

THE CANADIAN JOURNAL OF

Neurological Sciences

LE JOURNAL CANADIEN DES

Sciences Neurologiques

AN INTERNATIONAL JOURNAL / UN JOURNAL INTERNATIONAL

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Halifax, Nova Scotia October 2, 1996

32nd CANADIAN
CONGRESS OF
NEUROLOGICAL
SCIENCES

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


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The Canadian Journal of Neurological Sciences is published quarterly. The annual subscription rate is \$65 for members; \$75 for non-members in Canada; \$85 for USA and elsewhere. Residents, Interns, Pre- and Post-Doctoral Students \$32.50 per annum (members); \$37.50 per annum (non-members). Single copies \$20 each plus postage and handling. All manuscripts and communications should be sent to: Canadian Journal of Neurological Sciences, P.O. Box 4220, Station C, Calgary, AB Canada T2T 5N1. Courier to: 810, 906 - 12th Avenue S.W., Calgary, AB Canada T2R 1K7. Telephone (403) 229-9575; Fax (403) 229-1661. E-mail: cjns@canjneurosci.org

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Le Journal Canadien des Sciences Neurologiques est publié trimestriellement. L'abonnement annuel est de 65 \$ pour les membres; 75 \$ pour les non-membres au Canada; 85 \$ pour les Etats Unis et ailleurs. Internes, résidents, fellows pré et post doctoral: 32.50 \$ par année (membres); 37.50 \$ par année (non-membres). Copie simple: 20 \$ plus affranchissement et manutention. Toutes les communications et les manuscrits doivent être adressés à Journal Canadien des Sciences Neurologiques, P.O. Box 4220, Station C, Calgary, AB Canada T2T 5N1. Par courrier: 810, 906 - 12th Avenue S.W., Calgary, AB Canada T2R 1K7. Téléphone (403) 229-9575; Fax (403) 229-1661. E-mail cjns@canjneurosci.org

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Advertising representative/Représentant de publicité:

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†Withdrawal rates ($\geq 0.6\%$): dizziness 2.4%, headache 1.3%, nausea 1.3%, blurred vision 1.1%, rash 1.1%, diplopia 0.7%, ataxia 0.6%. If there is any unexplained rash, fever, flu-like symptoms or worsening of seizure control, then hepatic, renal and clotting parameters should be monitored. See Product Monograph for recommendations when prescribing for geriatric patients and for patients with impaired renal and/or liver function. Serious skin-related events may be related to rapid initial titration of dosing and use of concomitant valproic acid.

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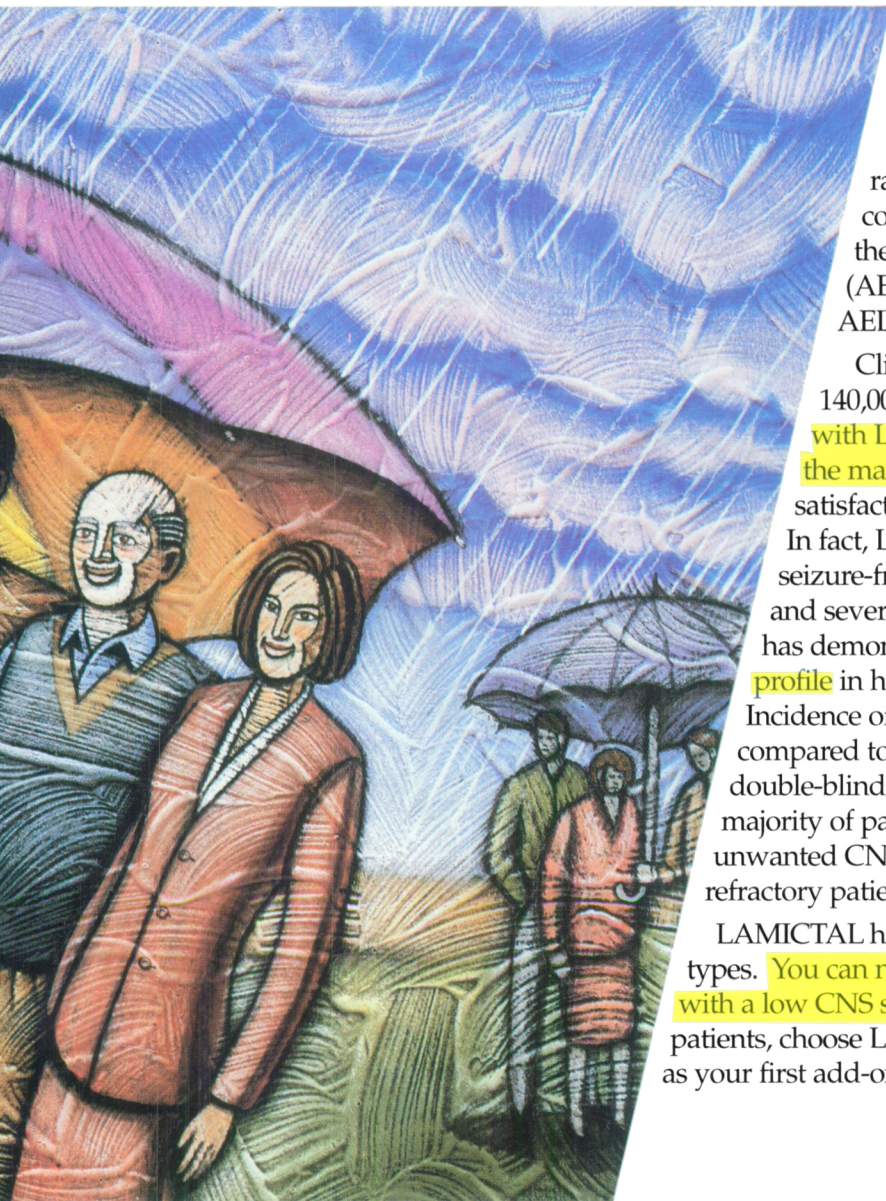
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Yang JF, Fung M, Edamura R, et al. H-Reflex modulation during walking in spastic paretic subjects. *Can J Neurol Sci* 1991; 18: 443-452.

