
Outbreaks of infectious disease associated with private drinking water supplies in England and Wales 1970–2000

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(Accepted 27 January 2003)

SUMMARY

In England and Wales over the last 30 years there have been 25 reported outbreaks of infection, associated with private water supplies (PWS). The majority (16 outbreaks) were reported after the introduction of enhanced surveillance. Although PWS only serve 0·5% of the population, 36% of drinking water outbreaks are associated with PWS. The main pathogen, campylobacter, was implicated in 13 (52%) outbreaks. Most reported outbreaks (88%) occurred in commercial or Category Two supplies, which potentially affect larger populations. The main factors implicated in these outbreaks are temporary or transient populations, treatment (lack or failure), the presence of animals and heavy rains. The public health problem associated with PWS could be prevented by the identification and understanding of risk factors, by the proper protection of water sources and adequate treatment and maintenance. This could be facilitated through the introduction of a risk assessment as part of a scheme for PWS.

INTRODUCTION

In England and Wales most people receive their domestic drinking water through public or mains water supplies provided by statutorily appointed water undertakers. Private water supplies (PWS) are those provided by someone, other than statutorily appointed water undertaker and approximately 300 000 people are in households served by a PWS [1]. There are approximately 50 000 registered PWS of which, 30 000 serve single dwellings [1]. PWS are categorized and classified according to the volume of water or number of people supplied, and the purposes for which they are used [2, 3]. The most common sources of PWS are springs, boreholes and wells. Much of the water is

consumed without any treatment. PWS are divided into Category One, where water is used for wholly domestic purposes and Category Two supplies, which include uses such as commercial food production and drinking water provision to hospitals and holiday establishments' [3]. Category One supplies are further subdivided in decreasing size as classes A–F depending on the number of people served. Category Two supplies are subdivided in decreasing size as classes 1–5 depending on the quantity of water supplied. Large numbers of people from the wider population are unknowingly exposed to PWS in, for example, hospitals, hotels, holiday homes and campsites. In the United Kingdom 35·7% of the larger (Category Two) supplies provide water to regularly changing or transient populations [4]. Microbiological contamination is common even though PWS are subject to

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the same regulatory quality standards as public water supplies, including the requirement that coliforms and *Escherichia coli* should be absent from a 100 ml sample of water [2, 3, 5, 6]. In a national survey of PWS in 1996–7, 21% samples and 33% of supplies failed current regulations for *E. coli* on at least one occasion. Total coliforms were detected in 27% of samples and from 42% of supplies [7]. In comparison 0.1% and 0.8% of samples, taken from public water supplies in 1997, were positive for *E. coli* and coliforms respectively [8].

Outbreaks of waterborne infection occurring in the UK from 1937–95 have previously been reviewed [9–11]. Thirty-four waterborne outbreaks were recorded in the UK in the years 1937–86, of these 13 were attributed to PWS [9]. Before 1980 typhoid, paratyphoid and dysentery were the main diseases causing waterborne outbreaks [9, 11]. The improvements in water treatment, particularly chlorination, led to the decline of these bacterial pathogens. Since 1980 cryptosporidium has been the main pathogen in waterborne outbreaks associated with public water supplies [10, 11]. In PWS a variety of pathogens, including giardia, cryptosporidium *E. coli* O157 and campylobacter, have been linked to disease as a result of water consumption. Campylobacter was the most commonly identified pathogen in waterborne outbreaks associated with PWS [10]. However, people using PWS reported no more gastrointestinal symptoms than those on the mains supply, although significantly more people with PWS had antibodies to *E. coli* O157 and excreted vero-cytotoxigenic *E. coli* [12]. The contribution of PWS to disease in the general population is difficult to assess despite the association of PWS with outbreaks of typhoid, paratyphoid, amoebiasis and viral gastroenteritis [9, 10]. This study reviews outbreaks of infectious disease, associated with PWS, reported to the Communicable Disease Surveillance Centre (CDSC) since 1970. The types of PWS, the population served by these supplies, and the possible factors contributing to the outbreaks are described and the public health problem associated with PWS in England and Wales is assessed.

