

Exposure to zinc deficiency in fetal and postnatal life determines nitric oxide system activity and arterial blood pressure levels in adult rats

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We had previously shown that prenatal exposure to Zn-deficient diets induces an increase in blood pressure and impairs renal function in adult rats. The aim of the present study was to investigate if moderate Zn restriction during early growth periods, fetal life and lactation would induce impairment in the vascular and renal NO system and alterations in plasma lipid profile. We also investigated if these effects persisted into adult life, even when a Zn-replete diet was provided after weaning. Pregnant rats were fed control (30 parts per million (ppm)) or low (8 ppm) Zn diets throughout gestation up to weaning. Afterwards, male offspring from low-Zn mothers were assigned to low- or control-Zn diets during 60 d. Male offspring from control mothers were fed a control diet. Animals exposed to Zn restriction showed low birth weight, increased systolic blood pressure and serum TAG levels, and decreased glomerular filtration rate in adulthood. Zn restriction induced a decrease in vascular and renal NO synthase activity and a reduced expression of the endothelial NO synthase isoform in aorta. A control-Zn diet during post-weaning growth returned TAG levels to normal but was unsuccessful in normalising systolic blood pressure, glomerular filtration rate or NO system activity in Zn-deficient offspring. Zn restriction during fetal life, lactation and/or post-weaning growth induced alterations in the vascular and renal NO system and in lipid metabolism that could contribute to the programming of hypertension and renal dysfunction in adulthood.

Arterial blood pressure: Nitric oxide system: Moderate zinc restriction: Fetal life

Human epidemiological and experimental studies have provided considerable evidence to suggest that nutritional imbalance and metabolic disturbances during critical developmental time windows have persistent effects on the health of the offspring and may be responsible for *in utero* programming of common disorders such as obesity, diabetes and hypertension in adult life^(1–3). Moderate and marginal Zn deficiency observed in pregnant women could be a nutritional insult to fetal and postnatal development^(4,5). Moreover, this micronutrient could program adult pathologies by an epigenetic mechanism since it controls methylation reactions and epigenetic modifications of DNA and histones^(6,7).

Zn is found in a wide variety of foods such as whole-grain cereals, legumes, meat, chicken and fish. However, moderate Zn deficiency is mostly due to nutritional imbalances in those stages of life when Zn requirements are increased, such as postnatal growth and pregnancy^(5,8).

We had previously reported that moderate Zn restriction during fetal life, lactation and/or post-weaning growth of rats induces an increase in arterial blood pressure (BP) and impairs renal function in adult life. These alterations were associated with an increase in renal oxidative stress, activation of renal apoptosis and fibrosis, and a reduction in the renal filtration surface area⁽⁹⁾. Moreover, we also reported that animals exposed to low Zn intake only since weaning and up to adult life showed an impairment in the vascular and renal NO system^(10,11). Up to now there has been no evidence about the influence of Zn deficiency during fetal life and lactation on this system.

It has been demonstrated that NO is an important factor in the regulation of blood flow and BP in mammals since it exerts a basal tonic relaxing action on systemic vasculature^(12,13). Moreover, NO plays a prominent role in the homeostatic regulation of glomerular, vascular and tubular functions

Abbreviations: BP, blood pressure; C, control Zn during pregnancy and lactation; Cc, control Zn during pregnancy, lactation and post-weaning; eNOS, endothelial NO synthase; GFR, glomerular filtration rate; iNOS, inducible NO synthase; L, low Zn during pregnancy and lactation; Lc, low Zn during pregnancy and lactation, control Zn post-weaning; Ll, low Zn during pregnancy, lactation and post-weaning; NADPH-d, NADPH diaphorase; nNOS, neuronal NO synthase; NOS, NO synthase; NOx, nitrites and nitrates; SBP, systolic BP.

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in the kidney^(14,15). Therefore, it is likely that NO system impairment could be involved in the increase in BP levels and in the reduction in glomerular filtration rate (GFR) previously observed in rats exposed to Zn restriction during fetal and postnatal development⁽⁹⁾.

It is known that NO is a small gaseous molecule produced *in vivo* by NO synthase (NOS). The NOS family consists of three isoforms: neuronal (nNOS), endothelial (eNOS) and inducible (iNOS), which are expressed in many tissues, including endothelium and vascular smooth muscle and kidney. All NOS isoforms contain a zinc thiolate (ZnS4) cluster that plays an essential role in the catalytic activity of this enzyme by maintaining stability of the dimer interface and integrity of the tetrahydrobiopterin binding site^(14,16).

