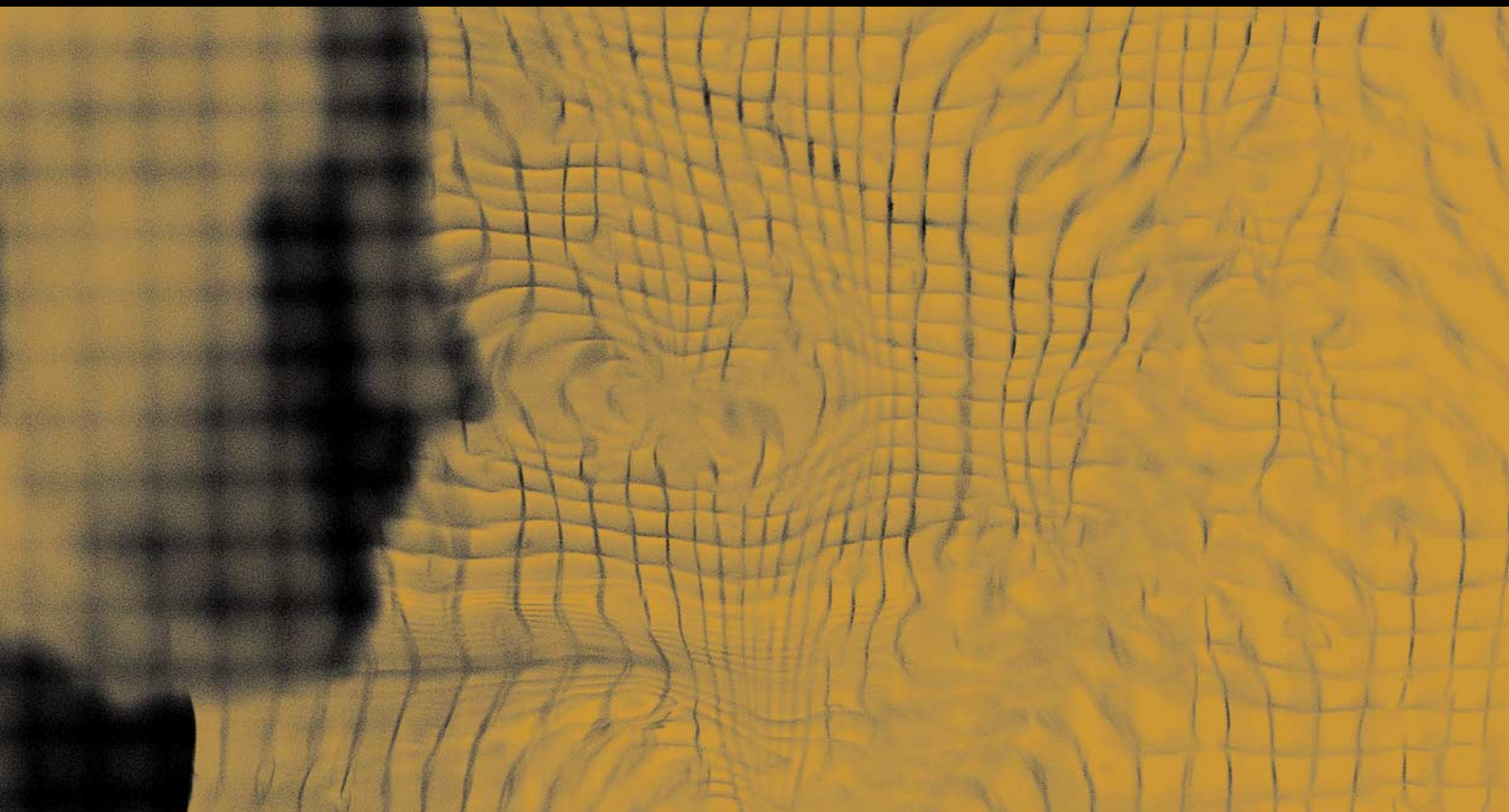


# JOURNAL OF **PSYCHIATRIC INTENSIVE CARE**

## PSYCHIATRIC INTENSIVE CARE AND LOW SECURE UNITS

Editor-in-Chief Roland Dix



Official Journal of The National Association  
of Psychiatric Intensive Care Units