METHODS

This study confines itself to England and Wales, which form the geographic area covered by the Public Health Laboratory Service (PHLS) CDSC. The study reviews in detail outbreaks of infectious waterborne disease

associated with PWS between the years 1970 and 2000. Outbreaks associated with public water supplies over the same period were included for comparison only. Non-potable waters were specifically excluded from this study. A literature search was done on various scientific databases, including Medline, using the terms ‘water supply’ and ‘disease outbreaks’. The terms were combined and limited by English language and year 1970–2002. Papers were screened and relevant data extracted. Data was obtained from published papers, Communicable Disease Reports and from unpublished reports held at CDSC. Much of the detailed information on outbreaks came from unpublished investigators’ reports and reporting forms, which are sent as electronic or paper reports to CDSC when an outbreak occurs. In addition Local Authority reports and surveys were used to describe and enumerate PWS, and the population served by them. An outbreak was defined as two or more cases that were linked to a common PWS, although in practice the smallest outbreak involved seven cases. The methods used in the investigations were appraised in relation to epidemiological methods for example, the size and power of the study and the good practice in outbreak investigation. Particular note was taken of the effect these would have on the validity of estimates of case numbers and the wider population at risk.

The strength of evidence that the outbreak was waterborne was assessed using the system published by CDSC [13]. This approach grades epidemiological, environmental and microbiological evidence in suspected waterborne outbreaks. The association is graded, strong, probable or possible.

RESULTS

Outbreaks associated with drinking water

Between the years 1970 and 2000 there were 69 reported outbreaks of waterborne disease associated with drinking water; 25 (36%) outbreaks associated with PWS (Table 1) and 44 (64%) from public water supplies [9–11, 14–40]. The public water supply outbreaks gave rise to more than 8800 cases [9–11, 14–23] and were caused by *S. paratyphi* (1 outbreak), campylobacter (4), giardia (1), cryptosporidium (33) and 5 were unknown (possibly viral). More than half (23) public water supply outbreaks occurred after 1991 and 22 (96%) of these were cryptosporidium outbreaks [10, 14–16, 19–20, 22].

Outbreaks associated with PWS

For the 25 outbreaks associated with PWS, investigations identified 1584 cases and at least 5190 people at risk [9–11, 14–40]. Sixteen (64%) of these outbreaks were reported after the introduction of enhanced surveillance of waterborne outbreaks by CDSC. The epidemiological study design, clinical microbiology, environmental description and microbiological investigation of water are described in all the outbreaks. There is however very little evidence of investigations into epidemiological links to exposures, other than water and illness. Case definition and case findings are also rarely described for these outbreaks. On this evidence the strength of association is strong or probable for 19 (76%) of the 25 outbreaks (Table 1). The numbers of people affected and at risk, in each outbreak, varies and attack rates range from 7–89% (mean 30%). The duration of an outbreak, from day of onset of first case, to day of onset of last case, ranges from 1–175 days (median 8.5 days), with the giardia outbreak (no. 9) having the longest duration.

The most common symptoms were gastrointestinal and there were no recorded secondary cases or deaths, although there were several hospital admissions. There were only two outbreaks in which the main clinical features were not gastrointestinal. The first (no. 1) was an outbreak of paratyphoid fever, affecting two families and requiring the hospitalization of four (57%) of the affected individuals. The second was an outbreak (no. 6) of streptobacillary fever, affecting 304 people at a boarding school with symptoms of severe joint pain, anaemia and frequent relapse, which required hospital admission in some cases.

The protozoan pathogens, giardia and cryptosporidium, were implicated in four outbreaks (nos. 9, 10, 20, 25), each of between 30 and 45 cases, and all having duration of more than 11 days. A mixed outbreak (no. 12) of cryptosporidium and campylobacter affected 43 people, with dual infection identified in two cases [24].

The most commonly identified pathogen was campylobacter causing 13 (52%) outbreaks, including the mixed outbreak. There were 758 cases of gastrointestinal illness, from an estimated population at risk of 2298 people (mean attack rate of 42%). The duration of the campylobacter outbreaks ranged from 1–60 days. The only other bacterial pathogen was *E. coli* O157, which caused outbreak no. 22 in the South West region. The organism was isolated from the PWS and from faecal samples of 10 cases, all

children who drank squash diluted with PWS water; one child developed haemolytic uraemic syndrome [25]. No pathogens were identified in four of the outbreaks (nos. 2, 3, 5, 21) despite microbiological investigation. Viral agents were implicated in outbreak no. 17, although both giardia (two cases) and campylobacter (two cases) were isolated, and the causative agent was not established. The outbreaks, of unknown causation, account for nearly 400 cases of gastrointestinal illness.

