CBS0006

The "Hector" case and the community rehabilitation of offenders with Intellectual Disability and psychiatric disorders

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Abstract: Hector, 44 years, with mild Intellectual Disability and impulse control disorder, committed serious sexual offences against two children of his partner. Considered "socially dangerous", he was put in prison, then with a deferment of the enforcement of the prison sentence in the forms of home detention he was hospitalized in a psychiatric facility due to his depressive condition. Upon entering the Community, he presented a deflected mood as a reaction to the discomfort from the custodial experience, which was not cognitively integrated. Both psychotropic and rehabilitation treatments started. He has been involved in a gardening activity, too. After a first period of high degree of denial of the facts and a defensive mode marked by stolidity and fatuity, revealing his poor cognitive resources, during the psychiatric sessions he became even more conscious of his crime and the suffering of the victims. Services/pathways available for offenders with ID and psychiatric disorders will be presented.

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CBS0007

Harmonizing and Contrasting Psychotherapy Approaches: Case Presentation

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Abstract: Various psychotherapeutic approaches could be used for the assessment, formulation, and treatment of the same case. It is of great importance to include cultural evaluation and empathetic reformulation in psychotherapy applications. This case presentation illustrates a female patient in her thirties who was consulted at the psychiatric outpatient clinic with depressive symptomatology, which presented after a psychosocially stressful life event. Following a detailed clinical evaluation, psychotherapeutic treatment was planned with the diagnosis of major depressive disorder. In this case presentation and subsequent discussion, the case-specific advantages, along with standard and differing aspects of different psychotherapeutic methods and treatments, will be evaluated.

Disclosure of Interest: None Declared

CBS0008

Incipient schizophrenia: a case-based introduction to psychopathology and differential diagnosis - Clinical case

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Abstract: The first psychotic episode is often a moment of utmost importance for the patients and their families, as well as for the treating professionals who need to address several dilemmas. Findings suggest that Self-Disorders (SD) specifically aggregate within schizophrenia spectrum disorders, pointing to the possibility that they could be a central phenotypic marker of schizophrenia spectrum disorders across the different severity of their clinical manifestations. We will present and discuss a case report involving a patient's first admission, where diagnostic uncertainties exist. The goal is to enhance our comprehension of the significance of contemporary clinical and phenomenological psychopathology, with a specific focus on SD, in order to achieve a more accurate and precise assessment of incipient schizophrenia.

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CBS0009

A case of misdiagnosis and mismanagement in forensic psychiatry

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Abstract: A case of misdiagnosis and mismanagement in forensic psychiatry Speaker: Farzaneh Saeedzadeh Sardahaee, MD, PhD, Consultant Psychiatrist, Trondheim, Norway

Timely diagnosis and treatment for psychiatric illnesses in first time offenders in forensic psychiatry remains a challenge. Presenting a young male first-time offender with recent onset psychosis, ADHD and anxiety disorder, the speaker reflects upon the complexities around making the right diagnosis in a prison with very limited resources for clinical observation. Minting the term "Psychosis Incognito", the speaker goes on to explore a complex multiagency follow up process faced by this offender and his treating team, as well as many medical complications including malnutrition and Korsakoff syndrome.

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