



THE BRITISH JOURNAL OF PSYCHIATRY

November 1995

Vol. 167

NOV 15 REC'D

Editorials

Informed consent in chronic schizophrenia? *G. H. Jones*

565

Lithium revisited. A re-examination of the placebo-controlled trials of lithium prophylaxis in manic-depressive disorder. *J. Moncrieff*
Commentary: Lithium revisited. A reply. *G. M. Goodwin*

569

573

Review Articles

Selective serotonin reuptake inhibitors and tricyclic antidepressants in combination. Interactions and therapeutic uses. *D. Taylor*
Psychotherapy for bipolar disorder. *J. Scott*

575

581

Papers

The Camberwell assessment of need: the validity and reliability of an instrument to assess the needs of people with severe mental illness. *M. Phelan, M. Slade, G. Thornicroft, G. Dunn, F. Holloway, T. Wykes, G. Strathdee, L. Loftus, P. McCrone and P. Hayward*

589

Characteristics of outcome in schizophrenia at 13 years. *P. Mason, G. Harrison, C. Glazebrook, I. Medley, T. Dalkin and T. Croudace*

596

Determinants of the extremes of outcome in schizophrenia. *E. C. Johnstone, C. D. Frith, F. H. Lang and D. G. C. Owens*

604

The Nithsdale schizophrenia surveys. XIV: plasma lipid peroxide and serum vitamin E levels in patients with and without tardive

dyskinesia, and in normal subjects. *R. G. McCreadie, E. MacDonald, D. Wiles, G. Campbell and J. R. Paterson*

610

Effect of emotional salience on thought disorder in patients with schizophrenia. *G. Haddock, M. Wolfenden, I. Lowens, N. Tarrier and R. P. Bentall*

618

Insight and psychotic illness – cross-sectional and longitudinal associations. *A. David, J. van Os, P. Jones, I. Harvey, A. Foerster and T. Fahy*

621

Regional cerebral blood flow in obsessive-compulsive disordered patients at rest. Differential correlates with obsessive-compulsive and anxious-avoidant dimensions. *J. V. Lucey, D. C. Costa, T. Blanes, G. F. Busatto, L. S. Pilowsky, N. Takei, I. M. Marks, P. J. Ell and R. W. Kerwin*

629

A controlled study of cognitive-behaviour therapy with buspirone or placebo in panic disorder with agoraphobia. *J. Cottraux, I. D. Note, C. Cungi, P. Légeron, F. Heim, L. Chneiweiss, G. Bernard and M. Bouvard*

635

A prevalence study of age-associated memory impairment. *A. Barker, R. Jones and C. Jennison*

642

Depression in later life – a comparison of symptoms and risk factors in early and late onset cases. *R. C. Baldwin and B. Tomenson*

649

Long-term effects of cognitive-behavioural therapy and lithium therapy on depression in the elderly. *K. C. M. Wilson, M. Scott, M. Abou-Saleh, R. Burns and J. R. M. Copeland*

653

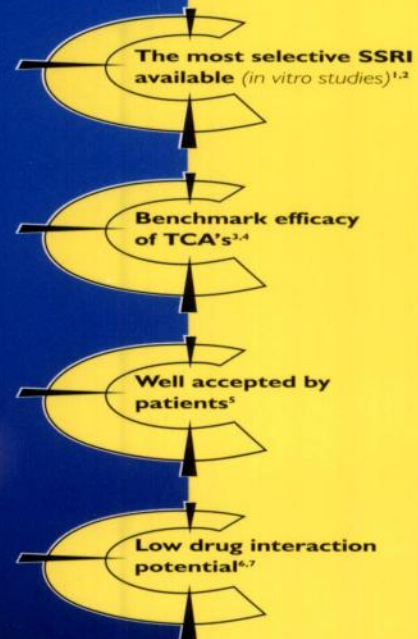
continued p. ii

Published by The Royal College of Psychiatrists

ISSN 0007-1250

Now you can lift depression with the body in mind

Site-specific 'Cipramil' addresses four key dimensions of antidepressant therapy:



Cipramil
citalopram

Specifically treating depression

Abbreviated Prescribing Information

Presentation: 'Cipramil' tablets, PL 0458/0058, each containing 20mg of citalopram as the hydrobromide, 28 (OP) 20mg tablets £21.28.