PWS

The characteristics of PWS linked with the outbreaks are described in Table 1. Twenty-two of the 25 outbreaks (88%) were in Category Two supplies and the remaining three outbreaks occurred in Category One/class F supplies or single domestic dwellings. The latter accounted for 29 cases with 46 people at risk (63% mean attack rate) and involved severe bacterial infections with *Salmonella paratyphi* B (no. 1), *Campylobacter* sp. (no. 11) and *E. coli* O157 (no. 22). In comparison, Category Two outbreaks accounted for 1555 cases with 5144 people estimated to be at risk (30% mean attack) and were predominantly associated with campylobacter and cryptosporidium. The most common PWS source was a spring, linked with 14 (56%) outbreaks. Other sources were; stream or surface water (5 outbreaks), well (4 outbreaks), borehole (3 outbreaks) and 1 of unknown source. Two supplies were not strictly from PWS; the boarding school in outbreak no. 4 was served both by a borehole with an open storage tank and mains water, and the farm in outbreak no. 20 used public water, which came through a private pipe and was stored in a tank.

Factors implicated in outbreaks associated with PWS

Several contributing factors are implicated in the outbreaks (Table 1). The single most common factor was the transient nature of populations affected by these outbreaks. Twenty-one outbreaks occurred in establishments, such as boarding schools and holiday homes, where the individuals contracting the disease were not permanent residents. In a further two outbreaks (nos. 20 and 23) it was unclear if the affected people were permanent residents or not. In one outbreak (no. 22) the people were new owners holding a birthday party for a child and unaware that they were on a private supply [25]. Therefore in 88% of the outbreaks it was transitory or temporarily resident

Table 1. *Outbreaks of infectious disease associated with private drinking water supplies in England and Wales 1970–2000*

Out-break	Date	Region	No. affected/ at risk (attack rate)	Pathogen	Association	Estab- lishment	Water source	Category/ class	Treatment	Implicated factors [reference]
1	July 1975	Herefordshire	7/10 (70%)	<i>Salmonella paratyphi</i> B (PT1)	Probable	Private house	Well and storage tank	One/F	Probably untreated	Possible leakage from private sewage system. Poorly maintained well [9, 11, 27, 40]
2	August 1980	Somerset	160/316 (50%)	Unknown	Possible	Holiday hamlet	Spring and collection tank	Two/3	Chlorinated	Probable chlorination failure as <i>E. coli</i> in supply [9, 11, 28, 40]
3	September 1980	Somerset	12/? (?)	Unknown	Possible	Holiday hamlet	Spring and collection tank	Two/3	Chlorinated	Probable chlorination failure as <i>E. coli</i> in supply [28, 40]
4	May 1981	Essex	257/700 (40%)	<i>Campylobacter</i>	Strong	Boarding school	Borehole with open storage tank and mains water	Two/2	Untreated	Work undertaken near storage tank. Possible contamination from roosting birds and bats [9, 11, 29, 40]
5	July 1982	Derbyshire	138/? ('high')	Unknown	Possible	Youth hostel	Surface water	Two/2 or 3	Chlorination and sand filter	Dry weather led to low flow in streams and perhaps higher concentrations of organic matter [9, 11, 30, 40]
6	February 1983	Essex	304/700 (47%)	<i>Streptobacillus moniliformis</i>	Strong	Boarding school	Well fed from spring	Two/2	Chlorination and calorifiers	Rats in spring and sewer. Inadequate chlorination and heating of water. Building works led to disconnection of mains. Storms disturbed rat population [9, 11, 31–35, 40]

