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CALL OF INTERNATIONAL HELP: A TEENAGER WITH AUTISM HELP REPEATEDLY TO GO OUT OF HIS SITUATION

J.A. García

Psychology, University of Valladolid, Valladolid, Spain

Basic situation: 16-year-old male, physical state inside normal parameters, diagnosed of high functioning autism. Normalized life up to 14 years.

At present not educated, he remains isolated in the familiar hearth fleeing of the situations and stimulus that seem aversive to him. He asks for help repeatedly to go out of his situation.

Symptomatology:

(A) If the exhibition to the situation, person or stimulus, has not exceeded his threshold of tolerance:

- Gradually he relaxes
- Gradually he recovers his basic situation

(B) If the exhibition to the situation, person or stimulus, has exceeded his threshold of tolerance:

- Increase of internal tension
- Increase of observable behavioural agitation
- Increase of request of help to unload the internal tension

Effects:

(A) If there is tension discharge:

- Considerable increase of the availability and positive attitude
- Considerable increase of the state of mind

(B) If there is no tension discharge:

- Movement increase and he even escapes
- Aggressiveness against objects and people
- Conducts of high risk for his and others' life

Detonators: Incapability for the confrontation to the stress, especially before:

- Environmental tension
 - Different acoustic stimulus and every time more generalized in the everyday life: crying of babies and children, whistles, coffee pots, engines ...
 - Powerlessness before the impossibility of flight and/or avoidance of the aversive stimulus
- Its cognitive level allows him to realize and suffer the consistent emotional impact, as well as wishing to die.

He asks for help repeatedly to go out of his situation!