

Lactation decreases pancreatic lipase mRNA level in the rat*

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Lactation alters maternal metabolism and increases food intake in rats to support milk production. Pancreatic lipase (PL) is primarily responsible for fat digestion in adults and is regulated by dietary fat. The present research determined the regulation of PL by lactation and dietary fat. In Expt 1, eighteen Sprague–Dawley dams and twelve age-matched virgins (controls) were fed a low-fat diet (LF; 11% energy as safflower oil) for 7–63 d. At postpartum (day 0), peak lactation (day 15) and post-lactation (day 56) and after 7 d in virgins, the pancreas was removed for mRNA and enzyme analyses. In Expt 2, thirty-six Sprague–Dawley dams were fed LF until day 9 postpartum when dams were divided into three groups of twelve; one continued to be fed LF, one was fed a moderate-fat diet (MF; 40% energy as safflower oil); and one was fed a high-fat diet (HF; 67% energy as safflower oil) diet. At peak lactation (day 15) and post-lactation (day 56), the pancreas was removed for mRNA and enzyme analyses. Expt 1 revealed that lactation and post-lactation significantly ($P < 0.001$) decreased PL mRNA (67% and 76%, respectively), but only post-lactation decreased PL activity. Increased dietary fat in Expt 2 significantly increased PL mRNA (LF < MF < HF, $P < 0.001$) and PL activity (LF < MF = HF, $P < 0.02$) in both lactation and post-lactation. In summary, lactation and post-lactation decreased PL mRNA significantly even though dietary fat still regulated PL activity and mRNA in lactation and post-lactation.

Lactation: Pancreatic lipase: mRNA: Dietary fat

During lactation in the rat, there are multiple physiological and metabolic changes that support milk production in the mammary gland. Because rats store only a limited amount of fat during pregnancy, their food intake more than triples in order to meet the demands of milk production during lactation (Williamson, 1980; Shirley, 1984). When lactating rats are fed a standard low-fat (LF) diet, approximately 50% of milk lipids are synthesized by the mammary gland and 50% are supplied by the diet. Increased dietary fat decreases mammary-gland lipogenesis and results in the conservation of glucose for both maternal energy and milk production (Williamson, 1980). In addition, rats become energetically more efficient during lactation by expending significantly less energy on activity and maintenance (Roberts & Coward, 1984). The intestine, liver and mammary gland increase in weight (Mainoya, 1978; Williamson, 1980; Garcia-Caballero *et al.* 1996), as do the pancreas and spleen (Barrowman & Mayston, 1973; Matsuda *et al.* 1995). Cardiac output is also increased, as is blood flow to the digestive tract and the mammary gland (Williamson, 1980). Exocrine pancreatic secretion (Barrowman & Mayston, 1973) and the absorptive capacity of the small intestine (Cripps & Williams, 1975; Mainoya, 1975; Oller do Nascimento & Williamson, 1986), including

lipid absorption (Oller do Nascimento & Williamson, 1986), are also increased during lactation.

Pancreatic lipase (E.C.3.1.1.3; PL) plays an important role in the absorption of dietary fat by hydrolysing triacylglycerols into diacylglycerols, monoacylglycerols and NEFA. In man, PL hydrolyses 56% of the triacylglycerols in a test meal with an additional 10% hydrolysed by gastric lipase (Carriere *et al.* 1993). PL is regulated by both the amount (Sabb *et al.* 1986; Wicker *et al.* 1988; Ricketts & Brannon, 1994) and the type (Sabb *et al.* 1986, Ricketts & Brannon, 1994) of dietary fat. Maximal activity is seen with high-fat (HF) diets irrespective of type of fat (Sabb *et al.* 1986). PL responds to the type of fat (saturated/unsaturated and chain length) as well, with unsaturated, long-chain fats eliciting the greatest response in moderate-fat (MF) diets (Ricketts & Brannon, 1994). The amount of dietary fat, independent of its type, regulates the transcription of PL (Wicker & Puigserver, 1990), while the type of dietary fat regulates the translation or post-translation of PL (Ricketts & Brannon, 1994).

PL mRNA and activity during lactation have not been studied. The purpose of the present study was to determine the effect of lactation and its interaction with dietary fat on PL in the rat.

