

PRELIMINARY DATA OF A WORKING GROUP FOR THE TREATMENT OF ED IN EASTERN PIEDMONT

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A group of intercompany job is constituted from the DSMs of the ASLs of Biella (BI), Novara (NO), VCO, Vercelli (VC) and of the Psychiatric Clinic of the AOU of Novara (NO) finalized to the definition of relief runs for the patients with Eating Disorders (ED). Currently they result active 2 ambulatory devoted to the ED near NO and VCO. In the AOU NO a collaboration is active with the dietology and a daily DH with activity of group for patient with different diagnoses. To Borgosesia (VC) a project of promotion and prevention it is active in the secondary (course of formation for teachers, job with the students) schools. In the DSM NO it is active a program of food education in the schools. Patients affections from ED currently in load: AOU NO 47 (2 AN Purging, 5 AN Restrictive, 2 BED, 20 Bulimia, 18 EDNOS); DSM NO 15 (7 AN, 5 Bulimia, 3 EDNOS); DSM VCO 27 (10 AN, 5 Bulimia, 12 EDNOS); DSM VC 21 (5 AN Purging, 1 AN Restrictive, 6 Bulimia, 9 EDNOS); DSM Arona (NO) 13 (4 AN, 9 Bulimia); DSM BI 20 (8 AN, 8 Bulimia, 4 EDNOS). In the last two years the followings have been effected refuges in Therapeutics Community specific (CT) for ED: 3 near the CT to Moncrivello (VC) and 1 near the CT to Cuasso al Monte (VA). Besides the structures of the DSM they are present associations of relatives and volunteers (informative counter).