

At the same time, the difficulty of people with ID to conceptualize and / or express is subjective experience creates another obstacle to clearly identify with symptoms are present.

We will try to discuss these questions, and offer some references, in order to help mental health professionals to recognize the most common diagnosis in people with ID, and differentiate between them, namely Autism Spectrum Disorder, Attention-Deficit Hyperactivity Disorder, Mood Disorders, and Impulse Control Disorders.

Disclosure of Interest: None Declared

S0054

Changing Media Coverage of Mental Illness and Suicide: Results from a Multi-Year Canadian Action Research Study

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Abstract: Evidence suggests that the media plays an important role in shaping public beliefs and attitudes towards mental illness and people with mental illness. On the one hand, holistic and balanced portrayals that focus on treatments and recovery can help reduce stigma and prejudice by increasing knowledge and understanding. On the other hand, sensational and one-dimensional portrayals can create and perpetuate stigmas and stereotypes, which can contribute to prejudice, fear and social exclusion.

Related research indicates that the media can also influence suicidal behaviour. On the one hand, research indicates an increase in suicide mortality following romanticized, sensational and detailed media coverage of a suicide (the Werther effect). On the other hand, emerging research indicates a decrease in suicidal mortality following media coverage focused on suicide prevention, available resources and hopeful narratives (the Papageno effect).

This presentation will discuss an ongoing national action-research project that has been continuously funded since 2010, which aims to decrease inaccurate and stigmatizing coverage, while increasing hopeful and recovery-oriented coverage, in relation to mental illness and suicide. This will include discussion of (i) longitudinal results from a media monitoring project, examining coverage of mental illness from 2010 to the present; (ii) various educational initiatives targeted at journalists and journalism schools during the project; and (iii) an innovative citizen journalism programme aiming to produce alternative positive portrayals.

This presentation will be highly-relevant to people wanting to learn more about media coverage of mental health and suicide, and especially pertinent to people interested in conducting similar research elsewhere.

Disclosure of Interest: None Declared

S0055

Hormonal sensitivity of mood symptoms in women with ADHD across the lifespan

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Objective

In medicine, women are still understudied because they are considered less reliable research subjects than men, due to hormonal changes during the lifespan. Women with ADHD have been even more understudied, while exactly their hormonal mood changes and increased severity of ADHD urgently need our research attention.

Methods

In a selfreport questionnaire study (Dorani 2021) among 209 women with ADHD, hormonal mood changes during the menstrual cycle, after childbirth and during menopausal transition were investigated, and compared with available data from women of the general population, using the same instruments.

Results

The data showed that in every episode of hormonal changes, women with ADHD suffered from a 2-3 fold increase in frequency and severity of mood changes.

Conclusions

This first study points to increased severity of mood changes and probably also ADHD symptoms during episodes of hormonal changes in women with ADHD during the lifespan. During this talk, the findings and their etiological background will be clarified, such as interaction between the sex hormones estrogen and progesterone with dopamine and other neurotransmitters in the brain. Treatment options will be discussed as well.

Disclosure of Interest: None Declared

S0056

How to measure autobiographical amnesia: time to upgrade the CUAMI?

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Abstract: Autobiographical memory loss is a common complaint of patients treated with electroconvulsive therapy (ECT). However, reliable measurement of autobiographical memory loss after ECT is still a subject of debate. In the 1990s, the Colombia University Autobiographical Memory Interview (CUAMI) was developed specifically to monitor changes in autobiographical memory during a course of ECT. However, this instrument has been criticized due to the lack of psychometric data. In this talk, we will discuss the experiences of administrators and preliminary results of a study into the psychometric properties of the CUAMI. Is the CUAMI useful to test autobiographical memory after ECT or could it use an upgrade?

Disclosure of Interest: B. Isidoor Grant / Research support from: Isidoor Bergfeld works on a clinical trial of DBS for depression sponsored by Boston Scientific (in kind). He also received grants from ZonMw and Amsterdam Brain and Cognition for studies on DBS and ECT

S0057

Spanish media coverage of youth mental health issues during the COVID-19 pandemic

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Abstract: Introduction: The media portrayal of mental health is relevant in shaping the population's attitudes towards mental disorders. However, there is little information about the representation of children and adolescent mental health in the Spanish press, especially in the context of the COVID-19 pandemic. The general objective of this study was to analyze the tone and content of Spanish newspaper articles about mental disorders in youth during the COVID-19 pandemic.