Abbreviations: HF, high-fat; LF, low-fat; MF, moderate-fat; PL, pancreatic lipase.

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Materials and methods

Experimental design

Sprague–Dawley virgin and pregnant rats were purchased from Charles River Labs (Wilmington, MA, USA). The University of Maryland Animal Care and Use Committee approved the animal protocols. The virgins were housed in individual hanging cages. The dams were housed in individual nursing cages with nesting bedding until pups were weaned and then were moved into individual hanging cages. The temperature was maintained at 25°C and controlled lighting provided 12 h each of light and dark daily (light from 05.30 to 17.30 hours). Isoenergetic and isonitrogenous (20% by weight casein) purified diets (Sabb *et al.* 1986) and water were provided *ad libitum*. The diets differed in fat (safflower oil) content: LF, 11% energy; MF, 40% energy; HF, 67% energy. The diets also differed in the amount of cellulose, which is a non-energetic dietary component used to maintain energy density: 5%, 20.2% and 34.8% by weight, respectively, in LF, MF and HF. Cellulose has been shown not to affect the dietary regulation of the pancreas (Schneeman & Gallaher, 1980). All rats were killed by CO₂ inhalation, and the pancreas was removed and divided. One half was frozen on dry ice and stored at –80°C for later enzyme analysis; the other half was immediately homogenized for RNA isolation and mRNA quantification.

Expt 1. To determine the effects of lactation on PL regulation, virgin and pregnant rats (56 d old) were fed LF diet. Virgin rats (*n* 12) were fed LF diet for 7 d and killed. Pregnant rats (*n* 18) arrived 8 d before parturition and, after 24 h on rat chow (Purina Prolab 3000; Richmond, IN, USA), were switched to LF diet. Litter size was reduced on day 9 to eleven to thirteen without regard to sex of pup to standardize litter size and milk availability and to allow an initial period undisturbed postpartum. After the dams delivered, they were killed on day 0 (postpartum, *n* 6), day 15 (lactation, *n* 6) or day 56 (post-lactation, *n* 6). Because we have previously shown that PL activity is maximal at 2 months of age in the Sprague–Dawley rat and does not change in the young adult (6 months of age) rat (Brannon *et al.* 1993), we used only one age of young virgin rats (2 months old) for comparison with the postpartum (2 months old), lactating (2.5 months) and post-lactating (4 months) rats.

Expt 2. To determine the interactive effects of dietary fat and lactation on PL regulation, thirty-six pregnant rats were fed LF diet until day 9 postpartum when they were randomly assigned to one of three dietary groups: LF (*n* 12), MF (*n* 12) and HF (*n* 12). On days 15 (lactation) and 56 (post-lactation), six dams from each diet group were killed by CO₂ inhalation and the pancreas was removed and divided into two samples, one for enzyme analysis and one for RNA isolation. Sample size in both experiments was determined by power analysis (Cohen, 1988) to detect a 50% change in recombinant PL mRNA with an estimated population variance of 30% (based on previous studies in post-weaning and adult rats).

Pancreatic lipase analysis

Pancreatic samples were homogenized in nine volumes of PBS (0.15 mol NaCl/l, 5 mmol PO₄³⁻/l, pH 7.4) as described previously (Ricketts & Brannon, 1994). Lipase activity was analysed by automatic titration (Sabb *et al.* 1986) with 20 mmol NaOH/l using a gum-stabilized emulsion of neutralized triolein

with excess crude colipase. Lipase activity is expressed as units (μmol fatty acid liberated/min) relative to mass of protein (U/mg protein) and total mass of pancreas (U/pancreas) because of the hypertrophy of the pancreas. Protein was determined by the procedure of Lowry *et al.* (1951) using bovine serum albumin as the standard. Protein was expressed as total mg protein/pancreas.

