



## Long non-coding RNA-EN\_181 potentially contributes to the protective effects of N-acetylcysteine against non-alcoholic fatty liver disease in mice

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### Abstract

N-acetylcysteine (NAC) possesses a strong capability to ameliorate high-fat diet (HFD)-induced non-alcoholic fatty liver disease (NAFLD) in mice, but the underlying mechanism is still unknown. Our study aimed to clarify the involvement of long non-coding RNA (lncRNA) in the beneficial effects of NAC on HFD-induced NAFLD. C57BL/6J mice were fed a normal-fat diet (10 % fat), a HFD (45 % fat) or a HFD plus NAC (2 g/l). After 14-week of intervention, NAC rescued the deleterious alterations induced by HFD, including the changes in body and liver weights, hepatic TAG, plasma alanine aminotransferase, plasma aspartate transaminase and liver histomorphology (haematoxylin and eosin and Oil red O staining). Through whole-transcriptome sequencing, 52 167 (50 758 known and 1409 novel) hepatic lncRNA were detected. Our cross-comparison data revealed the expression of 175 lncRNA was changed by HFD but reversed by NAC. Five of those lncRNA, lncRNA-NONMMUT148902-1 (NO\_902-1), lncRNA-XR\_001781798-1 (XR\_798-1), lncRNA-NONMMUT141720-1 (NO\_720-1), lncRNA-XR\_869907-1 (XR\_907-1), and lncRNA-ENSMUST00000132181 (EN\_181), were selected based on an absolute log<sub>2</sub> fold change value of greater than 4, *P*-value < 0.01 and *P*-adjusted value < 0.01. Further qRT-PCR analysis showed the levels of lncRNA-NO\_902-1, lncRNA-XR\_798-1, and lncRNA-EN\_181 were decreased by HFD but restored by NAC, consistent with the RNA sequencing. Finally, we constructed a ceRNA network containing lncRNA-EN\_181, 3 miRNA, and 13 mRNA, which was associated with the NAC-ameliorated NAFLD. Overall, lncRNA-EN\_181 might be a potential target in NAC-ameliorated NAFLD. This finding enhanced our understanding of the biological mechanisms underlying the beneficial role of NAC.

**Key words:** NAC: NAFLD: lncRNA: lncRNA-EN\_181: RNA sequencing

Non-alcoholic fatty liver disease (NAFLD) is considered the most common liver disease worldwide. It covers a wide range of pathological spectra, from simple steatosis to non-alcoholic steatohepatitis (NASH) and fibrosis, and eventually progresses to liver cirrhosis and hepatocellular carcinoma in some individuals<sup>(1)</sup>. As a multisystem disease<sup>(2)</sup>, the prevalence of NAFLD usually parallels the prevalence of obesity<sup>(3)</sup>, type 2 diabetes mellitus<sup>(4)</sup> and CVD<sup>(5)</sup>. Currently, there are no approved clinical treatments for NAFLD. It is estimated that NAFLD will probably emerge as the leading cause of end-stage liver disease in the coming decades.

C57BL/6J mice are commonly used to build high-fat diet (HFD)-induced NAFLD model<sup>(6–8)</sup>. Much progress has been made in the understanding of the potential mechanisms of NAFLD, among which oxidative stress plays a critical role in the initiation and development of various stages of NAFLD<sup>(9)</sup>. N-acetylcysteine (NAC) acts as a donor of cysteine, which leads to replenishment of glutathione, and thus serves clinically as an antioxidant<sup>(10)</sup>. Several studies have reported that NAC supplementation effectively improved HFD-induced hepatic steatosis and liver injury in experimental animal models of NAFLD<sup>(11,12)</sup>. NAC treatment also

**Abbreviations:** GO, Gene Ontology; HFD, high-fat diet; KEGG, Kyoto Encyclopaedia of Genes and Genomes Enrichment; lncRNA, long non-coding RNA; NAC, N-acetylcysteine; NAFLD, non-alcoholic fatty liver disease; NASH, non-alcoholic steatohepatitis.

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attenuated hepatic oxidative stress and improved liver fat deposition and necroinflammation in a male Sprague–Dawley rat model of HFD-induced NASH<sup>(13)</sup>. More strikingly, in a clinical trial, obvious improvements in liver steatosis and fibrosis were observed in NASH patients after treatment with NAC (1.2 g/d orally) for 12 months<sup>(14)</sup>. Several actions have been implicated in the beneficial effects of NAC, which include improving hepatic lipid metabolism<sup>(15)</sup>, restoring the intestinal microecological balance<sup>(16)</sup> and alleviating liver inflammation<sup>(17)</sup>. However, the exact mechanisms underlying the protective effects of NAC against NAFLD are still largely unclear.

Long non-coding RNA (lncRNA), which contain more than 200 nucleotides, have emerged as new members in the regulation of multiple biological processes<sup>(18)</sup>, such as chromatin structural modifications, transcription, miRNA activity and protein degradation. Recent evidence suggests that lncRNA are involved in multiple metabolic diseases, including NAFLD<sup>(19)</sup>. The liver lncRNA profiles can be altered in both patients and experimental model animals with NAFLD<sup>(20)</sup>, among which a few lncRNA, including the lncRNA-MALAT1<sup>(21)</sup>, lncRNA-NEAT1<sup>(22)</sup> and lncRNA RP11-484N16.1<sup>(23)</sup>, have been reported to contribute to the pathological process of NAFLD. However, limited studies have addressed the involvement of lncRNA in NAC-mediated prevention of NAFLD.

In the present study, we confirmed that NAC supplementation effectively ameliorated HFD-induced hepatic steatosis and liver injury in NAFLD mice. Importantly, we observed that NAC intervention partially rescued HFD-stimulated dysregulation of the hepatic lncRNA profile, and we further identified lncRNA-EN\_181 could be a potential target in the protective role of NAC via an lncRNA-miRNA-mRNA axis. This study provided novel insight helping us to understand the biological protective roles of NAC against hepatic metabolic diseases.

## Materials and methods

### Animal experiments

According to the recommendations of Care and Use of Laboratory Animals in China, our study was conducted and approved by the Animal Ethics Committee of Zhejiang Chinese Medical University (Approval No. ZSLL-2018-008). Twelve SPF male C57BL/6J mice (8 weeks old, body weight 22–25 g) were purchased from Shanghai SLAC Laboratory Animal Co., Ltd (License No. SCXK(Hu)2017-0005). After a few days of adaptive feeding, mice were divided equally and randomly into three groups: the normal-fat diet (NFD, 10% energy from fat) group, the HFD (45% energy from fat) group and the HFD plus NAC (HFD + NAC, 2 g/L in the drinking water)<sup>(12)</sup> group. Mice were treated at a constant room temperature of 25°C on a 12/12-h light/dark cycle. Animals were provided with free access to water and food for 14 weeks; food/water intake was recorded daily and body weight was recorded weekly. Mice were euthanised by injection of barbital sodium (50 mg/kg body weight<sup>(24,25)</sup>) after 12 h of fasting, and blood and liver were harvested for further study.

### Biochemical assays

The activities of alanine aminotransferase and aspartate transaminase in plasma were measured according to the instructions of commercial kits (Nanjing Jiancheng Bioengineering Institute). The levels of TAG and total cholesterol in the liver were detected according to the instructions of total cholesterol and TAG kits (Applygen Technologies Inc.).

### Histological examination

Two small pieces of mouse liver tissue were immersed in 4% paraformaldehyde for preparation of paraffin sections and frozen sections, and the sections were stained with haematoxylin and eosin and Oil red O (Nanjing Jiancheng Bioengineering Institute, Nanjing, China) for the evaluation of liver steatosis under a Nikon eclipse Ti-S fluorescence microscope (Nikon).

### Whole-transcriptome sequencing

Total RNA from the liver tissue was extracted using TRIzol<sup>(26–28)</sup> (Invitrogen), and genomic DNA was removed using rDNase I RNase-Free (TaKaRa). RNA quality was verified using an Agilent 2100 Bioanalyzer (Agilent Technologies) and the spectrophotometer (Thermo Fisher Scientific). High-quality RNA samples (OD 260/280 = 1.8–2.2, OD 260/230 ≥ 2.0, RIN ≥ 8, 28S/18S ≥ 1.0, > 10 µg) were used to construct a sequencing library. Five micrograms of RNA was used to construct the RNA sequencing transcriptome strand library using a TruSeq™ Stranded Total RNA Kit from Illumina. A Ribo-Zero Magnetic Kit was used to remove ribosomal RNA (rRNA) and then fragmented by fragmentation buffer firstly, and first-strand cDNA was synthesised with random hexamer primers. Then, the RNA template was removed and a replacement strand was synthesised, and AMPure XP beads were used to separate the ds cDNA, which was generated by incorporating dUTP in place of dTTP, from the second-strand reaction mix. Lastly, multiple indexing adapters were ligated to the ends of the ds cDNA. Libraries were selected for cDNA target fragments on 2% Low Range Ultra Agarose followed by PCR amplified for fifteen PCR cycles. After quantified by TBS380, paired-end RNA-seq sequencing library was sequenced with the Illumina HiSeq xten//NovaSeq6000 (Illumina). In addition, 3 µg of total RNA was ligated with sequencing adapters with Truseq™ Small RNA Sample Prep Kit (Illumina). Subsequently, cDNA was synthesised by reverse transcription and amplified with twelve PCR cycles to produce libraries. After quantified by TBS380, deep sequencing was performed.

