

1 **Braiding archaeology, geomorphology, and indigenous knowledge to improve the**
2 **understanding of local-scale coastal change**

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9 **Abstract**

10 Coastal landforms and associated archaeological records are at risk of erosion from a
11 combination of rising sea levels and increasingly frequent high-intensity storms. Improved
12 understanding of this risk can be gained by braiding archaeological and geomorphological
13 methodologies with Indigenous knowledge¹. In this paper, archaeological, geomorphological and
14 *mātauranga* (a form of Indigenous knowledge) are used to analyse a prograded Holocene
15 foredune barrier in northern Aotearoa/New Zealand. Anthropogenic deposits within dune
16 stratigraphy are radiocarbon-dated and used as chronological markers to constrain coastal
17 evolution, alongside geomorphological analyses of topographic data, historical aerial photographs
18 and satellite imagery. These investigations revealed that the barrier is eroding at a rate of 0.45
19 m/y. A midden in the foredune, which has been radiocarbon dated to 224 to 270 B.P. (95 %
20 Confidence), has been exposed by coastal erosion, confirming that the barrier is in the most
21 eroded state it has been within the past ~300 years. Vertical stratigraphy reveals the presence of
22 midden and paleosol deposits capped by dune sand deposits in the foredune, indicating that
23 vertical accretion of the foredune continued over the last ~200 years, despite the barrier now
24 being in an eroding state. *Mātauranga* played a vital role in this project, as it was the coastal *taiao*
25 (environmental) monitoring unit of Patuharakeke (a Māori sub-tribe) that discovered the midden.

¹ In the context of Aotearoa / New Zealand it is termed *mātauranga*. We use *mātauranga* to indicate Indigenous knowledge in Aotearoa / New Zealand.

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26 The ecological *mātauranga* shared also played a vital role in this project, adding experiential
27 evidence to empirical observations. The work of local Indigenous groups, like Patuharakeke,
28 demonstrates the active use of *mātauranga*, woven with Western science methods to preserve or
29 capture the knowledge contained within archaeological sites at risk of being lost to coastal
30 erosion. In this study, we present a method for weaving *mātauranga*, geomorphological, and
31 archaeological approaches to gain a deeper understanding of coastal landscape development.

32

33 Impact Statement:

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35 The research presented is a collaboration between coastal scientists, Indigenous researchers,
36 archaeologists, and the community from Aotearoa/New Zealand. The study integrates
37 archaeology, geomorphology, and *mātauranga* (a type of Indigenous knowledge) to investigate a
38 sandy coastal barrier system. The findings reveal the presence of archaeological sites that are
39 culturally important to local Māori communities, located in exposed frontages of coastal dunes
40 that have been eroding at 45 cm/year over the past 80 years. The inclusion of *mātauranga*,
41 offering ecological and genealogical knowledge, was crucial to this study by providing information
42 about the archaeological site at risk of being eroded away. The archaeological site was dated to
43 be 200 years old, indicating that the coast hadn't been any further eroded than the current position
44 in that time period (or otherwise the site would not exist). This study demonstrates how
45 investigated and dated archaeological sites can provide temporal markers that enhance and
46 extend in time our understanding of coastal landform development. This research demonstrates
47 the effectiveness of integrating western science approaches and Indigenous approaches, offering
48 a framework that can be adapted globally for coastal studies. This is crucial in the context of rising
49 sea levels and increased storm activity, which threaten both natural and cultural heritage
50 worldwide. The approach also underscores the importance of including Indigenous perspectives
51 and knowledge systems in scientific research, which can lead to a more nuanced scientific
52 understanding of geomorphic systems.

53 Key words:

54

55 Coastal change, archaeology, geomorphology, erosion, *mātauranga* Māori

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57 Study highlights.

58

59 1. Approaches from archaeology, geomorphology and *mātauranga* are braided to improve
60 understanding of a selected coastal barrier.

61 2. The coastal barrier is undergoing erosion that has exposed cultural sites within the dune that
62 demonstrate the barrier is in the most eroded state it has been within the past 224 to 270 years.

63 3. The study highlights the importance of weaving different knowledge systems to improve
64 understanding and preserve coastal landscapes.

65

66 Introduction

67

68 “There is a barrier of language and meaning between science and traditional knowledge, different ways
69 of knowing, different ways of communicating.” (Kimmerer 2013: Pg189)

70 Coastal barrier systems are influenced by coastal sediment budgets, relative sea-level changes,
71 wind speed, storm-induced erosion, vegetation cover, and a variety of anthropogenic pressures
72 (for example, FitzGerald and Buynevich, 2009; Little et al., 2017; Woodroffe, 2002; Woodroffe et
73 al., 2011). Coastal sand barrier systems are valuable archives of climate and sea level, storm
74 erosion, aggradation, and time-varying sand supply information (Otvos, 2020). Barrier systems
75 evolve in three principal modes: 1) prograding, 2) transgressing/retrograding, and 3) aggrading
76 (Galloway and Hobday, 1980). Prograded barriers record depositional history laterally and,
77 therefore, retain the highest preservation potential of any coastal system developed within the
78 Holocene (Caseldine and Turney, 2010; Dougherty et al., 2016; Little et al., 2017). Understanding
79 the historical development of barrier systems is important for understanding how coastlines will
80 respond to sea-level rise (SLR; Mariotti and Hein, 2022; Kennedy et al., 2023), providing insights
81 into coastal hazard risk for communities (Hinkel et al., 2018; Rowland et al., 2014); and informing
82 the preservation of archaeological and cultural heritage in the face of future SLR (Carmichael et
83 al., 2018; Rowland, 2008; Rowland and Ulm, 2014).

84 Archaeological sites provide invaluable temporal and spatial information that illuminates the timing
85 of anthropogenic effects on landforms (see Rivera-Collazo et al., 2021). Archaeological data have
86 proven to be a valuable resource for geomorphological interpretation and have been incorporated

87 into larger multidisciplinary studies to reconstruct the geomorphological evolution of landforms
88 (Mason, 1993). For example, Caporizzon et al., (2021) utilised the position of Phoenician
89 settlements and the remains of the La Martela Punic harbour, which were buried by fluvial
90 sediments, to reconstruct the geomorphological evolution of the Northern Bay of Cádiz since the
91 mid-Holocene. Other researchers have examined archaeological sites to evaluate present-day
92 landforms and determine whether they have been affected by historic anthropogenic activities
93 (Rivera-Collazo et al., 2015). Archaeological sites, assemblages, and artefacts have also been
94 used as indicators of ancient sea levels, as discussed in recent reviews (Aucelli et al., 2016).
95 Furthermore, Aucelli et al., (2016) used four geo-archaeological sites on the Sorrento Peninsula
96 coast (Italy), where the submerged ruins of Roman buildings enabled the reconstruction of ancient
97 positions of both past sea level and coastlines. Other studies have used archaeological sites as
98 spatiotemporal reference points to provide radiocarbon data for coastal change research. For
99 example, coastal landforms often contain evidence of human occupation, and radiometric dating
100 of this evidence can contribute to the reconstruction of palaeo-coastlines and sea levels (Mason,
101 1993; Nichol et al., 2002).

102 A common element between geomorphological and archaeological investigations is the need to
103 obtain chronological constraints. It is common in coastal geomorphology, for instance, to combine
104 morphostratigraphic techniques such as ground penetrating radar, coring, and airborne LiDAR
105 (Light Detection and Ranging) with radiometric methods, such as optically stimulated
106 luminescence dating, to describe barrier development over millennial to interdecadal time scales
107 (e.g., Oliver et al., 2017). Similarly, in archaeological investigations, for example, radiocarbon
108 dating of well-developed palaeosols in contrast to thin humic layers within coastal barrier
109 sequences has been useful for constraining the timing of dune accretion and mobility over several
110 thousand years (Bampton et al., 2017; Gorczyńska et al., 2023; Sommerville et al., 2007).
111 However, few studies have attempted to utilise oral histories of Indigenous communities alongside
112 geomorphological and archaeological methods (Roberts et al., 2023; Westell et al., 2023).

113 The Western scientific community often disregards Indigenous knowledge because of the
114 perception that it is mythical and fantastical, and hence not reliable, lacking accuracy and
115 precision (King and Goff, 2010). However, in Aotearoa/New Zealand, Indigenous knowledge -
116 *mātauranga* - is not only an accurate archive of oral history, landscape evolution, and natural
117 events but has also been shown to influence and improve contemporary research (Hikuroa, 2017;
118 King et al., 2007; Mercier, 2018). Furthermore, many oral histories are empirically derived and
119 tested through time, and hence scientific, but explained from a Māori worldview (Hikuroa, 2017).

120 Early use of oral histories sometimes suffered from loss of contextual framework,
121 misrepresentation of data, or a tendency to accept insights only if confirmed by science (e.g.,
122 Bedford, 1996; Davidson, 1967). Hence, archaeologists and Māori scholars have not always
123 agreed to the use of oral histories as textual sources to confirm the accuracy of ethnographic
124 descriptions (e.g., Anderson et al., 2014; Campbell, 2008; O'Regan, 2016). Critics caution that
125 combining methods might cause conflicts between Western science (e.g.,
126 archaeology/geomorphology) and Māori scholars. One issue might be a failure to recognise the
127 significance of *whakapapa* (genealogy) (Hikuroa, 2017; Marshall, 2021). *Whakapapa*, as
128 emphasised by Royal (1992) and Roberts (2012), is a fundamental element that underpins tribal
129 histories and imbues meaning into human actions and understanding within the Māori community.
130 According to Tau (1999), *whakapapa* is used to encode events relative to their ancestors rather
131 than assigning them to a specific point in time. Tau (1999) also pointed out that applying
132 chronology to genealogical time is akin to historicising a past that is not linear. Instead, *whakapapa*
133 is a narrative construct to map the natural world and its phenomena and serves as a mental
134 framework for comprehending places. Tau (1999) emphasised the importance of layering Māori
135 knowledge and referencing places, ancestors, and key figures as memory cues for retaining vital
136 information. Wehi et al., (2020) also emphasise the importance of layering Māori knowledge and
137 referencing places, ancestors, and key figures as memory cues for retaining vital information.
138 Thus, *mātauranga* has a distinct ordering system that may lead to misunderstandings if stories
139 and their elements are interpreted using a different knowledge system rather than within the
140 context of ancestry and cultural experience (King and Goff, 2010). This differs from the
141 geomorphological and archaeological perspectives of time, which consider the diachronic past,
142 present, and future.