7	February 1985	Buckinghamshire	234/? (?)	Campylobacter	Strong	Boarding school	Spring	Two/2 or 3	Chlorination	Surrounded by pasture. Chlorination possibly inadequate. Recent Snow-melt, therefore, run-off from fields and higher flow [9, 11, 40]
8	June 1986	Wales	29/67 (43%)	Campylobacter	Strong	Campsite	Well from spring or stream. Water stored in churn.	Two/4	Untreated	Sheep grazing near streams and well. Poultry faeces found on well cover and birds feeding near churn. Base of well cracked. Heavy rains [9, 11, 36, 40]
9	November 1991	West Midlands	31/260 (12%)	Giardia	Strong	Village and village school	Spring (covered chamber and reservoir)	One/C (village) Two/4 (school)	Chlorination	Heavy rains. Sheep and horse grazing near spring source. Chlorination inadequate [10, 11]
10	April 1992	North West	45/650 (7%)	Cryptosporidium	Possible	Boarding school	Spring (feeds reservoir and storage tanks)	Two/2	Chlorination and sand filter	Cattle and sheep out to graze and slurry spread near reservoir just prior to outbreak. Inadequate chlorine levels. Increased demand at term start [10, 11]
11	April 1993	Cumbria	8/20? (40%)	Campylobacter	Possible	Private house	Unknown	One/F	Untreated	On farmland. Proximity of animals not known [10, 11]
12	May 1993	Northumberland	43/200 (22%) (70% students)	Cryptosporidium and Campylobacter	Probable	Student residence	Spring (pipes to storage chambers)	Two/4 and One/C	UV light and filters	Heavy rainfall. Slurry distributed prior to outbreak. Connection accidentally renewed to disused chamber in which dead lambs found. UV light renewed but tube clouded over [10, 11, 24]

Table 1 (cont.)

Out-break	Date	Region	No. affected/ at risk (attack rate)	Pathogen	Association	Estab- lishment	Water source	Category/ class	Treatment	Implicated factors [reference]
13	September 1993	North West	39/600 (7%)	Campylobacter	Strong	Boarding school	Spring (feeds reservoir and storage tanks)	Two/2	Chlorination and sand filtration	Fence erected since previous outbreak (no. 10) had fallen. Chlorination inadequately maintained in holidays. Start of term again [10, 11]
14	April 1994	Norfolk	53/127 (43%)	Campylobacter	Strong	Residential hall	Spring to water tower	Two/3	Sand filtration and UV light	Animals near spring source. Holes in cover of water tower and spring allowed debris and birds to enter. Water tower had not been cleaned recently. UV lights expired and clouded over. Recent heavy rains and increase in demand [10, 11, 37]
15	July 1994	North	8/9 (89%)	Campylobacter	Strong	Guest house	Stream and tanks	Two/5	Coarse filtration (gravel beds)	Untreated surface water supply [10, 11, 37]
16	October 1994	Wales	22/24 (28%)	Campylobacter	Strong	Adventure centre	Spring	Two/4	Untreated (part of supply – UV light)	Sheep grazing near water source were recently given laxatives to eliminate parasites ('drenching'). UV light failed (but distal to where most water drawn). Fine weather [10, 11, 37]

17	May 1995	East Anglia	58/700 (8%)	Unknown	Probable	Research institute and rural village	Two boreholes used alternate weeks feed into holding tanks	Two/2	Chlorination	Private sewage treatment work. Animal, human and chemical waste near one borehole. Construction work above ground over sewers, and evidence of sewer leaking. Dry weather [10, 11, 14, 26]
18	July 1997	Devon	16/? (?)	Campylobacter	Probable	Expedition training centre	Surface water	Two/?	Treated (method unknown)	Sheep and cattle grazing near source. Treatment facility inadequately maintained [17, 39]
19	April 1998	Wales	11/250 (4%)	Campylobacter	Probable	Training centre	Borehole or spring	Two/3 (or bigger)	Filtration	Designated and non-designated drinking sites contaminated on many previous occasions [20, 39]
20	April 1998	Lancashire	24/? (?)	Cryptosporidium	Strong	Farm	Mains water through private pipe to tank	Two/3	Unknown	Water tank in very poor state of structural repair. Sheep and sheep droppings on tank [18, 20]
21	May 1998	Devon	25/52 (48%)	Unknown	Probable	Training 'hut'	Unauthorized (?surface) water	Two/?	Chlorination and filtration	Inadequate chlorination. High coliform counts [19, 20]
22	June 1998	Dorset	14/16 (87%)	<i>E. coli</i> O157	Strong	Farm	Tap water, private from well	One/F?	Untreated	Pathogen identified in water and from cases. Children had drunk squash diluted with water. New owners unaware of private supply. Zoonotic contamination [18, 20, 25]

Table 1 (cont.)

