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EPIDEMIOLOGIC SURVEY OF CHANGES TREND OF MENTAL DISORDERS AMONG THE WOMEN REFERRING TO HEALTH CENTERS IN SEMNAN IN2005-2007

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Aims: The epidemiology of mental disorders plays a significant role in the identification of the current status of mental health in society. As women play important role in protecting the mental health of the members of family and society. Therefore the aim of this study was epidemiologic survey of changes trend of mental disorders among the women in urban and rural regions in Semnan.

Method: In this study mental condition of the married women has been studied. To do this a questionnaire (Scle-90-R) counting questions about anxiety, depression and etc., via interview was completed by questionnaires. Sampling was done in the form of stratification in which population affiliated each health center considered as a stratification and appropriate with volume, a share from total sampling was allocated to it. A at the end of, 970 cases contributed with us data were analyzed by using spss10 frequency tables and statistical graphs.

Results: In this research91.7% (893cases) were urban and 8.3% (81cases) were rural. With the age mean 25.8±5 years were studied. The survey was shown that aggression, depression and psychosis have been increased individuals during the study. However anxiety, compulsive, inter personal sensitivity, somatic complains, paranoid and phobia have been decreased.

Conclusion: Considering the high prevalence of the above disorders, setting up the psychiatric and psychological sections for women is necessary in the health centers.