The raw paired-end reads were trimmed and quality controlled by SeqPrep (<https://github.com/jstjohn/SeqPrep>) and Sickle (<https://github.com/najoshi/sickle>) with default parameters. Then, clean reads were separately aligned to reference genome with orientation mode using HIASAT (<https://ccb.jhu.edu/software/hisat2/index.shtml>) software. The mapped reads for each sample were assembled by StringTie (<https://ccb.jhu.edu/software/stringtie/index.shtml?t=example>) via a reference-based approach. RSEM (<http://deweylab.biostat.wisc.edu/rsem/>) was used to quantify gene abundances.

Transcripts that overlapped with known protein-coding genes on the same strand, transcripts with fragment count  $\leq 3$ , transcripts shorter than 200 nt, the open reading frame longer than 300 nt and an exon number of less than 2 were discarded. Then, we used the Coding Potential Calculator<sup>(29)</sup> and Coding-Non-Coding index<sup>(30)</sup> to filter transcripts with coding potential. The remained transcripts were considered reliably expressed lncRNA.

### Quantitative real-time PCR

Total RNA was extracted from liver tissue with TRIzol, and a cDNA Synthesis Kit (Vazyme) was used to convert RNA into cDNA. cDNA, ddH<sub>2</sub>O, SYBR qPCR Master Mix (Vazyme) and primers were mixed together for qRT-PCR in a CFX-96Touch thermal cycler (Hercules) with the following programmes: 95°C for 30 s for denaturation with Hot-Start DNA Polymerase; 40 cycles at 95°C for 15 s and 60°C for 1 min for PCR amplification and 95°C for 15 s, 60°C for 1 min and 95°C for 15 s for melt curve analysis. The  $2^{-\Delta\Delta C_t}$  method was used to calculate the relative expression of candidate lncRNA. The primer sequences specific for the candidate lncRNA are listed in Supplementary Table 1.

### Gene Ontology and Kyoto Encyclopaedia of Genes and Genomes Enrichment Analyses

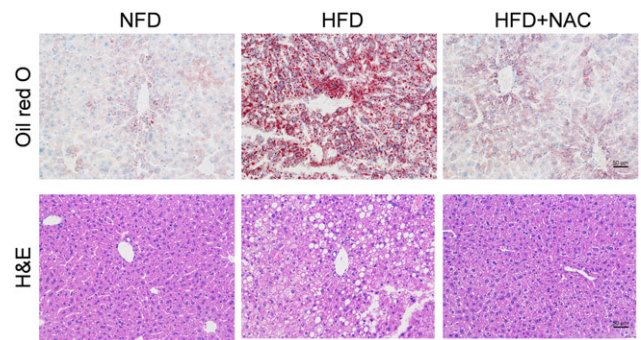
GO functional enrichment analysis was performed to calculate the number of all mRNA coexpressed with the 175 known lncRNA and map the mRNA to each term in the GO database. GO has three categories that describe the molecular function of a gene, the cellular component where its product performs its function and the biological process in which its product participates. First, the top fifty GO terms were selected based on the number of mRNA associated with the GO terms. Then, according to the most significantly enriched GO terms with the highest rich factor, fifteen GO terms were selected. In addition, the fifteen most significantly enriched KEGG pathways were identified using the same method.

### Long non-coding RNA-associated ceRNA network construction

miRanda and RNAhybrid were used to predict miRNA-lncRNA and miRNA-mRNA interactions. To increase the reliability of our results, only interactions found in both databases were converted into lncRNA-miRNA-mRNA interactions, according to the ceRNA hypothesis (ceRNA include lncRNA and mRNA competing for an miRNA). Moreover, we removed some RNA that did not meet the criterion of negative regulation between lncRNA and miRNA or between miRNA and mRNA. Finally, Cytoscape software (v3.8.2, <http://www.cytoscape.org/>) was used to construct the lncRNA-associated ceRNA network.

### Statistical analysis

Statistical analysis was performed with SPSS 25.0 software using one-way ANOVA (comparisons among multiple groups) followed by Fisher's least significant difference post hoc test. All data were expressed as the means  $\pm$  standard deviation (SD) with



**Fig. 1.** NAC ameliorates HFD-induced liver dysfunction. Histological analysis was performed by Oil red O and H&E staining of liver samples (200x). NFD, normal fat diet; HFD, high-fat diet; NAC, N-acetylcysteine. *n* 4 mice per group.

at least three replicates in each experiment. Statistical significance was assumed at  $P < 0.05$ .

## Results

### N-acetylcysteine ameliorates high-fat diet-induced liver dysfunction

The obesity-associated NAFLD mouse model was successfully established after 14 weeks of HFD feeding, as evidenced by haematoxylin and eosin and Oil red O staining (Fig. 1) and body weight, liver weight, hepatic TAG content, plasma alanine aminotransferase level and aspartate transaminase level measurement (Table 1). Notably, the HFD-induced detrimental alterations mentioned above were largely rescued by 14 weeks of NAC treatment (Fig. 1 and Table 1).

### The profiles and differential expression of long non-coding RNA in high-fat diet and N-acetylcysteine-treated mice

A total of 52 167 lncRNA, namely 50 758 known and 1409 novel lncRNA, were detected in liver samples by whole-transcriptome sequencing. The volcano plots show the variations in known lncRNA between the NFD and HFD groups as well as the HFD + NAC and HFD groups (Fig. 2(a) and (b)). A total of 175 lncRNA with significant differences were filtered out based on  $FC \geq 2$  or  $\leq 0.5$ <sup>(24,25)</sup>, which meant that the HFD-induced alterations in lncRNA expression were significantly reversed by NAC treatment, as shown in the Venn diagrams (Fig. 2(c) and (d)) and Table 2. Among those lncRNA, 123 were down-regulated in the HFD group compared with the NFD group, while those lncRNA were up-regulated by NAC treatment compared with their expression in the HFD group (Fig. 2(c)); the other fifty-two lncRNA were up-regulated in the HFD group compared with the NFD group, while NAC treatment reduced their expression (Fig. 2(d)). The differential lncRNA expression profiles in NFD-, HFD- and HFD + NAC-treated mouse livers were distinguishable in a heatmap generated by hierarchical clustering (Fig. 2(e)).

The relevant raw data can be viewed according to GSE188128 provided by GEO.



**Table 1.** Biochemical parameters in mice

	NFD		HFD		HFD + NAC	
	Mean	SD	Mean	SD	Mean	SD
Body weight (g)	27.85	0.54	39.55	0.52*	34.26	1.64*,†
Liver weight (g)	1.16	0.07	1.43	0.12*	1.16	0.07†
Liver TC ( $\mu\text{M/g}$ liver weight)	5.64	0.25	5.93	0.46	6.33	0.33
Liver TG ( $\mu\text{M/g}$ liver weight)	37.62	2.88	55.30	1.49*	44.77	1.98*,†
Plasma ALT ( $\mu\text{g/l}$ )	13.03	2.12	28.32	7.19*	15.46	2.69†
Plasma AST ( $\mu\text{g/l}$ )	26.84	6.05	38.83	2.14*	25.16	4.57†

NFD, normal fat diet; HFD, high-fat diet; NAC, N-acetylcysteine. TC, total cholesterol; ALT, alanine aminotransferase; AST, aspartate transaminase. *n* 4 per group.

\*  $P < 0.05$  v. NFD.

†  $P < 0.05$  v. HFD.

### Gene Ontology and Kyoto Encyclopedia of Genes and Genomes Enrichment analyses

As shown in Fig. 3(a), GO analysis of the host genes of the 175 lncRNA was performed based on the biological process, cellular component and molecular function categories. The biological process analysis showed that those lncRNA were enriched in the regulation of response to external stimulus and single-organism metabolic process. The cellular component analysis indicated that those lncRNA were enriched in the mitochondrial inner membrane and organelle inner membrane. The molecular function analysis showed that oxidoreductase activity and carbohydrate kinase activity were the top two enriched terms. Furthermore, the KEGG analysis of the host genes predicted fifteen significantly enriched pathways (Fig. 3(b)), among which the notably enriched pathways were peroxisome and NOD-like receptor signalling pathway.

### Validation of candidate long non-coding RNA

Based on the more stringent parameter selection criteria of an absolute  $\log_2(\text{FC}) \geq 4$ , a  $P$  value  $\leq 0.01$  and a  $P$ -adjust  $\leq 0.01$ , five lncRNA among those 175 lncRNA were selected for further analysis. The characteristics of these five lncRNA are shown in italics in Table 2. We subsequently tested the expression of these five lncRNA using qRT-PCR, and the results indicated that the expression levels of lncRNA-NO\_902-1, lncRNA-XR\_798-1 and lncRNA-EN\_181 were consistent with the RNA sequencing results (Fig. 4). Our data indicated that the expression of lncRNA-NO\_902-1, lncRNA-XR\_798-1 and lncRNA-EN\_181 was dramatically decreased by HFD feeding compared with NFD feeding, while NAC supplementation significantly reversed these alterations (Fig. 4).