Moreover, Zn deficiency could be a cardiovascular risk factor associated with alterations in lipoprotein, cholesterol and TAG metabolism. It has been reported that severe Zn deficiency in adult rats induces increased fatty acid *de novo* synthesis, decreased fatty acid oxidation and reduced activity of lipoprotein lipase, which may contribute to an increase in TAG concentration^(17,18). Other authors have shown that severe Zn deficiency leads to a decrease in total and HDL-cholesterol, an increase in VLDL- and intermediate-density lipoprotein-cholesterol, or no changes in cholesterol lipoproteins^(19–22).

Therefore, the aim of the present study was to investigate whether moderate Zn restriction during early growth periods, fetal life and lactation would induce impairment in the vascular and renal total NOS activity and on the expression of the different NOS isoforms associated with high arterial BP levels and functional renal alterations in adult life. Moreover, we evaluated whether Zn deficiency induces alterations in plasma lipid profile, which is considered a cardiovascular risk factor. We also investigated if the effects of Zn restriction *in utero* and during lactation persisted into adult life, even when a Zn-replete diet was provided after weaning.

The present study used the same design as our previous study, but it was an independent experiment. Offspring, derived from a second set of dams, were fed similar diets and followed an identical experimental protocol as those used previously⁽⁹⁾.

Materials and methods

Animals and study design

Female Wistar rats from the breeding laboratories of the Facultad de Farmacia y Bioquímica (Universidad de Buenos Aires, Argentina) were mated by exposure to Wistar males during 1 week. Immediately afterwards, female rats were randomly fed either a moderately Zn-deficient diet (L; 8 parts per million (ppm)) or a control-Zn diet (C; 30 ppm) during the pregnancy and lactation periods. After birth, offspring were weighed and no more than nine rat pups remained with each mother. After weaning, male offspring from each L mother were randomly assigned to low- (8 ppm; Ll; *n* 10) or control- (30 ppm; Lc; *n* 10) Zn diets during 60 d. Meanwhile, male offspring from C mothers were fed a control diet (Cc).

Diet composition is outlined in Table 1. Both diets had the necessary nutrients, except Zn content, to meet rat

Table 1. Composition of the experimental diets (g/kg diet)

Diet	Control diet	Low-Zn diet
Potassium caseinate*	200	200
Soyabean oil	70	70
Mineral mix†	35	–
Zn-free salt mixture‡	–	35
Vitamin mix§	10	10
Choline chloride	1	1
Maltodextrin	684	684
Zn	0.03	0.008

*Nestlé Argentina S.A., containing 85.1 g protein/100 g.

†Mineral mix composition according to American Institute of Nutrition (AIN)-93 diet⁽²³⁾.

‡Composition identical to mineral mix but without zinc chloride.

§Vitamin mix composition according to AIN-93 diet⁽²³⁾.

requirements for the periods of pregnancy, lactation and growth according to American Institute of Nutrition (AIN)-93 recommendations⁽²³⁾.

Animals were allowed food and deionised water *ad libitum*. All laboratory material was previously washed with nitric acid (20%) and deionised water. Male offspring were housed separately in plastic cages in a humidity- and temperature-controlled environment, with a 12 h light–dark cycle.

At day 56 after weaning, rats were fasted overnight, tail blood was collected and centrifuged and serum samples were stored at –20°C until the moment of lipid analysis. TAG, total cholesterol and HDL-cholesterol were measured by standardised enzymic methods, under good quality-control conditions (Selectra 2 Vitalab analyser, multiple calibrator CEFAS; Roche Diagnostics GmbH, Mannheim, Germany). VLDL was determined in the supernatant fraction after LDL selective precipitation⁽²⁴⁾. Non-HDL-cholesterol, as an indicator of apoB-containing lipoproteins, was calculated as the difference between total cholesterol and HDL-cholesterol. Values for plasma lipids are fasting measurements in order to standardise results, given the great variability in these parameters.

Systolic BP (SBP) was measured indirectly in awake animals by the tail-cuff method using a Grass polygraph (model 79H; Grass Instrument Co., Quincy, MA, USA) at 60 d after weaning, as described previously⁽¹⁰⁾.

