



# THE BRITISH JOURNAL OF PSYCHIATRY

November 1987

Vol 151

ISSN 0007-1250

Published by  
The Royal College of Psychiatrists

## NOTICE TO CONTRIBUTORS

1. *The British Journal of Psychiatry* is published monthly under the auspices of the Royal College of Psychiatrists. The *Journal* publishes original work in all fields of psychiatry. Communications on general editorial matters, including manuscripts for publication, printed matter, and books for review, should be sent to *The Editor, The British Journal of Psychiatry, 17 Belgrave Square, London SW1X 8PG*.

2. Contributions are accepted for publication on the condition that their substance has not been published or submitted for publication elsewhere. The *Journal* does not hold itself responsible for statements made by contributors. Unless so stated, material in the *Journal* does not necessarily reflect the views of the Editor or the Royal College of Psychiatrists.

3. Published articles become the property of the *Journal* and can be published elsewhere, in full or in part, only with the Editor's written permission.

4. Manuscripts accepted for publication are subject to copy-editing, and to editorial changes required for conformity with *Journal* style.

5. We regret that papers unsuitable for publication will not be returned.

6. **General advice to authors** In the assessment of manuscripts submitted to the *Journal*, great importance is attached to clarity and brevity of expression. Authors should read *General Notes on the Preparation of Scientific Papers* (3rd ed. 1974, £0.45, from The Royal Society) and/or Judith Butcher's *Typescripts, Proofs and Indexes* (1980, Cambridge University Press, £2.95). Spelling should follow the *Concise Oxford Dictionary*.

The standard of statistical work in papers submitted for publication has proved to be very variable. Authors using any statistical methods at all are strongly advised to study the paper 'Statistical guidelines for contributors to medical journals' (D. G. Altman *et al*, *British Medical Journal*, 7 May 1983, **286**, 1489–1493) at the earliest possible stage in preparing their work for publication.

7. **Manuscripts** Two high-quality copies should be submitted and the author should retain a copy. Articles must be typed on one side of the paper only, **double spaced with wide margins**, and all the pages must be numbered sequentially, starting with the title page.

a. The **title** should be brief and to the point. If necessary, a sub-title may be used to amplify the main title. The names of the authors should appear on the title-page, and **their names, degrees, affiliations and full addresses at the end of the paper**.

b. A **summary** should be given at the *beginning* of the article. It should be brief and factual and not normally more than 150 words.

c. **References** should be listed **alphabetically** at the end of the paper, **the titles of journals being given in full**. Authors should follow *Journal* style for the reference list and study the examples given below. Titles of books and journals are printed in italic and should therefore be underlined on the typescript. Reference lists not in *Journal* style will be returned to the author for correction.

Authors should check that the text references and the reference list are in complete agreement as regards dates and spelling of names. The text reference should be in the form '(Smith, 1971)' or 'Smith (1971) showed that ...'

DURKHEIM, E. (1897) *Le Suicide*. Paris. Translated (1952) as *Suicide: A Study in Sociology*, by J. A. Spaulding & C. Simpson. London: Routledge & Kegan Paul.

KENDELL, R. E. (1974) The stability of psychiatric diagnoses. *British Journal of Psychiatry*, **124**, 352–358.

RUTTER, M., TIZARD, J. & WHITMORE, K. (1970) *Education, Health and Behaviour*. London: Longman.

SCOTT, P. D. (1974) Definition, classification, prognosis and treatment. In *Pathology and Treatment of Sexual Deviation* (ed. I. Rosen) Oxford: Oxford University Press.

'Personal Communications' need written authorisation.

d. **Symbols and abbreviations** Follow *Units, Symbols and Abbreviations: A Guide for Biological and Medical Editors and Authors* (3rd ed. 1977), £2.00, available from the Publications Office of the Royal Society of Medicine. Terms or abbreviations which might not be understood by the average reader should be explained at first occurrence.

e. **Tables and Figures** Each table should be on a separate sheet, with an adequate heading; table and heading should be self-explanatory without reference to the text. The desired position of the table relative to the text should be indicated in the left margin.