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McGeer PL, McGeer EG. Amino acid neurotransmitters. *In*: Siegel GJ, Albers RW, Agranoff BW, Katzman R, eds. *Basic Neurochemistry*. Boston: Little, Brown & Co., 1981: 233-254.

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Neurontin is indicated as adjunctive therapy for the management of patients who are not satisfactorily controlled by conventional therapy. The most commonly observed adverse events not seen at an equivalent frequency in placebo-treated patients were somnolence, dizziness, ataxia, fatigue, nystagmus and tremor. Since Neurontin was administered most often in combination with other antiepileptic agents, it was not possible to determine which agent(s) was associated with adverse events.

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*T.M. Warner-Lambert Company, Parke-Davis Division,
Warner-Lambert Canada Inc., auth. user.

Reference: 1. *The Lancet* 1994;343:89-91.



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In clinical trials, including double-blind, placebo-controlled studies involving 354 patients with drug-resistant complex partial seizures...

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Vigabatrin is rapidly absorbed following oral administration and peak plasma concentrations are reached within two hours.

INDICATIONS AND CLINICAL USE

SABRIL (vigabatrin) is indicated for the adjunctive management of epilepsy which is not satisfactorily controlled by conventional therapy.

CONTRAINDICATIONS

SABRIL (vigabatrin) is contraindicated in pregnancy and lactation (see WARNINGS) and in patients with a known hypersensitivity to vigabatrin...

WARNINGS

Neurotoxicity in Animals

Rat, Mouse and Dog: Safety studies carried out in the rat, mouse and dog at doses of 30 to 50 mg/kg/day and higher...

Monkey: In monkeys, the oral administration of 300 mg/ kg/day for 16 months produced minimal microvacuolation with equivocal differences...

Evoked Potentials: Evoked potentials in animals: In the dog, studies indicate that intramyelonic edema is associated with increased latencies in somatosensory and visual evoked potentials.

Evoked potentials in man: No increased evoked potential latencies have been observed in man. Two hundred and twenty-one patients treated for 4-5 months showed no significant evoked potential latency changes...

Postmortem neuropathological changes seen in 11 patients who were treated with vigabatrin (mean duration of treatment was 28 months, and the longest treatment was 6 years) showed no myelin vacuolation in the white matter...

Use in Pregnancy and Lactation: In a teratology study in the rabbit a dose-related incidence, 2% and 9%, of cleft palate was observed at doses of 150 and 200 mg/kg/day, respectively.

Use in Patients with a History of Psychosis: Behavioural disturbances such as aggression and psychotic episodes have been reported following initiation of vigabatrin therapy.

Use in Patients with Myoclonic Seizures: As with other antiepileptic drugs, some patients may experience an increase in seizure frequency with vigabatrin.

PRECAUTIONS

Discontinuation of Therapy: As with other antiepileptic drugs, abrupt discontinuation may lead to rebound seizures.

Drug Interactions: A gradual reduction of about 20% in plasma phenytoin concentration has been observed following add-on therapy with vigabatrin.

Occupational Hazards: Patients with uncontrolled epilepsy should not drive or handle potentially dangerous machinery.

ADVERSE REACTIONS

SABRIL (vigabatrin) is generally well tolerated in epileptic patients. Adverse events are mainly CNS-related and probably a secondary consequence of increased GABA levels.

Adverse events reported with a frequency of more than 1% include: anxiety, emotional lability, behavioural disturbances including psychosis, irritability, tremor, abnormal gait...

Table with 3 columns: Body System/ Adverse Event, Number of Patients, Incidence n=2081. Rows include Nervous (somnolence, headache, dizziness, etc.), Digestive (abdominal pain, constipation, etc.), and Body as a Whole (fatigue, weight gain, etc.).

speech disorder, increased appetite, and dyspepsia. As with other antiepileptic drugs, some patients may experience an increase in seizure frequency with vigabatrin treatment (see PRECAUTIONS).