Indications: Treatment of depressive illness in the initial phase and as maintenance against relapse/recurrence. **Dosage: Adults:** 20mg a day. Depending upon individual patient response, this may be increased in 20mg increments to a maximum of 60mg. Tablets should not be chewed, and should be taken as a single oral daily dose, in the morning or evening without regard for food. **Elderly:** 20mg a day increasing to a maximum of 40mg dependent upon individual patient response. **Children:** Not recommended. Restrict dosage to lower end of range in hepatic impairment. Dosage adjustment not necessary in cases of mild/moderate renal impairment. No information available in severe renal impairment (creatinine clearance <20ml/min). **Contra-indications:** Combined use of 5-HT agonists. Hypersensitivity to citalopram. **Pregnancy and Lactation:** Safety during human pregnancy and lactation has not been established. Use only if potential benefit outweighs possible risk. **Precautions:** Driving and operating machinery. History of mania. Caution in patients at risk of cardiac arrhythmias. Do not use with or within 14 days of MAO inhibitors: leave a seven day gap before starting MAO inhibitor treatment. **Drug Interactions:** MAO inhibitors (see Precautions). Use lithium and

tryptophan with caution. Routine monitoring of lithium levels need not be adjusted. Alcohol is not advised. **Adverse Events:** Most commonly nausea, sweating, tremor, somnolence and dry mouth. **Overdosage:** Symptoms have included somnolence, coma, sinus tachycardia, occasional nodal rhythm, episode of grand mal convulsion, nausea, vomiting, sweating and hyperventilation. No specific antidote. Treatment is symptomatic and supportive. Early gastric lavage suggested. **Legal Category:** POM 24.1.95. Further information available upon request. Product licence holder: Lundbeck Ltd, Sunningdale House, Caldecotte Lake Business Park, Caldecotte, Milton Keynes, MK7 8LF. 'Cipramil' is a trademark. © 1995 Lundbeck Ltd. Date of preparation: May 1995.

References

1. Hyttel J, XXII Nordiske Psykiater-Kongres, Reykjavik, 11 August, 1988: 11-21.
2. Eison AS et al. Psychopharmacology Bull 1990; 26 (3): 311-315.
3. Rosenberg C et al. Int Clin Psychopharmacol 1994; 9 (Suppl 1): 41-48.
4. Shaw DM et al. Br J Psychiatry 1986; 149: 515-517.
5. Bech P and Cialdella P. Int Clin Psychopharmacol 1992; 6 (Suppl 5): 45-54.
6. Sindrup SH et al. Ther Drug Monit 1993; 15: 11-17.
7. Van Harten J. Clin Pharmacokinet 1993; 24 (3): 203-220.

