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The aim of this study was to analyse frequency of embitterment in war veterans with Posttraumatic stress disorder (PTSD) as well as the potential impact of embitterment on the development of chronic PTSD.

Patients and methods It was analyzed 174 subjects (from Health Center Zivinice/mental health center) through a survey conducted in the period from March 2015 to June 2016, of which 87 war veterans with PTSD and control subjects 87 war veterans without PTSD. The primary outcome measure was the post-traumatic embitterment disorder self-rating scale (PTED Scale) who contains 19 items designed to assess features of embitterment reactions to negative life events. Secondary efficacy measures included the clinician-administered PTSD scale–V (CAPS), the PTSD checklist (PCL), the combat exposure scale (CES), the Hamilton depression rating scale (HAM-D), the Hamilton anxiety rating scale (HAM-A) and the World health organization quality of life scale (WHOQOL-Bref). All subjects were male. The average age of patients in the group war veterans with PTSD was 52.78 ± 5.99. In the control group, average age was 51.42 ± 5.98. Statistical data were analyzed in SPSS statistical program.

Results Comparing the results, *t*-tests revealed significant difference between group veterans with PTSD and control group ($t = -21.21$, $P < 0.0001$). War veterans group with PTSD ($X = 51.41$, $SD = 8.91$), control group ($X = 14.39$, $SD = 13.61$).

Conclusion Embitterment is frequent in war veterans with PTSD.

Keywords Embitterment; Posttraumatic embitterment disorder; Posttraumatic stress disorder; War veterans; Bitterness
Disclosure of interest The authors have not supplied their declaration of competing interest.

<http://dx.doi.org/10.1016/j.eurpsy.2017.02.354>

EW0741

The role of personal value preferences in predicting army stress

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Background The military is a stressful environment, and many service persons experience army stress. Therefore, it is important to understand the factors affecting army stress and stress resiliency.

Objective The present study examines the connections between personal value preferences and army stress, applying the value congruency paradigm.

Method Male soldiers serving in three combat units in the Israeli Defense Forces participated in the study ($n = 257$).

Results The results obtained demonstrated that personal value preferences explained a significant proportion of the variance in army stress beyond the socio-demographic variables. A lower stress level was associated with a higher preference for the values of societal security, conformity, achievement, and universalism, and with a lower preference for the face and personal security values.

Conclusions The research promotes our understanding of the relationships between general motivational goals expressed in personal value preferences and stress in the military context. In addition, the results obtained indicate the possible relevance of using values for selecting and preparing recruits who will most likely adjust well to the army framework. Finally, some value-oriented interventions that may be used for promoting the soldiers' psychological adjustment during their army service are suggested.

Disclosure of interest The authors have not supplied their declaration of competing interest.

<http://dx.doi.org/10.1016/j.eurpsy.2017.02.355>

EW0742

Is auto-noetic recollection of threat in PTSD related to impaired inhibitory skills?

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Introduction Intrusive traumatic reminiscences are among the most distressing and salient characteristics of post-traumatic stress disorder (PTSD). Associated with involuntary onsets, emotional disturbances and consciousness-related impairments, such symptoms suggest that memory functioning could be impaired in PTSD. While there is a growing body of research on experimental assessments of memory in patients with PTSD, inconsistent results remain.

Objective Using an experimental methodology, this study aims to measure memory in PTSD in consideration of central features of intrusive symptoms, especially emotional, inhibitory and consciousness-related memory impairments.

Method 34 patients diagnosed with PTSD were compared with 37 non-PTSD controls on an item-cued directed forgetting paradigm for emotional words combined with a remember/know recognition procedure.

Results Results confirmed prior findings of an increased and peculiarly conscious recognition of trauma-related words in PTSD. Interestingly, our results showed that, despite general memory inhibitory deficits, PTSD patients, if requested, presented a preserved ability to inhibit this improved recollection of trauma-related words.

Conclusion While our findings highlight a biased memory functioning in favour of threatening stimuli in PTSD, inhibitory deficits for such information was not reported to play a role on this effect. Conversely, it seems that instead of inhibitory deficits, patients presented a preferential treatment of threat concordant with vigilant-avoidant models of information processing. Focusing on memory impairment in treatment for PTSD appears of prime importance. Our findings regarding preserved inhibitory skills for threat memories in the disorder could be an interesting clue for therapeutic interventions on intrusive symptoms.

Disclosure of interest The authors have not supplied their declaration of competing interest.

<http://dx.doi.org/10.1016/j.eurpsy.2017.02.356>

EW0743

A case series: Efficacy of short term EMDR on patients with persistent complex bereavement disorder (PCBD)

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Grief is a normal response to loss of someone to whom a bond was formed; however, prolonged grief is considered pathological. Persistent complex bereavement disorder (PCBD) is defined as a persistent longing for the deceased over 12 months. Several treatment ways have been used for traumatic loss including eye