Figures should be individual glossy photographs, or other camera-ready prints, *not* photocopies, clearly numbered and captioned below. Avoid cluttering figures with explanatory text which is better incorporated succinctly in the caption. A figure intended to occupy a single column should be drawn (or photographed) 80–110 mm wide to allow for a 2/3 reduction; a figure requiring the whole width of the page should be 180–210 mm wide. Lettering (film-set or stencil) should be 12pt sans (initial capital for the first word only) to give 8pt on the printed page. Labels on graphs should read parallel to the axes. Units must be clearly indicated and should be in brackets (*note*—'litre' should be spelled out in full unless modified to ml, dl, etc.).

f. **Photographs** Prints must be taken directly from the original b/w negative (not, for example, from a colour slide or a printed page) and should be glossy and sharply focussed. Labels, arrows, etc. should be shown on a duplicate print or overlay. Do not write anything on photographic prints, and do not use staples or paper-clips on them. These procedures apart, all the comments on figures and tables apply equally to photographs.

8. **Proofs** A proof will be sent to the senior author of an article. Reprints, which are prepared at the same time as the *Journal*, should be ordered when the proof is returned to the Editor.

9. **Letters to the Editor** Letters should not exceed two double-spaced typed pages. They will be edited for clarity and conformity with *Journal* style and may be shortened. There should be no more than five references; tables and figures cannot be used.

# THE BRITISH JOURNAL OF PSYCHIATRY

NOVEMBER 1987

Published monthly

Volume 151

Founded in 1853 as the *Asylum Journal* and known as the *Journal of Mental Science* from 1855 to 1963.

## EDITOR

Hugh Freeman

## ASSOCIATE EDITORS

Sidney Bloch	Kenneth Rawnsley
Sidney Crown	Martin Roth
Alan Kerr	Philip Snaith

## ASSISTANT EDITORS

Gaius Davies	Ian Pullen	William Spry
Ian Falloon	Michael Reveley	Chris Thompson
Julian Leff	Henry Rollin	Peter Tyrer
Margaret Little	Colin Shapiro	Greg Wilkinson

## PUBLICATIONS MANAGER

David Jago

## SCIENTIFIC EDITOR

Carey Chapman

## EDITORIAL ASSISTANTS

Danielle Michalitsianos

Judy Ashworth

## ASSISTANT FOR THE BULLETIN

Elaine Millen

**Correspondence, manuscripts, books for review**, for both the *Journal* and the *Bulletin* should be addressed to the Editor, 17 Belgrave Square, London SW1X 8PG (Tel 01-235 8857). See inside front cover for further instructions.

**Advertising enquiries**, correspondence and copy should be addressed to Mr Peter T. Mell, Advertisement Manager, PTM Professional Publications Ltd, 282 High Street, Sutton, Surrey SM1 1PQ (Tel 01-642 0162 PBX).

**Subscriptions** for non-members of the College are payable to British Journal of Psychiatry Subscription Department, The Royal Society of Medicine, 1 Wimpole Street, London W1M 8AE. Queries from non-members about missing or faulty copies should be addressed within six months to the same address; similar queries from College members should be addressed to the Registration Department, The Royal College of Psychiatrists, 17 Belgrave Square, London SW1X 8PG.

### **Annual subscription rates 1987** (12 issues post free)

United Kingdom: Institutions £85.00; Individuals £70.00

United States: Institutions \$245.00; Individuals \$200.00

Elsewhere: Institutions £115.00; Individuals £95.00

Single copies of the Journal, £7.00, \$14.00 (post free)

**US Mailing Agents:** Expeditors of the Printed Word Ltd, 527 Madison Avenue, Suite 1217, New York, NY 10022. 2nd Class postage paid at New York City, NY (USPS No. 536-870).

**Back issues** published before 1987 may be purchased from William Dawson & Sons Ltd, Cannon House, Folkestone, Kent, England (Tel. 0303 57421).

**Printed by Henry Ling Ltd, The Dorset Press, 23 High East Street, Dorchester, Dorset DT1 1HD (Tel 0305 65066).**

© 1987 THE ROYAL COLLEGE OF PSYCHIATRISTS



The University  
of  
British Columbia

DEPARTMENT OF  
PSYCHIATRY  
**ASSISTANT  
PROFESSOR**

The Department of Psychiatry has available a tenure track position for an academic psychiatrist with a special interest in research and treatment of schizophrenia.

Located in the UBC Health Sciences Centre Hospital, the position includes work as a clinical supervisor of the 20-bed specialized Schizophrenia Ward, and perhaps later on extending to outpatient services; supervision and teaching in both undergraduate and post-graduate programs; and the expectation that the incumbent will engage in clinical research.

The Psychiatric Pavilion of the Health Sciences Centre Hospital includes the distinguished Division of Neurological Sciences where unique opportunities for research exist. The university also has excellent facilities for brain imaging (PET and MRI).