Laboratory data indicate that vigabatrin treatment does not lead to renal or hepatic toxicity. Chronic treatment with vigabatrin may be associated with a slight decrease in hemoglobin, which rarely attains clinical significance.

Pediatric Safety: Safety data is available in 299 children, aged 2 months to 16 years (1 patient was 18 years of age), participating in clinical trials with vigabatrin.

The most frequent adverse event observed in children was "hyperactivity" (reported as hyperkinesia 7.7%, agitation 2.3%, excitation 0.3% or restlessness 0.7%), which was observed in 11.0% of children, an incidence higher than that seen in adults.

Table with 3 columns: Body System/ Adverse Event, Number of Patients, Incidence n=299. Rows include Nervous (somnolence, hyperkinesia, aggression, etc.), Digestive (vomiting, nausea, etc.), and Body as a Whole (weight gain, fatigue, hypotonia).

SYMPTOMS AND TREATMENT OF OVERDOSAGE

There is no specific antidote. The usual supportive measures should be employed. Two cases of SABRIL (vigabatrin) overdose have been reported.

DOSAGE AND ADMINISTRATION

SABRIL (vigabatrin) is intended for oral administration once or twice daily and may be taken with or without food.

Instructions to the patient on the use of SABRIL are provided in the INFORMATION FOR THE CONSUMER section.

Adults: The recommended starting dose is 1 g/day, although patients with severe seizure manifestations may require a starting dose of up to 2 g/day.

Children: The recommended starting dose in children is 40 mg/kg/day, increasing to 80 - 100 mg/kg/day depending on response.

Elderly and Renally Impaired Patients: Vigabatrin is almost exclusively eliminated via the kidney and, therefore, caution should be exercised when administering the drug to the elderly...

Table with 3 columns: Bodyweight, Daily Dose, No. Tablets/Day. Rows show dosing ranges for 10-15 kg, 16-30 kg, 31-50 kg, and > 50 kg.

Availability of Dosage Forms: Tablets. Each SABRIL (vigabatrin) 500 mg tablet is white to off-white film-coated, oval biconvex, and imprinted "SABRIL" on one side.

References: 1 Grant SM, Heel RC, A Review of its Pharmacodynamic and Pharmacokinetic Properties, and Therapeutic Potential in Epilepsy and Disorders of Motor Control...

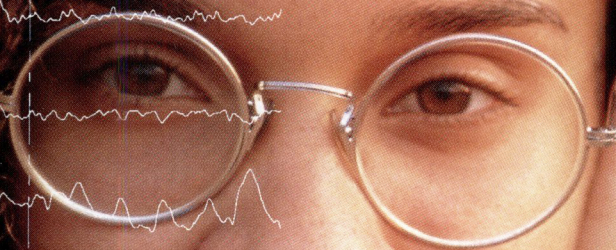
Registered trade mark of Merrell Pharmaceuticals Inc., USA. Used under licence by Hoechst Marion Roussel Canada Inc., Laval, Quebec H7L 4A8.

PAAB PMAC SABR96015E

Product Monograph available on request.



UN
ESPOIR
POUR LA
MAÎTRISE
DES CRISES
PARTIELLES



SABRIL[®]
VIGABATRINE

Gagnant du prix Galien
Canada 1996 à titre de
produit le plus innovateur
de l'année

CCPP ACIM SABR96016F

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Pour documentation voir page x.

SABRIL[®] DONNE DES RÉSULTATS IMPRESSIONNANTS¹ LORSQU'IL EST AJOUTÉ AU TRAITEMENT DE PREMIER RECOURS

- Maîtrise complète des crises chez près de 50 % des patients souffrant d'épilepsie partielle légère ou modérée (n = 333)^{1,2}
- Augmentation significative[†] de la maîtrise des crises[‡] chez 66 % des patients³
- Aucun effet négatif sur la fonction cognitive pouvant nuire au rendement au travail ou à la qualité de vie du patient⁴

[†] Parmi 333 patients ayant reçu un traitement > 100 jours (dose moyenne : 2,6 ± 0,5 g/jour)

[‡] Réduction ≥ 50 % de la fréquence des crises. Trente et un patients ont reçu des doses de 1 à 2 g par jour pendant huit semaines au cours de la phase ouverte initiale d'un essai clinique. Lors d'autres essais, l'administration de Sabril[®] a toujours entraîné une réduction de > 50 % de la fréquence des crises chez environ la moitié des patients.

On devra assurer une surveillance du patient en présence de troubles neurologiques ou visuels. Administrer avec prudence chez les patients qui présentent des antécédents de psychose, les personnes âgées et les patients souffrant d'insuffisance rénale. La somnolence est susceptible d'accroître le risque d'accidents du travail. La vigabatrine peut entraîner une augmentation de la fréquence des crises chez certains patients.