Quantification of mRNA

Total RNA was isolated by the method of Chomczynski & Sacchi (1987). After collection, a pancreatic fragment was immediately homogenized with a Polytron homogenizer at 70% power for 2 × 15 s in ice-cold guanidine thiocyanate (4 mol/l), sodium citrate (0.75 mol/l, pH 7.5), sarcosyl (Solution D; 10%) and β-mercaptoethanol (0.14 mol/l). Ice-cold sodium acetate (2 mol/l, pH 4), phenol and chloroform were added and samples were centrifuged at 7500g for 20 min. The aqueous phase was removed, isopropanol was added and the sample allowed to stand for 5 min before being centrifuged at 12 000g for 10 min. Supernatant was removed, and RNA was differentially precipitated with ethanol. The pellet was re-suspended in Solution D, and the extraction repeated. RNA integrity was confirmed by the presence of intact 28S bands by agarose gel electrophoresis. Sample RNA concentration was determined via measurement of absorbance at 260 nm on a DU 640 spectrophotometer (Beckman Coulter Inc., Fullerton, CA, USA). PL mRNA and 28S RNA were quantified by dot blot hybridization as described previously (Ricketts & Brannon, 1994) using [³²P]-random prime (PL) and nick-translated (28S) labelled cDNA probes. Briefly, hybridization was performed at 42°C for 16–18 h after adding the [³²P]-labelled cDNA probe. After hybridization, filters were washed under increasingly stringent conditions (1 × standard saline citrate with 1% SDS to 0.2 M-saline citrate with 1% SDS). The films were autoradiographed overnight at –80°C. The mRNA was then quantified by area densitometry using an Area Densitometer (BioRad Laboratories, Hercules, CA, USA) with Molecular Analyst software. The PL probe (rPL-3, 1.5 kb insert *Eco*RI of *puc*; Wishart *et al.* 1993) was a generous gift from J. Williams, University of Michigan and the 28S probe was a generous gift from D. Soprano, Temple University, Philadelphia. Each probe yields a single band by Northern analysis (Tsai *et al.* 1994). The linearity of the dot blot hybridization was previously described for PL (Tsai *et al.* 1994). The specificity of the PL cDNA has also been described previously, and there is no cross-hybridization of the PL cDNA with either pancreatic lipase-related protein-1 (Tsai *et al.* 1994) or pancreatic lipase-related protein-2 (Birk *et al.* 2004). This, coupled with the single band on Northern blots, demonstrates the specificity of this dot blot hybridization for PL under the highly stringent conditions used in this study.

Statistical analysis

Data are expressed as means with their standard error. For Expt 1, data were analysed by one-way ANOVA and Tukey's test (Sigma Stat; SPSS Inc., Chicago, IL, USA). For Expt 2, data were analysed by two-way ANOVA and Tukey's test. (Sigma Stat). Differences were determined to be significant if *P* < 0.05.

Results

Expt 1: effect of lactation

Food intake of lactating rats increased significantly (323 %, $P < 0.001$) compared with that of the virgin, postpartum and post-lactating rats (Table 1). Body weight of dams increased significantly (50 %, $P < 0.001$) postpartum (day 0) and then remained stable throughout lactation and post-lactation (Table 1). Pancreatic weight was significantly higher in lactating rats (156 %, $P < 0.001$) compared with the virgin, postpartum and post-lactation groups (Table 1), as was total pancreatic protein (168 %, $P < 0.001$; Table 1). PL activity whether expressed as U/mg protein (Fig. 1) or total U/pancreas (data not shown) decreased significantly by 30–63 % post-lactation. When expressed as U/mg protein, PL activity was not significantly different among virgins, postpartum or lactating rats (Fig. 1). In lactation and post-lactation, PL mRNA decreased significantly (67 % and 75 %, respectively, $P < 0.001$) compared with virgins or postpartum rats (Fig. 2).

Expt 2: effect of diet and lactation

There was a significant effect of lactation on food intake (250 %, $P < 0.001$; Table 2) and pancreatic weight (137 %, $P < 0.001$; Table 2). Food intake, body weight and pancreatic weight were not affected by amount of dietary fat (Table 2). There was a significant independent effect of dietary fat on PL activity expressed as U/mg protein (LF < MF = HF, $P < 0.006$; Fig. 3) and on PL mRNA (LF < MF < HF, $P < 0.001$; Fig. 4). There was no significant effect of diet on PL activity expressed as total U/pancreas (data not shown). Post-lactation significantly decreased PL activity (Fig. 3), but had no independent effect on PL mRNA (Fig. 4). There was also a significant interaction between diet and lactation ($P < 0.05$) on PL mRNA (Fig. 4).

