = \sigma(s_M^{\mathbb{Z}}) = \sigma(s_M \otimes_{\Lambda} \mathbb{Z}).$$

Here is our main result for this section.

Theorem 4.1 *Let M_1 and M_2 be two closed, connected, oriented, topological 4-manifolds with free fundamental group and have the same Kirby-Siebenmann invariant. Then they are s -cobordant if and only if they have isometric quadratic 2-types.*

The proof of Theorem 1.2 If M_1 and M_2 are s -cobordant, then the inclusion of M_1 into an s -cobordism between M_1 and M_2 and the homotopy inverse of the inclusion from M_2 is an orientation preserving homotopy equivalence and thus induces an isometry between the intersection forms. So, M_1 and M_2 have isometric quadratic 2-types. Suppose now that M_1 and M_2 have isometric quadratic 2-types. Then M_1 and M_2 have isomorphic equivariant intersection forms, and by the above arguments $\sigma(M_1) = \sigma(M_2)$. The hypotheses imply that we have a cobordism W between M_1 and M_2 over $K(\pi, 1)$. We may assume that W is connected.

Choose a handle decomposition of W . We can cancel all 0- and 5-handles. Further, we may assume, by low-dimensional surgery, $M_1 \hookrightarrow W$ is a 2 equivalence. So we can trade all 1-handles for 3-handles, and upside-down, all 4-handles for 2-handles. We end up with a handle decomposition of W that only contains 2- and 3-handles, and view W as

$$W = M_1 \times [0, 1] \cup \{2\text{-handles}\} \cup \{3\text{-handles}\} \cup M_2 \times [-1, 0],$$

which we split into two halves: on one side, M_1 and the 2-handles, on the other, M_2 and the 3-handles. Let $3/2$ be the level in W that appears immediately after all 2-handles have been attached but before any 3-handle is attached.

We will cut W into two halves, then glue them back after sticking in an h -cobordism of $M_{3/2}$. This cut and reglue procedure will create a new cobordism from M_1 to M_2 . If we choose the right h -cobordism, then the 3-handles from the upper half will cancel the 2-handles from the lower half. This means that the newly created cobordism between M_1 and M_2 will have no homology relative to its boundaries, and so it will indeed be an h -cobordism from M_1 to M_2 . Finally, note that the Whitehead group $Wh(\pi)$ is trivial for $\pi \cong *_r\mathbb{Z}$ ([13]), hence in this case being s -cobordant is equivalent to being h -cobordant.

From the lower half of W we have $M_{3/2} \approx M_1 \# m(S^2 \times S^2)$, while from the upper half we have $M_{3/2} \approx M_2 \# m(S^2 \times S^2)$, see for example [10, Corollary 3]. Hence we have a homeomorphism

$$\zeta: M_2 \# m(S^2 \times S^2) \xrightarrow{\approx} M_1 \# m(S^2 \times S^2).$$

Let $B(M_i)$ denote the 2-types of M_i and $c_i: M_i \rightarrow B(M_i)$ corresponding 3-equivalences for $i = 1, 2$. Since M_1 and M_2 have isometric quadratic 2-types, we have the following isomorphisms

$$\chi: \pi_1(M_1) \rightarrow \pi_1(M_2) \quad \text{and} \quad \psi: \pi_2(M_1) \rightarrow \pi_2(M_2)$$

such that

$$s_{M_2}(\psi(x), \psi(y)) = \chi_*(s_{M_1}(x, y)).$$

We can construct a homotopy equivalence $\theta: B(M_1) \rightarrow B(M_2)$ such that $\pi_2(\theta) \circ \pi_2(c_1) = \pi_2(c_2) \circ \psi$ and $\theta_{\#}(s_{M_2}) = s_{M_1}$. Now let

$$M := M_1 \# m(S^2 \times S^2) \quad \text{and} \quad M' := M_2 \# m(S^2 \times S^2)$$

such that the quadratic 2-type of M is

$$[\pi, \pi_2, s_M] := [\pi_1(M_1), \pi_2(M_1) \oplus \Lambda^{2m}, s_{M_1} \oplus H(\Lambda^m)],$$

where $H(\Lambda^m)$ is the hyperbolic form on $\Lambda^m \oplus (\Lambda^m)^*$. Next, note that

$$(\pi_1(\zeta) \circ \chi, \pi_2(\zeta) \circ (\psi \oplus \text{id})) = (\text{id}, \pi_2(\zeta) \circ (\psi \oplus \text{id}))$$

gives us an element in $\text{Isom}[\pi, \pi_2, s_M]$ since it is the composition of isometries. Let $B := B(M)$ denote the 2-type of M . Remember that we have $\text{Aut}_{\bullet}(B) \cong \text{Isom}[\pi, \pi_2]$. Therefore we can find a $\phi \in \text{Aut}_{\bullet}(B)$ such that

$$\pi_1(\phi) = \text{id} \quad \text{and} \quad \pi_2(\phi) = \pi_2(\zeta) \circ (\psi \oplus \text{id}).$$

