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Multidisciplinary Expertise in Consulting Family Program for People with Intellectual Disabilities in Aging

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The aging person with Intellectual Disability (DI) occurs early and uncharacteristically, accompanied by disability and increase the degree of dependence in everyday occupations. This aging still unknown in Brazil, is confirmed by the absence of theoretical models and lack of evidence to base clinical practice. The need for differentiated interventions highlights the importance of creating calls that address their needs and demands programs. Given this, created the program which Multidisciplinary Consulting aims to describe its actions on the model of the International Classification of Functioning, Disability and Health - ICF and working methodology of Therapeutic Project Single - PTS for family in the daily management of the person with DI in the aging process, focusing on maintenance and prevention of disability and quality of life. Experience Report. The sessions take place at home, 2 times per week and lasting 1h30min. Will be met by the professional staff people with DI, both genders, aged 30 years, with cognitive decline - functional and / or alteration of mood and behavior kept a period of at least 6 months, with or without hypothesis syndrome dementia. Interventions occur at three levels of care according to the degree of impairment of functionality: 1-Diagnosis Clinical-functional application Wide Geriatric Evaluation - AGA; 2-Cognitive Intervention and Rehabilitation / Functional; 3-Monitoring functionality and palliative care. This program will contribute to maintenance, prevention of disabilities and less need for assistance of another person to care. Should be reproduced in other professional and specialized services.