

THE NEW MODEL MULTIMODAL PSYCHOTHERAPY BASED ON HYPNOSUGGESTIVE APPROACH OF PSYCHOSOMATIC PATIENTS IN INTERNET APPLICATION

N. Burmaka, B. Mykhayloov

Medical Academy of Postgraduate Education, Kharkiv, Ukraine

On present time a high level of psychosomatic disorders in Ukraine fixed on as well as in world in general. This is a reason of our investigation.

The system of distantion TV and PS organized psychotherapy was established.

The clinical longitudinal comparative investigation was performed with 1103 patients.

The representation of nosological diseases were: blood system - 8%, endocrinoush ystem - 11%, psychic and behaviorale disturbances - 9%, nervous system - 11%, cardiovascular system - 20%, gastrointestinal system - 12%, urinary system - 21%, other - 8%. The emotional disturbances of all these patients were investigated with the clinic and pathopsychological methods. The high level of anxiety was shown. Pathopsychologically the high level of personality anxiety and low level of neurotism and depression were identified. Our experience showed the necessity of the integrative models of psychotherapy provided, parted on stage. The complex system of psychotherapy, based on rational and hypnosuggestive models has been developed, with the multimodal approach.

The cathamnestic investigation the high efficacy in 65% cases, and middle range efficacy in 20% cases was shown.

The first step was TV application, the second step was CDRW application the contemporary application - internet use application.