

BOOKS RECEIVED

THE INFINITE POSSIBILITIES OF A BALANCED BRAIN: LIMITLESS YOU. 2008. By Lee Gerdes. Published by Namaste Publishing. 312 pages. C\$28 approx.

NEUROSURGICAL OPERATIVE ATLAS: VASCULAR NEUROSURGERY. 2008. By R. Loch Macdonald. Published by Thieme. 296 pages. C\$315 approx.

NEUROSURGICAL OPERATIVE ATLAS FUNCTIONAL NEUROSURGERY. SECOND EDITION. 2008. By Philip A Starr, Nicholas M. Barbaro, Paul S. Larson. Published by Thieme. 304 pages. C\$315 approx.

CATASTROPHIC INJURIES IN SPORT AND RECREATION: CAUSES AND PREVENTION - A CANADIAN STUDY. 2008. Edited by Charles H. Tator. Published by University of Toronto Press. 761 pages. C\$165 approx.

CURRENT MANAGEMENT IN CHILD NEUROLOGY. FOURTH EDITION. 2009. By Bernard L. Maria. Published by People's Medical Publishing House. 808 pages. C\$250 approx.

SPINE RADIOSURGERY. 2009. Edited by Peter C. Gerszten, Samuel Ryu. Published by Thieme. 176 pages. C\$190 approx.

SPINE SURGERY. TRICKS OF THE TRADE. SECOND EDITION. 2009. Edited by Alexander R. Vaccaro, Todd J. Albert. Published by Thieme. 408 pages. C\$200 approx.

HANDBOOK OF CLINICAL NEUROLOGY MALFORMATIONS OF THE NERVOUS SYSTEM. THIRD SERIES - VOLUME 87. 2008. Edited by Harvey B. Sarnet, Paolo Curatolo. Published by Elsevier Canada. 644 pages. C\$352 approx.

STROKE ESSENTIALS FOR PRIMARY CARE - A PRACTICAL GUIDE. 2009. Edited by David Alway, John Walden Cole. Published by Humana Press. 202 pages. C\$90 approx.

BOOKS REVIEWED

SLEEP DISORDERS AND NEUROLOGIC DISEASE. SECOND EDITION. 2007. Edited by Antonio Culebras. Published by Informa Healthcare USA, Inc. 432 pages. Price C\$245.

This text is a revised (second) edition of a unique and comprehensive book on sleep disorders and neurologic disease. This book provides a thorough overview of neurosomnology or the 'neurology of sleep'. The editor, Antonio Culebras, together with 28 co-authors who are all prestigious clinical neuroscientists well known in the field of sleep medicine have produced an excellent, well written book which includes relevant neuroscience but primarily is clinically-oriented.

The new edition contains 25 chapters. The first chapter written by Antonio Culebras regarding the concept and importance of sleep medicine and neurosomnology inspires the reader to learn more about this area. Antonio Culebras states clearly in his introduction, the importance of understanding the links between clinical neurology and sleep disorders. The book provides exactly this knowledge to the reader and will be of use to both the neurologist and non-neurologist who are interested in this expanding field of medicine.

In the first chapter, which will be of interest to American trainees, there is information on training in sleep medicine in the U.S.A.

Canadian readers may be interested to know that currently, there is an initiative to develop a sleep medicine fellowship recognized by the Royal College of Physicians and Surgeons of Canada. In addition, in the first chapter under the heading 'Other National and International Sleep Societies', the Canadian Sleep Society is not listed. Canadian readers of the Journal may be interested in this organization which represents both scientists and clinicians interested in the field of sleep medicine (www.css.to.)

The following section, Infancy and Development includes two chapters outlining disorders of development and maturation of sleep and a brief review of some of the sleep disorders associated with mental retardation. Although these chapters are well-written, for the child neurologist or reader with an interest specifically in the neurology of sleep during childhood, there is only a summary of these topics presented in the text.

The remaining 22 chapters are divided into seven sections of relevance to the neurologist, or to the reader who would like specific knowledge about sleep and neurologic disease. These sections cover Insomnia and Circadian Dysrhythmias, Narcolepsy and other Hypersomnias, Motor Disorders of Sleep, Epilepsy and Parasomnias, Sleep Apneas (with a neurological perspective), Neurodegenerative Disorders, Miscellaneous Neurologic Disorders and Pharmacology. Most of the chapters follow a similar, clinically-