A study of maternally derived measles antibody in infants born to naturally infected and vaccinated women

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SUMMARY

Maternal, cord and infant measles antibody levels were measured and compared in a group of 411 vaccinated mothers and 240 unvaccinated mothers, and their babies, between 1983 and 1991. Maternal and cord sera were tested by haemagglutination inhibition and/or enzymelinked immunosorbent assay, and plaque reduction neutralization tests were also used to test infant sera. Geometric mean titres were significantly higher in the unvaccinated than in the vaccinated mothers (P < 0.001). Infants born to mothers with a history of measles had higher antibody levels at birth than infants of vaccinated mothers and, although the difference narrowed over time, continued to have higher levels up to 30 weeks of age. Between 5 and 7 months of age significantly more of the children of vaccinated mothers had plaque reduction neutralization antibody levels below that which would interfere with vaccination. As the boosting effect of circulating natural measles disappears, earlier measles vaccination may need to be considered, perhaps as part of a two-dose policy.

INTRODUCTION

The persistence of specific antibody, passively acquired from the mother contributes to seroconversion failures following measles vaccination in children under the age of 12 months [1–4]. This mechanism may also account for the lower efficacy observed when measles vaccine is administered between 12 and 15 months than after the age of 15 months [5]. Measles vaccine is not recommended in Canada and the UK until the second year of life [6, 7] and in the USA the recommended age for the first dose is between 12 and 15 months [8].

Immunity following natural infection confers higher antibody levels than those following vaccination

[9–12] and infants born to vaccinated mothers acquire a lower level of measles antibody, which disappears at an earlier age, than infants born to mothers who have had natural measles infection [9–15]. Therefore, children born to vaccinated mothers may be vulnerable to natural measles infection and be able to respond to measles vaccine at a younger age than infants of unvaccinated mothers [9, 10, 12-17]. In the future, as the proportion of mothers who have been vaccinated increases, it may be possible to reduce the recommended age of measles vaccine, for all or for selected groups of children [9, 10, 12–14]. The aim of this study was to provide data which would assist in identifying the optimum age for vaccinating UK children in the future. We measured maternal, cord and infant levels of measles antibody in a cohort of

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UK women with a documented history of measles vaccination, and compared this to mothers with a history of natural measles.

METHODS

Vaccinated mothers

About 2500 UK-born women, immunized in 1964 with live Schwarz measles vaccine as part of the Medical Research Council (MRC) Study [18], are under annual follow up. In 1983 these women were asked to return a card if they became pregnant, consenting to the collection of paired cord and maternal blood at the time of delivery. This was then organized through the consultant obstetrician under whom the mother was booked. Since 1988 a further consent form has been sent to these mothers requesting follow up heel prick blood specimens from their infants at 8–30 weeks of age. These have been arranged by writing to the GP.

Unvaccinated mothers

Mothers were recruited from three sources for comparison. During 1989-90 women born before 1960 (and therefore too old to have received routine measles vaccine) were recruited postnatally by health visitors in Redbridge and north Hertfordshire. Maternal and infant samples were collected by a study nurse or doctor at between 8 and 30 weeks after birth. In 1990-1, a second group of women were recruited antenatally by study nurses in north Hertfordshire. This group was widened to include women born before 1960 and younger women with a history of natural measles and no history of measles vaccine. Paired cord and maternal samples were collected at the time of birth and follow up samples were taken between 8 and 30 weeks after birth. The third group of women recruited were the female partners of the male participants in the MRC vaccine trial. Those eligible were women born before 1960 or with a history of measles and no history of measles vaccine. These women were recruited antenatally and follow up performed as for the vaccinated cohort.

Laboratory methods

Maternal and cord and infant sera were tested haemagglutination inhibition (HAI) or enzyme-linked immunosorbent assay (ELISA). Initially, all sera were tested on a continuous basis by HAI and, if sufficient of volume of the sample was available, sera was also tested by ELISA. After 1989, samples were tested continuously by ELISA alone, rather than HAI, because of the higher sensitivity of the ELISA test [19]. Infant sera were tested according to the same protocol but any volumes remaining were stored at -20 °C for later batch-testing by plaque reduction neutralization (PRN) tests.

The tests were performed at the National Institute for Biological Standards and Control (HAI and PRN) and at the Virus Reference Division of the PHLS (ELISA). The HAI test was performed with baboon red blood cells, using classical methodology [20]. End point titres were taken as the highest dilution of serum, producing inhibition of agglutination of red blood cells by a fixed amount of virus. Sera were tested using a commercial ELISA (Behring Enzygnost OW LN 13). Measles specific IgG was quantified in mIU/ml by comparing the optical density readings of a titration of test serum with that of serum 66/202, the International Standard serum for measles [21].