Method: We collected media articles from 10 news sources, comprising the digital editions of five online news websites and five printed newspapers over a 6 month period (January 2021-June 2021). These articles were coded for content using a standardized codebook, followed by a qualitative thematic analysis. A total of 205 news items were evaluated.

Results: Results showed that the majority of the news items had an overall positive tone (68.3%), only 5.4% were stigmatizing and only 7.3% were related to violence. However, few articles offered help seeking information (6%), adolescents were rarely quoted (14%) and children were never quoted. Substantial differences are described in terms of age, gender and disorder, with adolescents, males and patients with psychosis or behavioral disorders most associated with stigmatizing content or violence. The thematic analysis led to three emergent themes: (i) violence and victimization; (ii) the COVID-19 pandemic; and (iii) technology and social media. The number of articles that described young people with mental health problems as victims of violence was prominent.

Conclusions: The Spanish media generally does not stigmatize mental health problems in children and adolescents. Furthermore, the COVID-19 pandemic may have promoted more positive discussion about youth mental health. However, there remains some room for improvement, as patients are seldom quoted, very few articles offer help-seeking information, and a narrative of victimization without appropriate discussion of resilience regularly occurs.

Disclosure of Interest: None Declared

S0058

UEMS training requirements for the speciality of psychiatry: knowledge, skills and professionalism required for the care of refugees and asylum seekers

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Abstract: The UEMS (or European Union of Medical Specialists) is a non-governmental organisation representing 40 national associations of medical specialists and operating through 43 Specialist Sections. The Psychiatry Section's purpose is to promote the highest standard of care for people who are affected by mental health problems in Europe through postgraduate training and continuing medical education of psychiatrists. It is responsible for developing the European Training Requirements (ETR) for the Speciality of Psychiatry through an iterative process that involved consulting national psychiatric associations, trainees, patient and carer organisations, EPA and WPA. Because medical education and the practice of psychiatry are continually evolving, it is intended that the ETR will be seen as a living document that will be periodically reviewed and amended.

In 2016, the Section approved an Annex to the competency framework covering learning outcomes of knowledge, skills and professionalism required for the care of refugees and asylum seekers. Last year, the Section undertook a major update and revision of the ETR and these learning outcomes have now been fully incorporated.

In this presentation, I am going to outline the specific requirements related to the care of refugees and asylum seekers. They relate to knowledge of traumatic stress, transcultural psychiatry and health promotion and social inclusion; intercultural communication skills, detailed history taking with reference to the impact of adverse events and psychoeducational skills; and professionalism, including awareness of own world view, respecting culture, ethnic and religious difference.

Disclosure of Interest: None Declared

S0059

How to include patients' perspectives in cognitive effects?

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Abstract: Cognitive (dys)function after ECT is often considered as a homogeneous phenomenon across patients. However, there are important inter-individual differences, with some patients experiencing residual invalidating cognitive deficits. We present the results of a study combining both group-level and individual-level analyses of cognitive function using an extensive cognitive test battery that was assessed in 73 patients at 5 time points during their ECT care pathway. Furthermore, we explored the presence of distinct subgroups of patients with a similar cognitive trajectory over time after treatment with ECT using Latent Class Growth Analysis.

Disclosure of Interest: None Declared

S0060

Presentation of Trauma Disorder in Adults with Intellectual Disability

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Abstract: Background: In the 20 years since a review by McCarthy (2001) on the presentation of Post-traumatic stress disorder (PTSD) in people with intellectual disability (ID), the understanding of trauma disorder has increased.

Method & Findings: Diagnostic criteria for ID will be presented to set the context. A brief summary of the key literature over the past twenty years will be discussed focusing on the presentation of PTSD in people with ID including the use of ICD-11 criteria. Evaluated tools available to assess the impact of life events and trauma for use in people with ID will be outlined including treatment options. The presentation of trauma disorder will be illustrated through a case study.