Applicants should have appropriate clinical and teaching experience in Psychiatry and a demonstrable training and aptitude for clinical research. Eligibility for medical licensure in British Columbia is essential. Salary will be commensurate with the requirements of the position.

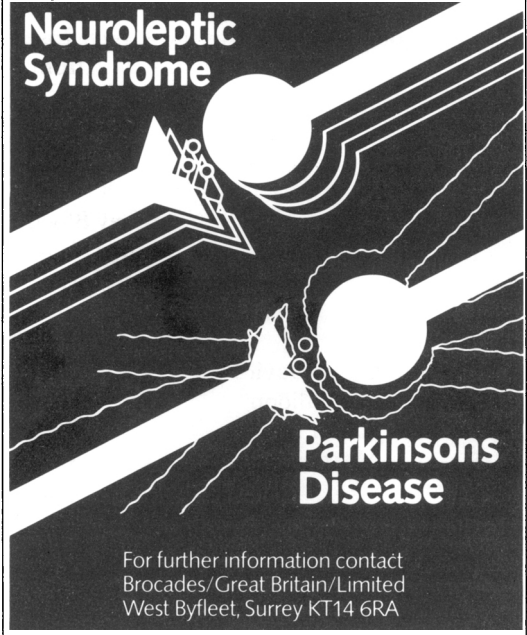
The appointment is subject to final budgetary approval. Applications, including a curriculum vitae and names of three referees, should be sent to: Dr H. C. Fibiger, Acting Head, Department of Psychiatry, The University of British Columbia, 2211 Wesbrook Mall, Vancouver, B.C., V6R 2R4 Canada.

In accordance with Canadian immigration requirements, preference will be given to Canadian citizens and permanent residents of Canada.

**Disipal**<sup>®</sup> Controls symptoms  
and elevates mood.

Orphenadrine HCl

**Neuroleptic  
Syndrome**



**Parkinsons  
Disease**

For further information contact  
Brocades/Great Britain/Limited  
West Byfleet, Surrey KT14 6RA

**FORGE HOUSE  
ROMSEY**

**A new residential  
nursing home for the  
treatment of Alcoholism**

**will open on**

**December 1st 1987.**

**Full 24 hour nursing  
facilities with resident  
staff and expert  
counselling.**

**All enquiries to the  
Medical Director at  
Romsey (0794) 388385.**

# Chief of Service

Alberta Hospital Ponoka, a fully accredited university affiliated adult psychiatric hospital is currently involved in a major redevelopment program which includes the creation of an 80 bed Brain Injury Rehabilitation Unit. An exciting and challenging opportunity is available for a Chief of Service to assist in the planning and development of assessment and admissions requirements and the establishment of clinical procedures.

Once the program is operating the Service Chief (Neuropsychiatrist) will specialize in the provision of direct clinical services including the clinical supervision of a large multi-disciplinary treatment team.

Qualifications will include Canadian Certification (F.R.C.P. (c)) or Graduation from a Category I Medical school with post graduate qualifications, research interest and experience in Neuropsychiatry.