Discussion

Expt 1: effect of lactation

The present results during lactation confirm the hyperphagia (3-fold) and hypertrophy of the pancreas (1.5-fold) reported previously (Barrowman & Mayston, 1973; Williamson, 1980; Shirley, 1984; Matsuda *et al.* 1995), and emphasize the growing need of the dam for energy to produce milk. Despite the hypertrophy of the pancreas, PL activity levels during lactation were not changed. Surprisingly, although post-lactating rats reduced their food intake and pancreatic weight to levels comparable to virgins

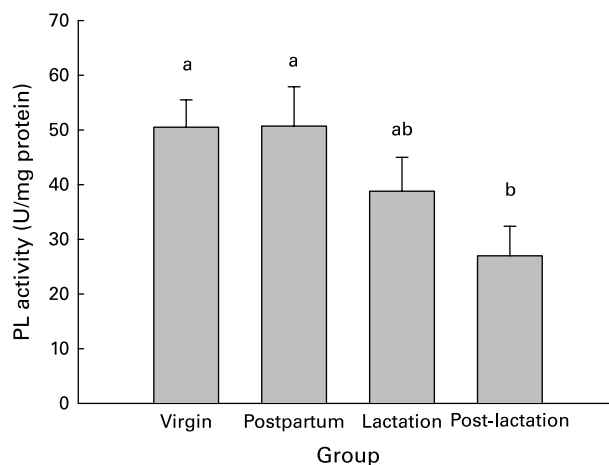


Fig. 1. Pancreatic lipase (PL) activity (U/mg protein) in lactating and non-lactating rats fed a low-fat diet. Mean values with unlike superscript letters were significantly different ($P < 0.02$).

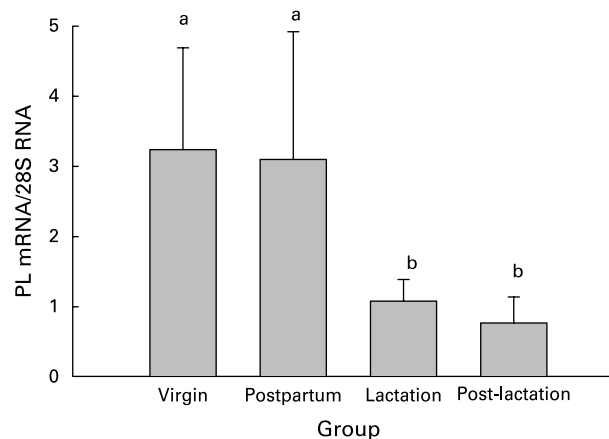


Fig. 2. Pancreatic lipase (PL) mRNA/28S RNA for lactating and non-lactating rats fed a low-fat diet. Values are means with their standard errors shown by vertical bars. Mean values with unlike superscript letters were significantly different ($P < 0.001$).

and postpartum rats, PL activity decreased significantly (75 %). The significant reduction in PL activity in post-lactating rats may be a result of decreased PL synthesis or increased secretion of the enzyme. There was a significant reduction in PL mRNA levels of lactating and post-lactating rats (67 % and 75 %, respectively, $P < 0.001$) compared with virgins and postpartum rats. The accompanying reduction in PL mRNA and PL activity levels of

Table 1. Expt 1: effect of lactation on food intake, body and pancreatic weights and total pancreatic protein (Mean values with their standard error)

Experimental group	Food intake (g)		Body weight (g)		Pancreatic weight (g)		Total pancreatic protein (mg/pancreas)	
	Mean	SE	Mean	SE	Mean	SE	Mean	SE
Virgin	13 ^a	4	206 ^a	3	0.60 ^a	0.02	87 ^a	8
Post-partum (day 0)	20 ^a	2	310 ^b	4	0.70 ^a	0.00	90 ^a	12
Lactation (day 15)	55 ^b	8	304 ^b	6	1.03 ^b	0.03	146 ^b	13
Post-lactation (day 56)	22 ^a	1	296 ^b	15	0.75 ^a	0.08	83 ^a	9

^{a,b}Mean values within a column with unlike superscript letters were significantly different ($P < 0.001$).