Out-break	Date	Region	No. affected/ at risk (attack rate)	Pathogen	Association	Estab- lishment	Water source	Category/ class	Treatment	Implicated factors [reference]
23	July 1998	Yorkshire	20/27 (74%)	Campylobacter	Probable	Farm	Stream	Two/?	UV	Failure of UV bulb renewal in water treatment apparatus (due Aug. 97). Water samples severely contaminated [19, 20, 39]
24	August 1999	Yorkshire	18/24 (75%)	Campylobacter	Strong	Holiday cottages	Spring	Two/?	Untreated	High coliform counts in water samples. Epidemiological association with private supply; <i>C. jejuni</i> HS50 PT35 identified from water and cases [21, 22, 39]
25	May 2000	South West	8/14 (57%)	Crypto sporidium	Possible	Farm holiday centre	Spring or well	Two/?	Partially or incompletely treated (?)	Indicator organism in PWS, but no cryptosporidium detected. (Infected children also had recreational exposure to nearby stream and play on nearby meadows used for grazing.) [22, 23]

populations newly exposed to the PWS that were affected.

Another commonly implicated factor, described in 80% of PWS associated with outbreaks, is failure or lack of treatment. Seven of the PWS were untreated, including all three of the Category One supplies. Thirteen PWS cited failure of treatment or inadequate treatment as a factor implicated in the outbreak.

Other recurring factors were: the presence of animals, in particular grazing livestock, or slurry spreading indicated in 13 (52%) outbreaks; poor maintenance or building works described in 7 (28%); and heavy rains preceding or concurrent with the outbreak in 6 (24%). Information on the monitoring of the PWS was not readily available. Where information was given, the sample taken prior to an outbreak was as likely to have been satisfactory, as it was to have been contaminated. Control measures were described for 18 of the 25 outbreaks and these ranged from 'boil water' notices to complete overhaul of the supply or connection to the mains. However, control measures were not always effective as shown by two sites where repeat outbreaks occurred. The outbreaks (nos. 2, 3) at a holiday hamlet were only one month apart and may have been a recurrence of the same unknown pathogen. The outbreaks at the boarding school (nos. 10, 13) were over a year apart and attributed to different causative organisms, cryptosporidium in the spring and campylobacter in the summer of the following year.

DISCUSSION

Waterborne disease is a worldwide public health problem and a major cause of morbidity and mortality. In England and Wales the majority of people are fortunate in the provision and quality of their drinking water. However, more than a third of a million people use PWS, many of which are of poor microbiological quality [4, 5, 7]. This review describes outbreaks of waterborne disease associated with PWS over a 30-year period and updates previous reviews [9–11]. The evidence for each outbreak was assessed systematically [13] and the strength of association (Table 1) was strong or probable in 76% of outbreaks. PWS serve around 300 000 (0.5% of the total population of England and Wales) people but are associated with 25 (36%) of drinking water outbreaks, in comparison the remaining population of England and Wales (around 53 million or 99.5%) are served by public water supplies, which are only associated

44 (64%) outbreaks. The disease burden therefore falls heavily on those served by or exposed to PWS, suggesting a significant public health problem associated with PWS. Most outbreaks were reported in the 10 years after the introduction of enhanced surveillance suggesting under-ascertainment of outbreaks before this. In addition small outbreaks associated with PWS probably continue to be under-recognized and are likely to be more common than suggested by national outbreak reports [4, 41].

Campylobacter were the pathogens most frequently associated with PWS outbreaks in the last 30 years. Since the 1980's campylobacter has been the most common bacterial enteric pathogen in England and Wales [38, 42]. A recent review of campylobacter outbreaks between 1995 and 1999 describes 50 campylobacter outbreaks of which only four (8%) were waterborne [39]. All four (also in this review as outbreak nos. 18, 19, 23, 24) were associated with PWS. Investigating campylobacter outbreaks is difficult and made even more so as more than one strain of campylobacter and more than one pathogen may be isolated from a suspect source [24, 39].