X1

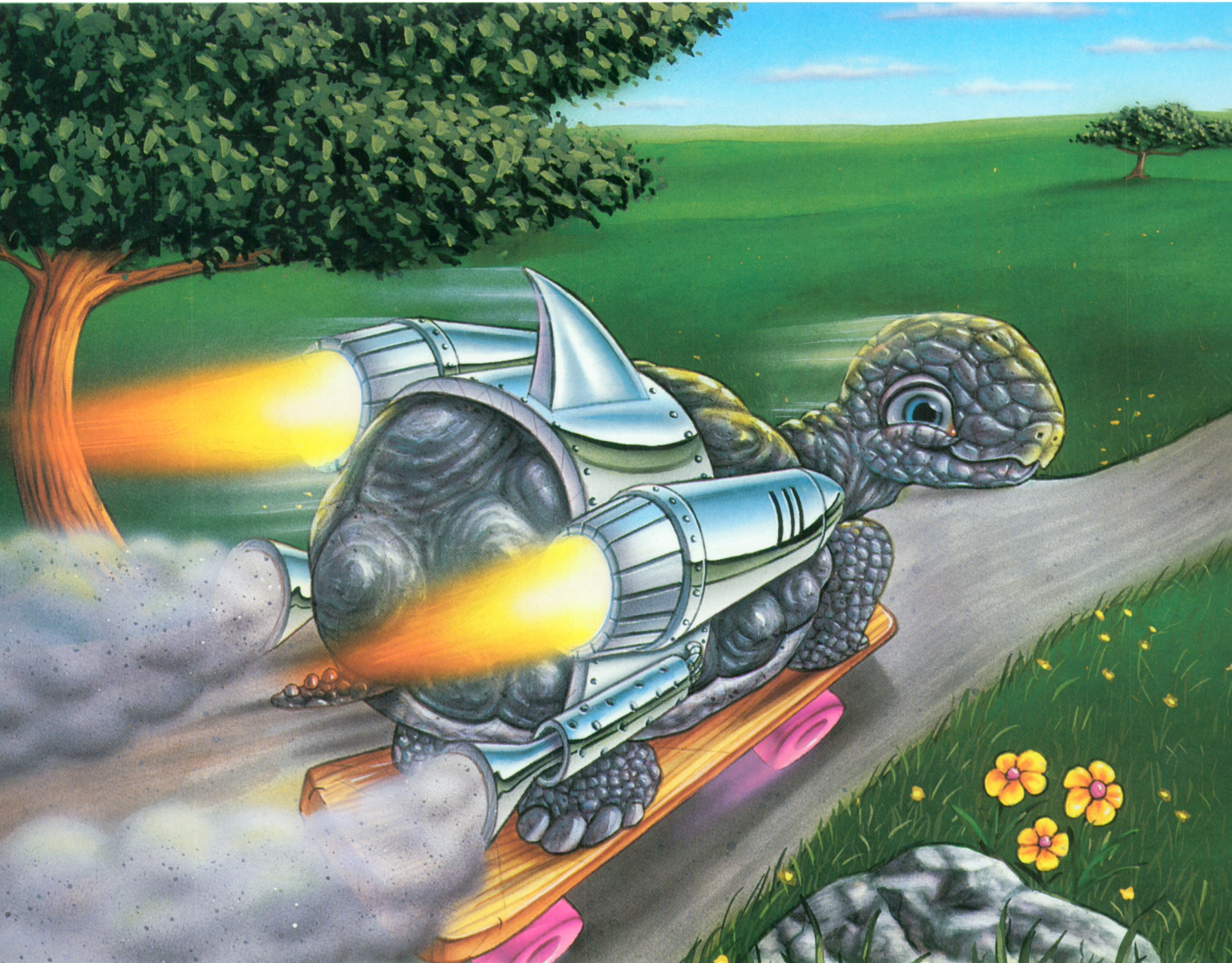
Hoechst Marion Roussel

Hoechst Marion Roussel Canada Inc.,
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Hoechst 

Introducing **MIGRANAL**

A 5-HT₁ agonist that starts fast and offers



5-HT₁ agonist therapy

- MIGRANAL relieves migraine headaches and associated symptoms¹
- Nasal administration bypasses the GI tract

Fast onset of relief

- Can be taken at any stage of the migraine^{1,0}
- Clinical response begins within 30 minutes¹
- MIGRANAL relieved up to 70% of migraines at 4 hours (n=105)^{2,†}

Long-lasting relief^{††}

- Long half-life: 10 hours¹
- 85% of responders had no return of migraine within 24 hours after taking MIGRANAL (n=73)²
- Therefore, MIGRANAL may help avoid the need for repeated dosing, rescue medication, and the associated costs

◇ For best results, treatment should be initiated at the first sign/symptom of a migraine attack.

† Relief = from moderate/severe pain to mild/no pain

†† Up to 24 hours with a single 2 mg dose

Nasal Spray

long-lasting relief from migraine



Generally well-tolerated in clinical trials¹

- Most common adverse events were transient and self-limiting, and may be attributable to the route of administration^{2,3}: Rhinitis (25% incidence) reported as rhinitis, rhinorrhea, nasal/nose congestion, dryness, edema and excessive sneezing; other side effects observed included: nausea (9%), taste disturbance (7%) and vomiting (4%).