143 Research that seeks to braid Māori and Western scientific approaches requires active
144 collaboration with Māori researchers and the ancestral community, who provide and contextualise
145 oral history. In undertaking this kind of work, the "braided method" is a theoretical framework that
146 enables the braiding of Indigenous and Western knowledge systems to examine the same
147 physical environment, although from distinct ontological viewpoints (Tengö et al., 2014;
148 Macfarlane et al., 2015). According to Atalay (2020), a braided knowledge approach should
149 acknowledge and credit knowledge carriers, follow cultural protocols, and allow refusals.

150 In this paper, we aim to braid archaeological, geomorphological, and *mātauranga* methods and
151 knowledge to investigate the late Holocene development, stabilisation, and migration of a selected
152 coastal barrier system in northern Aotearoa/New Zealand. Few previous studies have attempted

153 to combine these knowledge systems in Aotearoa/New Zealand (see King and Goff, 2010;
154 McFadgen, 2007; McFadgen and Goff, 2007; McIvor et al., 2024, and in Australia see Roberts et
155 al., 2023; Westell et al., 2023). We utilise archaeological data from midden² sites preserved in
156 sand dunes, ecological information obtained from oral histories documented in *mātauranga*, and
157 geomorphological analyses of barrier topography to examine barrier development from pre-
158 contact Māori occupation to the modern day. Hence, our objectives are to (1) appropriately apply
159 the braided approach in the context of sand barrier evolution, and (2) critically evaluate the extent
160 to which the braided approach adds value rather than using a single approach in isolation.

161 Methodology

162

163 The paper's methodology embraces a pluralistic approach, braiding techniques from archaeology,
164 geomorphology, and *mātauranga*. In Aotearoa/New Zealand, the migration of Polynesian
165 voyagers and their settlements, as well as the development of the Māori culture and later the
166 arrival of Western colonial powers, have left a lasting impact that has resulted in numerous
167 archaeological sites along the coastline. The initial Māori settlement occurred at approximately
168 700 B.P. (Anderson, 2016a, 2016b; Bunbury et al., 2022; Walter et al., 2017). Archaeological sites
169 are primarily located near the coast because of human reliance on coastal resources and
170 transportation by *waka* (canoe) (Jones et al., 2023).

171 Patuharakeke is *tangata whenua* (local people) of the Poupouwhenua/Marsden Point area which
172 includes Te Akau/Bream Bay (Figure 1). This is demonstrated through *ahi ka roa* (continuous
173 occupation), *nohoanga* (dwelling place), customary practices, *kōrero* (story), *pūrākau* (tales), *tuku*
174 *whenua* (gifted land), marriage, ancestry, *raupatu* (confiscated), customary *tohu* or signs (e.g.,
175 landmarks, *tuahu* and *kohatu* mauri on the land). The naming of water systems and land features
176 is one way that *tangata whenua* demonstrate the depth and closeness of their long traditional
177 relationship with the site and surrounding area. The harbour, and ranges and peaks that surround
178 it, are named in *pepeha* (a set form of words) and tribal *whakataukī* (significant saying) and *waiata*
179 (song). These provide further rich descriptors of the relationship of Patuharakeke with the
180 Poupouwhenua/Marsden Point area and their historical ties to all resources within the area. In
181 contemporary times, *Patuharakeke* is represented through entities such as the Patuharakeke Te
182 Iwi Trust, and their Pou Taiao (Environmental) Unit. The Taiao Unit focuses on exercising

² ²Mātaita or shell middens in Aotearoa include pre-and post-contact deposits and can include but are not limited to koiwi/human remains, artefacts/taonga, faunal remains, lithic material, and charcoal.

183 *kaitiakitanga* (guardianship), revitalising and integrating *tikanga* (protocols) and *mātauranga-a-*
184 *hapū* (community-specific *mātauranga*) practices into the restoration of the local environment.
185 The key aspirations for Patuharakeke are the local *taitamariki* (children) who *whakapapa* to
186 Patuharakeke. As the Taiao Unit journey through their *mahi* (work), they engage *taitamariki* in
187 culturally informed educational programmes that encourage interest in the environment while
188 passing down their *mātauranga* to ensure the next generation can support environmental
189 regeneration through a mix of traditional and Western practices.

190 Te Akau is an east-facing open-ocean foredune beach situated on a prograded Holocene barrier
191 system (Figure 1). Vegetation within the dune system today is dominated by *Pōhuehue*
192 (*Muehlenbeckia complexa*), *Toetoe* (*Austroderia* spp), *Wīwī* (*Cyperaceae* spp) and Pampas
193 (*Cortaderia selloana*) and characterised by a series of large hummocky dune ridges (average
194 height of ~7m) that transition into a higher foredune complex in the seaward direction (~14m
195 height). Recent storm events, such as the tropical Cyclones Hale and Gabrielle (January and
196 February 2023, respectively), caused significant erosion to the foredune, further eroding the
197 exposed midden (Figure 2). The ridges in the prograded Holocene barrier system generally
198 become progressively younger towards the sea, overlaying transgressive estuarine deposits
199 (Dougherty, 2011; Nichol, 2001). The elongated and prograded barrier sand ridges result from
200 sediment supply (Nichol, 2001) and probably also a period of late Holocene sea-level fall
201 (Dougherty, 2011; Dougherty and Dickson, 2012).

202 Furthermore, the research design incorporates oral traditions through knowledge exchange in a
203 manner that respects *mātauranga*. The shared environmental *mātauranga* came from co-authors
204 Juliane Chetham and Ari Carrington who are mandated representatives of Patuharakeke. The
205 geomorphological coastal change, and LiDAR data are available through a GitHub
206 (<https://github.com/Thepastfromabove/Braiding-Archaeology>) account. The *mātauranga* and
207 archaeological data, such as oral history, C14 dates, faunal, charcoal, archaeological recordings,
208 and 3-D scans will be managed by Patuharakeke as the information relates to the intricacies of
209 the archaeological site which holds *kōrero* (*information*) related to the *iwi* (*extended kinship*
210 *group*).

211

212

213

214 **Archaeological approach**

215

216 A midden exposed by storm erosion (and subsequently nearly completely eroded by storms in
217 2023) was discovered within the foredune at Te Akau Beach in 2020 by Ari Carrington of the
218 Patuharakeke Pou Taiao Unit. The stratigraphy of the dune comprises seven distinct units/layers
219 (Figure 3). The excavation of the midden layer (Layer 3) was carried out using column sampling,
220 following the protocol established by Casteel (1970). Two columns, each measuring 20 × 20cm,
221 were placed along the length of Layer 3, with a spacing of approximately 2m between them. At
222 the juncture of Layer 3 and Layer 2, there is a fire scoop³. The second column sampling was
223 strategically positioned to analyse both the fire scoop and the underlying midden material. The
224 first column comprised four 10cm spits, while the second column had three spits. Each spit was
225 collected in a 1-litre sample, resulting in a total of 7 litres for the entire midden, which was then
226 bulk-sampled. Straightening the exposed section for stratigraphic drawing, 3 litres of additional
227 material was collected as a labelled surface sample. After column sampling, the collected material
228 was sorted using a 2.8mm sieve, which separated various components, including faunal remains,
229 shells, sediment, rocks, charcoal, and artefacts. An assemblage of shells, fish, birds, and marine
230 mammals was analysed by CFG Heritage (consultants), employing the methodology outlined by
231 Campbell (2016) to analyse fish and bird assemblages, and Parkinson (1999) for shell species
232 and habitat identification. Marine mammal bone analysis was undertaken by Matthew Campbell
233 using the University of Auckland Archaeological Laboratories reference collection. Due to the
234 small size of the assemblage, it was analysed as a single assemblage rather than a spit
235 assemblage.

236 To establish an age chronology for the midden, charcoal samples were collected from the buried
237 soil (paleosol) and coastal midden. The identification of the charcoal species was carried out by
238 R. Wallace from the Anthropology Department at the University of Auckland. The charcoal used
239 for radiocarbon (C14) dating included Hebe spp., *mānuka* (*Leptospermum scoparium*, tea tree),
240 *kānuka* (*Kunzea ericooides*, tea tree), and *tōtara* (*Podocarpus totara*). Four terrestrial C14 dating
241 samples were taken from the midden (Layer 3, Q07/1495), and one from the buried paleosol
242 (Layer 5). Charcoal was analysed at the species level, and a short-lived species was used for the
243 C14 dating process (Tables 3 and 4). Materials suitable for dating were sent to the University of

³ A firescoop is essentially a hearth without a substantial presence of firestones. This type of hearth is characterised by a shallow depression used for holding a fire, primarily distinguished by its lack of abundant stones typically used to retain heat.

244 Waikato Radiocarbon Laboratory for AMS radiocarbon dating. OxCal v4.4 (Bronk, 2018) was used
245 to determine the age of start, end and duration of each Phase. The OxCal software was used to
246 calibrate the C14 dates, employing the SHCal20 curve for the Southern Hemisphere (Hogg et al.,
247 2020). A Bayesian Sequence Analysis was developed and is shown in Figure 3 and modelled
248 boundary ages are shown in Table 2. High convergence values (>95.4%) generated by the MCMC
249 algorithms indicate that the model is robust (Brock, 1995). The 1860 boundary end is an
250 archaeological statement that the material does not contain colonial/postcolonial materials.

251

252

253 **Geomorphological approach**

254

255 A historical coastal change analysis was performed using the methodology outlined in Jones et
256 al., (2024) to quantify historical erosion and accretion trends. From 1942 to 2023, 17 coastline
257 positions were captured using aerial photography and satellite imagery (Dickson et al., 2022).
258 Vectorised lines in the aerial and satellite imagery represented the coastlines. The edge of
259 vegetation (EOV) was used to define the dune toe, as an indicator for the coastline (Jones et al.,
260 2024). The Digital Shoreline Analysis System (DSAS; United States Geological Survey) was used
261 to assess coastal changes (Himmelstoss et al., 2021). Weighted linear regression (WLR) and net
262 shoreline movement (NSM) were calculated using the EOV. The WLR was utilised to determine
263 the annual average rate of coastal change. WLR modifies traditional linear regression by
264 assigning weights to coastline data points based on their reliability or significance. The NSM was
265 used to quantify the overall coastline position change over time, reflecting erosion or accretion
266 patterns along the coast. We utilised the centroid of the midden as a reference point to analyse
267 the recovery and erosion of the beach over time.

268 To acquire topographic elevation data for the dune system, the Northland Regional Council and
269 Land Information New Zealand supplied a LiDAR point cloud. The ground points were classified
270 into a digital elevation model (DEM) using Empirical Bayesian Kriging with a horizontal resolution
271 of 1 m. Elevation profiles were obtained from the DEM to further examine the prograded-barrier
272 coastal ridge system.

