

## Emotion Regulation and Parenting

*Emotion Regulation and Parenting* provides a state-of-the-art account of research conducted on emotion regulation in parenting. After describing the conceptual foundations of parenthood and emotion regulation, the book reviews the influence of parents' emotion regulation on parenting, how and to what extent emotion regulation influences child development, and cross-cultural perspectives on emotion regulation and highlights current and future directions. Drawing on contributions from renowned experts from all over the world, chapters cover the most important topics at the intersection of parenting and emotion regulation. Essentials are explored, as well as current, topical, and controversial issues, pointing both to what is known and what requires further research. This title is part of the Flip it Open Programme and may also be available Open Access. Check our website Cambridge Core for details.

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*(Continued after Index)*

# Emotion Regulation and Parenting

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Shaftesbury Road, Cambridge CB2 8EA, United Kingdom

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477 Williamstown Road, Port Melbourne, VIC 3207, Australia

314–321, 3rd Floor, Plot 3, Splendor Forum, Jasola District Centre,  
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a department of the University of Cambridge.

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Information on this title: [www.cambridge.org/9781009304375](http://www.cambridge.org/9781009304375)

DOI: [10.1017/9781009304368](https://doi.org/10.1017/9781009304368)

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First published 2024

*A catalogue record for this publication is available from the British Library.*

*A Cataloging-in-Publication data record for this book is available from the Library of Congress*

ISBN 978-1-009-30437-5 Hardback

ISBN 978-1-009-30435-1 Paperback

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