At day 60 after weaning, blood samples were collected from rats' tails and animals were placed in plastic metabolism cages in order to collect 24 h urine and faeces samples. Urine volume was determined gravimetrically. Plasma and urinary creatinine levels were measured by a colorimetric method (Wiener Laboratory, Rosario, Argentina). Creatinine clearance was calculated to estimate GFR. Nitrites and nitrates (NO_x) were measured in urine samples by a colorimetric method, according to the procedure described by Verdon *et al.*⁽²⁵⁾. Zn concentration in plasma, faeces, kidneys and diet was determined using an atomic absorption spectrophotometer (Varian Spectrophotometer Spectr AA-20, air acetylene flame, 0.5 nm slit, wavelength of 213.9 nm; Perkin Elmer Corp., Norwalk, CT, USA), as described previously^(10,11).

At the end of the dietary treatment, rats were killed by cervical decapitation and the kidneys, the thoracic aorta artery and a segment of small intestine were immediately removed.

Nitric oxide synthase activity

NOS activity was measured in the thoracic aorta artery and in the renal cortex of Cc, Lc and Ll animals with L-[U-¹⁴C] arginine as the substrate (specific activity: 13 319 MBq (360 mCi)/mmol; Perkin Elmer Life and Analytical Sciences, Boston, MA, USA) using a liquid scintillation counter (Wallac 1414 WinSpectral; EG&G Company, Turku, Finland), as described previously⁽²⁶⁾.

NADPH diaphorase activity

The thoracic aorta artery, the kidney and a segment of the small intestine from Cc, Lc and Ll rats were processed by the NADPH diaphorase (NADPH-d) histochemical method, as described previously^(10,11,27). This technique is used as a marker of isozyme-independent NOS.

The NADPH-d-stained cells from the different groups were measured using a Nikon E400 light microscope (Nikon Instrument Group, Melville, NY, USA) equipped with a digital camera connected to Image-Pro Plus 4.5.1.29 software (Media Cybernetics, LP, Silver Spring, MD, USA) and computerised acquisition and analysis software (Scion Image Beta 4.02; Scion Corporation, Walkersville, MD, USA). The mean of each optical density (OD) value was calculated by the measurement of OD in different tissue areas of the same section and in different sections of the same organ. Each set of OD measurements (control and experimental groups) was performed blindly and under similar light, gain, offset and magnification conditions.

Western blot

Samples of renal cortex and thoracic aorta containing equal amounts of protein (10 µg protein/lane) were separated by electrophoresis in 7.5 % SDS-polyacrylamide gels (Bio-Rad, Munich, Germany), transferred to a nitrocellulose membrane (Bio-Rad), and then incubated with rabbit polyclonal anti-NOS antibodies (Santa Cruz Biotechnology, Santa Cruz, CA, USA, dilution 1:500, anti-iNOS: epitope at the carboxy terminus, anti-eNOS: epitope at the amino terminus, and anti-nNOS: epitope at the amino terminus) and a secondary immunoreaction with a goat anti-rabbit antibody conjugated with horseradish peroxidase was performed (dilution 1:5000; Amersham Pharmacia Biotech, Uppsala, Sweden). Samples were revealed by chemiluminescence using ECL reagent for 2–4 min (Amersham Pharmacia Biotech). Quantification of the bands was performed by digital image analysis using a Hewlett-Packard scanner and TotalLab analyser software (Nonlinear Dynamics Ltd, Newcastle upon Tyne, UK). All experiments were performed in triplicate.

Statistical analysis

Values are means with their standard errors. Prism Graph Pad Software (San Diego, CA, USA) was used for statistical analysis. Data were analysed using one-way ANOVA followed by a Bonferroni multiple-comparison *post hoc* test. TAG were analysed by the non-parametric Dunn test for multiple comparisons. Linear regression analysis was used to determine the relationship between birth weight and SBP and NOS

activity in the renal cortex and GFR at 60 d. $P < 0.05$ was considered a significant difference.

Ethical approval for animal experimentation

Animals were cared for according to regulation 6344/96 of Argentina's National Drug, Food and Medical Technology Administration and the Guide for the Care and Use of Laboratory Animals published by the US National Institutes of Health (NIH publication no. 85-23, revised 1996). Experimental procedures were approved by the ethics committee of the School of Biochemistry and Pharmacy (CEFFB), Buenos Aires University, Argentina.

Results

The mothers fed either a moderately Zn-deficient diet or a control diet exhibited similar daily food intake during the experimental period (L, 30.5 (SEM 3.7); C, 29.2 (SEM 2.3) g/d; NS).