MIGRANAL is contraindicated in patients predisposed to vasospastic reactions. Please see Prescribing Information for more details.



MIGRANAL[®]
(dihydroergotamine mesylate nasal spray)
Fast migraine relief that lasts

*Registered trademark

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SANDOZ CANADA INC.
Dorval, Québec H9R 4P5

MIG-96-10-3501E

PAAB MEMBER PMAC

Lamictal
Traitement antiépileptique d'appoint

La maîtrise d'un vaste événement un profil discret d'effets



†Taux d'abandon ($\geq 0,6\%$) : étourdissements 2,4 %, céphalées 1,3 %, nausées 1,3 %, vision trouble 1,1 %, éruptions cutanées 1,1 %, diplopie 0,7 %, ataxie 0,6 %. En présence d'éruption cutanée inexplicable, de fièvre, de symptômes pseudo-grippaux, ou de diminution de la maîtrise des crises, il faut surveiller les paramètres hépatiques, rénaux ou de coagulation. Voir dans la monographie du produit les recommandations chez les patients gériatriques et en cas d'atteinte rénale ou hépatique. De sérieux incidents cutanés peuvent être causés par un ajustement posologique initial rapide et l'emploi concomitant d'acide valproïque.

‡Comme avec la plupart des autres antiépileptiques, avant de prescrire LAMICTAL, vérifier dans la monographie du produit les risques d'interaction médicamenteuse avec d'autres antiépileptiques.

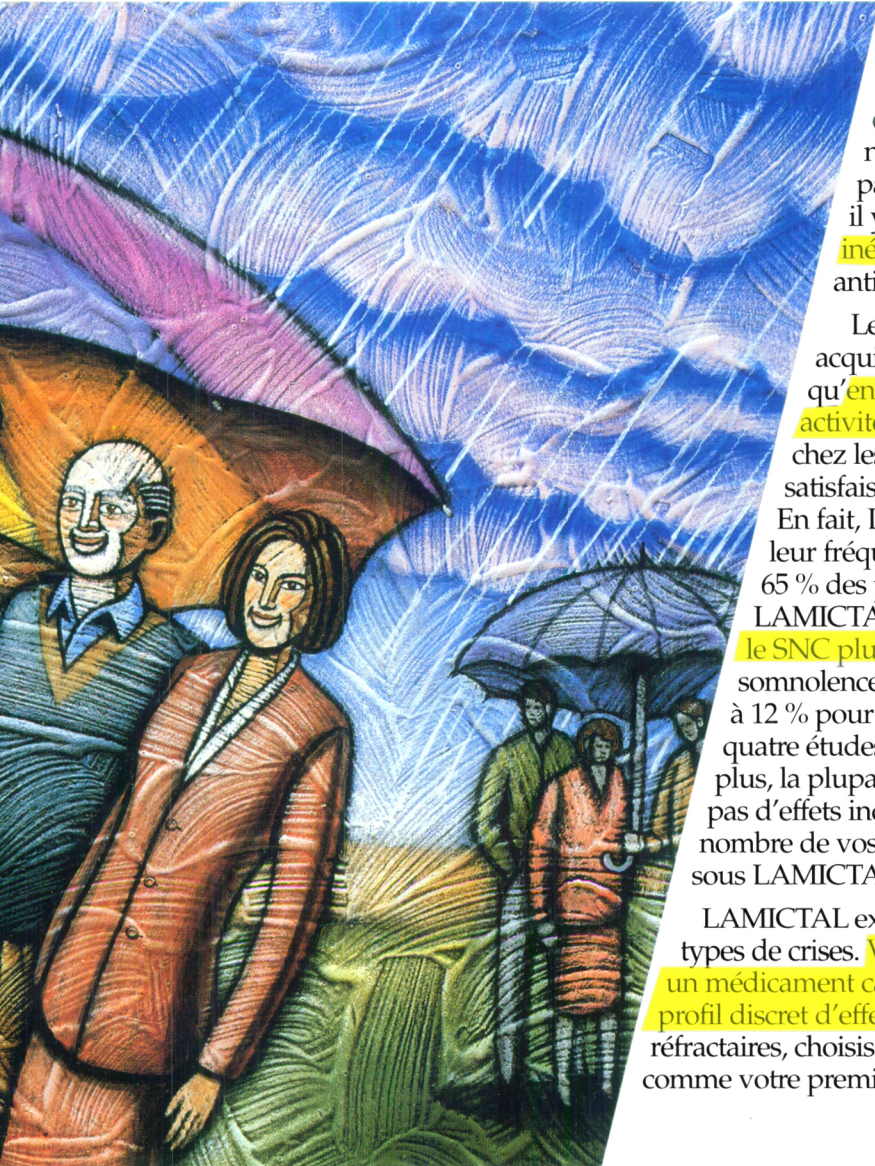
GlaxoWellcome

Glaxo Wellcome Inc.
Bureau d'affaires du Québec

®Marque déposée de The Wellcome Foundation Limited, Glaxo Wellcome Inc., usager inscrit.