273 High-resolution three-dimensional models of the foredune and archaeological sites were captured
274 before (3 Oct 2022) and after (23 Feb 2023) an ex-tropical cyclone (Gabrielle) that occurred on
275 the 13th to 14th of February 2023. The models were captured using an Apple iPad Pro 11" LiDAR
276 sensor (Polycam app). The scans of the site before erosion served as a baseline for the site's
277 initial condition, whereas the scans after the cyclone illustrated the extent of the damage caused
278 by the storm.

279

280

281 *Mātauranga* approach

282

283 The conceptual framework Awa Whiria (MacFarlane et al., 2015; Wilkinson et al., 2020) was
284 employed to establish relationships between the different datasets. According to Wilkinson et al.,
285 (2020), this framework posits that discrete strands of knowledge may be interwoven, similar to
286 the intricate pattern of a braided river. These strands may diverge, converge, and meander along
287 their paths, but ultimately flow in the same direction, working towards a common goal. Knowledge
288 holders or experts are responsible for safeguarding the knowledge stream and adjusting its path,
289 suggesting appropriate or inappropriate connections. The metaphorical reference to "knowledge
290 *kete*" or baskets, derived from the Māori *whakatauki* "*nā tō rourou, nā taku rourou, ka ora ai te*
291 *iwi*" ("with your food basket and my food basket, the people will thrive"), symbolises the braiding
292 of Western science and Indigenous knowledge through a Māori worldview, emphasising respect
293 for the integrity and sovereignty of each stream, and the value to be gained by drawing from them
294 both (Wilkinson et al., 2020). Furthermore, this relates to another reference whereby Tāne (deity
295 of forests) brings "*ngā kete e toru o te mātauranga*" (three baskets of knowledge) the origin of
296 knowledge, from the realms of the deities for humans to use.

297 It is important to note the selection of the site and the fact that a midden was exposed due to
298 coastal erosion, was ascertained from local knowledge, and is a form of *mātauranga*.
299 Patuharakeke actively monitor coastal areas in their *rohe* (territory) as part of their role as *kaitiaki*
300 (guardians) and actively *manaaki* (assist) with archaeologists. Working together, archaeologists
301 and *kaitiaki* attempt to retrieve and care for the information in coastal archaeological sites before
302 they are taken by *Tangaroa atua* (ocean deity). In practical terms, and the context of Te Akau
303 Beach, key sections of written and oral information from cultural assessments were identified and
304 noted when they pertained to coastal information (following the method outlined in Macfarlane et
305 al., 2015). These cultural assessments were provided by Patuharakeke, a tribal nation who are
306 *ahi kā* (trace their ancestry back to primary ancestors who lived on the land and have continuously
307 occupied these lands) for the area, and hence *mana whenua* (hold jurisdiction over the area), and
308 contained *mātauranga* relevant to the research. As the research focused on the coastal evolution
309 of a barrier system, relevant *mātauranga* was identified in oral and written information. For
310 example, observations related to the coastal barrier system, specifically vegetation cover, how
311 people interact with that system, any natural events observed, and potential anthropogenic
312 pressures. The connections between these elements were then discussed among the authors,

313 including how they interconnect with archaeology and geomorphology. To ensure transparent
314 dissemination of information, recorded notes were stored in a cloud drive accessible only to the
315 authors. The selected text was then presented to members of the Patuharakeke Te Iwi Pou Taiao
316 unit to ensure that the text was correctly understood and utilised. This meeting followed a *hui*
317 (meeting) and *wananga* (discussion forum), which took place on 12 December 2023 at the
318 Patuharakeke Te Iwi Pou Taiao unit office. Through this process, it was determined how and where
319 certain strands connected and which did not, ultimately contributing to a deeper understanding of
320 the coastal environment in the past. This information is displayed in Table 1, showing how the
321 verified data from the *wananga* (discussion forum) relates to the archaeological and
322 geomorphological datasets to enhance the interpretive power of the analysis to better elucidate
323 coastal changes in the coastal barrier system.

324 Results

325 Archaeological findings

326

327 The foredune in which the midden lies reaches ~7.5m above mean sea level (amsl) (**Error!**
328 **Reference source not found.**, see **Error! Reference source not found.** for layer descriptions).

329 The midden (layer 3) is composed of a single layer ~50 cm thick and occurs near the top of the
330 dune section at ~7m (amsl) (**Error! Reference source not found.**). At the juncture of Layer 3
331 and Layer 2, there is a fire scoop. Layer 3 is capped by dune sand A (layer 2) ~0.5m thick, and
332 below dune sand B (layer 4) ~1.7m thick. Below this is a paleosol (layer 5) ~0.3m thick, and below
333 this is dune sand C (layer 6), which is >5.3m thick (measured to excavation extent).

334 The midden was primarily composed of *hūai* (cockle, *Austrovenus stutchburyi*), *pipi* (*Paphies*
335 *australis*), and *tio* (oysters, *Ostrea* spp.) (Tables 2 and 3). Of the 76 fish bones identified, 59 were
336 vertebrae and 17 were cranial. There are similar numbers of vertebrae and cranial bones in fish;
337 therefore, the high number of vertebrae relative to the cranial indicates that fish were being
338 processed at the site. Although only 76 bones were identified, the fauna was quite diverse, with
339 10 species of fish identified. Given the low total number of identified specimens (NISP) score (76),
340 no statistical analysis was performed. Three bird bones were found, one a small fragment, while
341 the other two were from birds of the size of a gull or *tūi* but could not be identified. Some bone
342 fragments of marine mammals, mostly unfused vertebral plates, were found. These are large (~15
343 cm long) and most likely originate from juvenile whales.

344 Charcoal identification in the midden (layer 3) deposit was a mosaic of *kanuka* (44%), *manuka*
345 (22%), and *pohutukawa* (18%) (**Error! Reference source not found.**). Charcoal analysis
346 suggests the utilisation of vegetation to produce fire, which may have been employed for cooking
347 or smoking fish and shellfish (Wallace and Holdaway, 2017). The use of fire by individuals is
348 inferred from the presence of charcoal (and fire-cracked rock) among the shells and faunal
349 material in the midden. Below this layer, a dune sand layer (4) lies atop a paleosol layer (5) that
350 contains bracken, suggesting the presence of herbaceous and small scrub species in the area.
351 However, further analyses to identify specific species would require larger sample sizes. The
352 discovery of predominantly herbaceous material rich in charcoal along the entire length of the
353 foredune, beyond the extent of the midden (3), indicates that a significant quantity of fire
354 accumulated in a continuous layer of charcoal within the foredune.

355 The radiocarbon ages obtained from layers 3 and 5 imply a depositional history related to human
356 activity for approximately 580 years (**Error! Reference source not found.**). The middle layer (3)
357 is nearly 300 years old with a date range of 220 to 270 B.P. (95% Probability), and the lowermost
358 palaeosol layer (5) was deposited 505 to 540 B.P. (95% Probability). The paleosol layer is laterally
359 extensive in the subsurface architecture of the dune structure, extending well beyond the midden
360 layer, and is visible in sections along the length of the foredune at Te Akau.

361 Geomorphological findings

362

363 The Te Akau coastal barrier exhibits a distinct arrangement of ridges and swales, as evidenced
364 by the topographic cross-section moving inland from the sea (Figure 3). The dune crest is ~7.5m
365 above the dune toe, with a steep face of ~33°, close to the angle of repose of dune sand (Shand
366 et al., 2015). The cross-sectional view of the foredune (Figure 3) reveals a notable scarp after
367 cyclone Gabrielle, around 1.5m high, suggesting that the storm had cut back into the foredune.
368 Landward of the foredune, a series of dune ridges, reaching approximately 13m in height (asml)
369 extends 200-300 m inland. Based on the topographic data these dunes are typically 12 m wide
370 and characterised as narrow dune ridges. Low (~5m asml) and wide (~100m) beach ridges are
371 present further inland, forming an undulating terrain shaped by falling sea levels in the late
372 Holocene (Dougherty, 2011; Dougherty and Dickson, 2012). The approximately 6.5 m difference
373 in elevation between the higher dune ridges near the foredune and lower beach ridges further
374 inland may indicate a change in coastal evolution at some point in time.

375 A radiocarbon date of 5750 B.P. obtained on the outer barrier by Osborne (1983) (Figure 2)
376 indicates that beach ridge formation was active during the mid-Holocene period. Osborne
377 conducted a bulk C14 date on eight shell valves from the beach sand and yielded an age of 5750
378 + 140 years B.P. (NZ-6376A). The locations of this date (5750 B.P.) and the midden date (224 to
379 270 B.P. (95% Probability) presented herein are separated by approximately 900m, implying a
380 minimum barrier progradation rate of ~0.16m per year during the mid to late Holocene. A scarcity
381 of detailed chronological information means that little can be said about the history of barrier
382 development, including the relative importance of drivers such as sea level change and sediment
383 supply (Nichol, 2002). However, it is notable that an abrupt change in barrier morphological
384 development has occurred at some point between beach ridge formation in the mid-Holocene
385 (indicated by the radiocarbon date of 5750 B.P.), and the development of high foredunes in more
386 recent centuries (indicated by the midden and paleosol radiocarbon dates of 224 to 270 B.P. and
387 506 to 538 B.P. (95% Probability), respectively). The midden and paleosol dates suggest that

388 vertical accretion was occurring in the high seaward foredunes between at least 506 to 538 -224
389 to 270 B.P. Nearly 0.74m of dune sand separates the midden and paleosol, indicating a vertical
390 accretion rate of 0.0027 m/y and above the midden lies 1.5m of dune sand, indicating a vertical
391 accretion rate of 0.0006 m/y. It is unlikely that vertical accretion is continuous, but rather the result
392 of multiple cycles representative of the change envelope of Te Akau.

393 Historical coastal change analysis has revealed erosion and accretion patterns along the Te Akau
394 coastline. In the central and northern regions of Te Akau, particularly near Whangārei Harbour,
395 the coastline is accreting (prograding seaward), with rates ranging from 0.46-3.46 m/yr (Figure
396 4). However, there is also erosion, particularly in the sections where the midden has been
397 exposed. The rate of erosion in these areas reaches -0.45 m/yr, leading to slumping of the
398 foredune face that contains the midden layer. The presence of the 200-year-old midden shows
399 that coastal erosion has not advanced landward beyond this position in the past 200 years, as
400 the midden remained intact (pre-Cyclone Gabrielle) dating back to 224 to 270 B.P. Historic
401 coastline positions reveal that the coast has retreated approximately 20 m between 1942 and
402 2023, with ~10m of this erosion occurring during Cyclone Gabrielle in February 2023 (Figure 6).
403 The midden (Layer 3) sampled before the storm was severely impacted, where most of the shell
404 material was removed leaving only a remnant thin black layer of where the midden was (Figure
405 7).

