

# International psychiatry

Volume 9  
Number 2  
May 2012  
ISSN 1749-3676

Journals affiliated to *International Psychiatry*:  
*African Journal of Psychiatry*  
*Arab Journal of Psychiatry*

## Guest editorial

- 27 **Suicide prevention: the evidence on safer clinical care is now good and should be adopted internationally**  
Louis Appleby

## Thematic papers – The global spread of clinical trials

- 29 **Introduction**  
David Skuse
- 30 **Challenges of clinical trials in low- and middle-income countries**  
Akwasi Osei
- 32 **Putting contract research organisations on the radar**  
Mariëtte van Huijstee and Nuria Homedes
- 34 **Psychiatric medicines in India: why public healthcare facilities and a thriving generics industry cannot assure access and affordability**  
Anita Kotwani

## Country profiles

- 36 **Does mental health matter? Commentary on the provision of mental health services in Mozambique**  
Kupukai Mlambo

- 38 **Mental health in the Republic of The Gambia**  
Imogen Kretschmar, Ousman Nyan, Ann Marie Mendy and Bamba Janneh

## Research papers

- 40 **Relationship of psychosocial adversity to depressive symptoms and self-harm in young homeless people**  
Balamurugan Nambi, Pallab Majumder and Panos Vostanis
- 43 **Evaluation of a mental health training project in the Republic of the Sudan using the Mental Health Gap Action Programme curriculum**  
Sherese Ali, Khalid Saeed and Peter Hughes

## Special paper

- 45 **Six decades of community psychiatry in India**  
R. K. Chadda

## News and notes

## Correspondence

## 51 Forthcoming international events



## Editor

Hamid Ghodse

### Deputy editor

David Skuse (Section Editor – Theme)

### Associate editors

Walid Sarhan  
(Editor, *Arab Journal of Psychiatry*)

Christopher Szabo  
(Editor, *African Journal of Psychiatry*)

### Administrative support

Joanna Carroll  
Elen Cook  
Chris Naughton  
Andrew Morris

## Editorial board

Michel Botbol  
France

Nick Bouras  
UK (Section Editor – Special papers)

Katy Briffa  
UK

Jorge Calderon  
Chile

Rakesh Chadda  
India

Santosh Chaturvedi  
India

George Christodoulou  
Greece

John Cox  
UK (Assistant Editor)

Anna Datta  
Ireland

Oluwole Famuyiwa  
UK

Peter Hughes  
UK (Section Editor – News and notes)

George Ikkos  
UK (Section Editor – Editorials)

Rachel Jenkins  
UK (Section Editor – Research papers)

Stephen Kisely  
Australia

Marinos Kyriakopoulos  
UK

Nasser Loza  
Egypt (Assistant Editor)

M. Akmal Makhdom  
UK

Amit Malik  
UK (Section Editor – Correspondence)

Donald Milliken  
Canada

Gholam Reza Mir-Sepassi  
Iran

R. N. Mohan  
UK

Hellme Najim  
UK

David Ndeti  
Kenya

Sean O'Domhnaill  
Ireland

Olufemi Olugbile  
Nigeria

Eleni Palazidou  
UK

Vikram Patel  
India

Sundararajan Rajagopal  
India

Mohamed Omar Salem  
United Arab Emirates

Shekhar Saxena  
Switzerland (Assistant Editor)

Fabrizio Schifano  
UK (Section Editor – Country profiles)

Emma Stanton  
USA

Samuel Stein  
UK

Allan Tasman  
USA

John Tsiantis  
Greece

Xin Yu  
China

### Mission of *International Psychiatry*

The journal is intended primarily as a platform for authors from low- and middle-income countries, sometimes writing in partnership with colleagues elsewhere. Submissions from authors from International Divisions of the Royal College of Psychiatrists are particularly encouraged.

## Subscriptions

*International Psychiatry* is published four times a year.

For subscriptions non-members of the College should contact:

Publications Subscriptions Department, Maney Publishing, Suite 1C, Joseph's Well, Hanover Walk, Leeds LS3 1AB, UK tel. +44 (0)113 243 2800; fax +44 (0)113 386 8178; email [subscriptions@maney.co.uk](mailto:subscriptions@maney.co.uk)

For subscriptions in North America please contact: Maney Publishing North America, 875 Massachusetts Avenue, 7th Floor, Cambridge, MA 02139, USA tel. 866 297 5154 (toll free); fax 617 354 6875; email [maney@maneyusa.com](mailto:maney@maneyusa.com)

Annual subscription rates for 2011 (four issues, post free) are £28.00 (US\$50.00). Single issues are £8.00 (US\$14.40), post free.

Design © The Royal College of Psychiatrists 2012.

For copyright enquiries, please contact the Director of Publications and Website, Royal College of Psychiatrists.

All rights reserved. No part of this publication may be reprinted or reproduced or utilised in any form or by any electronic, mechanical or other means, now known or hereafter invented, including photocopying and recording, or in any information storage or retrieval system, without permission in writing from the publishers.

The views presented in this publication do not necessarily reflect those of the Royal College of Psychiatrists, and the publishers are not responsible for any error of omission or fact.

The Royal College of Psychiatrists is a charity registered in England and Wales (228636) and in Scotland (SC038369).

*International Psychiatry* was originally published as (and subtitled) the *Bulletin of the Board of International Affairs* of the Royal College of Psychiatrists. Printed in the UK by Henry Ling Limited at the Dorset Press, Dorchester DT1 1HD.

The paper used in this publication meets the minimum requirements for the American National Standard for Information Sciences – Permanence of Paper for Printed Library Materials, ANSI Z39.48-1984.

## Notice to contributors

*International Psychiatry* publishes original research, country profiles and thematic overviews, dealing with mental health policy, promotion and legislation, the administration and management of mental health services, and training in psychiatry around the world. Correspondence as well as items for the news and notes column will also be considered for publication. The journal aims to be a platform for work that is generally underrepresented in the literature, especially psychiatry research and opinion from low- and middle-income countries.

Manuscripts for publication must be submitted electronically to the Editor ([hghodse@sghms.ac.uk](mailto:hghodse@sghms.ac.uk)), with a copy sent to the Secretariat ([ip@rcpsych.ac.uk](mailto:ip@rcpsych.ac.uk)). The maximum length for papers is 1500 words; correspondence should not be longer than 500 words. The Harvard system of referencing should be used.

Manuscripts accepted for publication are copy-edited to improve readability and to ensure conformity with house style. Authors whose first language is not English are encouraged to contribute; our copy-editor will make any necessary corrections, in consultation with the authors.

Contributions are accepted for publication on the condition that their substance has not been published or submitted elsewhere. Once a paper is accepted for publication, all its authors are required to disclose any potential conflict of interest. Completion of the form developed by the International Committee of Medical Journal Editors for this purpose ([www.icmje.org/coi\\_disclosure.pdf](http://www.icmje.org/coi_disclosure.pdf)) is mandatory.

### About our peer-review process

All articles submitted will be peer-reviewed to ensure that their content, length and structure are appropriate for the journal. Research papers and special papers are reviewed by a minimum of two peers. Not all papers will be accepted for publication, but our peer-review process is intended to assist our authors in producing articles for worldwide dissemination. Wherever possible, our expert panel of assessors will help authors to improve their papers to maximise their impact when published.