PAAB
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tail de types de crises avec secondaires sur le SNC



De nombreux patients souffrant d'épilepsie – dans un vaste éventail de types de crises – ne sont pas contrôlés de façon satisfaisante par les traitements conventionnels¹. Maintenant, il y a LAMICTAL, un nouvel antiépileptique inédit sans parenté chimique avec aucun autre antiépileptique actuel^{1,2}.

Les essais cliniques et l'expérience mondiale acquise chez plus de 140 000 patients³ ont montré qu'en traitement d'appoint, LAMICTAL offre une activité étendue dans le traitement de l'épilepsie chez les patients qui ne sont pas contrôlés de façon satisfaisante avec les traitements conventionnels¹⁻²⁴. En fait, LAMICTAL a supprimé les crises^{4,6,25} ou diminué leur fréquence^{1,6,10,15-17,23,25} et leur gravité chez jusqu'à 65 % des patients^{1,6,16,23,25}. Chez des volontaires en santé, LAMICTAL a présenté un profil d'effets secondaires sur le SNC plus favorable que la phénytoïne²⁶. L'incidence de somnolence a été de 13 % pour LAMICTAL par rapport à 12 % pour le placebo dans les résultats combinés de quatre études à double insu contrôlées par placebo⁷. De plus, la plupart des patients sous LAMICTAL n'éprouveront pas d'effets indésirables qui affectent le SNC^{5†}. Un plus grand nombre de vos patients réfractaires se sentiront donc mieux sous LAMICTAL^{6,23}.

LAMICTAL exerce une activité dans un vaste éventail de types de crises. Vous pouvez maintenant offrir à vos patients un médicament caractérisé par une tolérabilité éprouvée et un profil discret d'effets indésirables sur le SNC[†]. Pour vos patients réfractaires, choisissez LAMICTAL – en 25, 100 ou 150 mg – comme votre premier traitement d'appoint[†].

lamotrigine
Lamictal®

HELPING CHILDREN BEAT THE ODDS



THERESA BENJAMIN

[HEALTH PROFESSIONAL]

Yesterday, she travelled 8 miles on foot, crossed 1 river by canoe, provided health counselling for 20 mothers, met with 40 traditional birth attendants, and immunized 100 children.

[It was an average day.]

Theresa lives in Freetown, Sierra Leone, where she is part of an international team of health professionals working to rid the world of six preventable child-killing diseases.

The odds can be beaten... and you can help.

For more information on how you can help support this program, please contact:



Canadian Public Health Association
1565 Carling Avenue, Suite 400, Ottawa, Ontario, Canada K1Z 8R1
Telephone: (613) 725-3769 Fax: (613) 725-9826
E-Mail: infocip@cpha.ca

Canada's International Immunization Program is financially supported by CIDA.

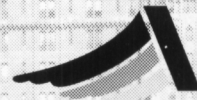
TWO MAJORS EVENTS
on adapted physical activity

From May 13th to 17th 1997
Château Frontenac, Quebec, Canada

Active living... differently



11th INTERNATIONAL SYMPOSIUM FOR ADAPTED PHYSICAL ACTIVITY

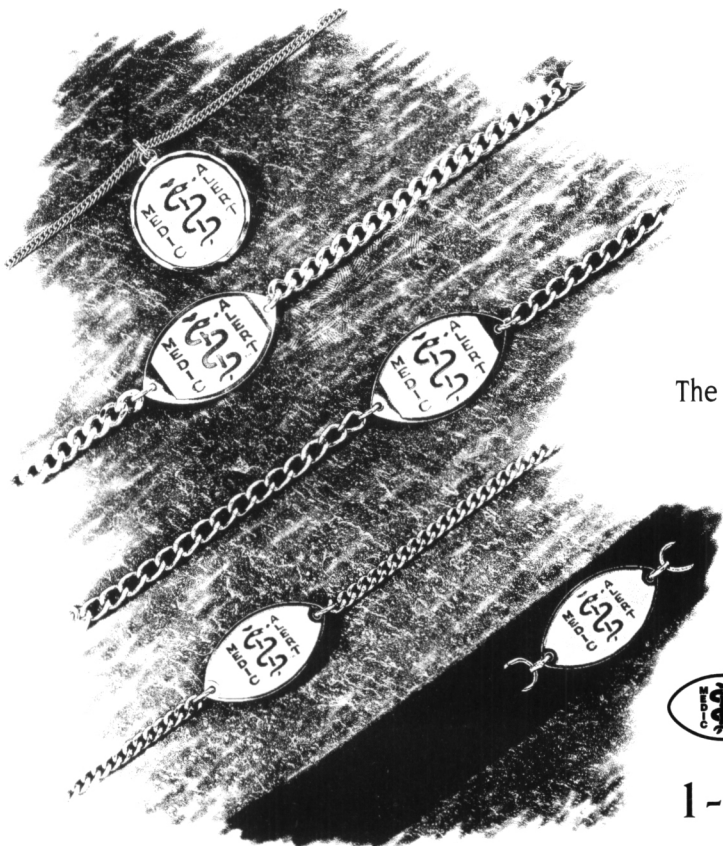


8th NATIONAL FORUM OF THE ACTIVE LIVING ALLIANCE FOR CANADIANS WITH A DISABILITY

For more information: Tel.: (418) 529-9141 ext. 6271 -

Fax.: (418) 529-7318

e-mail: asimard.cfc@craph.org



WHAT?

