

# Contents

<i>List of Figures</i> . . . . .	page x
<i>List of Tables</i> . . . . .	xi
<i>List of Boxes</i> . . . . .	xiii
<i>List of Contributors</i> . . . . .	xiv
<i>Preface</i> . . . . .	xli
<i>Acknowledgments</i> . . . . .	xliv
PART I: APPLYING TO GRADUATE SCHOOL . . . . .	1
<b>1 Before You Apply to Graduate Programs in Psychology: Knowing When You're Ready, and Gaining Post-Baccalaureate Experiences . . .</b>	<b>3</b>
<i>Casey D. Calhoun &amp; Mitchell J. Prinstein</i>	
<b>2 Deciding to Apply and Successfully Gaining Admission to Graduate Schools in Psychology . . . . .</b>	<b>15</b>
<i>Mitchell J. Prinstein</i>	
PART II: BEGINNING YOUR CAREER. . . . .	71
<b>3 Your First Year of Graduate School . . . . .</b>	<b>73</b>
<i>Mitchell J. Prinstein, Kara A. Fox, Nathan H. Field, &amp; Olivia H. Pollak</i>	
<b>4 Following the Scientific Path in Applied Psychology . . . . .</b>	<b>88</b>
<i>Steven C. Hayes &amp; Nicolas M. Berens</i>	
<b>5 Impostor Syndrome in Graduate School. . . . .</b>	<b>102</b>
<i>Donte L. Bernard &amp; Steven Stone-Sabali</i>	
<b>6 Cultural Humility in Psychology . . . . .</b>	<b>119</b>
<i>Maysa Akbar</i>	

<b>7 Graduate Training for Students of Color: Belonging Required; Fitting In, Not Recommended</b> . . . . .	126
<i>Keyona Allen, Amanda Parks, &amp; Shawn C.T. Jones</i>	
<b>8 Navigating Graduate School in Psychology as a Sexual and/or Gender Minority (LGBTQ+) Student</b> . . . . .	144
<i>Leigh A. Spivey-Rita &amp; Ilana S. Berman</i>	
<b>9 Considerations for First-Generation Students in Graduate School</b>	166
<i>Casey D. Calhoun, Donte L. Bernard, Luis D. Medina, Evelyn Behar, April R. Smith, Adam B. Miller, Angelica M. Diaz-Martinez, Angela Scarpa, Matthew K. Nock, &amp; Mitchell J. Prinstein</i>	
<b>10 Developing and Practicing Ethics.</b> . . . . .	179
<i>Kenneth S. Pope, Nayeli Y. Chavez-Dueñas, &amp; Hector Y. Adames</i>	
PART III: YOUR RESEARCH/ACADEMIC CAREER . . . . .	195
<b>11 An Open Science Workflow for More Credible, Rigorous Research</b>	197
<i>Katherine S. Corker</i>	
<b>12 Presenting Your Research.</b> . . . . .	217
<i>Lindsey L. Cohen, Abigail Robbertz, &amp; Sarah Martin</i>	
<b>13 Publishing Your Research.</b> . . . . .	235
<i>Alan E. Kazdin</i>	
<b>14 Recommendations for Teaching Psychology</b> . . . . .	266
<i>William C. Rando &amp; Leonid Rozenblit</i>	
<b>15 Applying for NIH Grants</b> . . . . .	284
<i>Carl W. Lejuez, Elizabeth K. Reynolds, Will M. Aklin, &amp; B. Christopher Frueh</i>	
<b>16 On Being a Woman in Academic Psychology</b> . . . . .	303
<i>Kristen A. Lindquist, Eliza Bliss-Moreau, June Gruber, &amp; Jane Mendle</i>	
PART IV: YOUR CAREER AS A PRACTITIONER . . . . .	327
<b>17 Training to Begin a Private Practice</b> . . . . .	329
<i>Jeffrey E. Barnett &amp; Elizabeth Henshaw Musewicz</i>	
<b>18 Obtaining a License to Practice Psychology.</b> . . . . .	348
<i>Corey J. Habben &amp; Jared W. Bollinger</i>	
<b>19 Becoming a Specialist: Board Certification</b> . . . . .	361
<i>David R. Cox</i>	

<b>20</b>	<b>Becoming a Competent and Ethical Clinical Supervisor</b> . . . . .	371
	<i>Erica H. Wise &amp; Ellen E. Fitzsimmons-Craft</i>	
PART V: YOUR PROFESSIONAL SERVICE CAREER . . . . .		385
<b>21</b>	<b>Getting Involved in Professional Organizations: A Gateway to Career Advancement</b> . . . . .	387
	<i>Daniel Dodgen &amp; Carol Williams-Nickelson</i>	
<b>22</b>	<b>Advocacy: Advancing Psychology and Public Well-Being</b> . . . . .	406
	<i>Christopher W. Loftis</i>	
<b>23</b>	<b>Public Education of Psychology: An Interview with Philip G. Zimbardo, PhD</b> . . . . .	417
	<i>Philip G. Zimbardo</i>	
<b>24</b>	<b>Working with the Media – and Getting the Media to Work for You</b>	434
	<i>Kim I. Mills</i>	
PART VI: YOUR CAREER AFTER GRADUATE SCHOOL . . . . .		449
<b>25</b>	<b>Recommendations for a Postdoctoral Fellowship</b> . . . . .	451
	<i>Amy F. Sato, Valerie Simon, Elissa Jelalian, &amp; Anthony Spirito</i>	
<b>26</b>	<b>Career Versatility in Employment Trends</b> . . . . .	477
	<i>Karen E. Stamm, Jessica C. Conroy, Luona Lin, &amp; Amrita C. Ghaness</i>	
<b>27</b>	<b>Career Possibilities with your Doctorate in Psychology: Stories from Inspiring Leaders</b> . . . . .	496
	<i>Antonio A. Morgan-López, Brett Major, Muniya Khanna, Katie Rosanbalm, Karen Gavin-Evans, &amp; Ilyse Dobrow DiMarco</i>	
<b>28</b>	<b>Professional Women in Psychology: Integrating Your Values into a Full Life</b> . . . . .	514
	<i>Vicki DiLillo, Le Ondra Clark Harvey, Andrea Hussong, Barbara Kamholz, Elizabeth Lloyd-Richardson, &amp; Monica Rivers</i>	
<b>29</b>	<b>The Job Search</b> . . . . .	546
	<i>Robert J. Sternberg</i>	
<b>30</b>	<b>Balancing Career and Family</b> . . . . .	565
	<i>Paula J. Caplan</i>	
	<i>Index</i> . . . . .	578