### Construction of the lncRNA-EN\_181-associated ceRNA network

According to the miRanda and RNAhybrid databases, no miRNA were predicted to interact with lncRNA-NO\_902-1 and lncRNA-XR\_798-1. Interacting miRNA were predicted for only lncRNA-EN\_181 and included miR-6937-5p, miR-378d and miR-1955-5p after taking the intersection of the predictions from the two databases. Subsequently, mRNA were retrieved based on both the above-mentioned miRNA predicted using the miRanda and RNAhybrid databases and the results of RNA sequencing (mRNA with the same expression trends as

lncRNA-EN\_181 were selected as candidates). After intersection of these data sets, thirteen mRNA (Table 3) – *St5*, *Slc5a6*, *Fzr1*, *Arhgef3*, *Cd81*, *Unc13d*, *Arid1b*, *Slc13a2*, *Dgcr2*, *Absg*, *Zfp639*, *Abcb8* and *Pard3* – were predicted as target genes of lncRNA-EN\_181 by mediating predicted miRNA. The lncRNA-EN\_181-associated ceRNA network was successfully constructed in our study using Cytoscape software (Fig. 5).

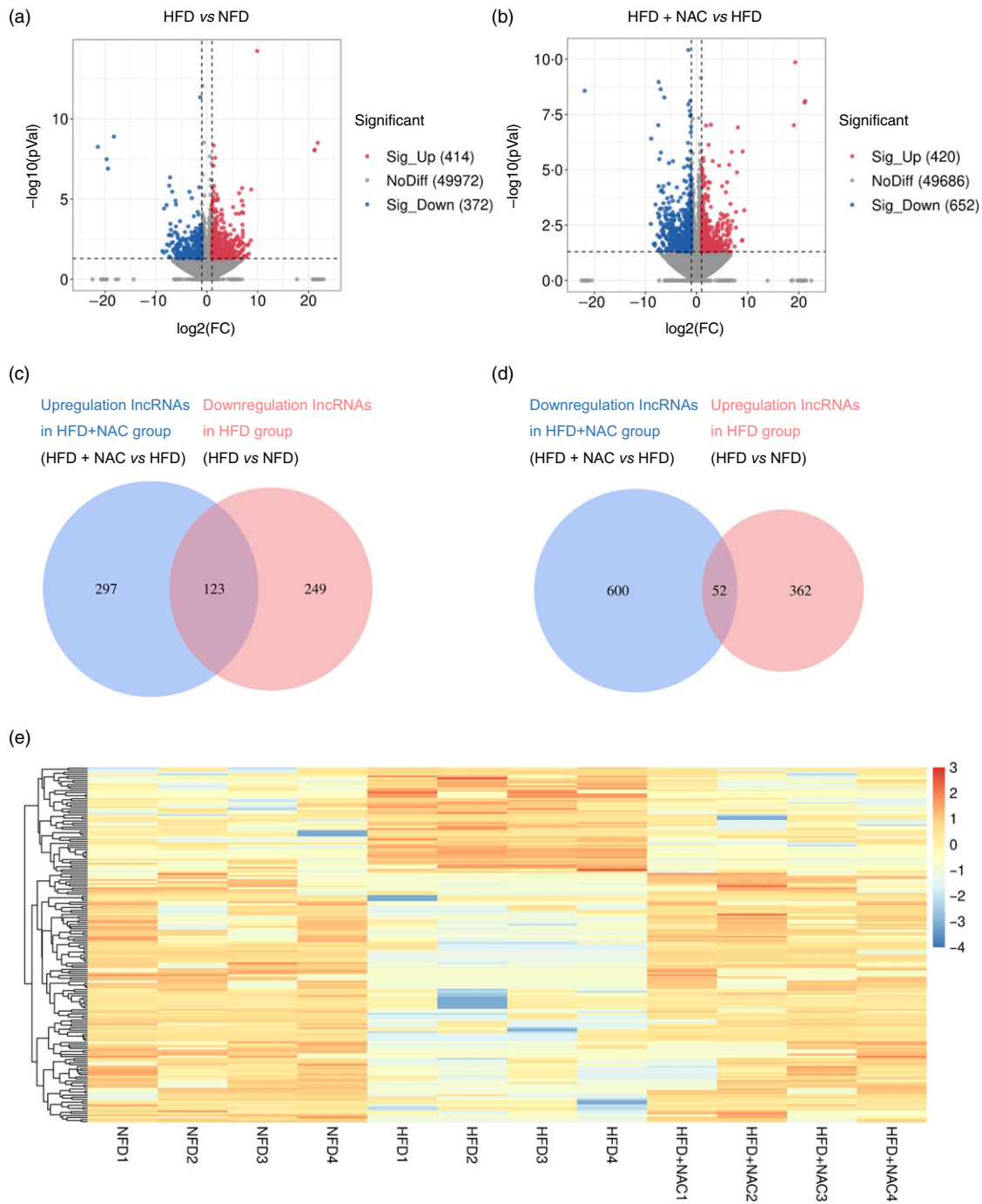
### The expressions of microRNA and mRNA corresponding to lncRNA-EN\_181 by qRT-PCR

We further validated the constructed ceRNA network by measuring the predicted miRNA and their target mRNA. Our data indicated that the expressions of miR-378d, miR-6937-5p and miR-1955-5p were all up-regulated by HFD compared with NFD, while NAC supplementation significantly reversed these alterations (Fig. 6(a)). Furthermore, the expressions of *Zfp639*, *Absg*, *Dgcr2*, *Unc13d*, *Fzr1* and *Slc5a6* were down-regulated by HFD compared with NFD, while NAC supplementation significantly rescued their alterations. However, the expressions of *Pard3*, *Arhgef3*, *Cd81*, *St5* and *Abcb8* were not statistically different under HFD and NAC interventions (Fig. 6(b)).

### Discussion

In the current study, we confirmed that lncRNA-EN\_181 was obviously down-regulated in the livers of mice fed a HFD and that its expression was restored by NAC treatment. In addition, based on bioinformatics analysis, we predicted an lncRNA-EN\_181-related ceRNA network containing three miRNA and thirteen mRNA that might be involved in both the pathological process of NAFLD and the beneficial effect of NAC.

NAFLD has become the most prevalent chronic liver disease worldwide. Although the understanding of the pathogenesis of NAFLD has improved, the exact underlying mechanism(s) are largely unclear, which limits the prevention and treatment of this disease. In the pathological process of NAFLD, many biomolecules, including DNAs, RNA, and proteins, are affected by metabolic reprogramming. Among those biomolecules, it is difficult to identify which changed biomolecules can be used as potential targets for the prevention and treatment of this disease. Therefore, we proposed exploring potential targets by searching for biomolecules whose dysregulation may be ameliorated by effective drugs. In this study, NAC, which has been reported to alleviate NAFLD in both experimental animals<sup>(31)</sup> and human patients<sup>(32)</sup>, was employed to ameliorate HFD-induced obese-associated NAFLD in mice. The dosage of NAC used in animal studies ranged from 20 g/kg/d<sup>(33)</sup> to 1000 mg/kg/d<sup>(34)</sup>. NAC was also supplied in the drinking water at a concentration of 2 g/l in our study, according to a previous study<sup>(12)</sup>. According to the amount of drinking water, the NAC intake of each mouse at this dose is about 500 mg/kg body weight, which is in the middle dose of the existing literature. The dosage of NAC used in human beings ranged from 600 mg/d<sup>(35)</sup> to 9 g/d<sup>(36)</sup>. By searching the literature, we found that there were reports of 9 g/d dose intervention for 24 weeks in the population study<sup>(37)</sup>, and no serious adverse reactions caused by NAC were found in this trial. Some studies also



**Fig. 2.** The profiles and differential expression of lncRNA in HFD- and NAC-treated mice. (a) and (b) Volcano plot showing the differentially expressed lncRNA. The red dots represent the up-regulated lncRNA, and the blue dots represent the down-regulated lncRNA. The vertical lines correspond to 2-fold up-regulation and down-regulation. The horizontal line indicates a  $P$  value = 0.05. (c) and (d) Venn diagrams showing overlapping lncRNA between differentially expressed lncRNA in the HFD v. the NFD group and the HFD + NAC v. the HFD group. (e) Heatmap of the hierarchical clustering analysis of lncRNA. The scale bar indicates the level of lncRNA expression. Red, higher level of expression; blue, lower level of expression.

suggested that better results may be achievable in a longer NAC follow-up<sup>(11)</sup>. In addition, several studies have also revealed the beneficial role of NAC on HFD-increased blood lipids and glucose<sup>(16,27,38)</sup>. In line with the existing evidence, we observed that NAC supplementation significantly reversed HFD-induced hepatic steatosis and liver injury in NAFLD mice.

