Palliative and Supportive Care

Rites of passage

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David Haosen Xiang, B.A. (D)

Harvard Medical School, Boston, MA, USA

Poetry

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Email: dxiang@hms.harvard.edu

The darkness is cold and a light is rising unhappy. Soon you come into focus only to fall again. This is nothing to pity. Over time you learn loneliness can be a friend. One that shelters love notes the way streetlamps warm a park bench in winter. Here, at the end of each journey you let go. Let the facts of incompletion fill your shoes. In between the sun rises, hanging there like the past. A silence, immovable, that burns upwards. In the afterhours you like to imagine this is a place where a door could be. That you would step up and knock assuredly on the ashen wood. Somebody would answer and there in front of you a way inside opens. This door would be nice, you imagine. To leave without any trace of departure. Start a whole new voyage. And welcomed in doing so. As you get up you cry out in fear. Your legs are too heavy. You see her walking away, out the door which locks. There is nowhere to go. Look down, and your hands have leapt from childhood to old age. But home is the place you keep thinking of. When the night is still and the lights are too. As if every breath meets stoic resistance. Across the street a light fizzles out, a woman in overalls is replacing the bulb. You take off your shoes and begin again.

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