

BJP Psych

The British Journal of Psychiatry



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The British Journal of Psychiatry

ISSN 0007 - 1250

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British Journal of Psychiatry (ISSN 0007-1250) is published monthly. The six issues starting January 2022 comprise Volume 220, the six issues starting July 2022 comprise Volume 221. Orders from non-members of the College, which must be accompanied by payment, may be sent to any bookseller or subscription agent or direct to the publishers: Cambridge University Press, Journals Fulfillment Department, UPH, Shaftesbury Road, Cambridge CB2 8BS, UK, email journals@cambridge.org; or in the USA, Canada and Mexico, to Cambridge University Press, Journals Fulfillment Department, 1 Liberty Plaza, Floor 20, New York, NY 10006, USA, email subscriptions_newyork@cambridge.org. Japanese prices for institutions are available from Kinokuniya Company Ltd, P.O. Box 55, Chitose, Tokyo 156, Japan.

The annual subscription prices (including delivery by air but excluding VAT) for Volumes 220/221 are as follows:

	INSTITUTIONS	INDIVIDUALS
Print and online	£607/\$1080	£489/\$761
Online only	£474/\$726	£308/\$481

Single issues are £57 (US\$101 in the USA, Canada and Mexico) plus postage. EU subscribers (outside the UK) who are not registered for VAT should add VAT at their country's rate. VAT registered subscribers should provide their VAT registration number. Claims for missing issues should be made immediately on receipt of the subsequent issue.

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USPS ID Statement

The *British Journal of Psychiatry*, ISSN 0007-1250, is published monthly by Cambridge University Press, UPH, Shaftesbury Road, Cambridge CB2 8BS, UK. The US annual subscription price is \$976 print and online/\$688 online only for institutions and \$687 print and online/\$447 online only for individuals. Airfreight and mailing in the USA by agent named World Container Inc, 150-15, 183rd Street, Jamaica, NY 11413, USA. Periodicals postage paid at Brooklyn, NY 11256. US Postmaster: Send address changes to The *British Journal of Psychiatry*, World Container Inc, 150-15, 183rd Street, Jamaica, NY 11413, USA. Subscription records are maintained at Cambridge University Press, UPH, Shaftesbury Road, Cambridge CB2 8BS, UK. Air Business Ltd is acting as our mailing agent.

Online access

British Journal of Psychiatry is hosted on the Cambridge Core service at <https://www.cambridge.org/core/journals/the-british-journal-of-psychiatry>.

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Founded by J. C. Bucknill in 1853 as the *Asylum Journal* and known as the *Journal of Mental Science* from 1858 to 1963.

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Printed in Great Britain by Henry Ling Limited, The Dorset Press, Dorchester, Dorset DT1 1HD.

This journal issue has been printed on FSC™-certified paper and cover board. FSC is an independent, non-governmental, not-for-profit organization established to promote the responsible management of the world's forests. Please see www.fsc.org for information.



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Cover picture

Flora Manson, "Untitled", 1856.

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Flora Manson was a patient at the Royal Edinburgh Asylum. She is of particular interest because she left examples of her artwork. Work by female patients is much rarer to find than that by males. Flora was admitted on 4th December 1846, when she was 40 years old. She was described as a native of Kintyre, the wife of the local Lighthouse Keeper, and the mother of one child. She had been 'subject to Hysteria for about nine years' and also displayed 'slight mental aberration'. She had attempted suicide by taking laudanum about six years previously. After admission, she wanted to leave the Asylum and claimed that her husband, who brought her in, was insane. After some time in the Asylum, doctors felt that the original diagnosis was wrong, and that she actually suffered from 'Monomania of Suspicion'. She made 'many complaints' about her physical health. She also said the food was not good and that Asylum staff intended to poison her. At such times, she was said to speak with 'animosity and vindictiveness'.

At other times, Flora was more settled and spent her time 'in knitting or reading, and taking exercise in the airing grounds'. In 1854 she was described as occupying 'much of her time in writing what she terms novels which seem to consist of events in her own life illustrated after a fashion with pen and ink sketches'. One production was intended as a gift for her daughter. A late case entry noted that she still retained 'many delusions all about herself'. She died on 15th March 1871 from pleurisy and pericarditis.

This picture has the heading, 'Morningside, December 1856'. Flora shows herself at a spinning wheel, alongside her fellow patient and friend, Isabella McDonald, who is also spinning. Two men on either side are drinking wine. Below there are more pictures of women with spindles, while the bottom section shows Flora and her companions drinking tea.

Picture credit: LHB7 51 11, p.4. Case notes: LHB7 51 4, 6, 11, 17.

I am grateful to Dr Louise Williams, Archivist, Lothian Health Services Archive, Centre for Research Collections, Edinburgh University Library for her help and for giving permission to use this image.

We are always looking for interesting and visually appealing images for the cover of the Journal and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescot Street, London, E1 8BB, UK or bjp@rcpsych.ac.uk.