406 *Mātauranga Māori*

407

408 In total 10 quotes from the *mātauranga* oral and written history were selected for inclusion in this
409 paper (**Error! Reference source not found.**). Selected quotes are provided in the text of this
410 section alongside relevant information from archaeological and geomorphological datasets. The
411 following passage presents *mātauranga* that delves into the coastal environment of Te Akau:

412 *“Patuharakeke have many wahi tapu [sacred sites] including ancient urupa [burial grounds] that*
413 *still contain the remains of important and illustrious forebears. Patuharekeke are kaitiaki*
414 *[guardians] of these urupā [burial grounds]. These are mainly on the coastal fringes, and some*
415 *have been either eroded away or subsumed already by encroaching mangrove mudflats and in*
416 *some cases dense overgrowth.” (Chetham et al., 2020:45).*

417 The text emphasises two key factors: the location of historical burial grounds along coastal
418 margins, and the threats to significant cultural heritage sites posed by coastal erosion and
419 mangrove growth, as recounted in oral traditions. Moreover, this passage highlights the broader

420 geomorphological context, indicating the destruction of burial sites resulting from coastal erosion
421 in these areas. The next passage highlights the range of past human activities at Te Akau.

422 *“Poupouwhenua Block is depicted in Figure 5 below. This location was an extremely particularly*
423 *important tauranga waka⁴ and was utilised often by various war parties stopping there to prepare*
424 *for battles further south. Preparations included training and discussions of tactical warfare. The*
425 *number of war parties varied between small groups of 20 to 50 to some numbering in the*
426 *thousands (Clarke, 2001:2). Up until industrial development in the 1960’s it was utilised by*
427 *Patuharakeke and whanaunga [relations] tribes as a seasonal nohoanga [occupation site] where*
428 *a rich harvest of kaimoana [seafood] could be gathered and processed. In earlier times would*
429 *have likely to have involved entire tribes particularly in times of peace.” (Chetham et al., 2020: 14)*

430 *“Families would live mainly on the coast for a rich harvest of kaimoana. Food gathering would*
431 *involve entire tribes at times and operations such as netting or fishing both inland and out to sea.”*
432 *(Chetham et al., 2020: 48)*

433 The details in these histories align with the archaeological evidence uncovered in this study,
434 offering insights into the daily lives of past individuals within the coastal environment.

435 *“a rich tapestry of signifiers of traditional relationships with the Northport area. This includes the*
436 *relationship of Whangarei Terenga Paraoa [the gathering place of whales] as a bountiful and rich*
437 *food basket or ‘pataka’ that hosted seasonal migrations of descendants from in and around the*
438 *[kinship] related inland hapu [grouping of families] to harvest kaimoana. According to*
439 *Patuharakeke elders, prior to the construction of the refinery, a substantial mussel bed covered*
440 *the takutai [seafloor] adjacent to the site, ranging from the edge of the channel into shallow water*
441 *and running from Mair Bank along to the Port Jetty. “When an easterly gale blew you could just*
442 *roll carpets of mussels into your sack.” (Living Memories Hui, Rangiora, Takahiwai 1998)”*
443 *(Chetham et al., 2020: 45)*

444 This evidence details the significant abundance of *kaimoana*, which is supported by
445 archaeological findings.

446 *“Pīngao (sand sedge, *Desmoschoenus spiralis*) used specifically to make piper nets was*
447 *gathered in Te Akau and Rauiri areas.” (Chetham et al., 2020: 45).*

⁴ dedicated canoe landing places

448 This knowledge of coastal vegetation present in the past pertains to the geomorphological strand,
449 as *pīngao* only grows in coastal dune areas, predominantly the foredune (Bergin, 1997).

450 Discussion

451

452 This study presents an analysis of a prograded coastal barrier system in Aotearoa/New Zealand
453 as an example of how braiding the methods of archaeology, geomorphology and Indigenous
454 knowledge can provide more detailed information about historical coastal change compared to
455 using just one method alone.

456

457 Archaeological and *mātauranga* braid

458

459 Coastal barriers in Aotearoa have been frequented by Māori for hundreds of years, as they are
460 ideal locations for fishing and shellfish gathering (Campbell et al., 2004). An archaeological
461 investigation of Omaha Sandspit (Figure 1) identified 249 middens along the length of the barrier,
462 dating between approximately 550-250 B.P., indicating a long period of occupation and utilisation
463 of the area (Campbell et al., 2004). Based on the known archaeological evidence and similarities
464 in barrier geomorphology, is likely that Te Akau/Bream Bay barrier has a comparable settlement
465 history to Omaha Sandspit. Archaeological evidence from Te Akau shows that seasonal temporary
466 encampments, where widespread shellfish processing activities occurred, were common from
467 approximately 450 B.P. onwards (Bickler et al., 2007; Campbell, 2005; 2006; Phillips and Harlow,
468 2001; Prince 2003). Archaeological sites in Te Akau contain an abundance of *hūai* (*Austrovenus*
469 *stutchburyi*, cockle) and the sandy spit at Patangarahi/Snake Bank, located 1.5km inside
470 Whangarei Harbour, is a rich source of accessible *hūai*. Similarly, the coastline at Te Akau also
471 contains significant quantities of *pipi* (*Paphies australis*) and *tuatua* (*Paphies subtriangulata*),
472 which can still be found in the intertidal and subtidal zones along the beach (Williams et al., 2009).
473 Results from this research, reported through *Patuharakeke mātauranga*, confirm that the area
474 served as a dwelling place where people camped, gathered, and caught *kaimoana*. Further, it is
475 reported that at Te Akau the deceased were interred, and spaces were dedicated for canoe
476 landing. The *mātauranga* suggests continuous use of the area, which is likely to have impacted
477 the archaeological record and geomorphological systems, which is discussed further below.

478 Archaeological findings from this research indicate continuous human utilisation of the Te Akau
479 coastal area between 550-150 B.P., consistent with the *Patuharakeke mātauranga* (Table 5). The
480 midden studied in this paper is one of several known middens situated on the southern bank of
481 the Whangārei Harbour. Archaeological evidence and *mātauranga* suggest that marine resources

482 are exploited seasonally for food procurement, storage, and trading. Other archaeological findings
483 in the area have revealed middens within the immediate vicinity of Te Akau, ranging from 450-150
484 B.P. (Jones et al., 2019). These middens provide evidence of shellfish harvesting across the
485 strand plain, where dune ridges provide locations for preparing, processing, cooking, and drying
486 marine resources.

487 The primary components of the midden are *hūai*, *pipi*, and *tio* (oysters). Notably, mussel shells
488 (mentioned in the *mātauranga*) were absent in the middens investigated in this study, whereas
489 oysters, which require a hard substrate to attach to and hence must have been brought to the site
490 from elsewhere, were present. The small fish assemblage was dominated by *aua* (yellow-eyed
491 mullet, *Aldrichetta forsteri*) and *hature* (mackerel, *Trachurus* spp.), which was most likely
492 harvested using nets (Campbell et al., 2022). *Tamure* (snapper, *Chrysophrys auratus*) is typically
493 abundant in upper North Island middens, but is uncommon in this assemblage, along with other
494 larger species that are often caught on baited hooks (Campbell et al., 2022). Despite the small
495 size of the assemblage (76 identified specimens, the number of identified specimens (NISP), it
496 seems to represent a specialised fishery.

497 *Mātauranga* suggests that the faunal and charcoal remains in the midden could be related to the
498 cooking and drying of fish and shellfish, or to swidden horticulture, where patches of coastal
499 vegetation were cleared for this purpose. This activity may have led to the formation of a
500 continuous paleosol with an abundance of charcoal within the matrix. The paleosol charcoal
501 preserved within the eroded foredune at Te Akau is found throughout the length of the foredune
502 (extending laterally in the exposed foredune beyond the midden area). It is dated at 506 to 538
503 B.P. and includes herbaceous charred remains that suggest a fire that was likely fuelled by
504 vegetation and ignited either by natural or human activity.

505 The archaeological findings of the paper are linked to the *mātauranga*, which suggests that
506 families spent significant time on the coast catching a rich harvest of *kaimoana*. Food gatherings
507 involved numerous tribes at times, and operations such as netting or fishing were conducted both
508 inland and on the coast. The faunal material in the archaeological deposits aligns with
509 *mātauranga*, providing a broader understanding of how and where people interacted in the coastal
510 zone and greater confidence in our findings. The middens at Te Akau are situated within a larger
511 cultural landscape, and archaeological evidence suggests that humans used the area seasonally.
512 This aligns with Patuharakeke *mātauranga*, the reliable empirical knowledge gathered and tested
513 through generations, and their associated expertise, as confirmed in Table 5. The potential loss

514 of pre-human coastal vegetation may have led to a dynamic dune system, as seen at Mangawhai,
515 south of Te Akau (Enright and Anderson, 1988). We consider this in more detail below.

516 **Archaeological and geomorphological braid**

517

518 Late Holocene sea level in Aotearoa was once thought to be relatively stable (Gibb, 1986), but in
519 northern New Zealand, it is now considered that a sea level highstand probably reached a
520 maximum of 1-2 m amsl around 4k B.P., before gradually declining toward the present level
521 (Clement, 2011; Clement et al., 2016; Dougherty and Dickson, 2012; Hayward et al., 2010a,
522 2010b, 2010c). The scarcity of detailed chronological information for beach and dune ridges at Te
523 Akau prevents a detailed assessment of the likely link between Holocene sea-level change and
524 barrier development (Nichol, 2001) but a radiocarbon age from Osborne (1983) and the midden
525 chronology obtained in this study provide some rough constraint that we present in **Error!**
526 **Reference source not found..** Beach ridge progradation was active in the mid-Holocene
527 (radiocarbon age of 5750 B.P. [Osborne 1983]), which is somewhat earlier than the initiation of
528 chenier barrier progradation inferred from the Firth of Thames (Figure 1) around 4k B.P.
529 (Dougherty and Dickson, 2012; Woodroffe et al., 1983). It is possible that a high rate of sediment
530 supply at Te Akau promoted earlier barrier progradation, but further dating of the beach ridges
531 would be required to assess that prospect. Regardless, it is apparent that barrier progradation
532 continued between the mid-Holocene until sometime before 224 to 270 B.P., at a rate of at least
533 0.16 m/yr. This progradation was supported by a falling sea level in the mid-late Holocene, and it
534 seems likely that progradation slowed as the sea level approached the current level and
535 stabilised.

