

# Children AUSTRALIA

VOLUME 39 — Number 1  
March 2014



Editors:  
DR JENNIFER LEHMANN  
RACHAEL SANDERS

**CAMBRIDGE**  
UNIVERSITY PRESS



*Children Australia* is a quarterly journal which aims to provide an opportunity for service providers, academics and others concerned with children, young people and families to report on their work, to raise issues and to share their views.

OzChild has had a long association with the production of the journal. OzChild is an incorporated agency working under the name of Children Australia Inc. [www.ozchild.org.au](http://www.ozchild.org.au)

#### SUBSCRIPTIONS and ENQUIRIES

For subscription information and general enquiries, or to advise change of contact details, please contact: [journals@cambridge.org](mailto:journals@cambridge.org)

#### GUIDELINES FOR AUTHORS

Guidelines for authors wishing to submit material to be considered for publication in *Children Australia* can be found on the inside of the back cover.

Manuscripts, book reviews and editorial communications can be submitted to the Journal Submission Manager at: [https://www.australianacademicpress.com/au/cup\\_jsm/](https://www.australianacademicpress.com/au/cup_jsm/)

The views expressed in *Children Australia* are those of the authors, and are therefore not necessarily endorsed by the Editor or members of the editorial board.

#### SUBSCRIPTION RATES 2014

This journal is published 4 times per year. The institutional rates (excluding VAT) are:

	Print and online	Electronic Only
Australia	187 AUD	175 AUD
N America	204 USD	191 USD
UK and ROW	131 GBP	124 GBP

EU subscribers (outside the UK) who are not registered for VAT should add VAT at their country's rate. VAT registered subscribers should provide their VAT registration number. Prices include delivery by air when appropriate. Japanese prices for institutions are available from Kinokuniya Company Ltd, P.O. Box 55, Chitose, Tokyo 156, Japan.

**Orders and subscription enquiries should be addressed to:**

Cambridge University Press, The Edinburgh Building, Shaftesbury Road, Cambridge CB2 8RY, UK

**Orders from N America should be addressed to:**

Cambridge University Press, Journals Fulfillment Department, 100 Brook Hill Drive, West Nyack, NY 10994-2133, USA

*Children Australia* and all other Cambridge Journals can be found at <http://journals.cambridge.org/>

The financial support of OzChild: Children Australia Inc. is gratefully acknowledged



#### EDITORS

Dr Jennifer Lehmann

La Trobe University

Rachael Sanders

c/- Dr Jennifer Lehmann

La Trobe University

#### EDITORIAL CONSULTANTS

Dr Frank Ainsworth

James Cook University, Australia

Muriel Bamblett

Victorian Aboriginal Child Care Association (VACCA), Victoria

Dr Freda Briggs

University of South Australia, Australia

Professor Elizabeth Fernandez

University of New South Wales, Australia

Associate Professor Margarita Frederico

La Trobe University, Australia

Professor Chris Goddard

Monash University, Australia

Ann Hanning

Freelance Research Consultant in Indigenous Affairs

Vicki O'Halloran

Somerville Community Services Inc., Australia

Dr Jonathon Sargeant

Australian Catholic University, Melbourne

Chris-Maree Sultmann

Encompass Family & Community, Australia

Dr Nicola Taylor

University of Otago Auckland Centre, New Zealand

© Published by Cambridge University Press on behalf of Australian Academic Press Pty Ltd. All rights reserved. No part of this publication may be reproduced, in any form or by any means, electronic, photocopying, or otherwise, without permission in writing from Cambridge University Press.

Permission to copy (for users in the USA) is available from Copyright Clearance Center, <http://www.copyright.com>, email: [info@copyright.com](mailto:info@copyright.com)

The financial support of La Trobe University is gratefully acknowledged

# Children AUSTRALIA



VOLUME 39 – Number 1  
March 2014

## Contents

### EDITORIAL

Jennifer Lehmann 1

### ARTICLES

Playing it safe? Opportunity is knocking! 5  
Chris-Maree Sultmann

Adults' Perspectives on Tweens' Capacities: Participation or Protection? 9  
Jonathon Sargeant

Parents' Perspectives of their Children's Reactions to an Australian Military Deployment 17  
Philip Siebler and Christopher Goddard

The Service Environment in Relationship-based Practice: "It's Like a Community" 25  
Elizabeth C. Reimer

Just Call Me Dad: Health and Social Benefits to Fathers and their Children 34  
Joseph Fleming, Andrew King and Tara Hunt

"It takes me a little longer to get angry now": Homeless children traumatised by family violence reflect on an animal therapy group 42  
Neerosh Mudaly, Amanda Graham and Nerys Lewis

Young People's Experiences of Receiving Individual Packages of Care in South Australia 49  
Ryan Ogilvy and Damien W. Riggs

**BOOK REVIEW 55**

Published by Cambridge University Press  
journals.cambridge.org

ISSN 1035 – 0772

Copyright in all articles rests with authors. However, a limited set of permanent copyright permission licences has been granted by authors to the publisher to allow publication in this journal. Rights in the reproduction and distribution of the published articles as visual facsimiles of this published edition by either mechanical or digital means is controlled by the publisher and any distributions by CAL for copying of an author's work therefore are due to the publisher. All other rights in the words contained in this edition are controlled by the authors. Authors are therefore free to adapt and/or republish the words making up their own articles either online or in print, including academic repositories.

# Children AUSTRALIA

VOLUME 39 – Number 1  
2014



*Children Australia* is a refereed journal with the majority of papers being peer reviewed to assess their suitability for publication. Peer-reviewed papers are expected to meet contemporary academic standards. However, at the discretion of the editor, papers which have not been reviewed are published from time to time. Such papers may include short commentaries on practice issues that are essentially based on observation and experience; reports on program approaches, initiatives or projects that are both short and unreferenced; historical overviews; or short papers that respond to a peer-reviewed article published in an earlier edition which adds to informed debate or provides an alternative perspective. It is anticipated that no more than one such paper would be included in each issue.

In order to clarify which articles have been reviewed and which have not, we now include a symbol at the end of each article as follows: ■ = peer-reviewed article; □ = non-reviewed article