

P-872 - COPING MECHANISM OF WOMEN WORKERS: SOCIO-PSYCHOLOGICAL PERSPECTIVE

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This study looked into the development of coping strategies among women workers in their work life. This was both a survey of 613 women worker in 31 industries. This study provided an overview of the various forms of coping mechanisms at work towards and against the process of globalization, which include personal and local resistance, A contextualized form of resistance is shown in the ethnography of women work in EPZ's. In the case study and the ethnography of women's work in EPZ's, a study of the dynamics of resistance is offered by looking into the subtext of everyday individual and collective activities that may otherwise not be categorized as open confrontation against established structures. Such forms of struggle are played out in the everyday resistance of the women. The women carve out spaces in their struggles to become agencies for change. Resistance is not only directed towards a political society or the state. The everyday experiences and resistance of women workers include, among others : they develop 'self-help' strategies to alleviate their work and health burdens such as joining in-house labor unions. They also develop a system of interaction and assistance among themselves. The study has shown that the arena of coping unfolds in the everyday choices and actions of women workers which presents a form of development in work life cycle.