**CAMBRIDGE**  
UNIVERSITY PRESS

# JOURNAL OF PSYCHIATRIC INTENSIVE CARE

*The official journal of the National Association of Psychiatric Intensive Care Units*

(www.napicu.org.uk)

## Editor-in-Chief

**Roland Dix**

*Consultant Nurse, Montpellier Unit, Wotton Lawn Hospital, Gloucester, UK*

## Deputy Editor

**Dr Jim Laidlaw**

*Consultant Psychiatrist, Montpellier Unit, Wotton Lawn Hospital, Gloucester, UK*

## Assistant Editors

**Dr Stephen Dye**

*Consultant Psychiatrist, Ipswich Hospital, Suffolk, UK*

**Chris Foy**

*Medical Statistician, Gloucestershire R&D Support Unit, Gloucestershire Royal Hospital*

**Dr Sally Thomas**

*Technical Editor*

## Editorial Board

### **Dr Dominic Beer**

*Consultant Psychiatrist, Bracton Centre, Dartford, Kent*

### **Professor Len Bowers**

*Professor of Psychiatric Nursing, Institute of Psychiatry, Kings College London*

### **David Buckle**

*Social Worker, Montpellier Unit, Wotton Lawn, Gloucester*

### **Chris Dzikiti**

*Modern Matron PICU/LSU Male & Female Services, East London NHS Foundation Trust Mile End Hospital, London*

### **Dr Kristina Gintalaite-Bieliauskienė**

*Consultant Psychiatrist, Medical Lead for PICUs Avon and Wiltshire Mental Health Partnership NHS Trust, Callington Road Hospital, Bristol*

### **Julie Hapeshi**

*R&D Coordinator, Gloucestershire Research & Development Support Unit*

### **Dr James Innes**

*Deputy Chief Pharmacist & Lead Pharmacist for Tower Hamlets Pharmacy Department, East London NHS Foundation Trust, Mile End Hospital, London*

### **Valentina Cabral Iversen**

*Associate Professor, St Olavs Hospital, Department of Neuroscience, Norwegian University of Science and Technology, Trondheim, Norway*

### **Andy Johnston**

*Clinical Director Working Age Adults, Avon and Wiltshire Partnership NHS Trust*

### **Marc Kingsley**

*Specialist Clinical Psychologist, Pathways PICU on Tagore, Goodmayes Hospital, Essex*

### **Dr Pall Matthiasson**

*Consultant Psychiatrist, The Huntercombe Hospital, Roehampton, London*

### **Leon Meek**

*Engagement, Physical Health & Activity Team Leader, Greyfriars PICU 2gether NHS Trust for Gloucestershire*

### **Dr Jane Melton**

*Consultant Occupational Therapist, Wotton Lawn Hospital, Gloucester*

### **Alan Metherall**

*Deputy Director of Nursing, Avon and Wiltshire Partnership NHS Trust*

### **Dr Aileen O'Brien**

*Consultant Psychiatrist, Senior Lecturer, Southwest London and St Georges Mental Health Trust*

### **Mathew Page**

*Service Director, Child and Adolescent Mental Health Service, 2gether NHS trust for Gloucestershire*

### **Tom Palmstierna**

*Professor of Psychiatry, Karolinska Institutet, Sweden*

### **Caroline Parker**

*Consultant Pharmacist, Central & North West London NHS Trust*

### **Carol Paton**

*Principal Pharmacist, Bracton Centre, Dartford, Kent*

### **Professor Saxby Pridmore**

*Professor of Psychiatry, Royal Hobart Hospital, Tasmania, Australia*

### **Dr Stephen Pereira**

*Consultant Psychiatrist/Senior Lecturer, Goodmayes Hospital, Essex*

### **Peter Pratt**

*Chief Pharmacist, Sheffield Health & Social Care NHS Foundation Trust*

### **Jeanne Pretorius**

*Occupational Therapist, Plumstead, London*

### **Dr Faisal Sethi**

*Consultant Psychiatrist, The LSU & PICU, Tower Hamlets Centre for Mental Health, London*

### **Dr Michael Travis**

*Director of Psychiatrist Residency Training, Western Psychiatric Institute & Clinic, Pittsburgh, USA*

### **Dr Jerry Warr**

*Reader in Practice Development, IHCS, Bournemouth University*

### **Dr Paul Winterbottom**

*Consultant Psychiatrist in Learning Disability, Medical Director, 2gether NHS trust for Gloucestershire*

## Editorial Office

JPI Editorial Office, Montpellier Unit, Wotton Lawn Hospital, Horton Road, Gloucester, GL1 3WL, UK.