It is also difficult to demonstrate an association between the type of drinking water an illness. For example: a case-control study of rural (PWS) families in Oxfordshire matched with families served by a public supply found no consistent differences in the health status of the two groups [43]; and another study examined the cases of campylobacter infection and cryptosporidiosis in ten local authorities but found no difference in disease rates for these pathogens per head of population served by PWS, compared with the general population and therefore concluded that the disease burden due to PWS is small [40]. In contrast a survey of local authorities in the UK found that one third of waterborne infection could be attributed to consumption from PWS. However less than a quarter of local authorities reported such incidents even though the risk of contracting disease from PWS was estimated to be 22 times that from public water [4]. In addition the IID study established that people with gastrointestinal illness often do not seek medical attention and therefore only the minority of cases are actually seen [42]. To compound the difficulties, under-reporting of outbreaks of disease due to PWS may occur for a variety of reasons including; mild illness, small numbers of people affected, dispersal of cases (before people become ill), transient populations, and poor laboratory detection of some infections (e.g. cryptosporidium and campylobacter in the 1970s and

1980s). Therefore, the true burden of disease is difficult to estimate.

The most common PWS class in England and Wales are the small Category One/class F supplies [5]. However 88% of the reported outbreaks were associated with Category Two or commercial supplies. These are of concern as commercial supplies are used by transient populations and potentially affect larger numbers of people. The types of Category Two supplies associated with the outbreaks involve sizeable groups of people in temporary residence (e.g. boarding schools, holiday homes) and an outbreak is more likely to be noticed and therefore reported. In contrast Category One supplies serve smaller numbers of people and mainly permanent residents. People continuously served by untreated PWS may be exposed to pathogens (or infected with them) early in life and have a degree of immunity. If this is the case then childhood infections in Category One supplies might be expected to be more common. All three outbreaks in Category One/class F supplies described in this review had serious clinical presentations with a high attack rate and involved children.

The success of water treatment programmes, particularly chlorination, in public water supplies led to the decline of waterborne bacterial diseases. Recent outbreaks are associated with cryptosporidium, an organism resistant to chlorine, or with treatment failure. The principal form of treatment described for PWS associated with the 25 outbreaks was chlorine, either on its own or in combination. However the treatment failed in 13 (52%) and a further 7 (28%) of the PWS, including all 3 of the Category One supplies, were untreated. Other commonly implicated factors were, the potential contamination from grazing animals or slurry spreading, poor maintenance of the supply, and heavy rain, which preceded a quarter of the outbreaks. These factors have all been previously described [4, 7, 23, 44] but a better understanding of the factors contributing to, and the link between, contamination and outbreaks in PWS is needed to provide a good evidence-base for adequate risk assessment.

The contamination of PWS is intermittent and affected by multiple factors and the contamination rates can vary between 20 and 70% [7, 14–23, 44]. The monitoring of PWS is therefore problematic, and it is difficult to obtain good test samples especially in smaller supplies, which are infrequently monitored. There was little information available on the monitoring of the 25 PWS associated with the outbreaks described in this review. Where information

was given, the sample taken prior to an outbreak was as likely to have been satisfactory, as it was to have been contaminated. Monitoring, without action, does not prevent outbreaks. For example, the youth hostel associated with outbreak no. 5 had indicator organisms present and reported in two consecutive years during July and August, with no apparent implementation of long-term improvement. The monitoring of PWS, under the current regulations, is inadequate and inconclusive and could be improved with the introduction of risk assessments. The serious consequences of inadequate monitoring and control have recently been demonstrated in North America and Canada where two outbreaks of *E. coli* O157, affected more than 6000 people causing 8 deaths [45–48]. The importance of secure water sources and adequate water treatment in ensuring the safety of water supplies cannot be over-emphasized.

In conclusion, the number of cases and outbreaks associated with PWS and therefore the public health problem is probably underestimated. The commercial use of PWS potentially exposes larger populations to the risk of illness through contaminated water from PWS. Identification of risk factors, proper protection of water sources, and adequate treatment and maintenance are essential to protect these populations.

ACKNOWLEDGEMENTS

The authors would like to acknowledge Mrs Sue Le Baigue for entering the data, and Dr Morag Chisholm, Dr Kim Shepherd and Professor Peter Wyn-Jones for their scientific contributions.

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