Emerging evidence has shown that non-coding RNA, such as microRNA, lncRNA and circRNA, are implicated in the pathogenesis of NAFLD<sup>(39,40)</sup>. To date, limited studies have addressed whether and how lncRNA contribute to the protective role of NAC. In this study, 52 167 lncRNA, namely 50 758 known and 1409 novel lncRNA, were detected by whole-transcriptome

**Table 2.** The characteristics of 175 lncRNA

lncRNA	Full name	Genomic location	Characteristic	HFD/NFD			HFD + NAC/HFD		
				Log <sub>2</sub> FC	P	Regulation	Log <sub>2</sub> FC	P	Regulation
EN_275	ENSMUST00000132275	Chr8:123102652–123104464	sense_exon_overlap	-6.1658	≤ 0.0001	down	6.3875	≤ 0.0001	up
XR_376.2	XR_388376.2	Chr11:78188524–78192193	sense_exon_overlap	-5.2753	0.0002	down	4.2766	0.0035	up
EN_187	ENSMUST00000159187	Chr12:81581677–81595008	sense_exon_overlap	-5.0734	0.0075	down	4.7118	0.0134	up
EN_064	ENSMUST00000171064	Chr16:38585492–38586639	sense_exon_overlap	-1.1953	0.0390	down	1.2627	0.0293	up
EN_667	ENSMUST00000152667	Chr16:4 769 308–4 790 266	sense_exon_overlap	-3.3850	0.0473	down	5.3257	0.0014	up
EN_752	ENSMUST00000150752	Chr1:150430423–150440312	sense_exon_overlap	-1.7028	0.0092	down	1.8983	0.0037	up
EN_527	ENSMUST00000214527	Chr10:93474234–93483001	sense_exon_overlap	-1.6784	0.0051	down	1.4758	0.0148	up
EN_944	ENSMUST00000147944	Chr2:174469171–174472891	sense_exon_overlap	-4.0020	0.0043	down	4.2106	0.0025	up
XR_538.3	XR_374538.3	Chr2:163602280–163619013	sense_exon_overlap	-2.5035	0.0478	down	2.6103	0.0391	up
XR_774.1	XR_001783774.1	Chr3:94994409–95015413	sense_exon_overlap	-4.4602	0.0102	down	3.9113	0.0244	up
XR_057.3	XR_380057.3	Chr10:39732068–39854717	sense_exon_overlap	-2.8270	0.0204	down	2.4357	0.0461	up
EN_178	ENSMUST00000129178	Chr10:86690208–86701968	sense_exon_overlap	-1.3008	0.0047	down	1.1313	0.0140	up
NO_735.2	NONMMUT007735.2	Chr10:121780993–121781989	sense_exon_overlap	-3.6044	0.0160	down	3.1919	0.0344	up
EN_386	ENSMUST00000154386	Chr11:59184155–59184854	sense_exon_overlap	-2.2227	0.0207	down	1.9956	0.0399	up
EN_632	ENSMUST00000222632	Chr12:98784835–98786848	sense_exon_overlap	-1.8109	0.0118	down	1.5830	0.0288	up
EN_052	ENSMUST00000124052	Chr13:21179957–21181707	sense_exon_overlap	-1.2153	0.0178	down	1.2752	0.0130	up
XR_730.3	XR_382730.3	Chr13:92487100–92530922	sense_exon_overlap	-7.2626	0.0017	down	7.7351	0.0008	up
XR_130.1	XR_001781130.1	Chr14:99099772–99254494	sense_exon_overlap	-6.0328	0.0077	down	5.0665	0.0259	up
XR_082.1	XR_001781082.1	Chr14:120275661–120431698	sense_exon_overlap	-8.4308	0.0219	down	8.9527	0.01496	up
XR_520.1	XR_001781520.1	Chr15:12117792–12185449	sense_exon_overlap	-1.1148	0.0101	down	1.1400	0.0086	up
EN_097	ENSMUST00000160097	Chr15:76351352–76352067	sense_exon_overlap	-3.6738	0.0352	down	5.0249	0.0032	up
XR_828.1	XR_001781828.1	Chr16:55973272–56008913	sense_exon_overlap	-5.6357	0.0488	down	6.1702	0.0308	up
EN_507	ENSMUST00000148507	Chr16:20540752–20541871	sense_exon_overlap	-3.3333	0.0225	down	3.9304	0.0067	up
NR_488.1	NR_027488.1	Chr16:22009483–22049269	sense_exon_overlap	-1.2298	0.0166	down	1.0524	0.0406	up
XR_798.1	XR_001781798.1	Chr16:91647842–91679725	sense_exon_overlap	-21.4375	≤ 0.0001	down	21.1438	≤ 0.0001	up
XR_593.1	XR_001784593.1	Chr5:137288284–137294461	sense_exon_overlap	-4.5949	0.0166	down	4.2187	0.0289	up
EN_088	ENSMUST00000176088	Chr18:60828066–60829027	sense_exon_overlap	-2.1366	0.0067	down	1.8256	0.0225	up
EN_987	ENSMUST00000128987	Chr19:12695803–12714831	sense_exon_overlap	-1.1266	0.0287	down	1.3600	0.0083	up
EN_623	ENSMUST00000237623	Chr19:18758624–18824425	sense_exon_overlap	-3.9553	0.0395	down	4.1993	0.0284	up
XR_455.3	XR_386455.3	Chr19:55741786–55933661	sense_exon_overlap	-5.2104	0.0045	down	7.9139	≤ 0.0001	up
EN_090	ENSMUST00000163090	Chr19:39802608–39807430	sense_exon_overlap	-1.7421	0.0030	down	1.6500	0.0050	up
EN_046	ENSMUST00000176046	Chr19:46284562–46285980	sense_exon_overlap	-3.7333	0.0028	down	4.9998	≤ 0.0001	up
XR_762.1	XR_870762.1	Chr9:59617288–59650290	sense_exon_overlap	-5.4617	0.0032	down	6.0221	0.0011	up
NO_588.2	NONMMUT035588.2	Chr2:10254092–10256526	sense_intron_overlap	-1.8195	≤ 0.0001	down	1.0864	0.0193	up
EN_160	ENSMUST00000195160	Chr1:36553223–36554230	sense_exon_overlap	-4.8465	0.0038	down	4.0522	0.0169	up
EN_603	ENSMUST00000134603	Chr1:87756092–87767983	sense_exon_overlap	-3.2880	0.0417	down	3.3565	0.0376	up
EN_467	ENSMUST00000185467	Chr1:119595441–119599240	sense_exon_overlap	-3.3230	0.0195	down	3.3516	0.0186	up
EN_201	ENSMUST00000125201	Chr2:4 999 020–5 005 099	sense_exon_overlap	-1.2888	0.0417	down	2.5954	≤ 0.0001	up
EN_290	ENSMUST00000136290	Chr2:23517802–23537500	sense_exon_overlap	-4.3100	0.0192	down	3.9764	0.0319	up
EN_595	ENSMUST00000155595	Chr2:34773665–34774333	sense_exon_overlap	-1.7984	0.0037	down	1.5953	0.0100	up
EN_466	ENSMUST00000145466	Chr2:34772580–34774192	sense_exon_overlap	-1.9100	0.0107	down	2.0061	0.0074	up
EN_333	ENSMUST00000129333	Chr2:34774846–34775615	sense_exon_overlap	-2.3616	0.0011	down	2.0387	0.0050	up
EN_450	ENSMUST00000130450	Chr2:121424629–121432136	sense_exon_overlap	-1.4547	0.0068	down	1.0983	0.0417	up
XR_729.1	XR_001783729.1	Chr3:54692759–54728763	sense_exon_overlap	-1.6267	0.0013	down	1.4770	0.0035	up
EN_519	ENSMUST00000159519	Chr3:75517275–75521030	sense_exon_overlap	-3.1290	0.0027	down	2.6607	0.0123	up
EN_232	ENSMUST00000127232	Chr3:108075363–108076432	sense_exon_overlap	-5.0379	0.0310	down	4.6961	0.04506	up
XR_172.1	XR_001784172.1	Chr4:43002336–43010567	sense_exon_overlap	-5.5043	0.0188	down	6.1605	0.0084	up
EN_895	ENSMUST00000135895	Chr4:43578982–43579622	sense_exon_overlap	-3.5808	0.0165	down	3.0979	0.0411	up
EN_755	ENSMUST00000150755	Chr4:109304464–109305927	sense_exon_overlap	-3.4733	0.0116	down	3.9212	0.0042	up

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Table 2. (Continued)