Table 2. Expt 2: effect of diet and lactation on food intake and body and pancreatic weights*
(Mean values with their standard error)

Experimental group	Diet	Food intake (g)		Body weight (g)		Pancreatic weight (g)	
		Mean	SE	Mean	SE	Mean	SE
Lactation (day 15)	LF	55 ^b	8	304	6	1.03 ^b	0.03
	MF	56 ^b	4	307	8	1.07 ^b	0.01
	HF	52 ^b	11	291	5	1.08 ^b	0.04
Post-lactation (day 56)	LF	22 ^a	1	296	15	0.75 ^a	0.08
	MF	23 ^a	2	283	9	0.77 ^a	0.11
	HF	25 ^a	1	303	9	0.80 ^a	0.03

^{a,b}Mean values within a column with unlike superscript letters were significantly different as determined by two-way ANOVA ($P < 0.001$).
*There was no effect of diet, or interactive effect of diet \times lactation.

post-lactating rats suggests a transcriptional mechanism mediating PL activity levels.

Given the marked increase (3-fold) in food intake during lactation, it would seem that the digestive capacity of rats would also have to increase at this time. The lack of effect in PL activity and the significantly reduced PL mRNA (67%) during peak lactation were unexpected. It is unlikely that these effects are due to maturation during this 2-month experimental period as we have previously shown that PL activity reaches maximal levels at 2 months of age in Sprague–Dawley rats and is maintained at maximal levels in the young adult at 6 months and even in the older adult animal at 18 months (Brannon *et al.* 1993). Further, Mizoguchi & Imamichi (1987) found a similar and surprising reduction in pancreatic amylase activity in lactating rats due to reduction in amylase synthesis. The discordant changes between PL activity and PL mRNA levels suggest that lactation also regulates PL synthesis post-transcriptionally. Another possibility is that during lactation the synthesis of PL is reduced but the secretion is also reduced, resulting in accumulation of PL. However, this latter possibility seems unlikely in terms of the documented increase overall of pancreatic secretion with a 37% increase in volume, an 86% increase in protein and a 35% increase in amylase in basal pancreatic secretion and similar increases in

cholecystokinin-stimulated secretion (Barrowman & Mayston, 1973). Total lipid absorption, as measured by radiolabelled NEFA absorption, also increased by 13% (Oller do Nascimento & Williamson, 1986). Given that pancreatic enzymes are secreted in an excess of 3- to 10-fold, it seems possible that existing enzymatic secretions may adequately digest the additional food intake during lactation. The increased lipid absorptive capacity found by Oller do Nascimento & Williamson (1986) was measured using radiolabelled NEFA and thus was not dependent on luminal lipolytic activity. The present results, the lack of a significant increase in any of the measurements of PL activity during lactation, do suggest that existing levels of PL are sufficient to digest the increased food intake. Alternatively, the lack of response in PL activity may reflect a greater role for either lingual or gastric lipase in the rat and man, respectively. Future studies should examine the regulation of lingual lipase by lactation in the rat. Less likely is a greater role for pancreatic-related protein-2, which has a broad array of lipolytic activity (Payne *et al.* 1994) against glycolipids, phospholipids,

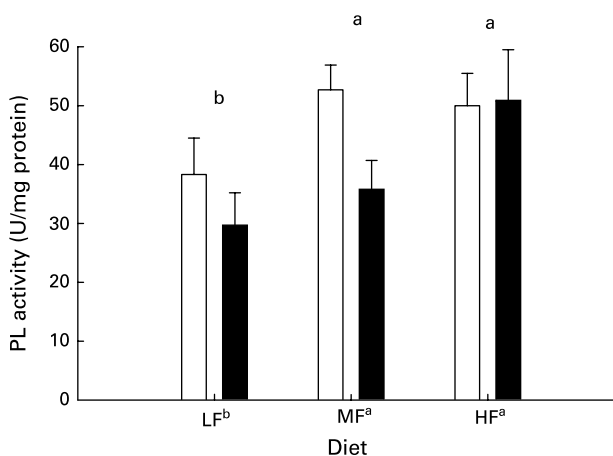


Fig. 3. Pancreatic lipase activity (U/mg protein) in lactating (□) and post-lactating (■) rats fed a low-fat (LF), moderate-fat (MF) or high-fat (HF) diet. Values are means with their standard errors shown by vertical bars. Mean values with unlike superscript letters were significantly different as determined by two-way ANOVA: ^{a,b}independent effect of diet (HF = MF > LF, $P < 0.006$). There was no significant effect of diet \times lactation.