At birth, male offspring of L mothers exhibited lower body weights compared with male offspring of C mothers (C, 7.7 (SEM 0.1); L, 6.8 (SEM 0.2) g; $P < 0.01$). However, there were no significant differences in body weight among the various dietary groups at 60 d (Cc, 406 (SEM 9); Lc, 386 (SEM 10); Ll, 384 (SEM 11) g, NS). Further, because daily food intake in all groups was similar (Cc, 22.6 (SEM 0.8); Lc, 22.4 (SEM 0.6); Ll, 22.0 (SEM 0.8) g/d; NS), it was not necessary to pair feed control rats.

No differences were observed in kidney, plasma and faeces Zn content between Cc and Lc groups. Ll animals showed lower Zn concentrations in kidneys (16.2 (SEM 1.0) µg/g tissue) than both the Cc animals (26.6 (SEM 0.9) µg/g tissue; $P < 0.05$) and the Lc animals (24.9 (SEM 0.8) µg/g tissue; $P < 0.05$) at 60 d after weaning. They also had lower plasma Zn concentrations (0.95 (SEM 0.09) mg/l) than the Cc animals (1.62 (SEM 0.10) mg/l; $P < 0.05$) and the Lc animals (1.45 (SEM 0.10) mg/l; $P < 0.05$). Similarly, faeces concentrations of Zn were lower in the Ll group (139 (SEM 16) µg/d) than in the Cc group (656 (SEM 105) µg/d; $P < 0.05$) and the Lc group (586 (SEM 98) µg/d; $P < 0.05$).

Animals exposed to a moderately Zn-deficient diet during pre-weaning and/or post-weaning growth (Ll, Lc groups) exhibited higher values ($P < 0.01$) of SBP at the end of the dietary treatment compared with the Cc group (Cc, 129 (SEM 2); Lc, 148 (SEM 5); Ll, 149 (SEM 6) mmHg). However, there were no significant differences in SBP levels among the Ll and Lc dietary groups. Moreover, an inverse correlation was observed between birth weight and SBP (r 0.8305; $P < 0.001$) at 60 d.

Lipid profile is shown in Table 2. Serum TAG concentration was higher in Ll animals compared with the Cc and Lc groups. However, total cholesterol, HDL-cholesterol, non-HDL-cholesterol and VLDL-cholesterol concentrations were not altered by the dietary treatments.

Animals exposed to Zn deficiency showed lower levels of urinary NO_x than Cc rats at 60 d. However, Lc rats showed higher urinary NO_x compared with the Ll group. Ll rats had lower urinary NO_x (0.69 (SEM 0.11) nmol/ml × min × 100 g) than both the Cc (1.45 (SEM 0.14) nmol/ml × min × 100 g; $P < 0.01$) and the Lc (1.14 (SEM 0.06)

Table 2. Effects of low-zinc diet during fetal life, lactation and post-weaning growth on lipid profile at 56 d† (Mean values with their standard errors)

Diet group...	Cc (n 10)		Lc (n 10)		Ll (n 10)	
	Mean	SEM	Mean	SEM	Mean	SEM
TAG (mg/l)	1210	70	1120	90	1690*†	90
Total cholesterol (mg/l)	620	30	640	30	600	20
HDL-cholesterol (mg/l)	490	40	560	60	460	30
Non-HDL-cholesterol (mg/l)	160	30	190	20	180	10
VLDL-cholesterol (mg/l)	180	20	200	10	200	10

Cc, control Zn during pregnancy, lactation and post-weaning; Lc, low Zn during pregnancy and lactation, control Zn post-weaning; Ll, low Zn during pregnancy, lactation and post-weaning.

* Mean value was significantly different from that of the Cc group ($P < 0.05$).

† Mean value was significantly different from that of the Lc group ($P < 0.05$).

‡ TAG were analysed by the non-parametric Dunn test for multiple comparisons and the other parameters were analysed using one-way ANOVA followed by a Bonferroni *post hoc* test.

nmol/ml \times min \times 100 g; $P < 0.01$) rats. Lc animals exhibited lower levels of urinary NOx than Cc animals ($P < 0.01$).

Fig. 1 shows NOS activity, determined with the L-[U-¹⁴C] arginine *in vitro* method, in the thoracic aorta and the renal cortex. Renal and vascular tissues from the Lc and Ll groups showed decreased NOS activity compared with Cc rats. The Ll and Lc groups also exhibited lower levels ($P < 0.01$) of GFR at the end of the dietary treatment compared with the Cc group (Cc, 0.72 (SEM 0.09); Lc, 0.39 (SEM 0.01); Ll, 0.28 (SEM 0.03) ml/min \times 100 g). Moreover, a positive correlation was observed between NOS activity in the renal cortex and GFR (r 0.6131; $P < 0.001$).