Lundbeck

Research for a better life

The British Journal of Psychiatry

November 1995

Volume 167

No. 5

Editor Greg Wilkinson

Senior Associate Editor

Alan Kerr *Newcastle upon Tyne*

Associate Editors

Sidney Crown *London*

Julian Leff *London*

Sir Martin Roth *Cambridge*

Sir Michael Rutter *London*

Peter Tyrer *London*

Editorial Advisers

Herschel Prins *Leicester*

Sir John Wood *Sheffield*

Kathleen Jones *York*

Assistant Editors

Mohammed Abou-Saleh *Al-Ain*

Louis Appleby *Manchester*

German Berrios *Cambridge*

Alistair Burns *Manchester*

Patricia Casey *Dublin*

John Cookson *London*

David Cottrell *Leeds*

Nigel Eastman *London*

Tom Fahy *London*

Anne Farmer *Cardiff*

Michael Farrell *London*

Nicol Ferrier *Newcastle upon Tyne*

William Fraser *Cardiff*

Richard Harrington *Manchester*

Sheila Hollins *London*

Jeremy Holmes *Barnstaple*

Alexander Kellam *Cardiff*

Peter Kennedy *York*

Alan Lee *Nottingham*

Shôn Lewis *Manchester*

Robin McCreadie *Dumfries*

Ian McKeith *Newcastle upon Tyne*

Roy McClelland *Belfast*

Stuart Montgomery *London*

David Owens *Leeds*

Ian Pullen *Edinburgh*

Rosalind Ramsay *London*

Henry Rollin *London*

Jan Scott *Newcastle upon Tyne*

Andrew Sims *Leeds*

Jeanette Smith *Bristol*

George Stein *London*

David Tait *Perth*

Corresponding Editors

Sidney Bloch *Australia*

Patrice Boyer *France*

J.M. Caldas de Almeida *Portugal*

Andrew Cheng *Taiwan*

Andrei Cristian *Romania*

E. L. Edelstein *Israel*

Václav Filip *Czech Republic*

Heinz Katschnig *Austria*

Kenneth Kendler *USA*

Toshi Kitamura *Japan*

Arthur Kleinman *USA*

F. Lieh Mak *Hong Kong*

Jair Mari *Brazil*

Harold Merskey *Canada*

Paul Mullen *Australia*

Ahmed Okasha *Egypt*

Volodymer Poltavetz *Ukraine*

Michele Tansella *Italy*

Toma Tomov *Bulgaria*

John Tsiantis *Greece*

J. L. Vázquez-Barquero *Spain*

Richard Warner *USA*

Statistical Adviser

Pak Sham *London*

Staff

Publications Manager

Dave Jago

Scientific Editor

Lesley Bennun

Deputy Scientific Editor

Aliki Buhayer

Assistant Scientific Editor

Dinah Alam

Editorial Assistants

Judy Ashworth

Julia Burnside

Marketing Assistant

Dominic Bentham

Past Editors

Eliot Slater 1961–72 Edward H. Hare 1973–77 John L. Crammer 1978–83 Hugh L. Freeman 1984–93

Founded by J. C. Bucknill in 1853 as the *Asylum Journal* and known as the *Journal of Mental Science* from 1858 to 1963

Published by the Royal College of Psychiatrists

Contents continued from front cover

Further evidence that reading ability is not preserved in Alzheimer's disease. *R. E. O'Carroll, N. Prentice, C. Murray, M. van Beck, K. P. Ebmeier and G. M. Goodwin* 659

Psychiatric symptoms associated with dementia in older people with learning disability. *S. Moss and P. Patel* 663

Morbid jealousy in alcoholism. *A. Michael, S. Mirza, K. A. H. Mirza, V. S. Babu and E. Vithayathil* 668

Family functioning in adolescent anorexia nervosa. *C. North, S. Gowers and V. Byram* 673

The significance of a history of childhood sexual abuse in bulimia nervosa. *P. F. Sullivan, C. M. Bulik, F. A. Carter and P. R. Joyce* 679

The use of statistics in the *British Journal of Psychiatry*. *S. M. McGuigan* 683

Improving the quality of statistics in psychiatric research. *D. Hand and P. Sham* 689

Columns

Correspondence 692

A hundred years ago 700

Book reviews 701

American Journal of Psychiatry (contents) 707

Next month in the BJP

Brain atrophy in normal ageing and Alzheimer's disease. Volumetric discrimination and clinical correlations. *H. Förstl, R. Zerfuß, C. Geiger-Kabisch, H. Sattel, C. Besthorn and F. Hentschel*

The *British Journal of Psychiatry* is published monthly by the Royal College of Psychiatrists (a registered charity, registration number 228636). The *BJP* publishes original work in all fields of psychiatry. All communications, including manuscripts for publication, should be sent to the Editor, *British Journal of Psychiatry*, 17 Belgrave Square, London SW1X 8PG.

Full instructions to authors are given at the beginning of the January and July issues.

Subscriptions

Non-members of the College should contact the Publications Subscription Department, Royal Society of Medicine Press Limited, PO Box 9002, London W1A 0ZA (tel. 0171 290 2928; fax 0171 290 2929). Annual subscription rates for 1995 (12 issues post free) are as follows:

- Europe (& UK): institutions £148, individuals £130
- US: institutions \$295, individuals \$210
- Elsewhere: institutions £175, individuals £138
- Full airmail is £36/US\$64 extra.
- Single copies of the Journal are £14, \$25 (post free).

Payment should be made out to the British Journal of Psychiatry.

Queries from non-members about missing or faulty copies should be addressed within six months to the same address; similar queries from College members should be addressed to the Registration Subscription Department, The Royal College of Psychiatrists, 17 Belgrave Square, London SW1X 8PG.

