

P01-577

PROJECT "SOCIAL POINT": PARTNERSHIP OF SOCIALITY ACTIVITIES OF MENTAL HEALTH SERVICE RECIPIENTS

V. Poggi<sup>1</sup>, R. Ambrosino<sup>2</sup>, M. Ciambellini<sup>3</sup>, S. Ferrari<sup>1</sup>, E. Melati<sup>2</sup>, L. Pingani<sup>1</sup>, M. Rigatelli<sup>1</sup>

<sup>1</sup>Department of Mental Health, University of Modena and Reggio Emilia, <sup>2</sup>Department of Mental Health, Ausl Modena, <sup>3</sup>Social Consortium 'Girasole', Modena, Italy

The project "Social Point" deals in promoting integration of Mental Health Service recipients within contexts of social relationship, voluntary work and community activism. The project is still taking place in the district of Modena.

**Aims:** Assessment of the effectiveness of the project SP: production of a change in quality of life; development of purposeful relationships out of families and health services; development of Mental Health Service recipients' awareness of being not only a user of the health service but also a resourceful person; change of method and approach within relationship between Mental Health and community and public services.

**Methods:** At the beginning and at the end of the integration courses (autumn/winter 2010 and after 6-8 months), both individuals and collectives, every Mental Health Service recipient was asked to fill in a form with socio-demographic characteristics and the WHOQOL-bref. A social network diagram was subsequently drawn.

**Expected results:** At the end of the research (September 2010) joining courses directed to the development of social relationship is forecast to improve the quality of life of the recipients, to increment purposeful relationships and to strengthen empowerment of persons with mental disease by promoting a different project of life no more illness-based but resource-based.

**Conclusion:** The study will provide evidences about the performance of the project with regard to the promotion of the social integration of citizens with mental disease in contexts, to the empowerment and to the promotion of processes of social.