would say the Eucharistic Canon, and after the words of consecration, standing before Our Lord, feeling almost the physical presence of his wounded, bleeding body, I would begin to pray in my own words and remember all my friends, those in prison and those who are free, living and dead, and my memory would keep on suggesting more and more names. . . . The walls of the prison opened and it became for me all the Universe, visible and invisible, the universe for which was offered in sacrifice this wounded and bleeding Body. Then the Our Father, and the prayer before communion, "I believe, O Lord, and confess . . .', were full of meaning for me. After the Liturgy, throughout the day, I felt an extraordinary uplifting of spirit in purity and clarity. And it was not only my prayer, not so much my prayer, which helped me, as that of many believers. I felt their prayer continually; it acted from a distance, held me up as if on wings, gave me living water and the bread of life, tranquility of soul, peace and love'14.

## POSTSCRIPT

Anatol Levitin Krasnov is back in circulation again, having been released from prison some months before his full sentence, possibly on health grounds. With four others he has issued a two-page document, from the 'Initiative Group for the Defence of Human Rights in the Soviet Union'. It says that Yakir and Krasin had made lying statements at their trial and Press Conference, but had had their personalities broken by police interrogators.

'It is tragic that these lies are affecting the fate and reputation of all the political prisoners in camps, prisons and mental hospitals in the Soviet Union'.

They said they had never tried to discredit the social order of the Government of the country as Yakir and Krasin had testified. They were only opposed to those actions of the authorities which would be considered as inadmissable under any social system and any government. The group hopes to continue individual and collective efforts aimed at broadening generally recognised opinions, such as freedom to express and disseminate opinions, and freedom from being brought to court to face hypocritical charges.

'We continue to assert that in a whole series of cases psychiatry is used in our country to deal with people the authorities do not like'.

<sup>14</sup>My Come-back, 1970.