In an adapted form of the PRN test [22], the challenge virus was incubated with a doubling dilution series of the test serum from 1/4 to 1/128. After 90 min at room temperature, the virus-antibody mixture was titrated in a plaque assay using Vero cells in 24-well plastic plates [23]. After 10 days incubation at 35 °C the cell monolayers were fixed, stained with crystal violet and the number of plaques in each well counted. Each assay also contained wells inoculated with challenge virus only. The end point titre of each test serum was determined as the dilution producing a 50% reduction in the number of virus plaques; this was calculated based on probit analysis [24]. The Philadelphia-26 strain of measles was used as challenge in that test. The International Standard for measles serum was included in every assay and measles titres converted into mIU/ml [21].

Analysis

Log-transformed titres were analysed for the three tests separately. Comparison of the two groups was performed for year of sample, maternal age, gestational age and birth weight of the infant. Maternal antibody levels were compared, adjusting for age, between vaccinated and unvaccinated groups and investigating the effect of year of sample and the timing of the maternal sample (whether it was taken at the time of delivery or at least 8 weeks postnatally).

The differences between cord and maternal antibody levels for each child (that is the placental concentration factor) were compared between vaccinated and unvaccinated mothers, adjusting for the maternal age, gestational age, birth weight and infant's sex. To compare antibody decay in the two groups of infants, antibody levels were then regressed against the age of the infant at the time of sampling, and the regression lines were compared for infants of vaccinated and unvaccinated women. Geometric mean antibody levels and the proportions of infants with levels thought to be protective against wild virus disease (200 mIU/ml) [25], and levels thought to interfere with vaccine response (50 mIU/ml) [26], were compared within different age categories of the two sets of infants.

Regression analyses were undertaken using normal errors regression, allowing for censoring of titre values – that is those which were reported as below the lower limit or above the upper limit of the reported range for that test, using established methods [27]. In this method censored observations are not assigned values but contribute the appropriate tail probabilities to the likelihood.

RESULTS

The study included 404 babies from vaccinated mothers and 245 from mothers with natural measles. The 207 mothers for whom a history of measles infection was uncertain were excluded from the analysis. The groups were not strictly comparable in that the mothers with natural measles were recruited between 1989 and 1993, whereas the vaccinated mothers were recruited between 1983 and 1993, but the latter group included 61% recruited after 1989. The mean age of mothers was 26 (s.D. 2.6) years in the vaccinated and 30 (s.D. 3.7) years in the unvaccinated group. The mean gestational age was 40 (s.D. 1.4) weeks, and the mean birth weight 3.4 (s.D. 0.49) kg, in both groups. For the vaccinated group, 56% of the infants were female compared to 50% of infants born to the unvaccinated group.

Maternal antibody

The analyses of mothers' antibody levels are based on results available for 640 pregnancies. HAI results were available for 506 mothers and ELISA results for 309. Maternal antibody levels increased significantly with age of mother for vaccinated (P < 0.001) and unvacci-

nated (P=0.044) groups when measured by ELISA but not by HAI. Geometric mean titres, adjusted for censoring, were significantly higher in the measles than in the vaccinated group for both ELISA and HAI tests (P<0.001), after adjusting for age (Table 1). A higher proportion of the mothers in the vaccinated than in the natural measles group had antibody levels indicating susceptibility to measles by ELISA testing ($<200 \, \mathrm{mIU/l}$), $37/161 \, (23 \, \%)$ and $10/148 \, (7 \, \%)$ respectively (P<0.001). Similarly, a higher proportion of mothers in the vaccinated group had HAI levels below the cutoff, $24/298 \, (8 \, \%)$ compared to $5/208 \, (2 \, \%)$ in the group with natural measles (P<0.05).

Maternal-cord antibody levels

Cord antibody level results were available for the following tests: ELISA (n = 190), HAI (n = 385). Antibody levels in the cord samples were higher than those in the maternal samples by a factor of 1.68 (95% confidence interval 1.57–1.80) by ELISA, 1.85 (95% confidence interval 1.67–2.06) by HAI. The concentration gradient was not significantly associated with maternal age or vaccination status, or the infant's sex, birth weight, or gestational age.