536 The large foredune ridge is a conspicuous feature of the Te Akau dune system. Anthropogenic
537 impacts are likely an important component of the development of this ridge. The presence of
538 midden and paleosol deposits capped by dune sand deposits suggests vertical accretion of the
539 foredune has continued over the last 200 years, despite the barrier now being in a laterally eroding
540 state. Fires might have removed coastal vegetation, remobilising sand that was formerly trapped
541 in vegetated beach and dune ridges. The primary components of charcoal found in the midden
542 are small scrub species, while palaeosol layer 5 is virtually entirely bracken. The accumulation of
543 charcoal deposits across Aotearoa during the pre-contact Māori settlement period coincided with
544 evidence of soil instability or forest replacement by herbaceous communities (McGlone, 1983).
545 Humans in the past have used fire for various purposes, including land clearing for access,
546 hunting, horticulture, and slash-and-burn agriculture (McGlone, 1983). Repeated burning is

547 necessary to accomplish these objectives, as it prevents forest succession and results in
548 permanent vegetation changes (Enright and Anderson, 1988).

549 Enright and Anderson's 1988 barrier evolution model from Mangawhai, located ~30km south of
550 Te Akau, is useful in understanding dune development at Te Akau (Figure 7). According to their
551 model, a large fire occurred around 800 years ago, clearing a mixed forest that included *totara*,
552 *kanuka*, *titoki*, lacebark and maire. This forest grew on sandy soils, on a coastal hill about 20m
553 high and 300m from the sea. The fire's destruction of coastal vegetation initiated a period of
554 instability. Enright and Anderson (1988) noted that after the fire, there was a volcanic ashfall,
555 known as *Kaharoa*, dated to between 650-670 years B.P. The *Kaharoa* ash was found in remnant
556 swales at Mangawhai suggesting that the coastal area underwent significant deflation and erosion
557 following the fire, where paleosols formed on top of the ashfall deposits. Between the *Kaharoa*
558 ashfall and the emergence of middens (around 650-400 years B.P.), the topography changed
559 considerably. A deflation surface developed between the retreating foredune and the coastal hill,
560 causing high dunes to form as sand accumulated from the deflating surface. From 400 years B.P.
561 to the present, almost the entire foredune system has disappeared, with high dunes and scarp
562 formation replacing it.

563 Applying this model to Te Akau (Figure 7), we see a similar pattern. An extensive fire (the date
564 possibly 800 B.P. if we follow the Enright and Anderson [1988] model) cleared a pre-contact mixed
565 forest containing species like *totara*, *kanuka*, *titoki*, lacebark and maire. Unlike Mangawhai, Te
566 Akau shows no evidence of the *Kaharoa* ashfall. Instead, signs of the fire were quickly re-
567 deposited into depressions like dune swales, forming paleosols. A paleosol in this study was dated
568 to about 506 to 538 B.P., and middens at Te Akau were dated to around 224 to 279 B.P. Between
569 the formation of the paleosol and the midden deposition, Te Akau experienced significant
570 topographical changes, similar to Mangawhai. The retreating foredune caused high dunes to form
571 as sand accumulated from the deflation surface. The coastal erosion that has occurred over the
572 past 80 years (as evidenced by the coastline change analysis) and associated foredune instability
573 might have erased parts of the earlier landscape, removing any evidence of paleosols that were
574 deposited further seaward of the midden analysed.

575 *Mātauranga* and geomorphology braid

576

577 Patuharakeke *mātauranga* record that *pīngao* was present in the coastal vegetation at Te Akau.
578 *Pīngao* is an endemic sand-binding plant widespread on foredunes in both the North and South
579 Islands of Aotearoa before European contact (Bergin, 1997). *Pīngao* is said to be *Ngā Tukemata*

580 *o Tāne* (the eyebrows of Tāne), given as a peace offering to *Tangaroa atua*, however, “Tangaroa
581 rejected this gift and threw them to the shore. There they sprouted and grow today as *pīngao*,
582 symbolizing the boundary between the realms of *Tāne* and *Tangaroa*” (Wassilief n.d., pg1). The
583 *mātauranga* notes *pīngao* was used for fish nets and is one of the four natural fibres that Māori
584 extensively use for braiding (McKendry, 2020). This is an important observation as this species
585 has not been detected in the charcoal from the midden deposit (3) and is not typically found in
586 archaeological contexts in Aotearoa, possibly due to preservation issues. *Pīngao* has a significant
587 role in shaping coastal dune morphology by stabilising sandy areas and creating a continuous,
588 hummocky alongshore landscape (Konlechner et al., 2015). Currently, *pīngao* is scarce on the
589 dunes at Te Akau, where restoration of the species is a key aspect of Patuharakeke's coastal
590 *taiao* work.

591 While archaeological records do not identify any pre-contact *urupā* (burial sites) along the Te Akau
592 coastline, *mātauranga* indicates that such sites are present, suggesting that they may be at risk
593 from coastal erosion. *Patuharakeke mātauranga* also records that *tohorā* (whales) and human
594 remains were historically buried in dunes to allow for natural decay, with the bones later retrieved.
595 Given that the paper shows erosion in the central portions of Te Akau, this knowledge can be
596 used to focus monitoring done by the *taiao* unit and support efforts to ensure that any exposure
597 of *urupā* or *tohorā* remains is promptly addressed. By weaving this *mātauranga* with coastal
598 change data that show hotspots of local coastal erosion, coastal management can be tailored to
599 protect culturally significant sites at risk from coastal changes.

600 Loose strands - compatibility and incompatibility of Western and Indigenous 601 knowledge

602

603 This study has attempted to braid archaeological, geomorphological and *mātauranga Māori*
604 methodologies to enhance our comprehension of coastal behaviour during the late Holocene
605 (**Error! Reference source not found.**). The core research focus of each knowledge system
606 occasionally diverges. An illustration of this is the mention of *taniwha*, which, although not directly
607 relevant to the overarching question of accretionary dune development, contributes to a deeper
608 understanding of how people perceived and interacted with aspects of past landscapes, and what
609 was potentially viewed as a hazard (Hikuroa, 2020). The *mātauranga* of Patuharakeke highlights
610 the presence of two *taniwha* (powerful creatures), *Te Rakepatupaiarehe* and *Pokapuwaiorehua*,
611 near Whangārei Harbour. Stories of *taniwha* that cause destructive surges that threaten the lives
612 of individuals close to the water are prevalent throughout coastal Aotearoa (for example: King and

613 Goff, 2010; King et al., 2020; McFadgen, 2007). As King and Goff (2010) state, *taniwha*-related
614 *mātauranga* suggests a long-standing recognition of the potential for treacherous conditions along
615 a region's coastline. These *taniwha mātauranga* were developed to explain environmental
616 hazards and have origins in traditional ways of interpreting natural phenomena as signs of
617 something more than mere biophysical processes. Through their codification, they serve as
618 effective disaster risk reduction mechanisms (Hikuroa, 2020). The existence of *taniwha* raises
619 future research avenues and directly connects how people perceive and interact with past coastal
620 spaces. This is an example of how various techniques are applied to different forms of knowledge
621 braids. This application produces a wide array of information. However, tension arises when trying
622 to incorporate this diverse information into a cohesive conclusion. This tension stems from the
623 challenge of appropriately synthesising the varied data into a unified understanding or result. It's
624 about finding the right balance and making sense of all the different pieces of information gathered
625 from the research. What is important from a research view can also potentially conflict with
626 community aspirations.

627 Wilkinson et al., (2020) highlight that Māori groups have unique values, priorities and interests in
628 research situated in their frame of reference. For example, according to Tau (1999), blending
629 Māori knowledge with references to places, ancestors, and key figures as memory cues can help
630 retain crucial information. For Patuharakeke, who are responsible for their *mātauranga* and the
631 stewardship of their *rohe*, their aims include preserving ancestral knowledge and practices and
632 restoring cultural landscapes and *taonga* species. Middens, discussed in this paper, reveal past
633 fishing and harvesting practices and types of wood used in coastal areas. Charcoal's plant
634 composition offers clues for selecting plants to restore cultural landscapes. This proactive
635 approach aligns with Patuharakeke's goal to preserve and restore vital cultural elements. The
636 primary focus of the research in this paper aligned with the aspirations of Patuharakeke.

637 However, this is not always the case as Western science and Indigenous knowledge have
638 different frames of reference. However, by pursuing a common aspiration that led to weaving
639 these diverse knowledge systems, we argue interpretive power of the past is enhanced. The
640 paper argues that these differences in knowledge production can facilitate co-creation and
641 collaboration, benefiting both scientists and Indigenous communities. It benefits science as
642 without this collaborative approach, research results can end up in the hands of the community,
643 requiring them to interpret the findings without adequate support from the researchers. Open
644 discussions and relationship-building throughout research projects can help address this issue,

645 providing flexibility and enabling new research directions that might not strictly follow the original
646 objectives but can yield valuable insights.

647

648 Conclusion

649

650 This paper braids archaeological and geomorphological evidence with *mātauranga* Māori to try to
651 improve understanding of coastal change within a sand barrier across decadal to millennial time
652 scales. The main findings of this study are: 1) Te Akau has experienced erosion of the foredune
653 in the last 80 years, as indicated by the coastal change data and the exposed cultural sites; dating
654 of which suggests the coast is presently in the most eroded state in at least the last 200 years; 2)
655 The results of this research support *hapū* in the revitalisation and preservation of knowledge and
656 goals for the restoration of cultural landscapes and *taonga* species; and 3) This case study of
657 weaving Western and Indigenous knowledge was relatively successful, and we argue that this
658 type of research is crucial for a more detailed understanding of coastal change in local contexts.
659 These findings aid the development of more effective coastal management strategies that can
660 help mitigate the consequences of erosion and other coastal hazards in the context of sea level
661 rise.

662

663 **Conflicts of Interest: The authors (s) declare no conflict of interest.**

664

665 The authors declare no conflicts of interest.

666

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668

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684 Author Contribution statement

685

686 The lead author, I (Benjamin D. Jones) conducted the majority of the research, including data
687 collection, analysis, and manuscript writing. This work is part of his Ph.D. thesis by publication.
688 Co-authors contributed to the study's design, provided feedback, and approved the final
689 manuscript.

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691

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702 Conflict of Interest statement

703

704 The authors declare no conflict of interest.

705 Data Availability statement

706

707 The *mātauranga* data, which is integral to our research, is held and facilitated by Patuharakeke
708 (including authors J. Chetham and A. Carrington). This includes the knowledge and insights
709 gained from the coastal taiao (environmental) monitoring unit that discovered the midden. As this

710 data is of cultural significance, it is not publicly available but was used with the permission and
711 guidance of Patuharakeke.

