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ERRATUM

Hypocholesterolaemic effects of soya proteins: results of recent studies are predictable from the Anderson meta-analysis data

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In Table 1 the entry for "Daily dose and control diet" for the study by Lichtenstein et al. (2002) should read ISP 25 g/1000 kcal v. mixed animal proteins. The corrected table is reprinted on the next page.

Table 1. Effects of soya protein diets on plasma total cholesterol (TC) and LDL-cholesterol (LDL-C) levels in recent studies

Reference	Number of patients	Types of patient	Mean age (years)	Design	Daily dose and control diet	Duration	Baseline TC (mg/dl)	Net change in TC (mg/dl)	Baseline LDL-C (mg/dl)	Net change in LDL-C (mg/dl)
Baum *et al.* (1998)	21	F, postmen.	61	Para, DB	ISP 40 g + IF 90 mg *v.* casein	24 weeks	250	−13	Non-HDL 196	−11
Blum *et al.* (2003)	24	F, HC	55	X, DB	ISP 25 g + IF 85 mg *v.* milk proteins	6 weeks	270	+2	178	+5
Chen *et al.* (2005)	10	HC dialysis	61	Para, DB	30 g as soya drink with 36 mg isoflavone *v.* milk	12 weeks	266	−49	151	−31
Chen *et al.* (2005)	10	LC dialysis	61	Para, DB	30 g as soya drink with 36 mg isoflavone *v.* milk	12 weeks	170	−3	106	0
Chen *et al.* (2006)	13	HC dialysis	59	Para, DB	30 g as soya drink with 36 mg isoflavone *v.* milk	12 weeks	271	−49	166	−-25
Crouse *et al.* (1999)	15	M, F	52	Para, DB	ISP 25 g + IF 62 mg *v.* casein	9 weeks	226	+1	147	0
Crouse *et al.* (1999)	15	M, F	52	Para, DB	ISP 25 g + IF 62 mg *v.* casein	9 weeks	261	−24	185	−21
Cuevas *et al.* (2003)	18	F, HC, menop.	59	X, DB	ISP 40 g + IF 80 mg *v.* casein	4 weeks	286	−3	195	−1 NS
Dalais *et al.* (2003)	38	F, menop.	60	Para, DB	ISP 40 g + IF 118 mg *v.* casein	3 months	236	−11	154	−12
Gardner *et al.* (2001)	33	F, menop.	58	Para, DB	ISP 42 g + IF 3 mg *v.* milk proteins	12 weeks	228	+8 NS	151	+8 NS
Gardner *et al.* (2001)	31	F, menop.	63	Para, DB	ISP 42 g + IF 80 mg *v.* milk proteins	12 weeks	228	0 NS	151	−4 NS
Hermansen *et al.* (2001)	20	diabetes	64	X, DB	ISP 50 g + IF 165 mg *v.* casein	6 weeks	220	−6	140	−13
Hermansen *et al.* (2005)	100	M, F, HC	60	Para, DB	ISP 30 g, 9 g fibre + IF 100 mg *v.* 30 g casein	24 weeks	266	−12	178	−8
Jenkins *et al.* (2000)	66	M, F, HC	25	X	ISP 36 g + IF 168 mg *v.* wheat protein	3 weeks	270	−12	187	−-8
Jenkins *et al.* (2002)	41	M, F, HC	62	X	ISP 50 g + IF 10 mg *v.* dairy and egg proteins	1 months	258	−18	175	−7
Jenkins *et al.* (2002)	41	M, F, HC	62	X	ISP 50 g + IF 73 mg *v.* dairy and egg proteins	1 months	261	−17	176	−10
Kreijkamp-Kaspers *et al.* (2004)	88	F, menop.	67	X, DB	ISP 26 g *v.* milk proteins	12 months	240	−2 NS	161	−1 NS
Lichtenstein *et al.* (2002)	22	M, F	63	X	ISP 25 g/1000 kcal *v.* mixed animal proteins	6 weeks	220	+1	145	0
Lichtenstein *et al.* (2002)	22	M, F, HC	63	X	ISP 25 g/1000 kcal *v.* mixed animal proteins	6 weeks	278	−10	196	−10
Meinertz *et al.* (2002)	24	F, M	30	X	ISP 133 g + IF 318 mg *v.* casein	32 d	161	−3 NS	84	−3 NS
Puska *et al.* (2002)	30	HC	56	Para, DB	ISP 52 g + IF 192 mg *v.* casein	6 weeks	290	−24	199	−10
Sirtori *et al.* (1999)	21	M, F, HC	52	X	36 g as soya drink *v.* milk	4 weeks	337	−22	246	−19
Sirtori *et al.* (2002)	20	M, F, HC	60	X, DB	ISP 25 g + IF 77 mg *v.* milk	4 weeks	318	−12	230	−10
Steinberg *et al.* (2003)	28	F	55	X, DB	ISP 25 g + IF 107 mg *v.* milk proteins	6 weeks	190	−4 NS	111	−1 NS
Teede *et al.* (2001)	90	M, F	61	X, DB	ISP 40 g + IF 80 mg *v.* casein	3 months	228	−6	151	−5
Teixeira *et al.* (2000)	16	M, HC	45	Para, DB	ISP 20 g + IF 38 mg *v.* casein 50 g	6 weeks	231	−5	Non-HDL 190	−5
Teixeira *et al.* (2000)	16	M, HC	45	Para, DB	ISP 50 g + IF 95 mg *v.* casein 50 g	6 weeks	243	−8	Non-HDL 199	−9
Tonstad *et al.* (2002)	31	M, F, HC	54	Para, DB	ISP 50 g + IF 185 mg *v.* casein	16 weeks	251	−9	186	−7
Tonstad *et al.* (2002)	34	M, F, HC	54	Para, DB	ISP 30 g + IF 111 mg *v.* casein	16 weeks	265	−12	189	−12
Vigna *et al.* (2000)	40	F, menop.	53	X, DB	ISP 60 g + IF 76 mg *v.* casein	12 weeks	160	−2 NS	106	−7
West *et al.* (2005)	26	M, F menop	58	X, DB	ISP 25 g + IF 90 mg *v.* milk protein	3 weeks	210	0	140	0
Wong *et al.* (1998)	13	M, HC	36	X	ISP 50 g *v.* mixed animal proteins	5 weeks	262	−15	181	−9
Wong *et al.* (1998)	13	M, LC	41	X	ISP 50 g *v.* mixed animal proteins	5 weeks	170	−6	111	−8

F, female; menop., menopausal; HC, hypercholesterolaemia; LC, low cholesterol; M, male; Para, parallel design; DB, double blind; X, cross-over design; ISP, isolated soya proteins; IF, isoflavones.