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The perceptions of Greek immigrants in Germany about the health illness and pain in the context of mental health

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Aim This study aims to investigate the perceptions of health, disease and pain issues among Greek immigrant, living in Germany, as they were formed through their previous experiences, their immigration routes and their experiences in a new sociocultural environment, while taking under consideration their varying cultural backgrounds.

Material-method This research was based on the personal interpretations of ten Greek immigrant (6 women and 4 men). As to methodology, qualitative research was employed. The methodological tools used for the collection of the material were semi-structured interviews (face to face), participant observation and a field diary. Finally, the method of analysis used for the empirical material was content thematic analysis.

Results All participants experienced immigration as an especially stressful period of their lives that changed their state of health (these changes extend from physical complaints to manifestation of depression). Most person describe life in Germany as difficult due to various problems (loss of relatives and friends' social networks, poor language knowledge, isolation, etc.). However, the public health system's organization (regardless any flaws), which ensures their access to health services, positively contributed in changing their attitudes regarding the issues under question. Lastly, the reference to psycho-traumatic situations, transitional life phases, as well as to stimuli in the difficult everyday life feed person's meaning-makings about pain.

Conclusions The research's results showed that health and disease are not only biologically determined phenomena. They also are socially determined situations, given that they are not only related to changes in the individual's psychology but are influenced by the broader sociocultural environment in which the individual lives and works.

Disclosure of interest The authors have not supplied their declaration of competing interest.

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Problems of investigation of immigrants' students and their relation to psychopathology

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Introduction The purpose of this research was to investigate the problems of first-generation immigrant students and the linkage of these problems with the psychopathology of students.

Objectives The sample of this study included men and women students, that were second-generation immigrants aged from 18 to > 25 years.

Methods The research tools used were: (a) Psychopathology Scale (Symptom Checklist 90-R - SCL-90) and (b) State - Trait Anxiety Inventory (STAI), (c) the orientation test life (LOT-R) d) Other As Shamer Scale (OAS), (e) Experience of Shame Scale (ESS). The statistical processing of data showed Q (a) the students immigrants have higher levels of student migrants stairways: inferior (OAS), empty (OAS), (Mistakes (OAS), Total internal shame (ESS), characterological shame (ESS), behavioral shame (ESS), bodily shame (ESS), Trait Anxiety (STAI), Somatization (SCL-90), Inter. Sensitivity (SCL-90) and Depression (SCL-90).

Results The results of our study found high levels of psychopathology students immigrants and students migrant and interpretative this finding is explained by the lifestyle of their parents immigrants and different cultures which have to cope and adapt and their marginalization from society and official institutions, a situation that results in their exposure to a variety of risks to their mental health.

Conclusions In addition to increased levels of psychopathology, second generation immigrants such as students and the students in our sample suffer from violence the authorities and their fellow citizens.

Disclosure of interest The authors have not supplied their declaration of competing interest.

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Native vs. migrants – same opportunities or discriminated? – Psychiatry trainees' views from the EFPT brain drain study

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Introduction It is a well known fact that qualified health professionals generally migrate to high-income, developed regions. Nevertheless, the perceptions of this immigrant skilled health workforce on access to opportunities or feeling discriminated in their host countries, have not yet been explored or adequately addressed.

Objectives This work has focused on the perceptions of immigrant psychiatry trainees in several European countries about their