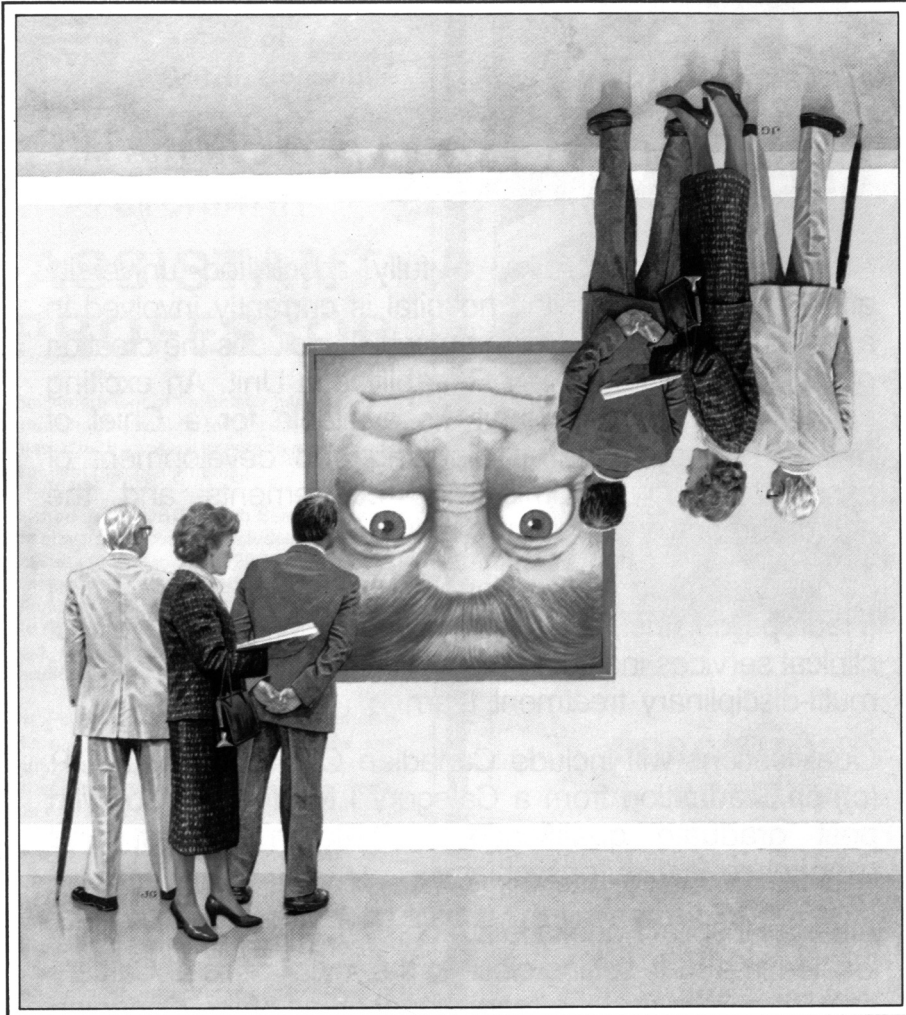
Alberta Hospital Ponoka is a progressive expanding facility located in a rural setting close to the major cities of Calgary and Edmonton and the recreational areas of the Canadian Rocky Mountains.

Please submit resumes or contact:



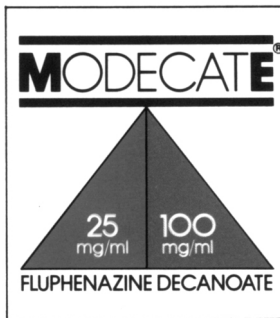
Associate Executive Director, Clinical Services  
Alberta Hospital Ponoka  
Box 1000  
Ponoka, Alberta, Canada T0C 2H0  
(403) 783-7643

**Modecate Abbreviated Prescribing Information. Indications:** Treatment of psychotic disorders. **Dosage – Modecate injection 25mg/ml.** Most patients are successfully maintained within the dosage range 12.5mg (0.5ml) every five weeks to 100mg (4ml) every two weeks. For full dosage information see Data Sheet. **Modecate concentrate injection 100mg/ml.** Adult patients found to require larger volumes of Modecate 25mg/ml may be transferred directly to the equivalent dose of Modecate concentrate on the basis that 1ml Modecate concentrate is equivalent to 4ml Modecate. **Contra-indications.** Patients with marked cerebral atherosclerosis, phaeochromocytoma, renal or liver failure, or severe cardiac insufficiency. **Precautions.** Care should be taken in patients, particularly the elderly, who exhibit marked extrapyramidal reactions to oral phenothiazines. **Side effects.** Mainly extrapyramidal reactions. Drowsiness, lethargy, dryness of the mouth and mild hypotension may occur. **Product Licence No's and Prices.** **Modecate injection 25mg/ml.** PL 0034/5046. 10 x 1ml ampoule £25.20 **Modecate concentrate injection 100mg/ml.** PL 0034/0189. 10 x 0.5ml ampoule £49.99 5 x 1.0ml ampoule £48.86. Modecate is a Trade Mark of E. R. Squibb & Sons Ltd. Further information available from: Technical Services Department, E. R. Squibb & Sons Ltd., 141-149 Staines Road, Hounslow, Middlesex TW3 3JA. Tel: 01-572 7422.



# TRIED AND TRUSTED

19 years ago, E. R. Squibb & Sons helped lead a revolution in the community based treatment of schizophrenia when they introduced the depot neuroleptic concept. Since then worldwide clinical experience has confirmed the efficacy and safety of Modecate in over 800,000 patients. Modecate is now regarded by many psychiatrists as the standard depot neuroleptic.



Modecate is available in two strengths, allowing a wide dosage range with convenient injection volumes. Most patients can be controlled with an injection at intervals of 3 weeks or more. Modecate is less expensive than other depot neuroleptics when comparing equipotent doses.

1) Johnson DAW Br J Psychiat 1975; 126: 457-461.

E. R. Squibb & Sons Ltd., 141-149 Staines Road, Hounslow, Middlesex TW3 3JA. Tel: 01-572 7422.