Table 3 and Fig. 2 show NOS activity in the thoracic aorta, intestinal arterioles and renal cortex, evaluated by the NADPH-d activity technique. NADPH-d staining in the endothelium and smooth muscle sections of the aorta and arterioles was less intense in the Lc and Ll rats than in the Cc group. Animals exposed to Zn deficiency also showed lower NADPH-d activity in glomeruli, proximal tubules, distal tubules and collecting ducts compared with the Cc group. The data are in accordance with the results of NOS activity obtained with the L-[U-¹⁴C] arginine *in vitro* method.

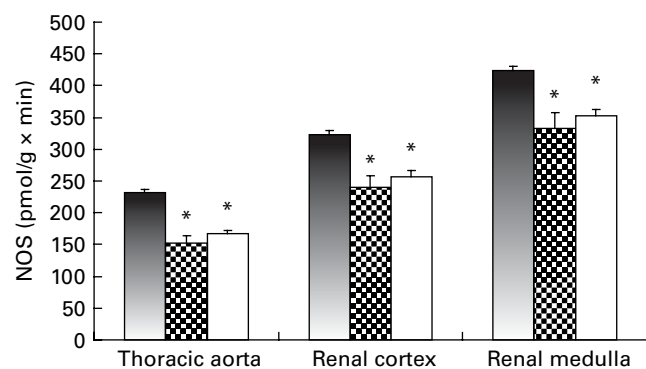


Fig. 1. NO synthase (NOS) activity measured, using L-[U-¹⁴C] arginine as the substrate, in thoracic aorta and renal cortex of Control control (Cc, ■), Low control (Lc, ▣) and Low low (Ll, □) Zn diet groups. Values are means (n 10 per group), with their standard errors represented by vertical bars. Data were analysed by one-way ANOVA followed by a Bonferroni *post hoc* test. * Mean value was significantly different from that of the Cc group ($P < 0.001$).

NOS expression was measured by Western blot analysis in the thoracic aorta and renal cortex. There was no difference in aortic nNOS protein abundance among the groups (Fig. 3(a)), and the aortic iNOS isoform was undetectable. Fig. 3(b) shows that eNOS expression was decreased in the thoracic aorta of Lc and Ll adult rats compared with the Cc group. All NOS isoforms were expressed in the renal cortex of Cc, Lc and Ll adult rats. Nevertheless, Zn dietary restriction during fetal life, lactation and post-weaning growth did not modify abundance of any of the NOS isoforms (Fig. 4(a)–(c)).

Discussion

In the present study we offer evidence that moderate Zn restriction during fetal life and postnatal growth induces alterations in lipid metabolism and in the vascular and renal NO system which could contribute to cardiovascular and renal alterations in adult life.

Animals exposed to moderate Zn deficiency during fetal life showed lower body weight at birth and higher BP levels in adult life. These results are in agreement with our previous study that used the same experimental design and showed that rats exposed to moderate Zn deficiency during fetal life and postnatal growth exhibited an increase in SBP and lower body weight at the time of weaning⁽⁹⁾. Therefore, the present and our previous results demonstrate the reproducibility of our model and support the hypothesis that Zn deficiency could be a risk factor for the development of CVD in adult life. Moreover, the close negative correlation between birth weight and SBP at 60 d, observed in the present study, is in accordance with many epidemiological studies proposing that factors present in the prenatal environment are responsible for *in utero* programming of CVD^(28–30).

The 'fetal origins hypothesis' suggests that intra-uterine growth restriction results in low birth weight, programs the development of organs involved in BP regulation, such as the kidney and vessels, and may predispose to long-term health problems⁽³¹⁾. In this regard, we demonstrated in the present study that Zn restriction during fetal and early postnatal life induced vascular and renal NO system impairment in adult life. Lower NOS activity was observed in different nephron segments and in the endothelium and smooth muscle of the aorta artery and resistance arterioles, even when renal

Table 3. NADPH diaphorase activity (measured as optical density) in thoracic aorta, intestinal arterioles and nephron segments at 60 d after weaning†
(Mean values with their standard errors)