712 The archaeological data used in our study, including the anthropogenic deposits within dune
713 stratigraphy and their radiocarbon dating, is also not publicly available due to its sensitive nature
714 and the need to preserve the integrity of the sites.

715 The geomorphological data, including topographic data, historical aerial photographs, and
716 satellite imagery, will be made publicly available. This data is be hosted on a GitHub repository
717 (<https://github.com/Thepastfromabove/Braiding-Archaeology>). Please note that any use of this
718 data should be properly cited and acknowledged.

719 We believe in open science and are committed to making our research as transparent and
720 accessible as possible while respecting the cultural and archaeological sensitivities involved. We
721 appreciate your understanding and cooperation.

722 Ethics Statement

723

724 The nonindigenous authors (Mark Dickson, Emma Ryan and Murray Ford), and especially the
725 first author (Benjamin D Jones) who conducted the fieldwork, analysis, and co-lead the hui
726 (meetings), sought the expertise of Indigenous researchers in *mātauranga* to ground and co-write
727 the research (Associate Professor Daniel Hikuroa, Juliane Chetham and Ari Carrington). This
728 experience has guided the first author, who is a non-indigenous researcher, to actively engage in
729 culturally and socially responsible relationships and participate in student-teacher interchanges
730 as a manuhiri (visitor) researcher. By doing so, all the authors respect the tino rangatiratanga
731 (right of self-determination over *mātauranga* and cultural heritage) of Tangata whenua (local
732 people), as affirmed by Te Tiriti o Waitangi (The Treaty of Waitangi).

733 Furthermore, the research design incorporates oral traditions through knowledge exchange in a
734 manner that respects *mātauranga*. The shared environmental *mātauranga* came from co-authors
735 Juliane Chetham and Ari Carrington who are mandated representatives of Patuharakeke, the
736 mana whenua (recognised ancestral Indigenous nation) in the rohe (areas) of Te Akau and Te
737 Poupouwhenua.

738 The oral traditions are from cultural assessments that were provided by Patuharakeke, a tribal
739 nation who are ahi kā (trace their ancestry back to primary ancestors who lived on the land and
740 have continuously occupied these lands) for the area, and hence mana whenua (jurisdiction over

741 the area) and which contained *Mātauranga* relevant to the research. To ensure transparent
742 dissemination of information, recorded notes were stored in a cloud drive accessible only to the
743 authors. The selected text was then presented to members of the Patuharakeke Te Iwi Pou Taiao
744 unit to ensure that the text was correctly understood and utilised. This meeting followed a hui
745 (meeting) and wananga (discussion forum), which took place on 12 December 2023 at the
746 Patuharakeke Te Iwi Pou Taiao unit office.

747

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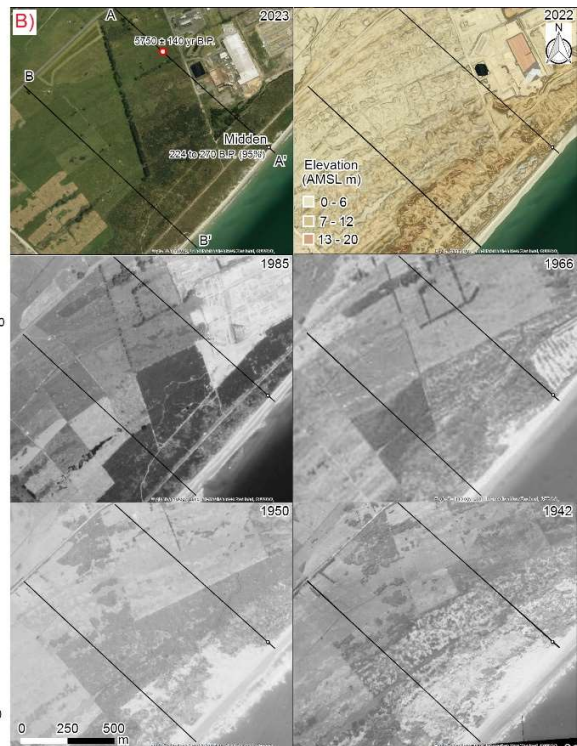
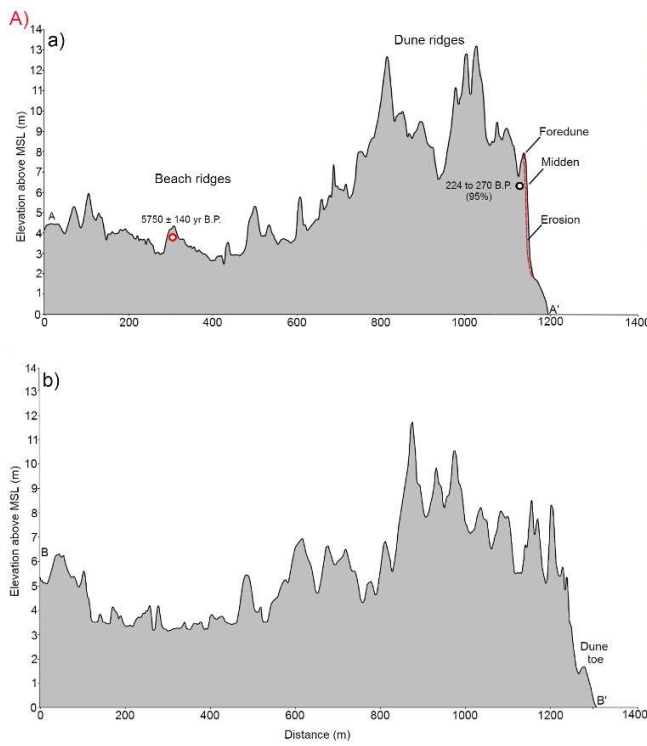
1128 Figure 1



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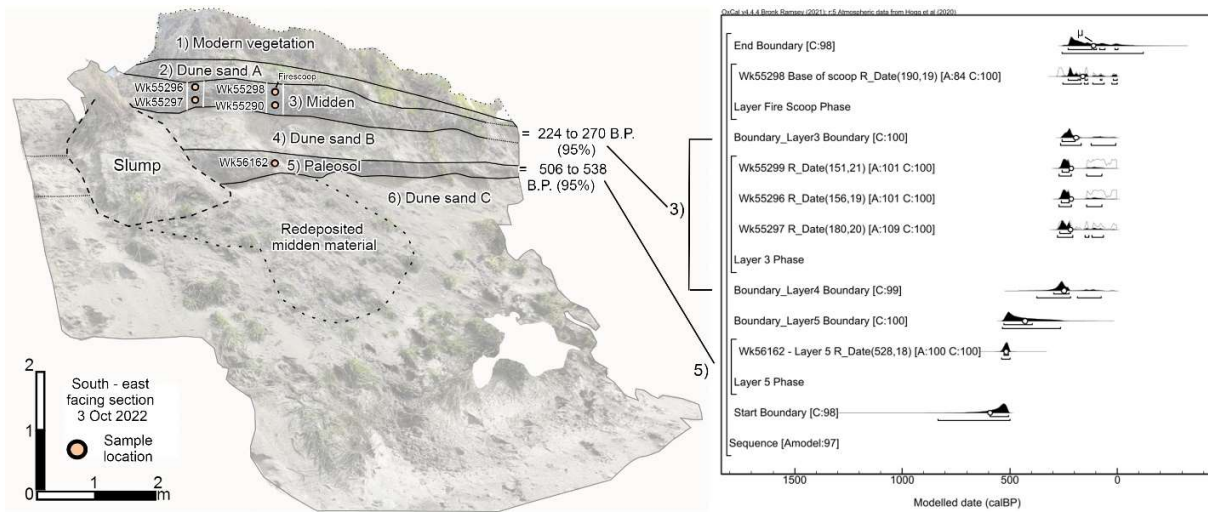
1131 Figure 2



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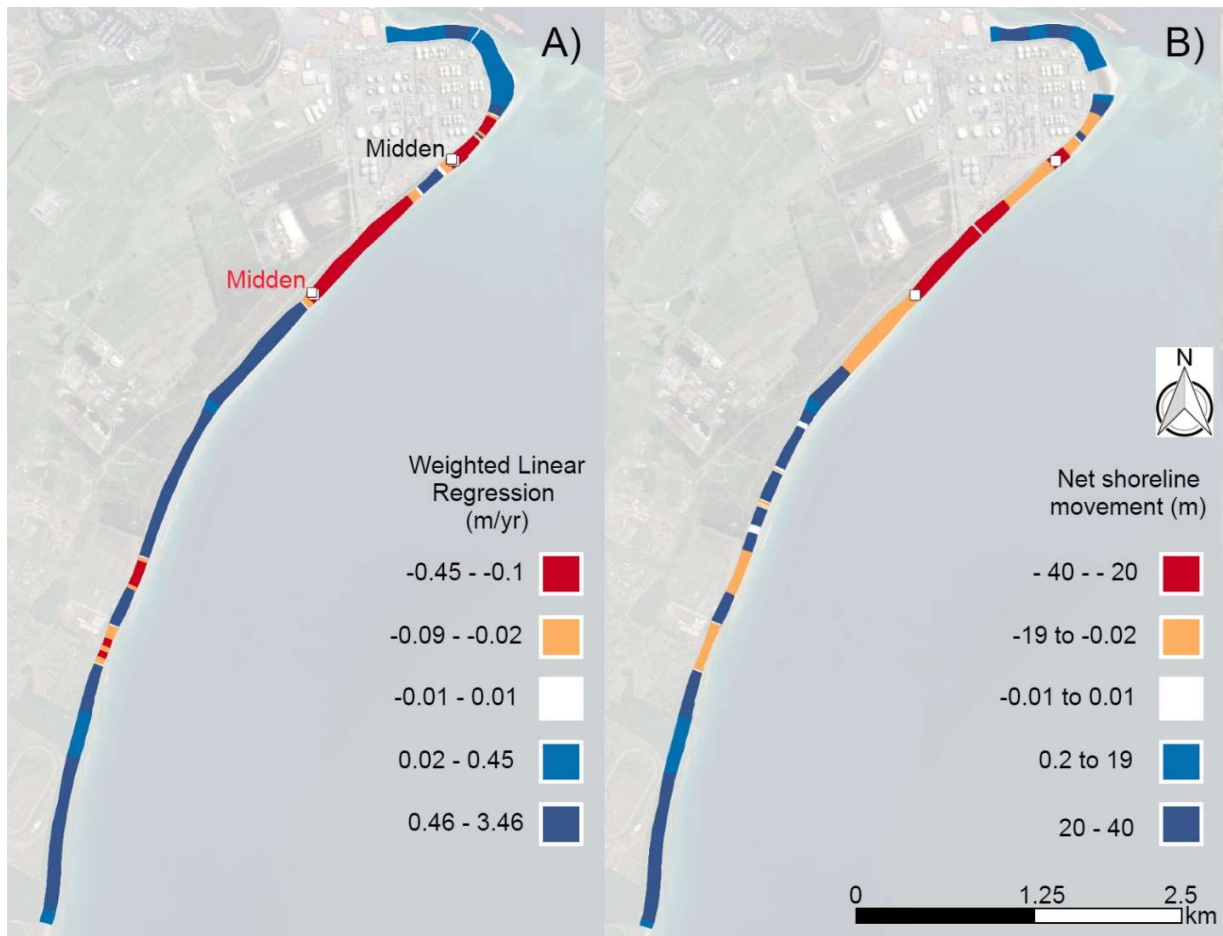
1134 Figure 3