We can choose, by Lemma 3.7, $\hat{f} \in \text{Isom}^{(w_2)}[\pi, \pi_2, s_M]$ such that $\hat{j}(\hat{f}) = \phi$. There exists $(W, \hat{F}) \in \mathcal{H}(M, w_2)$ that maps to \hat{f} , i.e., $\hat{F}: W \rightarrow B(w_2)$ and $F|_{\partial_2 W} = \hat{f}$. We have a commutative diagram of exact sequences (see [5, Lemma 4.1])

$$\begin{array}{ccccc} \tilde{L}_6(\mathbb{Z}[\pi_1]) & \xlongequal{\quad} & \tilde{L}_6(\mathbb{Z}[\pi_1]) & & \\ \downarrow & & \downarrow & & \\ \mathcal{S}(M \times I, \partial) & \longrightarrow & \mathcal{H}(M) & \longrightarrow & \text{Aut}_{\bullet}(M, w_2) \\ \downarrow & & \downarrow & & \\ \mathcal{T}(M \times I, \partial) & \longrightarrow & \tilde{\mathcal{H}}(M, w_2) & \twoheadrightarrow & \text{Isom}^{(w_2)}[\pi, \pi_2, s_M] \\ \downarrow & & \downarrow & & \\ L_5(\mathbb{Z}[\pi_1]) & \xlongequal{\quad} & L_5(\mathbb{Z}[\pi_1]) & & \end{array}$$

where the left-hand vertical sequence is from Wall’s surgery exact sequence [15, Chapter 10]. To obtain the right-hand vertical sequence we use the modified surgery theory of [10].

The group $\mathcal{H}(M)$ consists of oriented h -cobordisms W^5 from M to M , under the equivalence relation induced by h -cobordism relative to the boundary. The group structure on $\mathcal{T}(M \times I, \partial)$ is defined as for $\tilde{\mathcal{H}}(M, w_2)$. The map $\mathcal{T}(M \times I, \partial) \rightarrow \tilde{\mathcal{H}}(M, w_2)$ takes $F: (W, \partial W) \rightarrow (M \times I, \partial)$ to $(W, \hat{F}) \in \tilde{\mathcal{H}}(M, w_2)$, where $\hat{F} = \hat{p}_1 \circ F$. Let $\sigma_5 \in L_5(\mathbb{Z}[\pi_1])$ be the image of (W, \hat{F}) , the map $\mathcal{T}(M \times I, \partial) \rightarrow L_5(\mathbb{Z}[\pi_1])$ is onto

[7, Lemma 6.9]. Let $(W', F') \in \mathcal{T}(M \times I, \partial)$ maps to σ_5 and let $(W', \widehat{F}') \in \widetilde{\mathcal{H}}(M, w_2)$ be the image of (W', F') . Consider the difference of these elements in $\widetilde{\mathcal{H}}(M, w_2)$,

$$(W'', \widehat{F}'') := (W', \widehat{F}') \bullet (-W, \hat{f}^{-1} \bullet \widehat{F}) \in \widetilde{\mathcal{H}}(M, w_2).$$

The element $(W'', \widehat{F}'') \in \widetilde{\mathcal{H}}(M, w_2)$ maps to $0 \in L_5(\mathbb{Z}[\pi_1])$. By the exactness of the right-hand vertical sequence there exists an h -cobordism T of M which maps to (W'', \widehat{F}'') . Let f denote the induced homotopy self equivalence of M . By construction we have $c \circ f \simeq \phi \circ c$ where $c \circ f = j \circ \hat{f}$. Note that $\pi_2(\zeta^{-1} \circ f) = \psi \oplus \text{id}$ and also $\zeta^{-1} \circ f$ gives us a self-equivalence of $M_{3/2}$. Now, if we put the s -cobordism T in between two halves of W , then the 3-handles from the upper half cancel the 2-handles from the lower half. ■

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