

## Trainees' Charter

The College since its inception has striven to ensure the highest standards of psychiatric training and education. We are aware, however, that these training recommendations are not as widely known as we would like. The objective of the Collegiate Trainees' Committee Trainees' Charter is to disseminate as widely as possible a brief document on training that draws together strands from other documents including the Statement on Approval of Training Schemes for General Professional Training for the MRCPsych. This Charter has the full support of the Court of Electors. The intention is to raise awareness about training problems and encourage trainees to be more proactive in ensuring that their training needs are met. Only by providing the best possible level of postgraduate training can we ensure the standard of patient service we would wish and the public increasingly expect.

JOHN COX, *Dean, The Royal College of Psychiatrists*; and STEFFAN DAVIES, *Chairman, Collegiate Trainees Committee*

*Declaration: I pledge myself, in the practice of psychiatry, ever to have regard to the highest standards of professional service to patients and the honour of the college. (College Bye-laws II, 2).*

- (1) Individual supervision with consultant (educational supervisor) for one hour per week – not directly related to a discussion of immediate clinical problems.
- (2) Unimpeded access to a local training programme of approved study for MRCPsych.
- (3) Funded study leave for relevant courses, conferences and meetings – especially College meetings.

- (4) Appropriate local supervision and practical support for research with protected research time appropriate to grade.
- (5) Constructive positive and negative feedback on progress with a minimum of three months to act on such advice within the current placement.
- (6) Regular, meaningful, long-term career guidance by the College Tutor.
- (7) Right of access to College and personal tutors about training and pastoral issues.
- (8) Supervision and support with clinical case load appropriate to level of training, including psychotherapy supervision.
- (9) Decent working conditions, hours of duty and accommodation in line with the British Medical Association and Governmental recommendations.
- (10) Representation on training and relevant management committees, including participation in the allocation of trainees to rotational posts.
- (11) Support for local trainee organisations to represent trainees and provide peer group support.
- (12) To be treated with the consideration and respect expected of a professional colleague irrespective of status, sex or race.

### CLINICAL TRAINING TO PROVIDE A CLINICAL SERVICE BY PARTICIPATION IN AND CONTRIBUTION TO THAT SERVICE.

*The Royal College of Psychiatrists Collegiate Trainees' Committee 1994*

## Careers information pack

A revised and updated version of the College's careers information pack for prospective psychiatrists is now available free of charge

from the Postgraduate Education Department. Related posters and a video (price £7.50) are also available.