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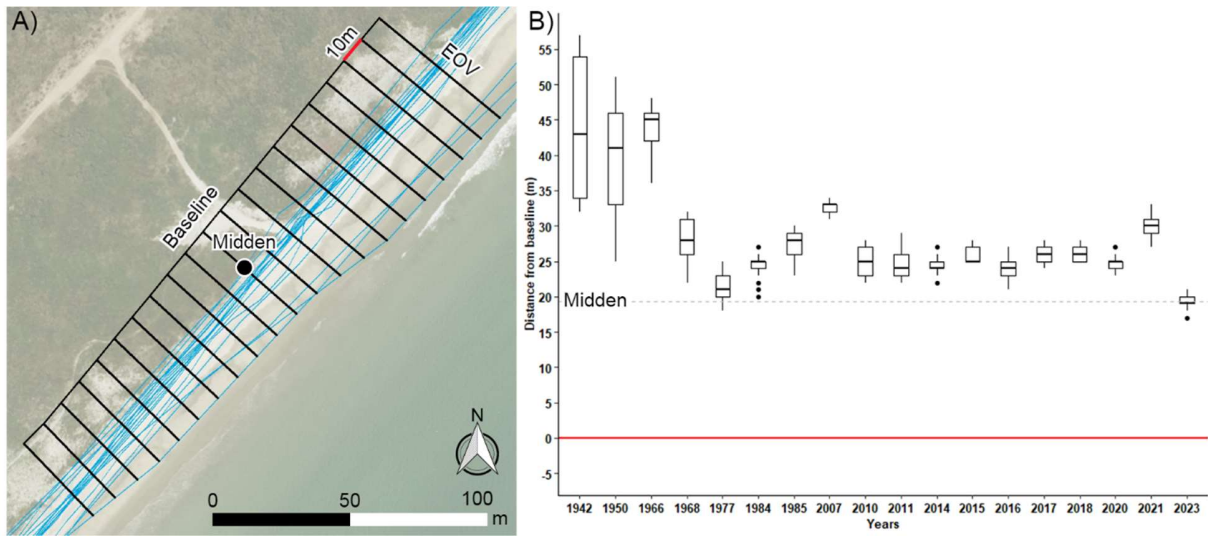
1137 Figure 4



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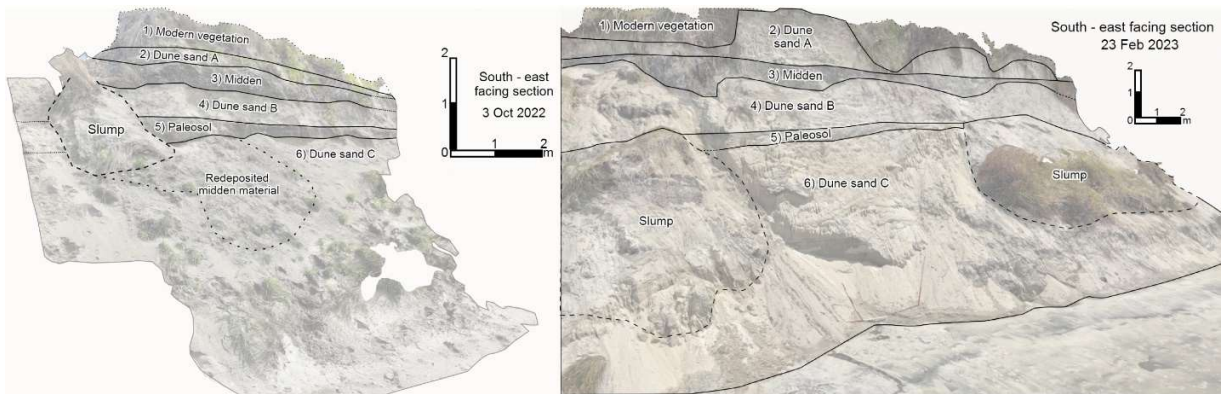
1140 Figure 5



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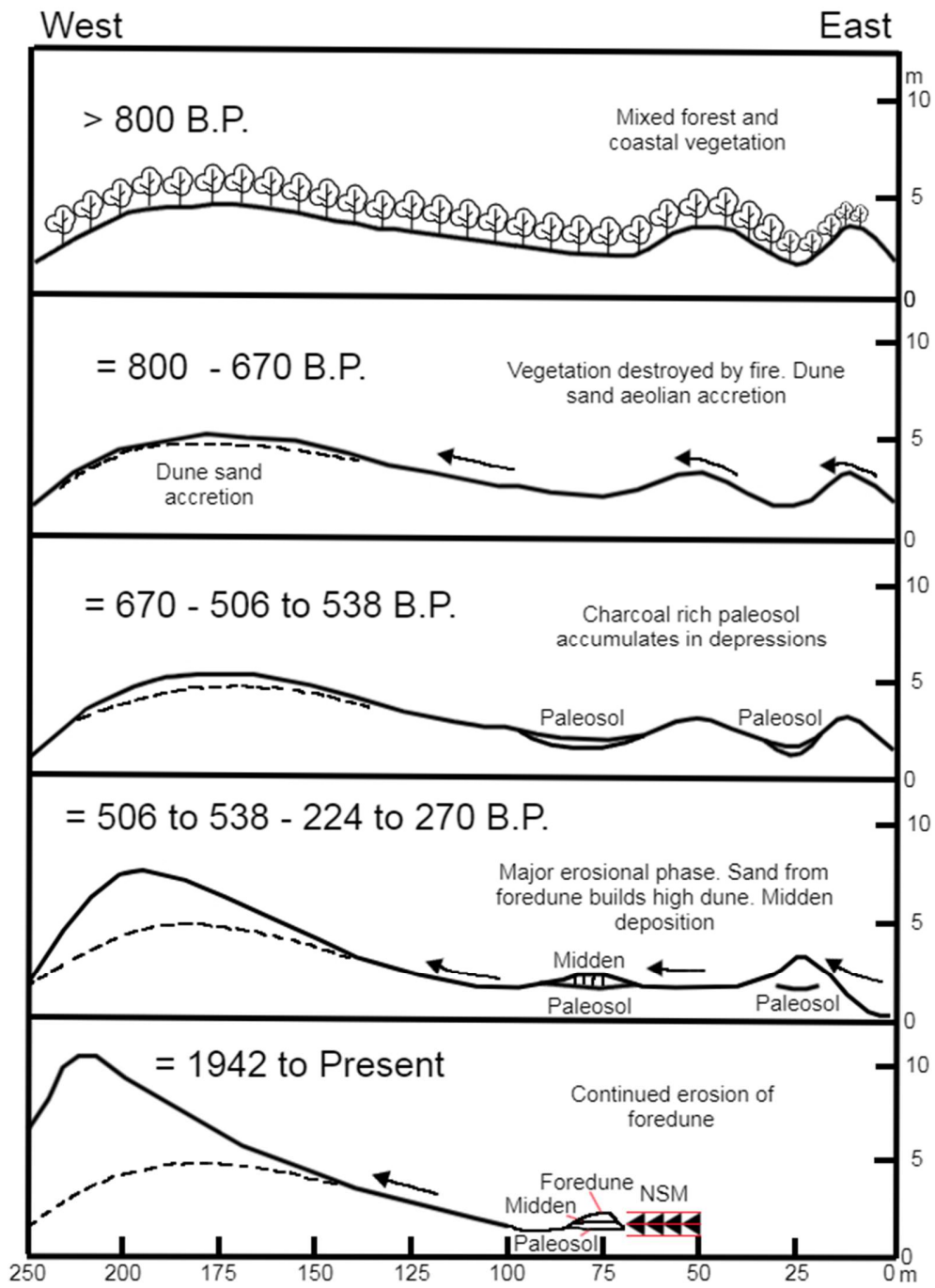
1143 Figure 6



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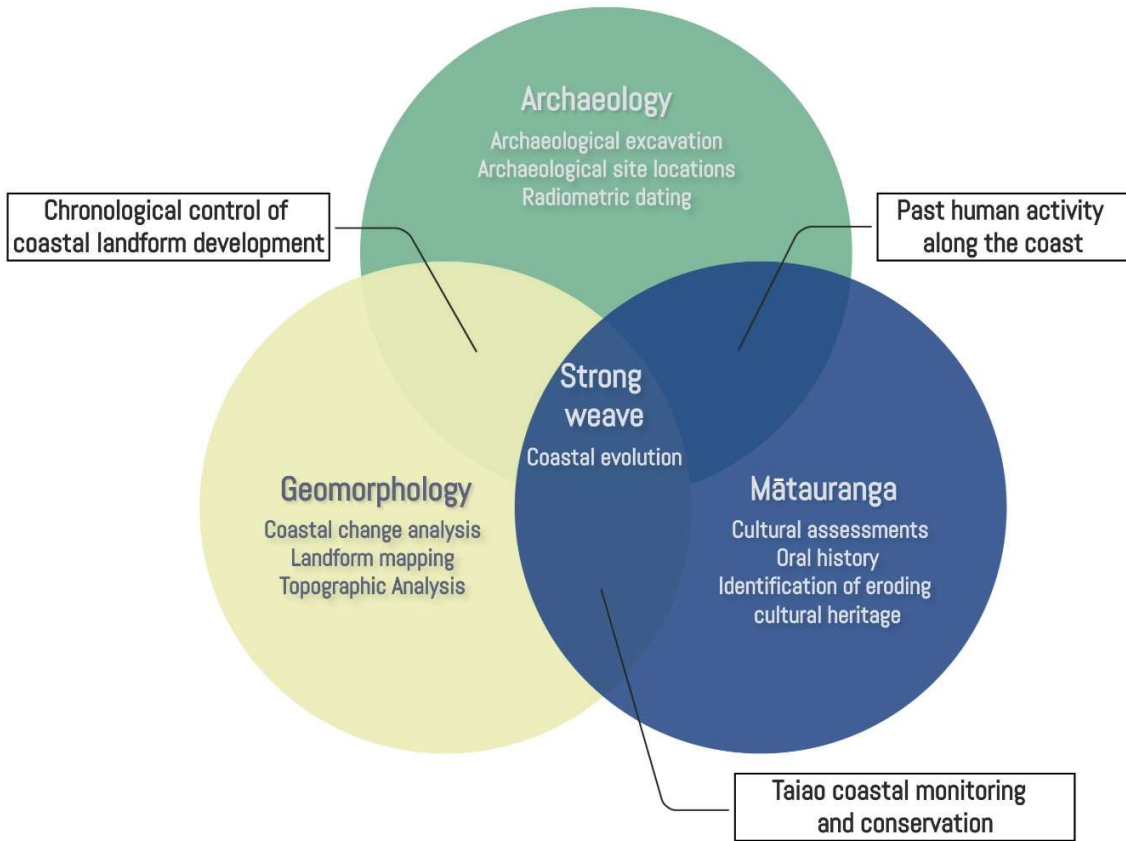
1146 Figure 7



