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THE JOURNAL
OF
LARYNGOLOGY
AND
RHINOLOGY;

*AN ANALYTICAL RECORD OF CURRENT LITERATURE RELATING TO
THE THROAT AND NOSE.*

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The Pine Treatment.

FOR BRONCHIAL, RHEUMATIC, GOUTY, NEURALGIC, AND RENAL TROUBLES.

LONDON.]

JANUARY.

[1888.

Pinol.

The Distilled Essence of the Pinus Pumilio.

The efficacy of the pine treatment has already received the recognition and endorsement of many of the most distinguished therapeutists of Europe, and it is being extensively adopted in Homburg, Ischl, Baden-Baden, Reichenhall, and other of the principal health resorts of the Continent, where the pumilio pine is used in one form or another. The opening of the New Hydropathic Institution at Farnborough the other day is another evidence of the growing favour of the pine treatment in disease. In this institution Pinol is used. Pinol is the pure essence or volatile oil distilled from the needles of the *Pinus Pumilio*, growing in the perpetual snow of the Alps. It is distinguished from the common pine oils by superior medicinal and sanitary properties, and by its exquisite fragrance.

MODES OF EMPLOYING PINOL.

Pinol is used as an Inhalation, a Gargle, an Embrocation, for Fumigation, and internally.

Inhalation.

For purposes of inhalation it may be used in the *Pinol steam atomizer*, a spray apparatus, or the Burroughs Ammonia Inhaler. Inhalations of Pinol have an extended sphere of usefulness, inasmuch as they are applicable to cases of catarrh, *oæna*, cold in the head, *gravedo*, sore throat, tonsillitis, hoarseness, aphonia, asthma, chronic bronchitis, bronchorrhea, and phthisis. Where an Inhaler is not at hand, the entire respiratory tract may be medicated with the drug as follows:—Add thirty minims of *Pinol* to $\frac{1}{2}$ -pint of boiling water in a basin, stir, and mix with $\frac{1}{2}$ -pint more boiling water. Confine the vapours by covering the head and surrounding the basin with a towel, and inhale for 3 or 4 minutes. Repeat several times daily.

Chloride of Ammonium Inhaler.

It is alleged that at the health resorts even the gouty and rheumatic, though free from chest complaints, are benefited by inhalations of Pinol. Thirty minims may be dropped into the *Pinol steam atomizer* or the water-bottle of the *Burroughs Inhaler*.

Internal administration.

Public speakers, singers, elocutionists, actors, etc., have found that the employment of Pinol inures the throat to trying conditions, and strengthens the voice. It may be taken in water or on sugar, in doses of 3 to 4 minims, or more agreeably in the form of our *Pinol Pastilles*.

Gargle.

Pinol also serves as a very useful gargle, and for this purpose 10 or 15 minims should be poured into $\frac{1}{2}$ -pint of boiling water.

Fumigation.

Another mode of employing Pinol is in fumigation. Pinol may be poured on a porcelain plate and allowed to gradually perfume the atmosphere, or evaporated by means of a spirit lamp; by the latter means the vapours are thus more quickly diffused throughout the room. It is highly praised for the phthisical.

External application.

Pinol is advantageously applied externally in cutaneous diseases, gouty and rheumatic joints, muscular rheumatism, and as an embrocation for sore throat and chest affections. It is also valuable in peritonitis, and sometimes in pneumonia, in fomentations (made by pouring a few drops on to flannels wrung out of hot water), which are to be frequently renewed.

Pinol is supplied in bottles at 2s. 6d. and 4s. 6d. retail, and at 2s. and 3s. 9d. to the profession. Also in the form of Pastilles. The *Pinol steam atomizer* sells at 10s. retail, and at 8s. 6d. to the profession, and the *Burroughs-Inhaler* at 10s. retail, and at 7s. 6d. to the profession.

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EDITORS' NOTICE.

WITH the appearance of the second volume of this Journal, the Editors cannot refrain from expressing their pleasure at the manner in which the new venture has been received by the medical public. The cordial support which has, from the first, been extended to the *Journal of Laryngology*, both in this country and in America, has encouraged the Editors to make some additional changes in the conduct of the Journal, which they venture to think will add to its usefulness. An English edition will be published simultaneously with an American edition, the former being in the future in the hands of Anderson & Co., of London, the latter being undertaken by Blakiston, Son, & Co., of Philadelphia, as heretofore.

All abstracts will in future be printed in smaller type, thus enabling the Editors to include several additional pages of matter in each number.

As heretofore, one original article will be published every month in the Journal, but instead of such articles being editorial, they will in future be contributed by well-known laryngologists in all parts of the world.

It is requested that all editorial communications be addressed to the Editors of the *Journal of Laryngology*, at the London Office, 14, Cockspur Street, Charing Cross, S.W., and that all business and advertisement communications be addressed, Manager, *Journal of Laryngology*, at the same address.

To ensure the early insertion of abstracts, Authors are requested to send a copy of any journal which may contain a contribution on disease of the throat or nose, or on cognate affections, to the EDITORS, *Journal of Laryngology*, c/o Messrs. Anderson & Co., 14, Cockspur Street, Charing Cross, S.W.

Afin de s'assurer une prompte insertion de leurs extraits, les auteurs sont priés d'envoyer un numéro de tout journal contenant un article quelconque sur les maladies de la gorge ou du nez et sur les affections qui y ont rapport, aux REDACTEURS du *Journal of Laryngology*, c/o Messrs. Anderson & Co., 14, Cockspur Street, Charing Cross, S.W.

Um die rechtzeitige Veröffentlichung von Auszügen zu sichern, werden die Verfasser gebeten, eine Kopie von allen Zeitschriften, die einen Beitrag über Krankheiten des Kehlkopfes, der Nase u. s. w. enthalten, an die HERAUSGEBER des *Journal of Laryngology*, c/o Messrs. Anderson & Co., 14, Cockspur Street, Charing Cross, S.W.