Infants' antibody levels

Infant antibody level results were available for the following tests: ELISA (n = 231), HAI (n = 268), and PRN (n = 120). Antibody levels were higher in children of unvaccinated than in children of vaccinated mothers, for all three tests. Geometric mean antibody levels (95% confidence interval) by ELISA were 44.6 (35.1, 56.7) and 125 (106, 151) in children born to vaccinated mothers and unvaccinated mothers respectively. Allowing for censoring in the ELISA and HAI results, antibody levels in infants born to both groups of mothers fell with increasing age of the infants. Separate slopes for infants born to each group of mothers suggested some narrowing of the difference over time, and this narrowing was significant for HAI (P = 0.001) but not for ELISA or PRN. A higher proportion of children born to vaccinated mothers than mothers with natural measles had HAI antibody levels below the test cut-off; 85/124 (69%) in the vaccinated group compared to 75/144 (52%) in the natural measles group. Using the more sensitive ELISA, a higher proportion of children had antibody levels below that which would interfere with response

Table 1. Maternal measles antibody titres in sera collected from vaccinated mothers and from mothers infected with wild measles virus (United Kingdom, 1983-91)

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Measles antibody tests	Number	Geometric mean levels	95% confidence limits	Number	Geometric mean levels	95% confidence limits	
ELISA (mIU) HAI (reciprocal titre)	161 298	426 12·4	358-506 10·8-14·2	148 208	882 43·7	737–1055 37·0–51·6	

Table 2. The effect of age on the mean measles antibody levels of infants born to vaccinated and naturally infected mothers (United Kingdom, 1983–91)

	PRN* (mIU/l)									
Vaccinated			Measles							
Infants' age (days)	n	Geometric mean levels (95% confidence interval)	≥ 50	≥ 200	n	Geometric mean levels (95% confidence interval)	≥ 50	≥ 200		
≤ 120	14	116 (68–199)	12	4	19	404 (250–652)	18	16		
121-150	25	102 (67–155)	22	7	12	376 (206–688)	12	10		
≥ 151	19	61 (38–98)	10	3	30	133 (91–195)	25	8		
Total	58	89 (68–119)	44	14	61	230 (173–307)	55	42		

^{*} Plaque reduction neutralization.

to vaccine (50 mIU/l): 40/93 (43 %) in the vaccinated group compared to 31/138 (22%) in the group with history of natural measles (P < 0.01). In the group of children aged 150 days or more, a higher proportion of infants of unvaccinated than of vaccinated mothers had PRN levels which would interfere with vaccination (P < 0.05) (Table 2).

DISCUSSION

This study confirms previous work which has demonstrated lower measles antibody levels in vaccinated adults than in those with a history of natural measles [5, 9, 11]. This difference is apparent using three different assays and after allowing for age. As demonstrated in US mothers, measles antibody is concentrated across the placenta [9] and the concentration factor does not differ between the vaccinated and unvaccinated mothers. In this unique group of women with a documented vaccination history, we have shown that children of vaccinated mothers are born with lower measles antibody levels and have lower antibody levels up to the age of 5 months than the babies of unvaccinated mothers. As previously suggested [10], the difference between babies of unvaccinated and vaccinated mothers may narrow with age. Interpretation of changes with time is difficult due to increasing censoring.

Almost half of the children of vaccinated mothers aged 5 months or over, however, had PRN antibody levels below that thought to interfere with response to measles vaccine. In previous studies in the UK and Canada over 90% of children of vaccinated mothers had antibody levels below the test cut-off at 6-7 months of age [10, 13, 17]. The higher proportion of antibody negative infants in these studies may reflect the choice of cut-off or the sensitivity of the assay, the older age of the infants sampled, or it may be due to real differences between the populations. Maternal antibody levels may have been boosted by the continuing extensive circulation of natural measles in the UK, in contrast to Canada [10, 28]. This boosting may be reflected in greater persistence of antibody in the infant.

In the developed world, measles vaccination is given over the age of 12 months because of failure to seroconvert and poor protection offered in infants vaccinated at an earlier age. The evidence for this is based on infants born predominantly to unvaccinated mothers [2, 4, 29] and higher seroconversion rates can be achieved in infants of vaccinated mothers at or below 12 months [9, 14]. In addition, with the increasing use of two dose measles vaccine policies [29], the risk of primary vaccine failure after one dose of vaccine may be less important to the overall control of measles. Revaccination of children vaccinated under 12 months of age has been shown to be protective [31, 32], and therefore early measles vaccine as part of a two dose schedule is an attractive option.

Measles vaccine was introduced for routine immunization in the UK in 1968, but coverage remained low throughout the 1970s and early 1980s [33]. Until the next century, therefore, the majority of UK mothers will have had natural measles, and those mothers who have been vaccinated may have had their antibody levels boosted by exposure to natural measles. As measles vaccine coverage increases, cases which occur in children under the age of scheduled vaccination will assume greater importance. Earlier vaccination at the same age in all districts has the potential to prevent some of these cases and to facilitate the achievement of higher levels of courage. The introduction of a twodose measles vaccination policy, which has been recommended in the UK [34], would be an opportunity for re-addressing the age of the first dose. This will require periodic reevaluation, as the effect of boosting wanes, to assess the most appropriate age.

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