Tel: +44 (0)1452 894 580. Fax: +44 (0)1452 891 585. Email: journal@napicu.org.uk

## Journal Mission Statement

Published bi-annually, the International Journal of Psychiatric Intensive Care (ISSN 1742-6464) is devoted to issues affecting the care and treatment of people with mental disorder who manifest severely disturbed mental or behavioural functioning. By design, the Journal is international and multi-disciplinary in its approach. It serves the interest of all professionals concerned with these topics whether they work in Psychiatric Intensive Care Units (PICUs), Low Secure Units, Challenging Behaviour, Emergency Psychiatry, Intensive Treatments or in other parts of the wider mental health system.

All aspects of psychiatric intensive care are covered within the Journal, which seeks to encourage informed debate and exchange of opinion and thereby become the essential journal in this field. The content of the Journal includes editorials, original articles, brief reports, reviews, conference reports, news and notices. Preference is given to original research of a high scientific quality.

The Journal of Psychiatric Intensive Care is the official publication of NAPICU.

## Subscriptions

The online subscription prices of Vol. 9 (2013) are as follows:

Institutional (Online): £168.00 (USD \$311.00)

Individual (non-member): £38.00 (USD \$71.00)

Orders, which must be accompanied by payment, may be sent to any bookseller, subscription agent or direct to the publisher:

Cambridge University Press, Customer Services – Journals, Edinburgh Building, Shaftesbury Road, Cambridge, CB2 8RU, UK. For further information visit:

<http://journals.cambridge.org/jpi>

The journal is available to members of NAPICU as a benefit of their membership. To contact NAPICU and to review the list of benefits of membership, please visit the website on: [www.napicu.org.uk](http://www.napicu.org.uk)

## Advertising

Contact for further information

North America (USA, Canada, Mexico)

Advertising Sales

Lisa Pang,

Email: [journals\\_advertising@cup.org](mailto:journals_advertising@cup.org)

All other countries

Advertising Sales

Amy O'Leary

Email: [ad\\_sales@cambridge.org](mailto:ad_sales@cambridge.org)

## Permissions

For information on copying and all other use, permission must be sought from Cambridge University Press.

© NAPICU 2013

# JOURNAL OF PSYCHIATRIC INTENSIVE CARE

## CONTENTS

### Editorial

- Clusters, garlands or bouquets? 1  
*Stephen Dye*

### Commentary

- Patient journeys within psychiatric intensive care: payments by results versus lean pathways development 4  
*Thomas Kearney, Stephen Dye, Faisal Sethi*

### Original Research Articles

- Comparison of the quality of care in psychiatric intensive care units and acute psychiatric wards 12  
*Suzie J. Lemmey, Naomi Glover, Robert Chaplin*

- A comparison of psychiatric nursing staff experience of, and attitudes towards, the psychiatric intensive care services in a Scottish health region 19  
*Gary S. Stevenson*

- Group treatment for interpersonal effectiveness: a study of women in a medium secure psychiatric hospital 27  
*Clive G. Long, Barbara Fulton, Olga Dolley*

- A retrospective cohort study describing admissions to a London Trust's PICU beds over one year: do men and women use PICU differently? 33  
*Aileen O'Brien, Ben Cramer, Michael Rutherford, Doreen Attard*

### Review Articles

- Are eating disorder patients in secure hospitals getting a fair deal? A survey of the prevalence and nature of the problem 40  
*Clive G. Long, Arleen Rowell, Caroline Rose, Olga Dolley*

- Tasers and psychiatry: some thoughts and observations 49  
*John D. Little, Ian Hogbin, Michaela Burt*

### Case report

- Tasers and psychiatry: the use of a Taser on a low secure unit 56  
*John Little, Michaela Burt*

**News**

The 17th annual NAPICU Conference *Pathways to high quality acute inpatient care:*  
6th–7th September 2012, Manchester Conference Centre, UK 59  
*Aileen O'Brien*

**Book review**

The Locked Ward 63  
*Aileen O'Brien*