

timestamp of when they were published, and the number of retweets and likes generated are informative data that can be extracted. Content analysis can be conducted using manual or machine learning approaches. Different examples of the use of Twitter for research in psychiatry will be presented and discussed in this session.

**Disclosure of Interest:** None Declared

### W0034

#### The art of persuasion - is it ethical to influence patients?

F. Prates

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**Abstract:** In this third session of our motivational interviewing workshop, we address the art of persuasion and what to do and not do in the clinical setting. The change process in a motivational interviewing setting is based on collaborative principles between the patient and the therapist and is not imposed. We show examples of what to do and not to do with the previously learned techniques.

**Disclosure of Interest:** None Declared

### W0035

#### International collaboration and networking in academic medicine through social media

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**Abstract:** Dr. Pereira-Sanchez will draw upon his experience of use of various major social media platforms for professional networking and collaboration in international psychiatry and global mental health. These platforms offer opportunities to connect with colleagues worldwide individually and in groups and open avenues for peer support, research and advocacy. Specific examples the speaker will bring from his own experience include the World Network of Psychiatric Trainees and the Global Mental Health Think Tank, both of which gather hundreds of colleagues across continents.

**Disclosure of Interest:** None Declared

### W0036

#### Motivational interviewing - from theory to practice.

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**Abstract:** In this fourth session of our motivational interviewing workshop, we will go from theory to practice through simple and direct examples from clinical practice. The participants will be able to watch previously filmed clinical cases and participate in role plays, where they can practice using different motivational interviewing techniques that they had learned before.

**Disclosure of Interest:** None Declared

### W0037

#### Towards Social Media as DTx in Psychiatry? Current opportunities and pitfalls

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**Abstract:** Software-driven therapeutic interventions aiming at preventing, managing or treating medical or chronic diseases are referred to as Digital Therapeutics (DTx). DTx are developed to target a specific disorder or disease, including mental disorders. DTx are regarded as an emerging class of medicines and, hence, have obtained the approval of the relevant regulatory authorities, based on clinical evidence for the effectiveness similar to conventional medicine supplies and medicines. Social media-based DTx can represent both a means to quantify mental health as well as a source of both positive and negative interactions, including a source of social support for many who have been socially isolated and lonely. Recent researches using monitored social networks as interventions has shown promise in youth with several mental health issues, despite it is noteworthy that social media are not without risks.

**Disclosure of Interest:** None Declared