© 1995 The Royal College of Psychiatrists. Unless so stated, material in the *British Journal of Psychiatry* does not necessarily reflect the views of the Editor or the Royal College of Psychiatrists. The publishers are not responsible for any error of omission or fact.

Back issues

Back issues published before 1995 may be purchased from William Dawson & Sons Ltd, Cannon House, Folkestone, Kent (tel. 01303 850 101).

Advertising

Correspondence and copy should be addressed to Peter T. Mell, Advertising Manager, PTM Publishers Ltd, 282 High Street, Sutton, Surrey SM1 1PQ (tel. 0181 642 0162; fax 0181 643 2275).

US Mailing Information

The *British Journal of Psychiatry* is published monthly by the Royal College of Psychiatrists. Subscription price is \$295. Second class postage paid at Rahway, NJ. Postmaster send address corrections to the *British Journal of Psychiatry*, c/o Mercury Airfreight International Ltd Inc., 2323 Randolph Avenue, Avenel, New Jersey 07001.

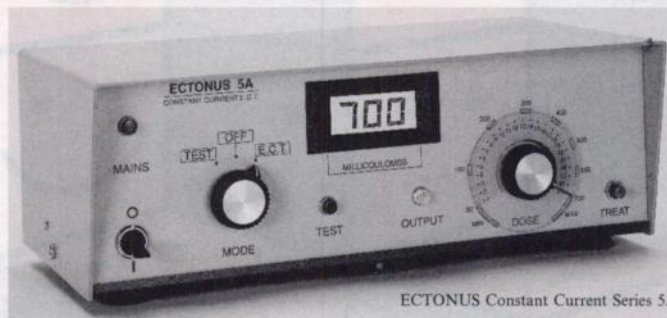
©™ The paper used in this publication meets the minimum requirements of American National Standard for Information Sciences – Permanence of Paper for Printed Library Materials. ANSI Z39.48–1984.

Typeset by Dobbie Typesetting Ltd, Tavistock, and Henry Ling Ltd.

Printed by Henry Ling Ltd, The Dorset Press, 23 High East Street, Dorchester, Dorset DT1 1HD.

SIMPLE AND EFFECTIVE E.C.T. WITH THE ECTONUS AND ECTONUSTIM

Constant Current Series 5A ECT apparatus



Also now available:
Series 5B E.C.T. Apparatus

Send for full details

ECTRON LTD

KNAP CLOSE LETCHWORTH HERTS ENGLAND SG6 1AQ
Telephone 01462 682124 Fax 01462 481463

Dr. Paul Janssen Schizophrenia Research Award



Year of 2nd Award: 1996 (Period June 1994-June 1996)

What? Every two years a scientific award, amounting to US\$ 25,000, provided by the CINP (Collegium Internationale Neuro-Psychopharmacologicum) through an educational grant from Janssen Research Council.

Who? Any young investigator (less than 45 years old on January 1st of the year of the award) who has performed outstanding research in the area of Clinical Neuroscience of Schizophrenia at a university institute or any other acknowledged scientific institution that is independent of the pharmaceutical industry. The submitted work should, at least in part, be the result of investigations conducted by the candidate during the five years preceding the year of award.

When? The recipient of the Dr. Paul Janssen Schizophrenia Research Award will be chosen by an international scientific jury, at least two months prior to the opening ceremony of the CINP Congress. The second Award will be presented at the opening ceremony of the XXth CINP Congress in Melbourne in 1996.

Whom to contact? For obtaining more detailed regulations of the Award: Dr. Luc Tritsmans, International Clinical R&D Department, Janssen Research Foundation, Turnhoutseweg 30, B-2340 Beerse, Belgium

For CINP application forms and submissions:
Prof. Goran Sedvall, Department of Psychiatry, Karolinska Hospital, S-171 76, Stockholm, Sweden



Supported by an educational grant from
Janssen Research Council

INT 95/2807A

ROYAL SOCIETY OF MEDICINE SECTION OF PSYCHIATRY

MENTAL HEALTH FOUNDATION ESSAY PRIZE

This prize is to be awarded for an original essay with particular relevance to Psychiatry.

Entry is invited from candidates currently practising medicine in the UK or Republic of Eire, and in training at any grade from Senior House Officer to Senior Registrar or equivalent.