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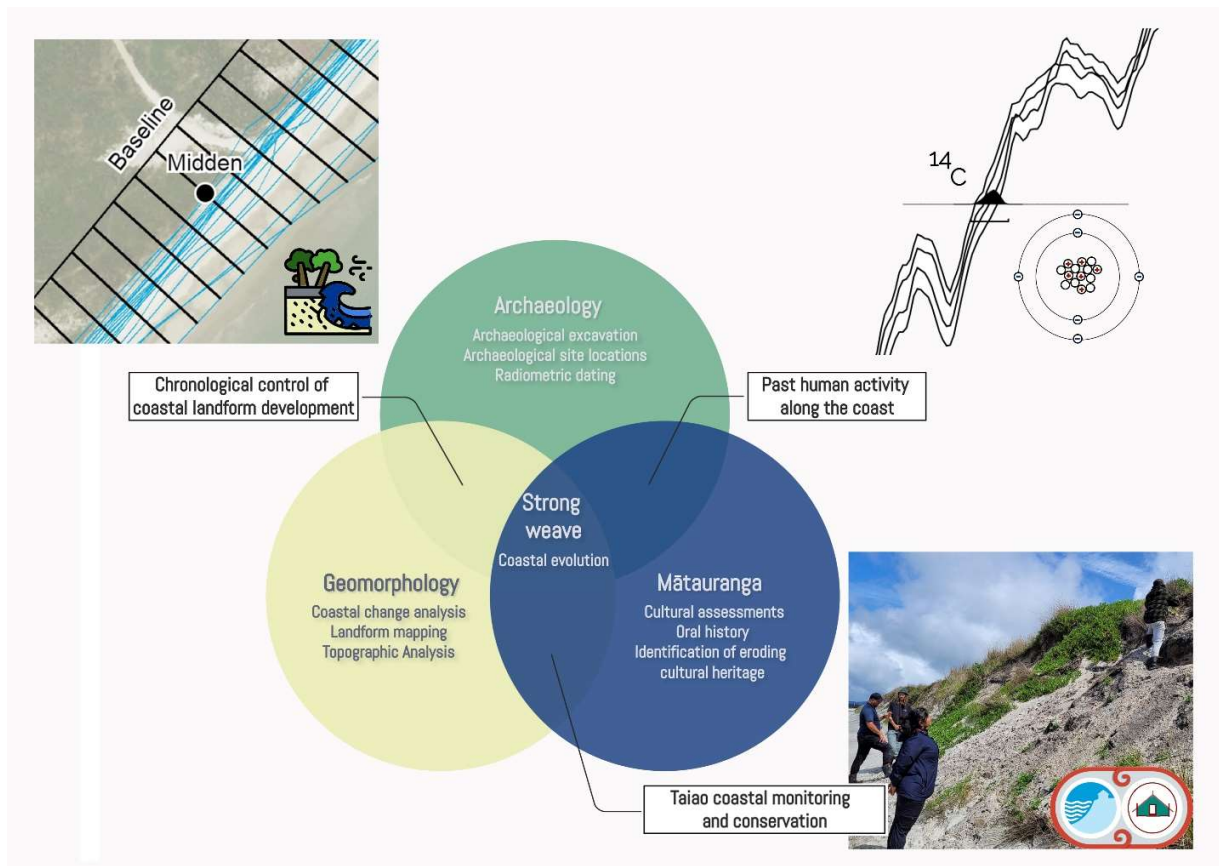
1149 Figure 8



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1152 Graphical Abstract



1153

1154

1155 Table 1

Theme	Mātauranga
Coastal change	<p>“On the southern side of the harbour the Takahiwai and Pukekauri, Kukunui and Piroa (Brynderwyn) ranges circle the landscape, and the seascape is dominated by the tahuna or sand banks that are known not only for their significance as markers, but as mahinga mātairitai/kaimoana gathering places. These include Poupouwhenua/Mair and Marsden Bank, Patangarahi/ Snake Bank, Calliope Bank, McDonald Bank, and Tahuna Patupo (a historical Kuaka gathering spot).” Pg16</p>
Coastal use	<p>“a rich tapestry of signifiers of traditional relationships with the Northport area. This includes the relationship of Whangarei Terenga Paraoa as a bountiful and rich food basket or ‘Pataka’ that hosted seasonal migrations of descendants from in and around the harbour and related inland hapu to harvest kaimoana. According to Patuharakeke elders, prior to the construction of the Refinery, a substantial mussel bed covered the takutai adjacent to the site, ranging from the edge of the channel into shallow water and running from Mair Bank along to the Port Jetty. “When an easterly gale blew you could just roll carpets of mussels into your sack.” (Living Memories Hui, Rangiora, Takahiwai 1998).” Pg45</p>
Coastal change	<p>“Patuharakeke have many wahi tapu including ancient urupa that still contain the remains of important and illustrious forebears. Patuharekeke are kaitiaki of these urupa. These are mainly on the coastal fringes, and some have been either eroded away or subsumed already by encroaching mangrove mudflats and in some case dense overgrowth.” Pg45</p>
Coastal use / change	<p>“Te Akau Block is depicted in Figure 5 below. This location was an extremely particularly important Tauranga waka and was utilised often by various war parties stopping 15 there to prepare for battles further south. Preparations included training and discussions of tactical warfare. The number of war parties varied between small groups of 20 to 50 to some numbering in the thousands (Clarke, 2001:2). Up until industrial development in the 1960’s it was utilised by Patuharakeke and whanaunga tribes as a seasonal nohoanga where a rich harvest of kaimoana could be gathered and processed. In earlier times would have likely to have involved entire tribes particularly in times of peace.” Pg 14</p>
Coastal vegetation	<p>“Pīngao used specifically to make piper nets was gathered in Te Akau and Rauiri areas.”</p>
Coastal behaviour	<p>“Dunes are a repository for Tohorā (whale) bones” pg47.</p>
Coastal use	<p>“Families would live mainly on the coast for a rich harvest of kaimoana. Food gathering would involve entire tribes at times and operations such as netting or fishing both inland and out to sea.” Pg 48</p>
Coastal hazards	<p>“Te Rakepatupaiarehe and Pokapuwaiorehua.”.pg18</p> <p>“With respect to the above-mentioned taniwha, it was also related at that same hui that a tupuna (circa 1950) had had a prophecy about the future construction of Marsden wharf. The exact wording of the prophecy is not generally known or recorded now, however its meaning related to the knowledge that the taniwha in that location was of a cautionary nature. Also, the location of the wharf had to be shifted because the piles kept disappearing or sinking. It is also recalled that three people lost their lives in the construction of the wharf.” pg18.</p>

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Coastal
hazards

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1157

1158 Table 2

Species	Latin Name	Weight (g)	NISP	MNI
	Acanthocardia			
Cockle	paucicostata	381	587	0
Dosina	Dosinia	35	31	260
Pipi	Paphies australis	118	68	18
Oyster	Ostrea spp.	0	37	36
Cats Eye	Turbo cats' eye	1	1	21
Whelk	Buccinum undatum	0.1	0	1
Gastropods				
Sp.	Gastropoda	0.1	10	0

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1161 Table 3

Table 3. Fish by the number of identified specimens (NISP)	Table 3. Fish by the number of identified specimens (NISP)	Table 3. Fish by the number of identified specimens (NISP)
Taxon	Latin Name	NISP
Barracouta	Thyrsites atun	2
Blue mackerel	Scomber australasicus	1
Gurnard	Chelidonichthys kumu	11
Kahawai	Arripis trutta	2
Kingfish	Seriola lalandi	1
Mackerel	Trachurus sp.	22
Snapper	Chrysophrys auratus	2
	Pseudocaranx	
Trevally	georgianus	5
Yellow-eyed mullet	Aldrichetta forsteri	23
Unidentified fish sp.		7

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1163

1164 Table 4

Taxon	Latin Name	Vegetation Category	NISP
		Small	
Hebe	<i>Veronica speciosa</i>	Shrubs	1
		Small	
Coprosma	<i>Coprosma repens</i>	Shrubs	6
		Small	
Fivefinger	<i>Pseudopanax arboreus</i>	Shrubs	5
		Small	
Olearia	<i>Olearia</i>	Shrubs	2
	<i>Pseudopanax</i>	Small	
Lancewood	<i>crassifolius</i>	Shrubs	1
		Small	
Mingimingi	<i>Coprosma propinqua</i>	Shrubs	1
		Small	
Ribbonwood	<i>Plagianthus regius</i>	Shrubs	1
		Small	
Ngaio	<i>Myoporum laetum</i>	Shrubs	4
	<i>Leptospermum</i>		
Manuka	<i>scoparium</i>	Scrub spp.	33
Kanuka	<i>Kunzea ericoides</i>	Scrub spp.	67
		Broadleaf	
Pohutukawa	<i>Metrosideros excelsa</i>	tree	28

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1167 Table 5

Dating sample	Description	Layer
1	Hebe twig 2mm diameter	3
2	Manuka twig 3mm diameter	3
3	Kanuka twig 4mm diameter	3
4	Manuka twigs 2mm diameter	3
5	Bracken 2mm diameter	5

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1170 Table 6: Stratigraphy of the foredune

Layer	Description	Depth (m, measure d from top of dune)
1	Vegetation composed of Pōhuehue, Toetoe, Wīwī and then exotic, pampas, grass	0
2	Beach yellow sand well sorted	0.42
3	Midden layer	0.77
4	Beach yellow sand well sorted	1.65
5	Paleosol composed of a black sand layer	2.6

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