Diet group...	Cc (n 10)		Lc (n 10)		LI (n 10)	
	Mean	SEM	Mean	SEM	Mean	SEM
Thoracic aorta						
Endothelium	0.142	0.011	0.099*	0.006	0.089*	0.008
Smooth muscle	0.306	0.011	0.237*	0.010	0.215*	0.005
Intestinal arterioles						
Endothelium	0.240	0.006	0.104*	0.007	0.115*	0.009
Smooth muscle	0.284	0.007	0.216*	0.006	0.205*	0.005
Nephron segments						
Glomeruli	0.162	0.006	0.126*	0.009	0.105*	0.009
Proximal tubule	0.250	0.008	0.201*	0.006	0.194*	0.005
Distal tubule	0.246	0.007	0.140*	0.009	0.134*	0.008
Collecting duct	0.208	0.006	0.156*	0.007	0.158*	0.007

Cc, control Zn during pregnancy, lactation and post-weaning; Lc, low Zn during pregnancy and lactation, control Zn post-weaning; LI, low Zn during pregnancy, lactation and post-weaning.

* Mean value was significantly different from that of the Cc group ($P < 0.001$).

† Data were analysed using one-way ANOVA followed by a Bonferroni *post hoc* test.

and plasma Zn content was restored through an adequate-Zn diet during post-weaning growth. Additionally, animals exposed to Zn restriction showed lower urinary excretion of NO endproducts, whose concentration is an indicator of systemic NO production and/or bioavailability. Therefore, the above findings suggest that Zn deficiency in different periods of growth can impair NO production.

The reduction in vascular NOS activity, regardless of the period of growth, is associated with a lower protein expression of the eNOS isoform. Therefore, the lower eNOS-derived NO production in conduct arteries would impair vascular smooth muscle relaxation and would not allow the response to increases in flow and in shear stress, inducing a decrease in arterial compliance^(32–34).

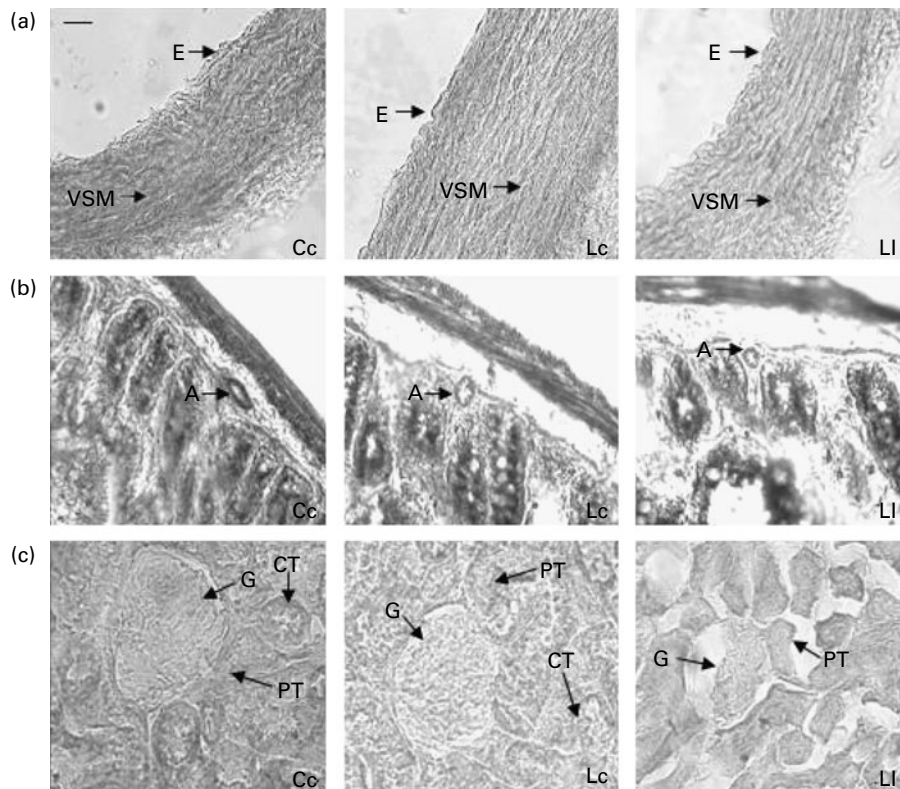


Fig. 2. NADPH-diaphorase staining in (a) thoracic aorta, (b) intestinal arterioles and (c) renal cortex of Control control (Cc), Low control (Lc) and Low low (LI) Zn diet groups at the end of the experimental protocol (n 10 for each group). Arrows indicate staining in endothelium (E), vascular smooth muscle (VSM), intestinal arterioles (A), glomeruli (G), proximal tubule (PT) and collecting tubule (CT). All images are at the same magnification of $\times 400$. Scale bar = $30 \mu\text{m}$.