MedicAlert is a comprehensive lifelong service for Canadians with medical needs.

The newly designed bracelet and necklet, along with a wallet card, database and hotline, mean instant access to reliable medical information for health care providers.



MedicAlert®

1-800-668-1507



L'épilepsie n'effleure même pas ces esprits vifs... Tegretol CR au boulot !



Maîtrise efficace des crises

- Bienfait clinique significatif et excellente maîtrise des crises épileptiques^{1,2}.

Profil d'innocuité éloquent

- Concentrations plasmatiques stables de carbamazépine pouvant mener à une incidence plus faible d'effets indésirables liés aux concentrations que Tegretol ordinaire⁴.
- Niveau élevé de tolérabilité^{2*}.

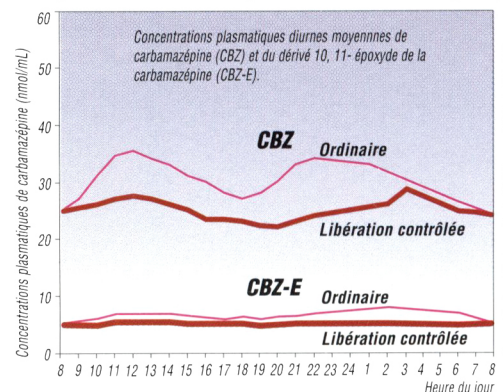
Permet d'atteindre et de maintenir une bonne maîtrise des crises tout en offrant une faible incidence d'effets indésirables liés aux concentrations⁴.

L'un des effets secondaires les plus fréquents de la carbamazépine est la somnolence. Cette réaction ne survient généralement qu'en début de traitement⁴ et peut être amenagée par le recours à la carbamazépine à libération contrôlée (Tegretol[®] CR)⁵.

La carbamazépine n'est pas efficace pour le traitement des absences, des crises myocloniques ou atoniques et ne prévient pas la généralisation de la décharge épileptique. En outre, une exacerbation des crises peut parfois survenir chez les patients ayant des absences atypiques⁴.

* Consulter les mises en garde figurant à la monographie avant de prescrire.

Courbes des concentrations plasmatiques diurnes de Tegretol ordinaire et de Tegretol CR chez les enfants (n=25).³



D'après Esp-Olsson O. J Child Neurol 1990;5:169-165

Pr Tegretol[®] CR vs Pr Tegretol[®] ordinaire

- Efficacité et tolérabilité équivalentes ou améliorées⁶
- Peut réduire considérablement la fréquence des crises⁷
- Entrave moins la fonction cognitive⁵

Tegretol[®] CR

(carbamazépine à libération contrôlée)

et la suspension **Tegretol[®]**

(carbamazépine)

**POUR AIDER LES ÉPILEPTIQUES
À S'ÉPANOUIR PLEINEMENT**

Geigy

Spécialités pharmaceutiques

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Mississauga (Ontario) L5N 2W5



G-96070F

32ND MEETING OF THE CANADIAN CONGRESS OF NEUROLOGICAL SCIENCES

June 24 - 28, 1997 Saskatoon, SK, Canada

PRELIMINARY PROGRAM

Guest Lecturers

Dr. Peter Dyck, Rochester, MN
Dr. Patrick Kelly, New York, NY
Dr. Ali Rajput, Saskatoon, SK
Dr. Robert C. Vannucci, Hershey, PA

Dr. Anne Young, Boston, MA
Dr. Kevin Foley, Memphis, TN
Dr. Fred Andermann, Montreal, QC

Topics

- Cerebrovascular Disease in Infants and Children
- Neurobiology - DNA
- Peripheral Neuropathies
- Movement Disorders
- Malignant Gliomas
- Lumbar Spine
- Dementia
- Trauma
- Cerebrovascular Disease
- Multiple Sclerosis
- Headache

For more information, please contact us at:

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Calgary, Alberta, Canada T2R 1K7
Telephone: (403) 229-9544 Facsimile (403) 229-1661
E-mail: brains@ccns.org

1997 NORTH AMERICAN STROKE MEETING Clinical Aspects of Stroke Diagnosis and Treatment October 16-18, 1997 Montreal, Quebec, Canada

The focus of this conference is to educate physicians, surgeons and other health professionals in clinical aspects of stroke, and the enhancement of their skills in diagnosing, treating and managing patients with stroke.

Topics

- Clinical Trials
- Cerebral Angioplasty
- Acute Cerebral Ischemia
- Hemorrhagic Stroke
- Organized Stroke Care
- Long Term Stroke Prevention
- Nutrition and Swallowing
- Thrombolysis in Acute Stroke
- Ultrasound in Cerebrovascular Disease

For meeting information please contact Ms. Kimberly Anderson at the CCNS (as above) or Ms. Thelma Edwards, R.N., National Stroke Association at (303) 649-9299 ext. 919 for additional information.

