

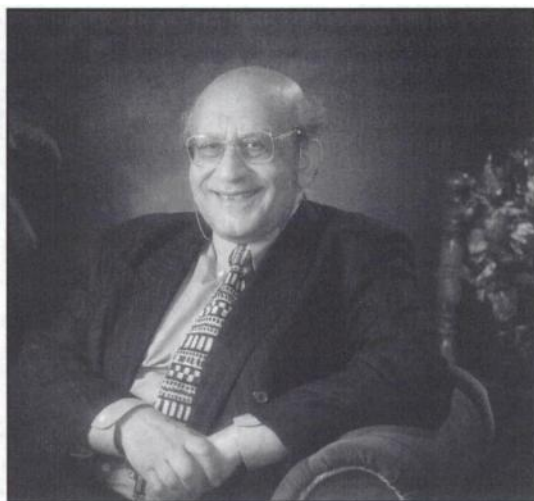
volunteers and other interested people from home and abroad all took part. In 1977 a sister trust (the Hutchinson Settlement) was founded to house students who were interested in assisting in the project and needing accommodation while training for the caring professions.

Many overseas visitors would pay a call and similarly Josephine travelled widely, lecturing and participating in many conferences. She was a prolific writer, and was the author of more than 40 published papers and also regularly circulating her inspirational thoughts to members of the large group and others interested in her project.

On retirement, she realised that the Trust had become an organisation which required a professional management and it was taken over, first by the Leonard Cheshire Foundation and then by the Wimbledon Care Partnership. She was awarded the Cyril Black Prize in 1979 – as the person who had made the greatest contribution to the London Borough of Wimbledon.

Josephine died of a brain tumour on 25 May 1999. She had been ill for only a few months and was aware of the seriousness of her condition, which she accepted in her own spirited way. She will be sadly missed, not only by the extensive 'family' who experienced her caring approach, but also by her colleagues and the psychiatric profession who have lost an innovator and an independent thinker who put her thoughts into action.

J. STUART WHITELY AND AUDREY BEATON



**Nagy Riad Bishay**, formerly Consultant Psychiatrist, North Manchester General Hospital

Dr Bishay was born on 25 August 1936 in Sohag, Egypt, the first of six children of Coptic Christian parents from Upper Egypt. After an illustrious school career he moved to the capital to study

medicine at the University of Cairo, obtaining his MB ChB in 1958. He worked as a general practitioner in various Egyptian military hospitals for the next four years and obtained his Diploma in General Medicine in 1964. He continued to work in military hospitals for two further years as a physician.

It was during this period that he began to specialise in psychiatry, studying at the Department of Neurology and Psychiatry, Ein Shams University, Cairo, where he obtained his Diploma in Psychiatric Medicine in 1966.

From 1965 to 1973, when the Arab-Israeli conflict was at its peak in Egypt, he worked in psychiatry in military hospitals, serving at front-line posts in Sinai and producing a thesis on the effects of the stress of military service on young men. He was appointed Consultant Psychiatrist at the Main Military Psychiatric Hospital in Cairo in 1973.

Nagy moved to the UK in 1975 in order to further his training and was appointed Senior Registrar at the John Connolly Hospital in Birmingham the following year. He was elected MRCPsych in 1977 and took his MRCS (Eng) LRCP (Lon) in 1979. During this period he attended a two-year course in psychotherapy at the Uffculme Clinic, Birmingham. While a senior registrar, he was associated clinically with the Midland Nerve Hospital, where he developed an interest in behavioural therapy. He was appointed Consultant Psychiatrist at North Manchester General Hospital in September 1979, a post which he held until his untimely death on 3 March 1999.

Soon after he assumed this post, he attended a course in behavioural psychotherapy at the Maudsley Hospital (1981–1982), where he was introduced to cognitive therapy. He was deeply impressed by the results and it was the birth of an interest which was to inspire the rest of his career.

Recognising the potential of what was then a relatively new therapy, he became increasingly involved in developing and teaching cognitive therapy techniques and adapting them for different disorders.

Nagy then went on to publish a vast number of articles on the application of cognitive therapy, particularly in the treatment of morbid jealousy and in 1996 was guest editor of the *Journal of Cognitive Psychotherapy's* 'International Quarterly's Special Issue on Morbid Jealousy'.

His commitment to the teaching of cognitive therapy also led him to work with the University of Manchester's Department of Clinical Psychology to develop training in this field. He established links with other departments, medical institutes and health centres to raise awareness about cognitive therapy techniques and ran introductory workshops which were validated

for continuing professional development by the Royal College of Psychiatrists and for continuing medical education for general practitioners. In addition, in 1989, he collaborated in the setting up of a course in cognitive therapy for senior registrars at Manchester University. Nagy was a dedicated and hard working doctor who served on a number of committees. He was Clinical Tutor in Psychiatry at North Manchester General Hospital from March 1987 to December 1989, treasurer of the Association for Behavioural

Clinicians for many years, and was due to become President of Manchester Medical Society's Section of Psychiatry in October 1999. He was elected FRCPsych in June 1998.

Nagy was a committed Christian and was active in establishing the first Coptic Orthodox Church in the north of England.

He died of cancer of the bowel in March 1999. He will be sadly missed by his wife, Chahira, and his three children: Maha, Mark and Monica.

EMAD SALIB