lncRNA	Full name	Genomic location	Characteristic	HFD/NFD			HFD + NAC/HFD		
				Log <sub>2</sub> FC	P	Regulation	Log <sub>2</sub> FC	P	Regulation
EN_376	ENSMUST00000133376	Chr5:37319190–37336878	sense_exon_overlap	-4.1362	0.0108	down	3.6822	0.0252	up
EN_877	ENSMUST00000122877	Chr5:115945296–115998498	sense_exon_overlap	-4.5118	0.0116	down	3.7123	0.0398	up
EN_555	ENSMUST00000197555	Chr5:144009221–144014877	sense_exon_overlap	-1.3806	0.0097	down	1.1487	0.0328	up
EN_949	ENSMUST00000203949	Chr6:145864662–145865352	sense_intron_overlap	-3.0453	0.0012	down	2.3190	0.0151	up
XR_030.2	XR_878030.2	ChrX:8 193 845–8 206 546	sense_exon_overlap	-5.0866	0.0303	down	5.0254	0.0325	up
NO_649.2	NONMMUT073649.2	ChrX:107782761–107784831	sense_exon_overlap	-1.9447	0.0179	down	1.7985	0.0292	up
EN_249	ENSMUST00000210249	Chr8:13884793–13887215	sense_exon_overlap	-3.0114	0.0037	down	2.2780	0.0322	up
NR_367.1	NR_028367.1	Chr8:107056876–107060931	sense_exon_overlap	-4.3088	0.0140	down	4.1868	0.0170	up
EN_112	ENSMUST00000160112	Chr9:44379583–44386070	sense_exon_overlap	-1.6672	0.0033	down	1.2470	0.0283	up
EN_737	ENSMUST00000184737	Chr9:72662437–72672148	sense_exon_overlap	-2.1298	0.0007	down	1.3042	0.0430	up
EN_750	ENSMUST00000228750	Chr17:24587618–24591416	sense_exon_overlap	-1.9693	0.0047	down	1.6304	0.0204	up
NO_053.2	NONMMUT040053.2	Chr2:134594508–134596832	sense_exon_overlap	-5.9686	0.0089	down	7.0147	0.0021	up
XR_043.1	XR_001783043.1	Chr2:39066216–39190734	sense_exon_overlap	-3.8741	0.0112	down	4.2282	0.0056	up
NO_857.2	NONMMUT036857.2	Chr2:35100852–35101559	intergenic	-1.2005	0.0280	down	1.6555	0.0023	up
EN_712	ENSMUST00000212712	Chr8:95734312–95736729	sense_exon_overlap	-1.6706	0.0187	down	1.9332	0.0064	up
EN_786	ENSMUST00000227786	Chr17:15044394–15048728	sense_exon_overlap	-3.0484	0.0024	down	4.4203	≤ 0.0001	up
EN_737	ENSMUST00000234737	Chr18:14655090–14670786	sense_exon_overlap	-1.9631	0.0017	down	1.7784	0.0050	up
EN_916	ENSMUST00000123916	Chr3:36863120–36943396	sense_exon_overlap	-5.9838	0.0013	down	6.6353	0.0003	up
XR_545.1	XR_001781545.1	Chr15:55015128–55072193	sense_exon_overlap	-5.4845	0.0096	down	5.9229	0.0051	up
EN_250	ENSMUST00000173250	Chr1:36146156–36150524	sense_exon_overlap	-2.1566	0.0020	down	2.1456	0.0022	up
EN_835	ENSMUST00000140835	Chr6:125009744–125032787	sense_exon_overlap	-6.6690	0.0048	down	6.6832	0.0047	up
XR_168.1	XR_001785168.1	Chr6:35177715–35247557	sense_exon_overlap	-7.4098	0.0079	down	6.1959	0.0267	up
EN_342	ENSMUST00000202342	Chr5:54115856–54118587	sense_exon_overlap	-1.7419	0.0295	down	2.1721	0.0063	up
EN_093	ENSMUST00000133093	ChrX:8 154 482–8 175 958	sense_exon_overlap	-1.7012	0.0121	down	1.5959	0.0191	up
NO_216.2	NONMMUT005216.2	Chr10:33950779–33951212	sense_intron_overlap	-1.1680	0.0480	down	1.4322	0.0144	up
EN_730	ENSMUST00000236730	Chr19:45921272–45936429	sense_exon_overlap	-2.5363	0.0066	down	2.2447	0.0176	up
EN_631	ENSMUST00000235631	Chr19:27409729–27421483	sense_exon_overlap	-1.0770	0.0092	down	1.0691	0.0099	up
EN_125	ENSMUST00000161125	Chr1:52845043–52885337	sense_exon_overlap	-2.3186	0.0056	down	1.7717	0.0369	up
EN_568	ENSMUST00000196568	Chr3:90015017–90052331	sense_exon_overlap	-5.7208	0.0453	down	6.6694	0.0194	up
XR_163.3	XR_387163.3	Chr1:152954970–153119266	sense_exon_overlap	-4.0838	0.0057	down	3.8512	0.0094	up
XR_516.3	XR_386516.3	Chr19:10634212–10656703	sense_exon_overlap	-2.9207	0.0020	down	2.4394	0.0103	up
EN_140	ENSMUST00000137140	Chr5:115124961–115127513	sense_exon_overlap	-5.4616	0.0060	down	6.1355	0.0020	up
EN_588	ENSMUST00000125588	Chr5:124451170–124460837	sense_exon_overlap	-6.3767	0.0012	down	5.9419	0.0025	up
XR_042.3	XR_384042.3	Chr15:58904794–58933756	sense_exon_overlap	-6.0857	0.0005	down	5.0179	0.0045	up
EN_181	ENSMUST00000132181	Chr7:66710145–66717254	sense_exon_overlap	-7.2270	≤ 0.0001	down	6.8844	≤ 0.0001	up
EN_267	ENSMUST00000196267	Chr5:139363650–139460511	sense_exon_overlap	-3.7902	0.0183	down	3.7009	0.0216	up
XR_752.2	XR_868752.2	Chr5:151416418–151423964	antisense	-5.8058	0.0145	down	6.3960	0.0070	up
EN_955	ENSMUST00000153955	Chr5:105519472–105544640	sense_exon_overlap	-4.3152	0.0011	down	3.4941	0.0098	up
XR_858.1	XR_001779858.1	Chr11:116837431–116843360	sense_exon_overlap	-7.1909	0.0004	down	4.3026	0.0353	up
EN_265	ENSMUST00000165265	Chr7:31070536–31076655	sense_exon_overlap	-3.4687	0.0194	down	4.7307	0.0010	up
EN_893	ENSMUST00000234893	Chr17:33646235–33648979	sense_exon_overlap	-2.9142	0.0266	down	3.5819	0.0059	up
XR_623.1	XR_001784623.1	Chr5:134237833–134314760	sense_exon_overlap	-1.7698	0.0162	down	1.8754	0.0108	up
XR_678.1	XR_001784678.1	Chr5:108571514–108629777	sense_exon_overlap	-5.8298	0.0110	down	5.9624	0.0093	up
XR_888.2	XR_868888.2	Chr6:71880637–71908772	sense_exon_overlap	-6.8910	0.0019	down	4.5609	0.0417	up
XR_165.1	XR_001785165.1	Chr6:71880637–71908772	sense_exon_overlap	-18.2887	≤ 0.0001	down	19.3154	≤ 0.0001	up
NO_366.1	NONMMUT153366.1	Chr9:74847982–74861734	intergenic	-1.9144	0.0086	down	1.9018	0.0090	up
EN_506	ENSMUST00000189506	Chr1:54554602–54557627	sense_intron_overlap	-1.0315	0.0304	down	1.1217	0.0186	up
EN_329	ENSMUST00000150329	Chr11:16815430–16830702	antisense	-2.5824	0.0416	down	3.1550	0.0124	up
NO_069.1	NONMMUT148069.1	Chr4:62722110–62725388	intergenic	-4.0720	0.0342	down	4.3067	0.0248	up

N-acetylcysteine regulates long non-coding RNA-EN\_181 in non-alcoholic fatty liver disease



Table 2. (Continued)