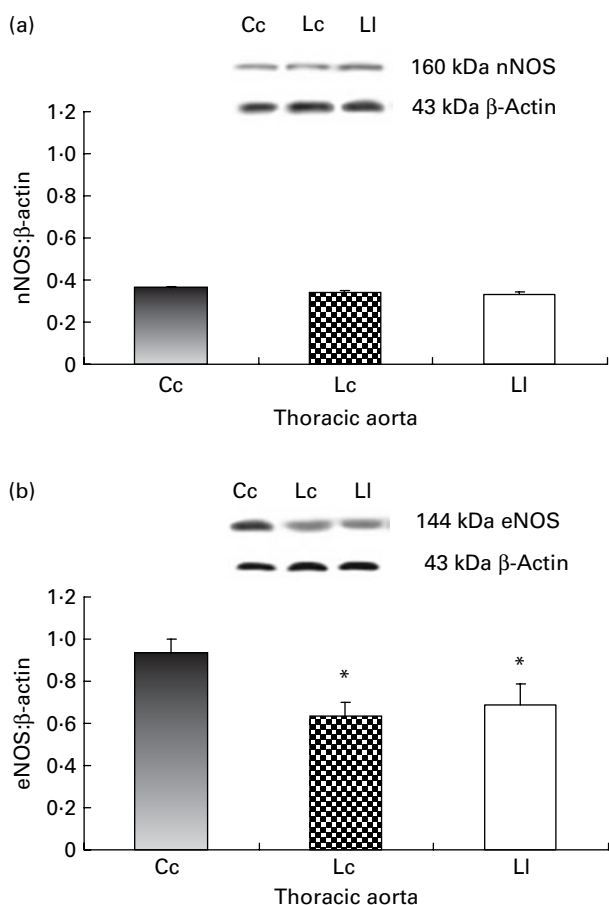


Fig. 3. Western immunoblots showing the protein expression of (a) neuronal NO synthase (nNOS) and (b) endothelial NOS (eNOS) in the thoracic aorta of Control control (Cc, ■), Low control (Lc, ▣) and Low low (Ll, □) Zn diet groups. All experiments were performed in triplicate. Each blot was normalised to expression of the β -actin marker from the same gel. Values are means (n 10 per group), with their standard errors represented by vertical bars. Data were analysed by one-way ANOVA followed by a Bonferroni *post hoc* test. *Mean value was significantly different from that of the Cc group ($P < 0.01$).

Meanwhile, in the kidney, reduced NOS activity in the renal cortex could be one of the possible mechanisms involved in the decrease in GFR that we observed in Zn-deficient animals. This hypothesis is supported by the correlation observed between NOS activity in the renal cortex and GFR, as well as by evidence showing that NO plays a major role in the maintenance of renal perfusion, GFR and low renal vascular resistance in the kidney^(14,15). Moreover, reduced renal NO production could also be associated with morphological renal alterations, proteinuria, renal fibrosis and apoptosis, leading to progressive hypertension and severe renal injury in adult Zn-deficient rats^(9,12).

Restitution of renal Zn content by an adequate-Zn diet during post-weaning growth was not enough to normalise BP and GFR, probably due to irreversible alterations induced *in utero*, such as renal and vascular NO system impairment as well as the morphological renal alterations previously reported⁽⁹⁾.

Contrasting with the aorta artery, the decrease in renal NOS activity was not associated with lower expression of NOS isoform proteins. Contrasting information about NOS

