

P-1154 - COGNITIVE-BEHAVIOUR PSYCHOTHERAPY IN TREATMENT OF PSYCHOSEXUAL DISFUNCTION (FRIGIDITY)

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Fear is the most important factor which can change our sexual behaviour and lead to sexual disfunction. Bad communication between partners can also lead to that. Frigidity is when a woman is not able to achieve sexual excitement in the range of complete unresponse to sexual situation, to inability to achieve orgazm even in high sexual excitement. Disfunction of sexual response can be found in three levels: sexual desire, sexual excitement (impotenca, retard ejaculation).

Purpose: Treatment of young woman, 30 years old, display of case.

Methods and results: Patient NN, 30 years old, not married, came once a week, for two years. Specific behaviour methods for the treatment of frigidity were made: methods of stimulation and methods of masrturbation (Lo Piccolo J. programme). Result of the treatment was complete transformation on the psyghical level and marriage with good sexual life.