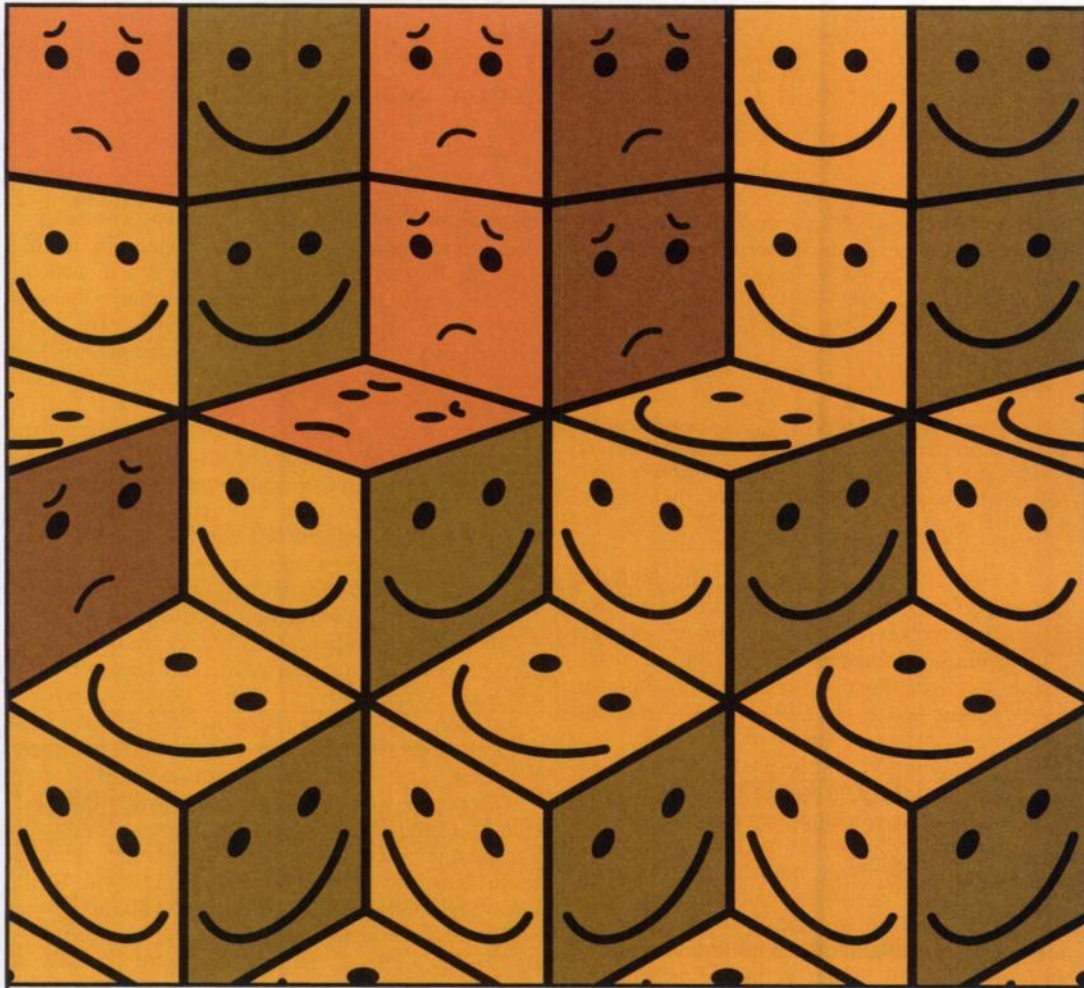
The winner and runner up may be invited to present their papers at a meeting of the Section of Psychiatry during the session.

Closing date for entries is 31 March 1996

For a complete copy of the regulations, please contact:

Mrs Alyson Ling, Section Administrator
at the Royal Society of Medicine.
Tel: 0171 290 2985
Fax: 0171 290 2989

The aim of the Royal Society of Medicine is the advancement of knowledge in all fields of medicine and allied subjects



LUSTRAL^{*}

sertraline

**Builds a successful recovery
from depression with anxiety**

Further information is available on request from:
Richborough^{*} Pharmaceuticals or Invicta^{*} Pharmaceuticals
Divisions of Pfizer Limited, Sandwich, Kent.
Legal Category: POM ^{*}Trade Mark
66214 Dec 94