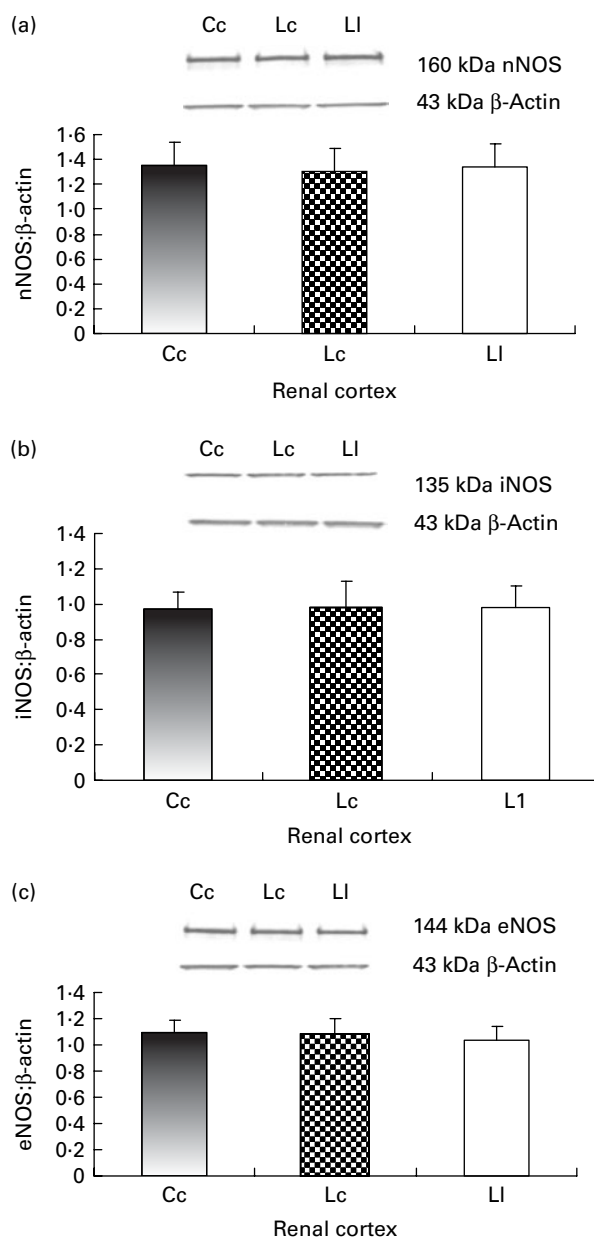


Fig. 4. Western immunoblots showing the protein expression of (a) neuronal NO synthase (nNOS), (b) inducible NOS (iNOS) and (c) endothelial NOS (eNOS) in the renal cortex of Control control (Cc, ■), Low control (Lc, ▣) and Low low (Ll, □) Zn diet groups. All experiments were performed in triplicate. Each blot was normalised to expression of the β -actin marker from the same gel. Values are means (n 10 per group), with their standard errors represented by vertical bars. Data were analysed by one-way ANOVA followed by a Bonferroni *post hoc* test.

isoform expression in different tissues of animals exposed to Zn deficiency is found in the literature. In weanling rats exposed to severe Zn deficiency, iNOS expression has been induced in the lung, skin and intestine⁽³⁵⁻³⁷⁾. On the other hand, Sato *et al.* found that severe Zn deficiency during adult life does not change NOS activity and aortic eNOS expression in normotensive rats⁽³⁸⁾ and enhances expression of eNOS mRNA and protein in the thoracic aorta of spontaneously hypertensive rats⁽³⁹⁾.

Taking into account our evidence and that from other reports, we suggest that the enhanced oxidative stress

condition would probably contribute to decreased NOS activity, since oxygen free radicals could trigger the uncoupling of the enzyme^(9,16). In addition, we postulate that disturbances in Zn homeostasis during critical periods of growth would affect other regulation enzymic mechanisms, including alterations in the dimeric enzyme structure, in substrate and cofactor synthesis and transport, and/or in the activity of humoral and nervous factors^(40,41).

On the other hand, animals exposed to Zn restriction since fetal life and until adulthood showed augmented plasma TAG level, another cardiovascular risk factor. The increase in TAG level seems to be induced mainly by Zn dietary restriction during post-weaning growth. The present results are in agreement with previous work on severe Zn deficiency in adult rats^(17,18). However, we did not observe changes in total cholesterol and in the other major serum lipoprotein fractions as observed in experimental models of severe Zn deficiency^(19–22). These contrasting observations may indicate that the effects of Zn deficiency on lipid profile may be related to the duration of the low Zn dietary treatment, the degree of Zn restriction, the period of life involved and the environment.

In conclusion, the results of the present study give strong evidences that Zn deficiency during intra-uterine and postnatal growth can result in low birth weight and in the programming of renal and vascular NO system dysfunction. These alterations could be linked to the elevated BP observed in adult life.

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A. T. performed the experiments and participated in experimental design, data analysis and in writing the manuscript. R. E. participated in renal and vascular NOS activity determination.

V. Z. and L. S. carried out lipid analyses. A. F. carried out Western blot analysis. H. F. performed the determination of Zn content in plasma, faeces, kidneys and diets. A. M. B. assisted in scientific and technical supervision. M. A. C. participated in scientific and technical supervision, experimental design, data analysis and in writing the manuscript. C. A. participated in scientific and technical supervision, experimental design, data analysis and in writing the manuscript.

The authors declare that they have no conflicts of interest.

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