

Professor M. Lader *Guide to the Use of Psychotropic Drugs*  
 Professor I. Marks *Psychiatric Nurse Therapists in Primary Care*

Professor R. Master *Psychiatry for Medical Under-graduates*

Professor R. G. Priest *Benzodiazepines, Sleep and Daytime Performance; Nomifensine; Anxiety and Depression*

Professor M. Shepherd *The Anatomy of Madness*

Professor T. Silverstone *Psychopharmacology and Food*

Dr D. A. Spencer *The Friends (League of Friends)*

Dr C. Thompson *Psychological Applications in Psychiatry*

Dr M. R. Trimble *Interface between Neurology and Psychiatry*

Dr A. Villeneuve *Brain Neurotransmitters and Psychiatry*

Professor H. Walton *Education and Training in Psychiatry; Dictionary of Psychiatry*

Dr G. Wilkinson *Mental Health Practices in Primary Care Settings*

## Obituary

**SAMUEL MILLAR ALLAN, formerly Medical Superintendent, Exminster Hospital, Devon.**

Samuel Millar Allan died on 1 January 1986, aged 84. Samuel Allan qualified at Glasgow University in 1923. He then spent two years in a busy general practice in a mining valley in South Wales before taking a post at the Whittingham Psychiatric Hospital. Subsequently he devoted his career to the study and practice of psychiatry, in which he acquired a high professional stature and reputation. To his colleagues in the early days at Whittingham he was 'the doctors' doctor' and it was an indication of our regard and esteem for his clinical ability that he was always the first to be called on when illness struck any of our families. In 1959 he was appointed senior consultant at Exe Vale Hospital.

He was a keen all-round sportsman, and a useful performer at many ball games. But golf was his abiding love and he enjoyed a close-fought game; he had a wonderful record at match play off his single figure handicap.

In the NHS he was a consultant psychiatrist of outstanding merit. He did much for the Health Service and he served on various Committees. He was Chairman of the South Western division of the RMPA from 1951-1953.

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**JONATHAN HORACE GOULD, formerly Consultant Psychiatrist, Hospital of St John and St Elizabeth, London**

Dr Gould was an unusual and unusually versatile psychiatrist. His interest in general medicine, which attained for him First Class Honours in the BSc, and the membership of the Royal College of Physicians, enabled him to pioneer interest in the relationship between nutrition and psychiatry, particularly the use of vitamins: I understand that the formulation of Parentrovite was based on his work.

His interest in the philosophical and religious interfaces of psychiatry stemmed out of his close association, both as medical student at Barts., and later as Chief Assistant there in the Department of Psychiatry, with Dr Eric Strauss. Dr Strauss was a convert from Judaism to Roman Catholicism and remained a close friend of Dr Gould throughout his life. Dr Gould himself was half-Jewish and

practising Church of England until he and his wife entered the Church of Rome some time after their marriage.

Clinical experience in a wide variety of regional psychiatric hospitals, and particularly All Saints' Hospital, Birmingham, where he came under the influence of the then Superintendent, Dr J. J. O'Reilly, also a Roman Catholic, gave him a deep and widespread experience in general clinical psychiatry, and also led to his becoming consultant at the Lady Chichester Hospital, Hove, before it entered the National Health Service in 1973, when Dr Gould left it.

He also had a special interest in forensic psychiatry for years, and served periods both at Wormwood Scrubs Prison and Broadmoor Hospital as Visiting Psychiatrist.

His hospital appointments after his return to London were at Roman Catholic institutions, but particularly the foremost Catholic hospital in London, St John & St Elizabeth, St Johns Wood. The majority of his clinical time, however, from 1973 onwards was spent in private practice, in which he remained until his retirement, when the ill-health which finally caused his death began to dog him in 1984. It is sad, indeed, that his retirement to Somerset was to be so short-lived.

He was probably the most far-sighted and innovative member, in the last ten years, of the Guild of Catholic Doctors, of which he became Master from 1976 to 1979. An active and outspoken member also of the Catholic Union, the body behind the political lobby of the Roman Catholic church, he founded and chaired the Joint Ethical Committee of the Union and the Parliamentary sub-Committee (which he had earlier founded) of the Guild, so that the Parliamentary sub-Committee's representation of doctors was strengthened with such other disciplines as the Law, the Trade Unions and other concerned laymen. He was also a founder member of the Legislation Committee of the Roman Catholic Hierarchy, on which he served until his retirement. At a personal level, he was one of the psychiatric advisers of the last two Cardinals. For all his work for the Church he received a Papal Knighthood, bestowed on him by Cardinal Hume on behalf of the Pope.

Dr Gould combined a rich spiritual life with social élan, and a wonderful capacity, with his wife Marguerite, to entertain his friends. Many psychiatrists will remember his