CHRISTIAN YOGA

J.-M. Déchanet

A Benedictine monk presents the traditional Yoga exercises of India in terms of Christian faith and Western customs, as a bold yet practical means of restoring to men the unity of body, soul and mind which is lost in the rush and tension of modern life.

21s

BURNS & OATES

The Religious Life

GOD'S HIGHWAYS

J. Perinelle, O.P.

An analysis of what is really essential to the religious life, in the secular institute no less than the enclosed community. Recommended by the Cardinal Archbishop of Paris the book will be welcomed by all religious Orders and Congregations.

27s. 6d.

APOSTOLIC LIFE

A study of the nature of apostolic living and an attempt to show how it concerns religious, and particularly nuns, living in communities devoted to some specific 'activity'. Not the least important part of the book deals with the practical and psychological problems of the apostolate.

21s. od.

BLACKFRIARS

34 Bloomsbury Street, London, W.C.1

MOUNT CARMEL

Discalced Carmelite Quarterly

Published 1st July, 1st October, 1st January and 1st April
Articles on Carmelite spirituality, St Teresa of Avila,
St John of the Cross and St Thérèse of the Child Jesus.
Book Reviews. Commentary, etc.

From all Booksellers or direct from St Luke's Priory, Wincanton, Somerset

Subscription rates:

U.K. and Eire: 6s. a year post free.U.S.A. and Canada: 2 dollars a year post free.Australia: 7s. 6d. a year post free.