lncRNA	Full name	Genomic location	Characteristic	HFD/NFD			HFD + NAC/HFD		
				Log <sub>2</sub> FC	P	Regulation	Log <sub>2</sub> FC	P	Regulation
EN_647	ENSMUST00000128647	Chr1:62605765–62607748	antisense	-3.5855	0.0065	down	3.0050	0.0246	up
XR_839-1	XR_866839-1	Chr2:148023805–148040560	intergenic	-1.0953	0.0024	down	1.3578	0.00017	up
EN_301	ENSMUST00000232301	Chr4:132308675–132311024	intergenic	-7.0723	0.0008	down	6.1139	0.0039	up
EN_215	ENSMUST00000176215	Chr17:24528266–24528743	antisense	-2.4040	0.0177	down	2.2243	0.0298	up
NO_670-2	NONMMUT037670-2	Chr2:67565702–68073574	sense_exon_overlap	-4.1723	0.0120	down	3.9807	0.0172	up
EN_264	ENSMUST00000182264	Chr8:121059118–121083110	antisense	-4.3240	0.0210	down	4.2427	0.0236	up
EN_098	ENSMUST00000181098	Chr8:109249865–109273811	intergenic	-1.8258	0.0093	down	3.1646	≤ 0.0001	up
NO_699-1	NONMMUT122699-1	Chr6:92940238–93273001	antisense	-3.0831	0.0033	down	3.0330	0.0039	up
XR_008-2	XR_870008-2	Chr7:132874613–132897571	sense_exon_overlap	-4.7204	0.0028	down	5.1332	0.0011	up
NO_902-1	NONMMUT148902-1	Chr5:28032094–28060425	intergenic	-719.4631	≤ 0.0001	down	21.2409	≤ 0.0001	up
EN_844	ENSMUST00000186844	Chr10:111506574–111507662	antisense	-3.1862	0.0364	down	4.1754	0.0052	up
EN_995	ENSMUST00000225995	Chr8:57304263–57315834	intergenic	-1.7129	0.0232	down	1.8990	0.0117	up
EN_354	ENSMUST00000188354	Chr9:74852908–74855385	intergenic	-1.2816	0.0293	down	1.9280	0.0010	up
NO_112-1	NONMMUT135112-1	Chr9:91340165–91341113	intergenic	-1.5498	0.0466	down	1.8749	0.0153	up
NO_906-1	NONMMUT150906-1	Chr7:35129296–35144129	intergenic	-5.1804	0.0227	down	6.6740	0.0032	up
XR_907-1	XR_869907-1	Chr7:119626518–119642645	antisense	-7.9295	≤ 0.0001	down	9.0159	≤ 0.0001	up
EN_043	ENSMUST00000209043	Chr7:6 156 515–6 157 618	bidirection	-2.4244	0.0489	down	3.2453	0.0074	up
NR_521-1	NR_045521-1	Chr7:44976754–44986420	sense_exon_overlap	-6.8159	≤ 0.0001	down	5.7477	0.0001	up
NO_506-1	NONMMUT152506-1	Chr8:10869828–10892071	intergenic	-6.0256	0.0125	down	5.8387	0.0156	up
NO_720-1	NONMMUT141720-1	Chr12:7 869 994–7 950 258	intergenic	-7.3934	≤ 0.0001	down	8.1098	≤ 0.0001	up
NO_606-1	NONMMUT080606-1	Chr10:86658515–86671018	intergenic	-3.7637	0.0169	down	3.2188	0.0438	up
NO_374-1	NONMMUT142374-1	Chr13:52180234–52191792	intergenic	-8.4129	≤ 0.0001	down	4.3601	0.0359	up
NO_861-1	NONMMUT089861-1	Chr13:52180234–52181773	intergenic	-1.3475	0.0179	down	1.8520	0.0011	up
XR_698-1	XR_001781698-1	Chr15:55923396–55960906	intergenic	-19.7123	≤ 0.0001	down	19.0393	≤ 0.0001	up
XR_243-1	XR_877243-1	Chr18:25835803–26218752	intergenic	-3.6345	0.0331	down	3.8252	0.0246	up
EN_801	ENSMUST00000164801	Chr14:51884937–51888924	sense_exon_overlap	5.2439	0.0309	up	-5.1527	0.0340	down
EN_210	ENSMUST00000203210	Chr6:124320486–124330519	sense_exon_overlap	1.0342	0.0036	up	-1.0039	0.0047	down
EN_600	ENSMUST00000146600	Chr2:158306611–158318613	sense_exon_overlap	1.3115	≤ 0.0001	up	-1.1356	≤ 0.0001	down
XR_707-2	XR_871707-2	Chr10:79736116–79746589	sense_exon_overlap	7.3682	0.0351	up	-7.2771	0.0374	down
EN_792	ENSMUST00000146792	Chr13:85215814–85218351	sense_exon_overlap	6.0538	0.0410	up	-5.9626	0.0442	down
EN_676	ENSMUST00000161676	Chr16:30066096–30067123	sense_exon_overlap	5.2913	0.0073	up	-5.2001	0.0084	down
EN_506	ENSMUST00000168506	Chr16:32673194–32679064	sense_exon_overlap	1.3301	0.0360	up	-1.5880	0.0155	down
XR_222-2	XR_867222-2	Chr3:65945911–65958394	sense_exon_overlap	6.9575	0.0051	up	-6.8664	0.0057	down
EN_393	ENSMUST00000123393	Chr5:86071749–86097699	sense_exon_overlap	2.1650	0.0013	up	-1.9415	0.0035	down
NO_923-1	NONMMUT120923-1	Chr5:104044618–104047397	antisense	2.4866	0.0104	up	-5.4584	≤ 0.0001	down
EN_404	ENSMUST00000202404	Chr5:92326622–92328078	sense_exon_overlap	1.5554	0.0060	up	-1.1966	0.0321	down
NO_074-2	NONMMUT047074-2	Chr4:44931161–44932207	sense_intron_overlap	2.1056	0.0465	up	-3.6282	0.0012	down
EN_219	ENSMUST00000139219	Chr3:36946220–36948149	sense_exon_overlap	4.8551	0.0387	up	-4.7639	0.0425	down
NO_801-2	NONMMUT009801-2	Chr11:54697021–54698285	sense_intron_overlap	6.8862	≤ 0.0001	up	-3.2856	0.0042	down
XR_135-2	XR_875135-2	Chr15:35864333–35886870	antisense	1.6843	0.0007	up	-1.8100	0.0003	down
NO_835-2	NONMMUT003835-2	Chr11:172371731–172374084	sense_intron_overlap	1.4765	0.0290	up	-1.6391	0.0167	down
EN_119	ENSMUST00000219119	Chr10:28737424–28740885	sense_exon_overlap	3.7209	0.0042	up	-2.8517	0.0221	down
EN_554	ENSMUST00000133554	Chr16:35541144–35648140	sense_exon_overlap	3.3014	0.0013	up	-3.5710	0.0010	down
EN_155	ENSMUST00000125155	Chr7:28834155–28835853	sense_exon_overlap	1.2640	0.0115	up	-1.2009	0.0166	down
EN_766	ENSMUST00000211766	Chr7:46751870–46754313	sense_intron_overlap	4.5932	0.0004	up	-3.3693	0.0045	down
XR_036-3	XR_384036-3	Chr15:83100191–83108344	sense_exon_overlap	6.8851	≤ 0.0001	up	-6.7940	≤ 0.0001	down
EN_426	ENSMUST00000182426	Chr5:14514992–14860184	sense_exon_overlap	1.3282	0.0233	up	-1.8959	0.0013	down
EN_406	ENSMUST00000141406	Chr11:120347086–120348469	sense_exon_overlap	1.4937	0.0056	up	-1.1063	0.0391	down
EN_591	ENSMUST00000222591	Chr12:84012863–84017674	sense_exon_overlap	1.8649	0.0013	up	-1.4006	0.0154	down
EN_547	ENSMUST00000210547	Chr7:46740496–46742942	sense_exon_overlap	3.0360	≤ 0.0001	up	-2.6489	0.0006	down

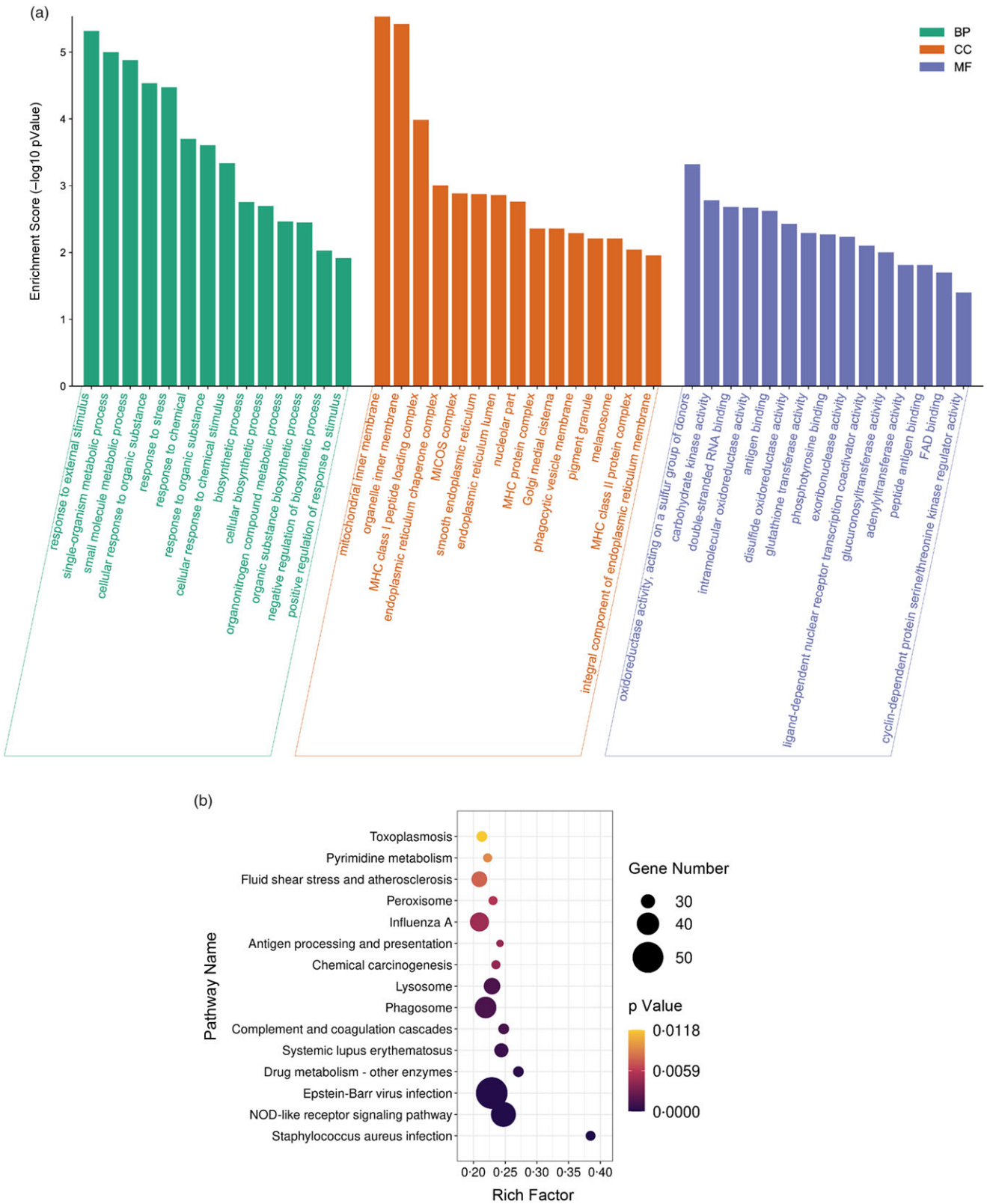


Table 2. (Continued)