Lorsque la phénytoïne ou la carbamazépine ne réussissent pas à procurer une maîtrise adéquate des crises partielles chez l'adulte.

Sur la liste de médicaments du Québec

AJOUTER NEURONTIN

Aucune interaction pharmacocinétique avec les anticonvulsants traditionnels n'a été observée avec Neurontin. Il est par conséquent facile de l'utiliser comme traitement adjuvant avec les antiépileptiques existants¹.

NEURONTIN^{*}
(capsules de gabapentine)

Facile à utiliser comme adjuvant

Neurontin est indiqué comme traitement d'appoint pour les patients dont l'état épileptique n'est pas bien maîtrisé par les traitements traditionnels. Les effets secondaires les plus courants qui n'ont pas été observés à une fréquence équivalente chez les patients sous placebo sont les suivants : somnolence, étourdissements, ataxie, fatigue, nystagmus et tremblements. Étant donné que Neurontin était administré le plus souvent en association avec d'autres antiépileptiques, il était impossible de déterminer à quel(s) agent(s) les effets secondaires étaient associés.

PARKE-DAVIS

Scarborough, Ontario M1L 2N3
^{*}M. de comm. Warner-Lambert Company, Parke-Davis
Division, Warner-Lambert Canada Inc., usager aut.

Référence : 1. *The Lancet* 1994;343:89-91.

ACIM

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Pour documentation voir pages xxvi, xxvii.

Voici MIGRANAL en

Un agoniste des récepteurs 5-HT₁, qui agit rapidement et



Agoniste des récepteurs 5-HT₁

- MIGRANAL soulage la migraine et les symptômes connexes¹.
- L'administration par voie nasale permet de contourner le tractus gastro-intestinal.

Pour un soulagement rapide

- On peut prendre MIGRANAL à n'importe quel stade de la migraine^{1,2}.
- La réponse clinique commence à se manifester en moins de 30 minutes¹.
- Jusqu'à 70 % des migraines sont soulagées 4 heures après l'administration de MIGRANAL (n = 105)^{2,1}.

Pour un soulagement durable^{††}

- Longue demi-vie : 10 heures¹
- Pas de réapparition de la migraine chez 85 % des répondants au cours des 24 heures suivant l'administration de MIGRANAL (n = 73)²
- Par conséquent, MIGRANAL peut permettre d'éviter le renouvellement fréquent de la dose, la prise de médicaments d'urgence, ainsi que les coûts qui s'y rattachent.

◇ Pour de meilleurs résultats, entreprendre le traitement dès les premiers signes ou symptômes d'une crise migraineuse.

† Soulagement = disparition complète ou atténuation de la douleur modérée ou grave
†† Jusqu'à 24 heures avec une seule dose de 2 mg

vaporisateur nasal

qui offre un soulagement durable de la migraine



Généralement bien toléré lors des essais cliniques¹

- Les effets indésirables les plus courants étaient transitoires, spontanément résolutifs et peut-être imputables à la voie d'administration^{2,3}. La rhinite (incidence de 25 %) comprend : rhinite, rhinorrhée, congestion nasale, sécheresse et œdème de la muqueuse nasale et éternuements en rafale. Parmi les autres effets secondaires observés, mentionnons les nausées (9 %), les perturbations gustatives (7 %) et les vomissements (4 %).

MIGRANAL est contre-indiqué chez les patients prédisposés aux réactions angiospastiques. Veuillez consulter les renseignements posologiques pour obtenir plus de détails.



MIGRANAL[®]

(mésylate de dihydroergotamine en vaporisateur nasal)

Soulagement rapide et durable de la migraine

*Marque déposée

MIG-96-10-3501F

 **SANDOZ**

SANDOZ CANADA INC.
Dorval (Québec) H9R 4P5

CCPP MEMBRE
ACIM



in

EPILEPSY

**treatment goal is
complete control**

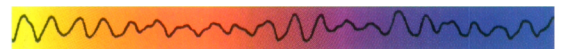
Impressive degree
of complete seizure control¹

Frisium is a "remarkably
effective and [generally] safe
add-on anti-epileptic drug"¹

Effective in all seizure types,
in adults and children alike²

Once-daily dosage,
preferably at bedtime[†]

W I D E - R A N G E



 **Frisium** (clobazam)

Once a Day[†]

[†] Daily dose can be divided for some patients

Frisium is indicated as adjunctive therapy in epileptic patients not adequately stabilized with their current anticonvulsant therapy. As with all benzodiazepines, patients (particularly geriatrics) should be cautioned accordingly. Most frequent adverse effects (> 1%) include drowsiness, dizziness, fatigue, ataxia, weight gain, nervousness, behaviour disorder, hostility and blurred vision.

Hoechst Marion Roussel

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For brief prescribing information see page xxxii.