

P02-186 - THE COMPARISON OF MENTAL HEALTH AND LOUCUS OF CONTROL IN PROFESSIONAL AND AMATEUR ATHLETES

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This study is The Comparison of Mental Health and Loucus of Control in Professional and Amateur Athletes and nonahletes. The sample of this research includes 150 Professionals, amateur athletes and nonahletes of Isfahan city. They homogeneous in age, marital status, subject of education, level of education and subject of education and level of income. The research method was causal_comparative. Rater locus of control inventory and Goldberg mental health inventory were used to collect the data. The results showed that, there is a significant difference in locus of control.Among Professional, and amateur athletes and nonahletes.

Keywords: Locus of control, Mental Health, Athlete, Professional, Amateur.