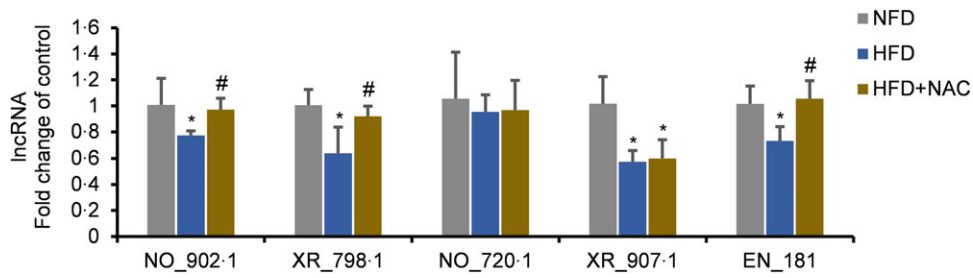
lncRNA	Full name	Genomic location	Characteristic	HFD/NFD			HFD + NAC/HFD		
				Log <sub>2</sub> FC	P	Regulation	Log <sub>2</sub> FC	P	Regulation
EN_994	ENSMUST00000172994	Chr17:35320404–35325099	sense_exon_overlap	1.7550	0.0009	up	–1.0840	0.0341	down
NO_609.1	NONMMUT148609.1	Chr4:109402286–109406957	antisense	6.8566	≤ 0.0001	up	–2.5216	0.0447	down
EN_221	ENSMUST00000133221	Chr17:29057429–29079179	intergenic	3.0885	0.0356	up	–3.7239	0.0120	down
NO_069.1	NONMMUT147069.1	Chr2:147944001–148040265	intergenic	1.9637	0.0033	up	–1.8593	0.0054	down
EN_401	ENSMUST00000156401	Chr4:127531621–127532885	intergenic	2.5031	0.0012	up	–1.5985	0.0255	down
NO_210.1	NONMMUT148210.1	Chr4:127522415–127533007	intergenic	6.3289	≤ 0.0001	up	–2.7507	0.0347	down
EN_638	ENSMUST00000225638	Chr13:120040092–120052178	sense_exon_overlap	2.2232	0.0399	up	–2.1852	0.0442	down
NO_416.2	NONMMUT004416.2	Chr1:192138814–192151026	bidirection	4.7668	0.0347	up	–6.5949	0.0045	down
NO_899.1	NONMMUT148899.1	Chr5:28032089–28060425	intergenic	1.2064	0.0080	up	–1.3871	0.0023	down
NO_981.1	NONMMUT138981.1	Chr1:31034546–31096654	sense_exon_overlap	8.2523	0.0249	up	–8.1612	0.0265	down
EN_683	ENSMUST00000195683	Chr12:115262683–115287908	intergenic	1.8017	0.0003	up	–1.6300	0.0011	down
EN_648	ENSMUST00000201648	Chr5:150562310–150566358	sense_exon_overlap	1.3666	0.0033	up	–1.6057	0.0009	down
EN_957	ENSMUST00000204957	Chr6:113797806–113799684	sense_exon_overlap	2.0553	0.0466	up	–4.4311	0.0012	down
NO_734.2	NONMMUT060734.2	Chr7:35128475–35144129	intergenic	2.1310	≤ 0.0001	up	–1.2025	0.0090	down
EN_090	ENSMUST00000209090	Chr7:98904267–98907902	antisense	3.3423	0.0006	up	–2.2976	0.0082	down
EN_859	ENSMUST00000213859	Chr9:44670452–44672238	bidirection	1.7447	0.0002	up	–1.8512	≤ 0.0001	down
NO_103.2	NONMMUT070103.2	Chr9:77706282–77707882	intergenic	2.6606	0.0002	up	–1.2718	0.0417	down
EN_199	ENSMUST00000214199	Chr10:93084205–93093727	intergenic	3.3109	0.0003	up	–1.8481	0.0302	down
NO_431.1	NONMMUT139431.1	Chr10:43742808–43767410	intergenic	2.4173	0.0137	up	–2.1029	0.0293	down
XR_040.2	XR_872040.2	Chr10:111599725–111611544	intergenic	4.6545	0.0016	up	–8.8786	≤ 0.0001	down
NO_712.1	NONMMUT139712.1	Chr10:99459562–99469462	intergenic	1.5428	0.0297	up	–1.6813	0.0186	down
EN_381	ENSMUST00000218381	Chr10:71168736–71182040	intergenic	3.8694	0.0017	up	–3.0588	0.0098	down
NO_100.2	NONMMUT034100.2	Chr19:20409088–20422121	intergenic	2.7598	0.0369	up	–6.4896	≤ 0.0001	down
NO_957.1	NONMMUT105957.1	Chr19:20527381–20555795	antisense	1.5016	0.0280	up	–1.8332	0.0085	down
NO_384.1	NONMMUT143384.1	Chr14:34604220–34606879	intergenic	1.6662	0.0065	up	–2.5010	0.0001	down
EN_074	ENSMUST00000236074	Chr18:84625744–84640906	antisense	1.9530	0.0035	up	–2.1771	0.0017	down
EN_350	ENSMUST00000235350	Chr17:31907878–31909029	intergenic	1.2976	0.0395	up	–1.5989	0.0122	down

NFD, Normal fat diet; HFD, High-fat diet; NAC, N-acetylcysteine; lncRNA, long non-coding RNA.

N-acetylcysteine regulates long non-coding RNA-EN\_181 in non-alcoholic fatty liver disease



**Fig. 3.** Gene Ontology (GO) and KEGG analyses. (a) GO analysis of host genes. BP, biological process; CC, cellular component; MF, molecular function. (b) Kyoto Encyclopaedia of Genes and Genomes (KEGG) analysis of host genes. The rich factor is the ratio of the number of enriched genes in the pathway entry to the total number of genes in the pathway entry.

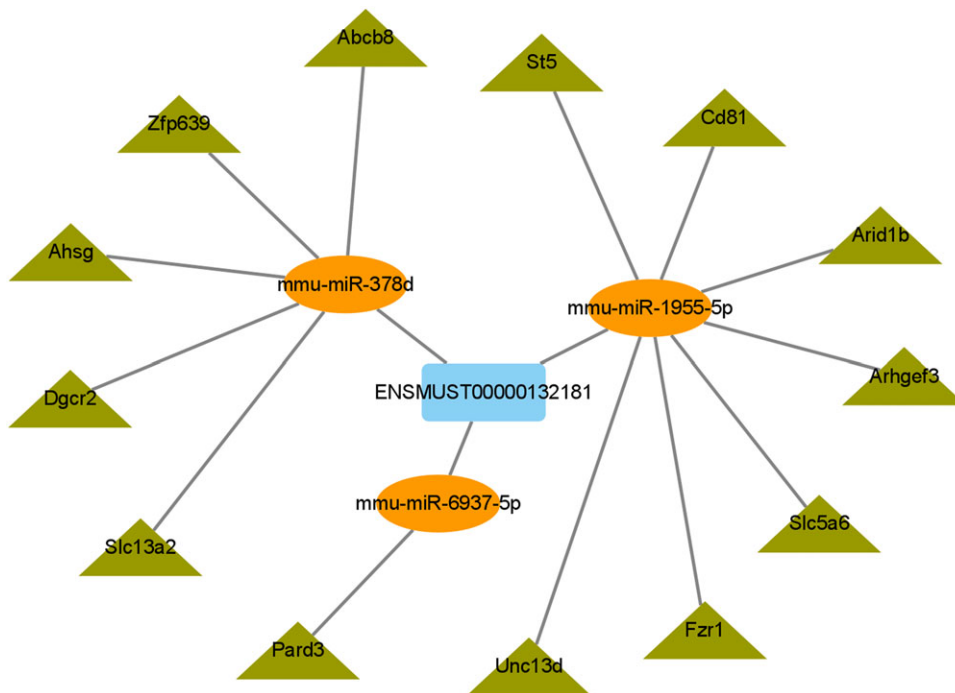


**Fig. 4.** Validation of candidate lncRNA by qRT-PCR. RNA was extracted from liver samples as described in the Methods section. qRT-PCR was performed to validate the expression of the tested lncRNA. \**P* < 0.05 v. the NFD group; #*P* < 0.05 v. the HFD group. *n* 4 mice per group.

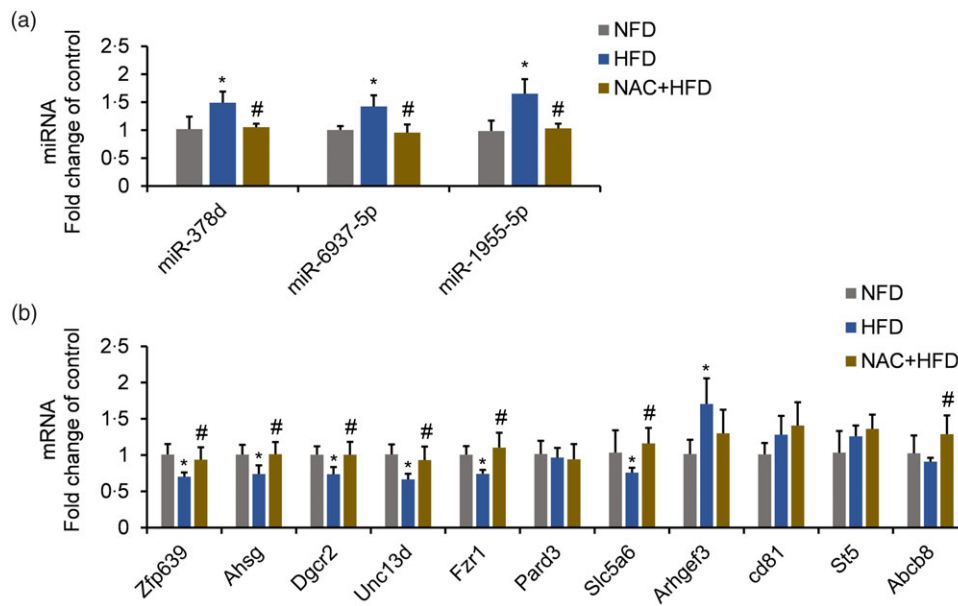
**Table 3.** Sequencing data of 13 mRNAs in high-fat diet HFD/NFD and HFD + NAC/HFD