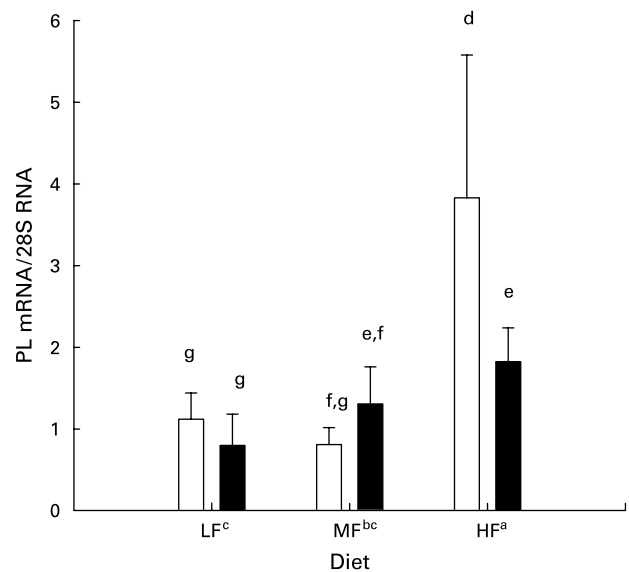


Fig. 4. Pancreatic lipase (PL) mRNA/28S RNA in lactating (□) and post-lactating (■) rats fed a low-fat (LF), moderate-fat (MF) or high-fat (HF) diet. Values are means with their standard errors shown by vertical bars. Mean values with unlike superscript letters were significantly different as determined by two-way ANOVA: ^{a,b,c}independent effect of diet (HF > MF = LF, $P < 0.001$); ^{d,e,f,g}interactive effect of diet \times lactation ($P < 0.01$). There was no independent effect of lactation.

triacylglycerols, etc., but which is expressed in the early postnatal period and is not detectable in the post-weaning Sprague–Dawley rat (Payne *et al.* 1994; Birk *et al.* 2004).

Studies investigating the regulation of PL activity with elevated dietary fat have done so by manipulating the ratio of fat to other macronutrients in the diet (Sabb *et al.* 1986; Wicker *et al.* 1988; Wicker & Puigserver, 1990; Ricketts & Brannon, 1994). During lactation, the total amount of dietary fat consumed daily increases from 1.4 g to 6.1 g, but it does so without a change in dietary composition. Although total dietary fat consumed increases during lactation, the amount of fat in relationship to the amount of protein and carbohydrate did not change. It may be that the dietary regulation of PL is the result of the change in the proportion of dietary fat in relation to the other macronutrients, rather than to the change in the total amount of dietary fat itself. To test whether in lactation and post-lactation PL is regulated by the amount and proportion of fat to other nutrients, a second experiment was conducted.

Expt 2: effect of diet and lactation

Increasing the amount of fat in the diet increased PL activity and mRNA during lactation and post-lactation similarly to that reported in male rats (Sabb *et al.* 1986; Wicker *et al.* 1988; Wicker & Puigserver, 1990; Ricketts & Brannon, 1994). The PL mRNA of lactating rats fed HF diet reached a maximal response and was significantly higher than the PL mRNA levels in rats fed either LF or MF diet (316% and 167%, respectively). The two metabolic situations, lactating and post-lactating, were not different with regard to PL mRNA, but there was an interactive effect on PL mRNA of dietary fat and lactation. The PL mRNA levels of the post-lactating (day 56) rats fed HF diet reached a maximal response and were significantly higher than those of the post-lactating rats fed LF diet (193%), but not those fed MF diet (100%). The independent and opposite effects of lactation and diet on PL activity and mRNA suggest a translational or post-translational regulatory mechanism for PL activity during lactation. Finally, the decrease in PL activity and mRNA in post-lactation must be investigated further to determine the mechanism.

Summary

Lactation and post-lactation significantly reduce PL mRNA levels compared with either postpartum or virgin rats. The maintenance of PL activity during lactation suggests that compensatory changes occur in its translation or post-translation. Despite the effects of post-lactation on PL mRNA and activity, the amount of fat in the diet does significantly regulate PL in both lactating and post-lactating rats.

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