

# THE LIFE

## OF THE SPIRIT



ST BERNARD

WITH THE CISTERCIAN ST AELRED

VOL. VIII

NOVEMBER 1953

No. 89

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## CONTENTS

SAINT BERNARD	The Editor	194
BEGINNING TO KNOW ST BERNARD	John Morson	199
ST AELRED AND THE ASSUMPTION	Charles Dumont	205
MARTHA AND MARY	St Aelred	211
HALLOWED BE THY NAME . . .	R. H. J. Steuart	218
A FORERUNNER OF ST JOHN OF THE CROSS	D.A.B.	224
POINT OF VIEW	T.P.F.	229
TO THE HEIGHTS OF FREEDOM	Conrad Pepler	231
REVIEWS: John Morson, Ralph Velarde, David Rogers		234

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