mRNA ID	Gene name	HFD/NFD			HFD + NAC/HFD		
		Regulation	Log <sub>2</sub> FC	<i>P</i>	Regulation	Log <sub>2</sub> FC	<i>P</i>
ENSMUST00000207394	St5	down	-3.4680	0.0225	up	3.7136	0.0142
ENSMUST00000202556	Slc5a6	down	-3.0470	0.0152	up	4.1861	0.0008
ENSMUST00000118812	Fzr1	down	-5.4603	0.0209	up	5.0806	0.0320
ENSMUST00000049206	Arhgef3	down	-19.9126	≤ 0.0001	up	20.9590	≤ 0.0001
ENSMUST00000141954	Cd81	down	-7.0039	0.0221	up	9.3012	0.0024
ENSMUST00000106451	Unc13d	down	-5.8741	0.0382	up	6.0319	0.0333
ENSMUST00000092723	Arid1b	down	-7.2024	0.0016	up	7.1184	0.0019
ENSMUST00000001122	Slc13a2	down	-5.2025	≤ 0.0001	up	2.9164	0.0243
ENSMUST00000066127	Dgcr2	down	-5.4688	0.0101	up	8.7404	≤ 0.0001
ENSMUST00000231848	Ahsg	down	-5.5052	0.0199	up	5.9816	0.0113
ENSMUST00000151535	Abcb8	down	-2.6710	0.0056	up	2.0282	0.0368
ENSMUST00000192985	Zfp639	down	-5.1369	≤ 0.0001	up	5.3864	≤ 0.0001
ENSMUST00000162309	Pard3	down	-7.5281	≤ 0.0001	up	8.3667	≤ 0.0001

NFD, normal fat diet; HFD, high-fat diet; NAC, N-acetylcysteine.



**Fig. 5.** lncRNA-EN\_181-associated ceRNA network construction. The ceRNA network was constructed as described in the Methods section using Cytoscape software. The green rectangles represent mRNA, and the orange rectangles represent miRNA.



**Fig. 6.** The expressions of microRNA and mRNA corresponding to lncRNA-EN\_181 by qRT-PCR. qRT-PCR was performed to validate the expression of (a) microRNA and (b) mRNA. \* $P < 0.05$  v. the NFD group; # $P < 0.05$  v. the HFD group.  $n = 4$  mice per group.

sequencing. Based on a  $FC > 2$  or  $\leq 0.5$  and a  $P$  value  $\leq 0.05$ , we explored known lncRNA expression profiles in NFD-, HFD- and HFD + NAC-treated mice livers and screened out 175 lncRNA, which were significantly up/down-regulated by HFD but were markedly reversed by NAC treatment. Subsequently, we performed GO and KEGG analysis on these 175 known lncRNA and found that the most enriched term in molecular function aspect of GO analysis was oxidoreductase active. Oxidoreductases catalyse redox reaction which is the most basic chemical reaction in human body<sup>(41)</sup>. Oxidative stress commonly occurs following redox balance disturbance, which is a well-known pathological mechanism in NAFLD<sup>(9)</sup>. As the precursor of glutathione, NAC is an important substance to reduce oxidative damage<sup>(42)</sup>. Meanwhile, the KEGG analysis revealed that peroxisome and NOD-like receptor signal pathway were the meaningful enriched pathways in our study. Peroxisomes<sup>(43)</sup> are key metabolic organelles that contribute to cellular lipid metabolism and cellular redox balance. Peroxisomal dysfunction has been linked to various metabolic disorders in humans, including NAFLD<sup>(44)</sup>. The NOD-like receptor signalling pathway has been considered a crucial regulator of inflammation-associated diseases in mammals<sup>(45,46)</sup>. Patients with severe NAFLD were found to exhibit significant up-regulation of NOD-like receptor protein 3 inflammasome components<sup>(47)</sup>. Additionally, NOD-like receptor protein 3 inflammasome functional deficiency protected mice from choline-deficient amino acid-defined diet-induced steatohepatitis<sup>(48)</sup>. Oxidative stress and inflammation have been well documented as critical mechanisms that lead to hepatic cell death and tissue injury<sup>(49)</sup>. Our findings in this study implied that these candidate lncRNA contribute to the NAC-mediated amelioration of NAFLD through oxidative stress and inflammation pathways.

For further screening, we established more stringent selection criteria, that is,  $\log_2(FC) \geq 4$ ,  $P$  value  $\leq 0.01$  and  $P$ -adjust  $\leq 0.01$ ,

and obtained five lncRNA from those 175 known lncRNA. Then, qRT-PCR was employed to verify the expression of these five lncRNA. We observed that the expression of lncRNA-NO\_902-1, lncRNA-XR\_798-1 and lncRNA-EN\_181 was dramatically decreased by HFD feeding but increased by NAC treatment. This result was consistent with the RNA sequencing results. The ceRNA networks were subsequently constructed for those three lncRNA by taking the intersection of the miRanda and RNAhybrid database predictions. Unexpectedly, no miRNA were predicted by either the miRanda or RNAhybrid databases for lncRNA-NO\_902-1 and lncRNA-XR\_798-1. Only the lncRNA-EN\_181-associated ceRNA network was successfully constructed in this study. Notably, we confirmed that lncRNA-EN\_181, a known sense\_exon\_overlap lncRNA, could be successfully paired in sequences from humans by homologous sequence alignment (online Supplementary Table 2).

To the best of our knowledge, only a few studies have addressed the biofunctions of lncRNA-EN\_181 in NAFLD. Our study suggested for the first time that lncRNA-EN\_181 might be a potential target in HFD-induced NAFLD and provided insight into the protective role of NAC. Although how lncRNA-EN\_181 regulates NAFLD is largely unclear, interpretation of the lncRNA-EN\_181-associated ceRNA network might help us to determine the partners through which lncRNA-EN\_181 contributes to the protective effects of NAC. Thirteen mRNA whose expression was decreased by HFD feeding but restored by NAC treatment were predicted as potential targets of lncRNA-EN\_181 in a miRNA-mediated manner. In line with the results of GO and KEGG analyses, eight mRNA were associated with oxidative stress and inflammatory response pathways in various tissues. Some of them exhibit strong antioxidant effects; for example, Abcb8 is a mitochondrial inner membrane protein, and its deletion leads to mitochondrial iron overload in mouse cardiomyocytes, intracellular ROS elevation and cell death<sup>(50)</sup>.



Transcriptional up-regulation of *Ahsg* by ProBeytigen (an extract from hydrolysed chicken) exerts preventive effects against oxidative stress in the brains of accelerated senescence-prone mice<sup>(51)</sup>. However, some of the mRNA show pro-oxidative effects; for instance, knockdown of *Arid1b* suppresses oxidative stress and blunts senescence in C57BL/6 mice with hepatocellular carcinoma<sup>(52)</sup>. We speculated that the HFD-mediated reduction in *Arid1b* expression is due to a negative feedback protection mechanism. Moreover, some mRNA have been reported to be closely associated with inflammation in various diseases and might play an anti-inflammatory role in a direct or feedback-dependent manner. Mice with embryonic intestinal-specific depletion of *Slc5a6*, a sodium-dependent multivitamin transporter, develop severe spontaneous intestinal inflammation<sup>(53)</sup>. The *Unc13d* mutation is positively associated with the development of haemophagocytic lymphohistiocytosis, an inflammation-mediated disease<sup>(54)</sup>. *Pard3* has been shown to be positively associated with ulcerative colitis in humans, based on a cohort study<sup>(55)</sup>. *CD81*, a ubiquitously expressed membrane protein, is involved in a variety of biological responses, mostly studied in the context of the immune system<sup>(56)</sup> and lung inflammation<sup>(57)</sup>. *Arhgef3* expression is positively related to excess inflammatory microglial activation in mice with spinal cord injury<sup>(58)</sup>. Additionally, the connection between the remaining five mRNA – *St5*, *Fzr1*, *Slc13a2*, *Dgcr2* and *Zfp639* – and oxidative stress and inflammatory reactions are largely unknown. In our study, verified by qRT-PCR, the expressions of *miR-378d*, *miR-6937-5p* and *miR-1955-5p* were up-regulated by HFD feeding but reversed by NAC; meanwhile, the expressions of *Zfp639*, *Ahsg*, *Dgcr2*, *Unc13d*, *Fzr1* and *Slc5a6* were down-regulated by HFD feeding but rescued by NAC. Moreover, the expressions of *Pard3*, *Arhgef3*, *Cd81*, *St5* and *Abcb8* were not statistically different under HFD and NAC interventions. And, the expressions of *Arid1b* and *Slc13a2* were not detected in mouse liver. However, the exact mechanisms implicated in the effects of the predicted microRNA and mRNA in NAFLD are still unknown and need further investigation.

### Conclusion

In summary, we provided evidence that lncRNA function as a potential target in NAC-ameliorated NAFLD induced by HFD feeding in mice by suppressing oxidative stress and inflammation. Further analysis indicated for the first time that lncRNA-EN\_181 contributes to the beneficial role of NAC via regulation of its ceRNA network. We proposed that lncRNA-EN\_181 might be applied as a potential therapeutic target for the prevention and treatment of NAFLD.

### Supplementary material

For supplementary material accompanying this paper visit <https://doi.org/10.1017/S0007114522001829>

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